

PAINTING YOURSELF CALM WITH WATERCOLOR

an online course

Creative Arts Group

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Instructor, Julie Crouch

SUPPLY LIST

Since we don't have the option of buying art supplies in brick and mortar stores for an unknown time, one of the goals of this course is to be able to use the supplies that you already have on hand. If you find that you *really* need to buy something, check out Jerry's Artarama (<https://www.jerrysartarama.com/>), Dick Blick (<https://www.dickblick.com/>) or Cheap Joe's Art Supply (<https://www.cheapjoes.com/>), but delivery times may be delayed. Amazon also has a surprisingly broad selection of art supplies with (usually) quicker delivery time.

WATERCOLOR PAPER

- Any kind of watercolor paper that you have on hand of at least 90#. It doesn't have to be 100% rag (which I usually recommend for my classes).
- You're also welcome to work on backs of failed paintings!

BRUSHES (preferably that come to a good point)

- No. 8 round
- No. 10, 12, 14 OR 16 round

WATERCOLOR PAINTS

- Hues of your choice in pans or tubes (at least 1 each red, yellow and blue)

BOARD

- Any firm board will work, e.g. Grafix Incredible Art Board, dry erase, Masonite, plywood, even heavy cardboard

PALETTE

- Should have several bigger areas for mixing paint/washes or you can use separate containers for mixing (e.g., plastic condiment cups) or even a white plate
- If you haven't already put your paint in your palette, see local watercolor artist Brenda Swenson's tutorial "How to Set Up a Watercolor Travel Palette" at <http://brendaswenson.blogspot.com/2015/06/how-to-set-up-watercolor-travel-palette.html>

RAGS

- An old towel (since paper towels and toilet paper are STILL not readily available)

TAPE

- Masking tape or clips

SPRAY BOTTLE

2 WATER CONTAINERS

OPTIONAL: Black pen and white gel pen AND a plastic straw