

# Enhancements

All Enhancements are included in treatment time. One per treatment.

## Massage:

- Hot stones
- Reflexology
- Dry Brush
- Scalp Treatment
- Hand OR Foot Scrub
- Paraffin Hand Or Foot Wax

## Facial:

- Exfoliation Peel
- Paraffin Hand Wax
- Scalp Treatment
- Turmeric Brightening

## Head Spa

- Gel Face Mask
- Gel Neck Mask.
- Paraffin Hand Treatment
- Paraffin Foot Treatment

# Beyond Body

Infrared Sauna - Monthly Memberships Available

## Head Spa 60min | 90min

Alleviate tension in the scalp and neck while promoting a sense of calm with our 60 minute Head Spa Treatment.

Includes scalp, shoulder, and facial massage. Hair is shampooed and conditioned with salon quality products and hair tools. Finish with a hydrating scalp steam and lavender chamomile eye patches. Style not included.

## Luxe Head Spa 90min

Revitalize your scalp with improved circulation, deep hydration, and total rejuvenation. This luxurious 90-minute treatment includes a soothing face mask, scalp and shoulder massage, and tranquil water therapy to melt away tension. Hair is shampooed and conditioned with salon-quality products, then finished with a hydrating scalp steam and calming lavender chamomile eye patches. Style not included.

\*Head Spa services does not include blow dry or styling

# The Spa at

HILL COUNTRY

# Herb Garden

F R E D E R I C K S B U R G , T X



# Tint

- Brows
- Lash

# Waxing

- Brows
- Lips
- Full Face
- Underarm
- Chest/Back

# Policies

\*Prices are Subject to Change  
Please call or visit our website for the most up to date services pricing

\*\*Cancellation/ Late Policy  
Cancellation made 48 hours or less before the appointment will be subject to charge a fee of 50% of the service rate.  
A fee of the full-service rate will be charged when missing the appointment without prior notice ("no-call / no-show").

# Find Us

Monday: Closed  
Tuesday: 10am - 4pm  
Wednesday - Friday: 10am - 6pm  
Saturday: 9am - 6pm  
Sunday: 9am - 3pm

405 Whitney St | Fredericksburg, Tx  
hillcountryherbgarden.com  
830.997.8615

Good Things Grow Here

# Massages

## Me Thyme 60/90min

A Swedish or Deep Tissue Massage with aromatherapy or muscle soothing products to help relax the senses.

## Couples 60/90min

Enjoy the Me Thyme with your significant other in the same room. You and your therapist will determine massage and products.

## Enchanted Rock 90min

Heated stones combined with our essential oil blends melt away stress and ease tense muscles to provide a deeply relaxing experience. A must try!

## Ashiatsu Massage 60min

Reduce stress and pain with this special technique that requires the therapist to use their feet instead of their hands. Gravity and pressure allow the therapist to provide deep compression and long gliding strokes in this massage.

## Hill Country 60/90min

This full-body massage implements Arnica and reflexology to rescue aching muscles, hands and feet.

## Stress Be Gone 45/60min

Upper body session that targets stress holding areas of the shoulders, neck, back and scalp.

## Prenatal 60/90min

A me thyme modified to fit your needs and preferences. You and your therapist will determine products to best fit.

# Scrubs & Wraps

## Relax 60min

Wind down with our Relax Body Scrub. Relax while the lavender oils of this scrub help calm your body by easing stress and enhancing sleep. Also suitable for those with problematic skin.

## Refresh 60min

Pamper yourself with our Refresh Body Scrub. Using peppermint and spearmint oils, this clarifying and energizing scrub will leave you and your skin feeling invigorated and refreshed. As a bonus, peppermint has natural antiseptic properties.

## Renew 60min

Illuminate your skin with our Renew Body Scrub. This Vitamin C scrub is handcrafted to clean out impurities from the skin and nourish it back to its natural radiance. Suitable for all skin types.

## Thermal Hydrating Body Wrap

Relax with our 45 minute nourishing full body wrap and invigorating scalp massage. Enjoy an exfoliating dry brush treatment, herbal body oil, followed by your thermal wrap to increase hydration and relaxation. \$245 for body wrap and scrub

## Seaweed Body Wrap 60min

Enjoy an exfoliating dry brush treatment, seaweed mask and wrap followed by an invigorating scalp massage. The mask is mineral rich with blue green algae and sea kelp extract to purify, moisturize, and nourish the skin.

## Body Gua Sha 45/60min

Promotes blood flow to increase circulation and healing, removes build-up in the body, and relieves tension and pain with the traditional Chinese technique of Gua Sha.

# Facials

## Organic Custom 60min

Cleansing, exfoliation, extractions, mask and moisturizer customized for your skin, with a relaxing hand & face massage. For all skin types.

## Organic Custom 90min

Everything in our 60min PLUS herbal eye pads, arm & scalp massage, paraffin hand treatment & a customized serum to penetrate into the skin. For all skin types.

## Luxury Facial 90min

Cleansing, extractions & an exfoliation peel to help smooth & soften skin. Includes Argan & Plant Stem Cells that penetrate skin with micro-current technology. An upper body scalp massage and paraffin hand treatment will leave you relaxed.

## Clarifying Facial 60min

Cleansing, extractions, clay mask & an exfoliation peel to help reduce congestion, blemishes & rehydrate skin prone to inflammation. For congested/acne prone skin..

## Fast Results 45min

This facial is great when time is limited. Includes cleansing, exfoliation and moisturizing. For all skin types.

