

BOOK NOW AT MILANMETHODFIT.COM @themilanmethod

BADDIE

BOOK A PARTY!

Night Out



THE MILAN METHOD

530 JOSEPH E. LOWERY BLVD SW

BACHELORETTE PARTIES
GIRLS NIGHT OUT
BIRTHDAYS
GRADUATIONS
ANY OCCASION...
COME CELEBRATE WITH US!!!

60 Minute Party

THIS SHORT AND SWEET PARTY IS A FUN AND EXCITING WAY TO CELEBRATE A SPECIAL OCCASION OR JUST HAVE A UNIQUE AND MEMORABLE EXPERIENCE WITH FRIENDS. DURING THE PARTY, A PROFESSIONAL INSTRUCTOR WILL GUIDE THE GROUP THROUGH A SERIES OF BASIC MOVES AND COMBINATIONS, BUILDING UP TO A FULL ROUTINE BY THE END OF THE SESSION. THE PARTY CAN BE TAILORED TO THE GROUP'S SKILL LEVEL, AND NO PRIOR EXPERIENCE IS NECESSARY. THE ATMOSPHERE IS PLAYFUL AND SUPPORTIVE, WITH LOTS OF ENCOURAGEMENT AND HIGH-ENERGY MUSIC TO KEEP THE PARTY GOING. PARTICIPANTS WILL ALSO HAVE THE OPPORTUNITY TO TAKE PHOTOS AND VIDEOS TO REMEMBER THE EXPERIENCE.

GUEST: 7 PERSON MINIMUM, 14 PERSON MAXIMUM

*PARTICIPANTS MUST PAY DIFFERENCE OF MINIMUM IF UNDER 7

PRICING: \$39.00 PER PERSON

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90 Minute Party

DO YOU WANT MORE TIME WITH YOUR TRIBE? WOULD YOU LIKE TO BRING IN FOOD & DRINKS? DO YOU WANT TO PICK TWO DIFFERENT THEMES FOR YOUR NIGHT OUT? THIS IS THE PARTY FOR YOU. PARTICIPANTS WILL HAVE MORE TIME TO MIX & MINGLE WHILE LEARNING A FUN ROUTINE. THIS IS ALSO THE PERFECT PARTY FOR THOSE WHO WOULD LIKE TO TRY TWO DIFFERENT APPARATUSES.

GUEST: 7 PERSON MINIMUM, 21 PERSON MAXIMUM

*PARTICIPANTS MUST PAY DIFFERENCE OF MINIMUM IF UNDER 7

PRICING: \$49.00 PER PERSON

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NEED A MORE CUSTOMIZED OPTION?
PLEASE DO NOT HESITATE TO REACH OUT. WE CAN EASILY CATER A
CLASS TO YOU & YOUR GUEST!

FOR MORE INFORMATION CONTACT US AT:
EMAIL: INFO@MILANMETHODFIT.COM
PHONE: 770-737-7967

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