

## SIGNATURE IV DRIPS

MEMBERS GET 50% OFF

### WELLNESS & VITALITY

FOR EVERYDAY BALANCE, BEAUTY, AND WHOLE-BODY HEALTH

MYERS COCKTAIL ..... ~~BEST VALUE \$284~~ \$199  
B5, B6, B COMPLEX, MAGNESIUM, VITAMIN C  
MYERS+: ADD B12 AND B9/FOLIC ACID

VIDA-GLO ..... \$199  
VITAMIN C, ZINC, GLUTATHIONE

WOMEN'S HEALTH ..... \$194  
B6, MAGNESIUM, B9/FOLIC ACID

MEN'S HEALTH ..... \$256  
ARGININE, TAURINE, ZINC

### PERFORMANCE & RECOVERY

FOR ATHLETIC PERFORMANCE, ENERGY, AND RECOVERY

ATHLETIC PERFORMANCE ..... \$220  
VITAMIN D3 INJECTION, B COMPLEX, B12, VITAMIN C

ATHLETIC RECOVERY ..... \$256  
MAGNESIUM, B COMPLEX, TORADOL, B12, VITAMIN C

DEHYDRATION ..... \$220  
B COMPLEX, B12, VITAMIN C, ZINC

ENERGY BOOST ..... \$176  
B12, B COMPLEX, VITAMIN C

### RELIEF & IMMUNITY

FOR COLD, FLU, HANGOVER RELIEF, AND IMMUNITY

DEAD ON ARRIVAL ..... \$196  
ZOFRAN, TORADOL, B12  
DOA+: ADD B COMPLEX AND PEPCID

FLU RECOVERY ..... \$286  
ZOFRAN, B12, B COMPLEX, VITAMIN C, PEPCID, ZINC

STOMACH BUG ..... \$186  
ZINC, ZOFRAN, B5

IMMUNE BOOST ..... \$212  
GLUTATHIONE, VITAMIN C, B COMPLEX  
IMMUNE BOOST+: MEGA DOSE VITAMIN C, ZINC, VITAMIN D3 INJECTION

SUPER C BOOSTER ..... \$499  
HIGH LEVEL DOSING OF VITAMIN C STARTING AT 15 GRAMS



PERFORMANCE. BEAUTY. RECOVERY

## CUSTOM TREATMENTS

MEMBERS GET 50% OFF

### STEP 1: HYDRATION

HYDRATING FLUIDS ..... \$79  
1,000ML LACTATED RINGER (SALINE + ELECTROLYTES)

### STEP 2: ADD-INS

#### ESSENTIAL GAINS \$39 PER ITEM

VITAMIN C SUPPORTS IMMUNITY, REDUCES INFLAMMATION, SPEEDS HEALING

VITAMIN B12 INCREASES ENERGY, BOOSTS FOCUS, SUPPORTS NERVES

VITAMIN B COMPLEX IMPROVES METABOLISM, BALANCES MOOD, ENHANCES ENERGY

VITAMIN B5 SUPPORTS METABOLISM, REGULATES HORMONES, REDUCES STRESS

VITAMIN B6 ENHANCES BRAIN FUNCTION, EASES NAUSEA, LIFTS MOOD

ZOFRAN RELIEVES NAUSEA, PREVENTS VOMITING, STOPS DISCOMFORT

PEPCID REDUCES HEARTBURN, EASES REFLUX, PROTECTS STOMACH

TORADOL RELIEVES PAIN, SUPPORTS MUSCLE RECOVERY, REDUCES INFLAMMATION

#### ULTRA GAINS \$49 PER ITEM

MAGNESIUM SUPPORTS MUSCLE FUNCTION, EASES TENSION, BOOSTS ENERGY

ZINC STRENGTHENS IMMUNITY, PROMOTES HEALING, SUPPORTS METABOLISM

VITAMIN B7 (BIOTIN) ENHANCES HAIR/SKIN/NAILS, SUPPORTS METABOLISM

VITAMIN B9 (FOLIC ACID) SUPPORTS CELL GROWTH, ENERGY, BRAIN FUNCTION

#### ADVANCED BOOSTS \$79 PER ITEM

GLUTATHIONE SUPPORTS DETOX, BOOSTS IMMUNITY, RESTORES CELLS

GLUTAMINE AIDS RECOVERY, SUPPORTS MUSCLES, PROMOTES GUT HEALTH

ARGININE IMPROVES CIRCULATION, BOOSTS ENERGY, SUPPORTS HEART HEALTH

TAURINE SUPPORTS HEART, AIDS RECOVERY, BALANCES ELECTROLYTES

TRI-AMINO ACID SUPPORTS MUSCLES, BOOSTS RECOVERY, ENHANCES PERFORMANCE

## WELLNESS MEMBERSHIPS

SEE MEMBERSHIP DETAILS ON BACK

### IV BAG + 3 ESSENTIAL GAINS

ONE (1) TREATMENT/MONTH ..... \$99

TWO (2) TREATMENTS/MONTH ..... \$179

THREE (3) TREATMENTS/MONTH ..... \$239

## ADVANCED THERAPIES

ASK ABOUT OUR PACKAGES & MEMBERSHIPS

### NAD+ TREATMENTS

BENEFITS: BOOSTS ENERGY | SUPPORTS HEALTHY AGING | ENHANCES COGNITIVE FUNCTION | PROTECTS AGAINST DNA DAMAGE

#### NAD+ IV THERAPY

PACKAGES AVAILABLE

250MG, 500MG, 750MG, 1000MG ..... STARTING AT \$275

#### NAD+ INJECTIONS

PACKAGES AVAILABLE

50MG, 100MG ..... STARTING AT \$79

### METHYLENE BLUE

BENEFITS: COGNITIVE CLARITY | ENERGY BOOST | ANTI-INFLAMMATORY SUPPORT | NEUROPROTECTION

METHYLENE BLUE IV THERAPY ..... \$149/\$299

PACKAGES AVAILABLE

### SEMAGLUTIDE

BENEFITS: SUPPORTS WEIGHT LOSS | REDUCES APPETITE & CRAVINGS | IMPROVES METABOLIC HEALTH | PROMOTES LONG-TERM WEIGHT MANAGEMENT

SEMAGLUTIDE INJECTIONS ..... \$299

FOUR (4) TREATMENTS/MONTH

### INJECTIONS

B12 INJECTIONS ..... \$39

MIC B12 INJECTIONS ..... \$79

-FAT BURNER, LIVER SUPPORT, ENERGY BOOSTER

VITAMIN D3 INJECTIONS ..... \$49

-STRENGTHENS BONES, ENHANCES IMMUNITY, BOOSTS MOOD & ENERGY

BECOME A MONTHLY MEMBER

WE CUSTOMIZE TREATMENTS FOR YOU!

REPLENISH ON FLUIDS + NUTRIENTS FOR JUST

**\$99 A MONTH**

6 MONTH MEMBERSHIP

(ASK US ABOUT OUR 2 & 3 TIMES A MONTH MEMBERSHIPS)

### WHAT'S INCLUDED

1 BAG PER MONTH

+ ANY ADDITIONAL TREATMENTS

50% OFF UPGRADES

### WHAT'S IN A BAG

1,000ML LACTATED RINGER  
(SALINE + ELECTROLYTES)

PLUS, 3 ESSENTIAL VITAMINS OR MEDS

### THINGS TO KNOW

BENEFITS ARE NON-TRANSFERRABLE

COMPLIMENTARY BAGS EXPIRE AFTER 60 DAYS

6 MONTH MINIMUM AGREEMENT  
(ASK ABOUT OUR MONTH-TO-MONTH OPTIONS)

30 DAY CANCELLATION REQUIRED

SECURE YOUR MONTHLY MEMBERSHIP

**vida+flo**  
PERFORMANCE. BEAUTY. RECOVERY

5 MIDDLE TN LOCATIONS

#### NASHVILLE

1516 DEMONBREUN ST  
NASHVILLE, TN 37203  
(615) 840-6747

#### FRANKLIN

1201 LIBERTY PIKE, STE. 117  
FRANKLIN, TN 37067  
(615) 628-8038

#### MURFREESBORO

2909 OLD FORT PKWY, STE. 101  
MURFREESBORO, TN 37128  
(615) 900-3976

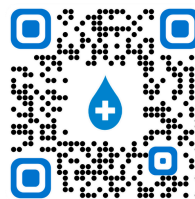
#### HENDERSONVILLE

206 N ANDERSON LANE, STE. 103  
HENDERSONVILLE, TN 37075  
(615) 431-5993

#### FIFTH + BROADWAY

5036 BROADWAY, SUITE PU-1A  
NASHVILLE, TN 37203  
(615) 649-8212

**BOOK YOUR APPOINTMENT TODAY!**

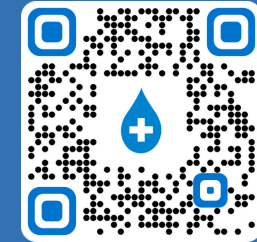


GOVIDAFLO.COM/NASHVILLE

GET RE **vida**LIZED WITH  
**IV HYDRATION**  
ON THE GO!

WE'LL COME TO YOU!

BOOK A CONCIERGE APPOINTMENT:



**vida+flo**  
on-the-go

(615) 840-6747

HALEY@VIDAGROUPWELLNESS.COM

