

This document serves as a guideline for mentoring relationships. It is not necessary for either party to sign and/or submit. It is provided as a helpful tool to establish mentoring partnerships. By entering into this mentoring relationship, you are agreeing to discuss your personal goals and expectations, and additionally, what you hope to achieve through this experience.

DISCUSSION ITEMS:

- ✘ Interaction preferences (email, phone, video chat, in person, etc)
- ✘ Frequency of interaction
- ✘ Response time expectations
- ✘ Communication methods (email, text, call)
- ✘ Cancellation references (How do you prefer to communicate if/when one of you is unable to meet at the agreed upon time?)

GOALS:

The Mizzou Alumni Association suggests you reference the [SMART Goals document](#) on the [Resources page](#) to help establish specific goals for the relationship.