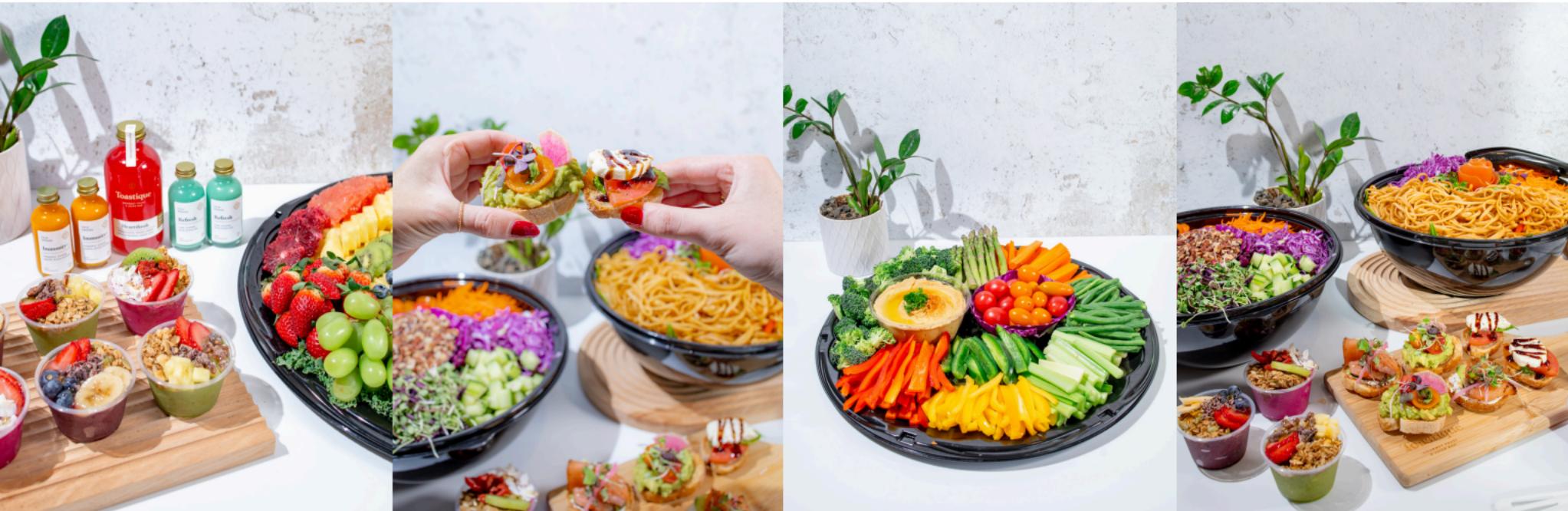




Toastique Catering Menu



Visit us online at toastique.com to complete a [Catering Inquiry Form](#).

Mini Toasts

\$55/dozen

Recommended at least 2 per person

*Our signature toast made in crostini form for an easy 2-bite treat.
Choose from our toast variety.*

Gluten-free crostini is available upon request (\$60/dozen).

AVOCADO SMASH (vg) (nf)

Avocado, watermelon radish, marinated tomatoes, chili oil, microgreens

GREEK (vg) (nf)

Hummus, arugula, marinated tomatoes, diced cucumber, red onion, kalamata olives, feta, paprika

SMOKED SALMON (nf)

Smoked salmon, herbed cream cheese, cucumber, pickled onion, capers, toasty seasoning, microgreens

CHEESE ITALIAN (nf)

Herb cream cheese, arugula, prosciutto, and a balsamic glaze drizzle

SPICY CRAB & AVOCADO (nf)

Avocado, lump crab, sriracha aioli, jalapeno, microgreens

TOMATO MOZZARELLA (nf) (vg)

Pesto, fresh mozzarella, tomato, basil, olive oil, and balsamic glaze drizzle

PB CRUNCH (vg)

Peanut butter, bananas, strawberries, blueberries, berry jam, granola, peanuts, honey, and a mint sprig

v: vegan | vg: vegetarian | nf: nut-free | gf: gluten-free

Mini Smoothie Bowls

\$60/dozen

Recommended at least 1 per person

*The base of the bowl is a thick blend of fruit then topped with fresh fruit and granola.
Choose from our smoothie bowl variety.*

Gluten-free + Nut-free granola is available upon request | Substitute with agave to make it vegan.

OG ACAI (vg)

Blend of OG Acai base topped with strawberry, banana, cacao nibs, granola, honey

PB + B (vg)

Blend of PB + B base topped with banana, blueberry, chopped dates, peanuts, granola, honey roasted peanut butter

DRAGONBERRY (vg)

Blend of Dragonberry base topped with strawberry, kiwi, coconut, goji berries, granola, honey

MATCHA (vg)

Blend of Matcha base topped with pineapple, strawberry, dates, cacao nibs, mint, granola, honey

BLUE MYSTIQUE (vg)

Blend of Blue Mystique base topped with pineapple, banana, coconut, granola, honey

MANGO TANGO (vg)

Blend of Mango Tango base topped with pineapple, strawberry, coconut, granola, honey

COCOLADA (vg)

Blend of Cocolada base topped with banana, pineapple, coconut, granola, honey, lime wedge

Mini Parfaits

\$60/dozen

Recommended at least 1 per person (vg)

Greek yogurt topped with strawberries, blueberries, granola, and berry jam

Mini Chia Puddings \$60/dozen

Recommended at least 1 per person (vg)

Chia pudding topped with fresh fruit, granola, toppings, and berry jam

PINK CHIA PUDDING

Pink chia pudding topped with strawberries, granola, goji berries, coconut flakes, berry jam

BLUE CHIA PUDDING

Blue chia pudding topped with blueberries, granola, goji berries, coconut flakes, berry jam

Gluten-free / Nut-free granola is available upon request

Build Your Own Smoothie Bowl

Regular serves approximately 10 people; Large serves 20 people \$100 | \$190

Create your perfect smoothie bowl with our Build Your Own Bowl kit! Includes a large bowl of smoothie base, a variety of fresh fruit, granola, and honey to customize each bowl to your liking!

Choose from our smoothie bowl variety. (v) (vg)

OG ACAI

Acai base, strawberry, banana, granola, cacao nibs, honey in individual servings

PB + B

PB + B base, banana, blueberry, honey roasted peanut butter, chopped dates, granola in individual servings

DRAGONBERRY

Dragonberry base, strawberry, kiwi, coconut, goji berries, granola, honey in individual servings

MATCHA

Matcha base, pineapple, strawberry, dates, cacao nibs, granola, honey in individual servings

BLUE MYSTIQUE

Blue Mystique base, pineapple, banana, coconut, granola, honey in individual servings

MANGO TANGO

Mango Tango base, pineapple, strawberry, coconut, granola, honey in individual servings

COCOLADA

Cocolada base, banana, pineapple, coconut, sliced almonds, granola, honey in individual servings

Gluten-free / Nut-free granola is available upon request.

Build Your Own Overnight Oats

Regular serves approximately 10 people; **Large** serves 20 people

Create your perfect overnight oats bowl with our Build Your Own Bowl kit! Includes a large bowl of overnight oats, a variety of fresh fruit, granola, and honey to customize each bowl to your liking!

REGULAR BYO OVERNIGHT OATS (vg) \$80

Overnight oats, strawberry, banana, blueberries, granola, honey

LARGE BYO OVERNIGHT OATS (vg) \$150

Overnight oats, strawberry, banana, blueberries, granola, honey

Gluten-free / Nut-free granola is available upon request | Substitute with agave to make it vegan.

Build Your Own Waffle

Serves approximately 12-15 people

\$85/order

Create your perfect waffle with our Build Your Own Waffle kit! Each order includes a tray of protein waffles, a variety of fresh fruit, toppings, and maple syrup to customize each waffle to your liking!

OG WAFFLE (vg) (nf) (gf)

Protein waffle, sliced strawberries, sliced banana, coconut flakes, coconut whip, cacao nibs, maple syrup

Build Your Own Parfait

Serves approximately 10 people; **Large** serves 20 people

Create your perfect parfait with our Build Your Own Bowl kit! Includes a large bowl of Greek Yogurt, a variety of fresh fruit, granola, and berry jam to customize each bowl to your liking!

REGULAR BYO PARFAITS (vg) \$70

Greek yogurt, strawberry, blueberries, granola, berry jam

LARGE BYO PARFAITS (vg) \$130

Greek yogurt, strawberry, blueberries, granola, berry jam

PUMPKIN WAFFLE (vg) (nf) (gf)

Pumpkin protein waffle, green apple crisp, raisins, walnuts, maple syrup

PB & BANANA WAFFLE (vg) (nf) (gf)

Protein waffle, sliced banana, chopped dates, cacao nibs, peanut butter, maple syrup

BLUEBERRY & CHIA WAFFLE (vg) (nf) (gf)

Protein waffle, blueberries, chia seeds, hemp seeds, cacao nibs, almond butter, maple syrup

Seasonal Fresh Fruit Platter

Small serves approximately 10 people; Large serves 20 people

A variety of fruit ranging from strawberries, pineapple, grapes, kiwi, orange, melon, and other seasonal fruits.

SMALL FRUIT PLATTER (v) (vg) (nf) (gf) \$80

LARGE FRUIT PLATTER (v) (vg) (nf) (gf) \$110

House-Made Treats

GRANOLA BAR (v) (vg) \$4

Puffed rice, granola, coconut flakes, dried cranberries, sliced almonds, honey, brown sugar, salt, peanut butter, vanilla, chocolate chips

ENERGY BALLS (2 per pack) (v) (vg) (gf) \$3.50

Walnuts, almonds, cinnamon, salt, oats, dates, maple syrup, craisins

Choose from Peanut Butter, Espresso, or Oatmeal Craisin

Hummus & Crudité Platter

Serves approximately 20 people

A variety of crudité ranging from bell pepper, celery, carrot, tomatoes, snap peas, and other seasonal veggies.

HUMMUS & CRUDITÉ PLATTER (v) (vg) (nf) (gf) \$85

ALMOND BUTTER CUP (v) (vg) (gf) \$4

Almonds, almond butter, dates, salt, maple syrup, dark chocolate

PEANUT BUTTER CUP (v) (vg) (gf) \$4

Peanut butter, dates, salt, maple syrup, dark chocolate

Signature Salads \$45 | \$65

Salads are offered in a Small (80 oz) and Large (160 oz) size

NICOISE (nf) (gf)

Spring mix, baby potatoes, hard boiled eggs, cherry tomatoes, red onion, green beans, tuna, olives

PROTEIN (nf) (gf)

Spring mix, ham, turkey, cucumber, cherry tomatoes, carrots, swiss cheese

GREEK (vg) (nf) (gf)

Spring mix, cucumber, cherry tomatoes, olives, feta cheese, red bell pepper, red onion

CAPRESE (vg) (nf) (gf)

Spinach, cucumber, cherry tomatoes, mozzarella, basil

SPICY NOODLE (vg)

Spinach, red bell pepper, purple cabbage, carrot, peanuts, spicy noodles

CAESAR (vg) (nf)

Romaine, spring mix, cherry tomatoes, croutons, red onion, cucumber, parmesan cheese

RAINBOW (v) (vg) (gf)

Spring mix, cherry tomatoes, cucumber, red cabbage, carrot, walnuts, micro greens, watermelon radish

KALE CRUNCH (vg) (gf)

Kale, red cabbage, carrot, cherry tomatoes, walnuts, feta, craisins

Side Salads \$35 | \$55

Salads are offered in a Small (80 oz) and Large (160 oz) size

SPICY NOODLE (vg)

Spinach, red bell pepper, carrot, spicy noodles

ITALIAN ORZO (v) (vg) (nf)

Spinach, orzo, red onion, cherry tomatoes, lemon zest, carrots

QUINOA (vg) (nf) (gf)

Quinoa, spinach, cherry tomatoes, cucumber, carrots, red onion

Dressings

Balsamic Vinaigrette (v) (nf) (gf) | Caesar Dressing (vg) (nf) (gf) | Citrus Vinaigrette (vg) (nf) (gf) | French Vinaigrette (v) (nf) | Greek Vinaigrette (v) (nf) (gf) | Red Wine Dressing (vg) (nf) (gf) | Sesame Lime Dressing (v)

Request nuts or croutons on the side to make any salad nut-free or gluten-free.

Wellness Shots

Juice shots are offered in 4 oz glass bottles

\$4 | \$5 (v) (vg) (nf) (gf)

IMMUNITY +

Turmeric, ginger, lemon, black pepper

VITAMIN C PUNCH

Lemon, lime, orange, cayenne

BOOSTER

Pineapple, apple cider vinegar, ginger, turmeric, sea salt

REFRESH

Ginger, lime, blue spirulina

DETOX

Aloe vera, lemon, lime, activated charcoal

TURMERIC

Turmeric

GINGER

Ginger

Dozen Wellness Shots

Pick any selection of our dozen wellness shots

\$50/dozen (v) (vg) (nf) (gf)

IMMUNITY +

Turmeric, ginger, lemon, black pepper

VITAMIN C PUNCH

Lemon, lime, orange, cayenne

BOOSTER

Pineapple, apple cider vinegar, ginger, turmeric, sea salt

REFRESH

Ginger, lime, blue spirulina

DETOX

Aloe vera, lemon, lime, activated charcoal

TURMERIC

Turmeric

GINGER

Ginger

Cold-Pressed Juice Bottle

Juice bottles are available in both 8 oz or 16 oz

\$8 | \$12 (v) (vg) (nf) (gf)

METABOLIZE

Pineapple, cucumber, jalapeno

DEFENDER

Apple, orange, carrot, turmeric, lemon

BALANCE

Spinach, kale, celery, cucumber, romaine, apple, parsley, lemon, ginger

CURE

Pineapple, spinach, apple

RECHARGE

Apple, beet, carrot, orange, ginger, lemon

DETOXIFY

Charcoal, coconut water, lemon, agave

RADIANCE

Grapefruit, blood orange, orange, pineapple, basil

SEASONAL

Juice ingredients will vary by season

Gallon of Cold-Pressed Juice

Offered in either a plastic gallon bag or a glass gallon juice dispenser

\$70/gallon (v) (vg) (nf) (gf)

Box of Coffee

Brewed coffee will come alongside hot cups, lids, stirrers, and sugar

\$50/gallon (v) (vg) (nf) (gf)

Add-On's:

Oat Milk Carton (\$6) | Almond Milk Carton (\$6) | Half & Half Carton (\$5)

Utensils

\$1/person

UTENSIL PACK

Includes a spoon, fork, and small plate

If you don't see something that fits your needs, we're happy to help create something just for you!