



# **Dripping Wellness**

*Feel good, live well!*

## *Complete Vitamin & IV Therapy Guide*

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Founder of Dollhouse HQ & Dripping Wellness *Where Clinical Excellence Meets Holistic Healing*

**Your Trusted Wellness Partner:** Every vitamin and IV therapy is administered by licensed medical professionals with years of experience in cosmetic surgery wellness and holistic health care.

## **Essential Vitamins & Nutrients We Offer**

### **Vitamin C (Ascorbic Acid)**

**What it is:** A powerful water-soluble antioxidant vitamin essential for immune function and collagen synthesis.

**How it works:** Supports immune cell function, promotes collagen production for skin health, aids in iron absorption, and neutralizes harmful free radicals throughout the body.

**Key Benefits:** Enhanced immune response, improved skin elasticity, faster wound healing, reduced inflammation, increased energy levels

**Best for:** Immune support, anti-aging, post-surgical recovery, athletes, stress management, skin health

## B-Complex Vitamins

**What it is:** A comprehensive blend of all eight B vitamins (B1, B2, B3, B5, B6, B7, B9, B12) working synergistically.

**How it works:** Converts food into energy, supports nervous system function, aids in red blood cell formation, and maintains healthy brain function.

**Key Benefits:** Increased energy, improved mood, better brain function, enhanced metabolism, stress reduction

**Best for:** Fatigue, stress, depression, metabolism support, vegans/vegetarians, busy professionals

## Glutathione

**What it is:** The body's "master antioxidant" - a powerful tripeptide composed of three amino acids.

**How it works:** Neutralizes free radicals, supports liver detoxification, regenerates other antioxidants, and promotes cellular repair.

**Key Benefits:** Skin brightening, detoxification, anti-aging, immune support, improved energy

**Best for:** Anti-aging, skin health, detox support, liver health, immune enhancement, chronic fatigue

## NAD+ (Nicotinamide Adenine Dinucleotide)

**What it is:** A crucial coenzyme found in every cell, essential for energy production and cellular repair.

**How it works:** Supports mitochondrial function, activates sirtuins (longevity genes), aids DNA repair, and enhances cellular energy production.

**Key Benefits:** Anti-aging, improved mental clarity, increased energy, better sleep, enhanced metabolism

**Best for:** Anti-aging, cognitive enhancement, addiction recovery, chronic fatigue, metabolic disorders

## Biotin (Vitamin B7)

**What it is:** A water-soluble B vitamin essential for metabolism and cellular function.

**How it works:** Supports keratin production, aids in fatty acid synthesis, and helps convert nutrients into energy.

**Key Benefits:** Stronger hair and nails, improved skin health, enhanced metabolism

**Best for:** Hair loss, brittle nails, skin issues, metabolic support

## Magnesium

**What it is:** An essential mineral involved in over 300 enzymatic reactions in the body.

**How it works:** Supports muscle and nerve function, regulates blood pressure, aids in protein synthesis, and promotes bone health.

**Key Benefits:** Muscle relaxation, stress reduction, better sleep, improved heart health, reduced migraines

**Best for:** Muscle cramps, migraines, anxiety, insomnia, cardiovascular health

## Zinc

**What it is:** An essential trace mineral crucial for immune function and wound healing.

**How it works:** Supports immune cell development, aids in protein synthesis, promotes wound healing, and supports normal growth.

**Key Benefits:** Enhanced immune function, faster healing, improved skin health, better hormone balance

**Best for:** Immune support, wound healing, acne, hormone balance, growth and development

## Amino Acids

**What it is:** Essential building blocks of proteins that support muscle function, neurotransmitter production, and cellular repair.

**How it works:** Supports protein synthesis, neurotransmitter production, muscle recovery, and cellular energy production.

**Key Benefits:** Enhanced muscle recovery, improved mood, better physical performance, increased energy, faster healing

**Best for:** Athletes, muscle recovery, mood support, physical performance, tissue repair

## Folic Acid (Folate/Vitamin B9)

**What it is:** An essential B vitamin crucial for DNA synthesis, cell division, and red blood cell formation.

**How it works:** Supports DNA synthesis, aids in red blood cell production, assists in amino acid metabolism, and supports neurological function.

**Key Benefits:** Improved energy levels, better mood, enhanced cognitive function, cardiovascular support, cellular health

**Best for:** Pregnancy support, anemia prevention, mood disorders, cardiovascular health, cognitive enhancement

## Taurine

**What it is:** A semi-essential amino acid that plays vital roles in cardiovascular function, muscle development, and nervous system health.

**How it works:** Supports heart muscle function, regulates calcium levels, aids in bile acid formation, and acts as an antioxidant.

**Key Benefits:** Enhanced athletic performance, improved heart health, better hydration, increased energy, muscle recovery

**Best for:** Athletes, cardiovascular health, energy enhancement, muscle recovery, hydration support

## Vitamin B12 (Cobalamin)

**What it is:** A crucial water-soluble vitamin essential for nerve function, red blood cell formation, and DNA synthesis.

**How it works:** Supports nerve function, aids in red blood cell production, assists in DNA synthesis, and helps convert food into energy.

**Key Benefits:** Increased energy, improved mood, better cognitive function, enhanced metabolism, nervous system support

**Best for:** Fatigue, depression, cognitive decline, vegans/vegetarians, pernicious anemia, neurological support

## Complete IV Therapy Menu

### Beauty Reviver

#### Full Ingredient List:

- High-dose Vitamin C (1000-2000mg)
- Biotin (5mg)
- Glutathione (1200mg)
- B-Complex (B1, B2, B3, B5, B6, B12)
- Zinc (10mg)
- Normal Saline (500ml base)

**Primary Benefits:** Radiant skin, stronger hair and nails, improved skin elasticity, reduced signs of aging, enhanced natural glow, collagen support

**Recommended for:** Pre-event beauty prep, anti-aging maintenance, post-cosmetic procedure recovery, skin health concerns, wedding preparation, photo shoots

***Duration of Effects:** 5-7 days for immediate glow, 2-4 weeks for cumulative benefits with regular treatments*

**Special Considerations:** Best results with monthly treatments. Avoid if allergic to shellfish (due to glutathione). May cause temporary brightening of skin.

## Immunity Warrior

### Full Ingredient List:

- High-dose Vitamin C (2000-3000mg)
- Zinc (15mg)
- B-Complex vitamins
- Magnesium (200mg)
- Selenium (100mcg)
- Normal Saline (500ml base)

**Primary Benefits:** Enhanced immune response, reduced illness duration, increased energy, stress resilience, better recovery from illness

**Recommended for:** Cold/flu prevention, travel prep, seasonal illness prevention, chronic fatigue, post-illness recovery, high-stress periods

***Duration of Effects:*** 7-10 days for immune support, immediate energy boost lasting 3-5 days

**Special Considerations:** Ideal before travel or during high-stress periods. Safe for regular use during cold/flu season.

## NAD Age Defyer

### Full Ingredient List:

- NAD+ (250-500mg)
- Glutathione (1200mg)
- Alpha Lipoic Acid (100mg)
- B-Complex vitamins

- Vitamin C (1000mg)
- Normal Saline (500ml base)

**Primary Benefits:** Cellular regeneration, improved mental clarity, increased energy, better sleep quality, enhanced metabolism, anti-aging at cellular level

**Recommended for:** Anti-aging maintenance, cognitive enhancement, chronic fatigue, metabolic disorders, addiction recovery support, longevity optimization

***Duration of Effects:** 2-3 weeks for cognitive benefits, 1-2 weeks for energy improvement, cumulative anti-aging effects with regular treatments*

**Special Considerations:** Premium therapy requiring longer infusion time (60-90 minutes). May cause temporary flushing or warmth during administration.

## Recovery Revival

### Full Ingredient List:

- Thiamine (B1) - 100mg
- Magnesium (200mg)
- Zinc (10mg)
- Anti-nausea medication (Ondansetron)
- Anti-inflammatory (Toradol)
- Normal Saline (1000ml base)

**Primary Benefits:** Rapid hangover relief, nausea reduction, headache



relief, rehydration, energy restoration

**Recommended for:** Hangover recovery, post-celebration relief, dehydration, nausea and vomiting, headache relief

***Duration of Effects:*** Immediate relief within 30-60 minutes, full recovery within 2-4 hours

**Special Considerations:** Best administered within 24 hours of alcohol consumption. Contains prescription medications - medical evaluation required.

## Energy Empress

### Full Ingredient List:

- B-Complex (high dose)
- B12 (1000mcg)
- Amino acid blend (Taurine, L-Carnitine)
- Magnesium (150mg)
- Vitamin C (1000mg)
- Normal Saline (500ml base)

**Primary Benefits:** Sustained energy boost, improved mental focus, enhanced physical performance, reduced fatigue, better mood

**Recommended for:** Chronic fatigue, busy professionals, athletes, pre-workout enhancement, seasonal depression, burnout recovery

***Duration of Effects:*** Immediate energy boost lasting 5-7 days, improved mental clarity for 3-5 days

**Special Considerations:** Best administered in morning or early afternoon.  
May cause increased alertness - avoid before bedtime.

## Detox Diva

### Full Ingredient List:

- Glutathione (1500mg)
- Alpha Lipoic Acid (100mg)
- Vitamin C (1500mg)
- B-Complex vitamins
- Magnesium (200mg)
- Normal Saline (750ml base)

**Primary Benefits:** Liver detoxification, toxin elimination, improved skin clarity, enhanced energy, better digestion

**Recommended for:** Detox programs, liver support, post-medication cleanse, environmental toxin exposure, skin issues, digestive concerns

**Duration of Effects:** 7-10 days for detox benefits, improved energy within 24-48 hours

**Special Considerations:** Recommend light meals before treatment. May cause temporary increase in urination as toxins are eliminated.

## Hydration Heaven

### Full Ingredient List:

- Normal Saline (1000ml)

- Electrolyte blend (Sodium, Potassium, Chloride)
- Magnesium (100mg)
- B-Complex (standard dose)

**Primary Benefits:** Rapid rehydration, electrolyte balance restoration, improved physical performance, better skin hydration

**Recommended for:** Dehydration, athletes, hot climate exposure, post-workout recovery, travel fatigue, mild illness recovery

***Duration of Effects:** Immediate hydration lasting 24-48 hours, improved physical performance for 2-3 days*

**Special Considerations:** Foundation therapy - can be customized with additional vitamins. Safe for frequent use.

## Migraine Master

### Full Ingredient List:

- Magnesium (400mg)
- B-Complex vitamins
- Anti-nausea medication (Ondansetron)
- Anti-inflammatory (Toradol)
- Riboflavin (B2) - 400mg
- Normal Saline (500ml base)

**Primary Benefits:** Rapid headache relief, nausea reduction, muscle tension relief, inflammation reduction

**Recommended for:** Migraine sufferers, tension headaches, cluster headaches, chronic pain, stress-related headaches

**Duration of Effects:** *Relief typically within 30-60 minutes, lasting 24-72 hours*

**Special Considerations:** Contains prescription medications - requires medical consultation. Not suitable during pregnancy.

## Custom Blends

### Personalized Formulations:

Working closely with each client, we create custom IV therapy blends tailored to specific health goals, medical history, and wellness objectives.

- Comprehensive health assessment
- Personalized vitamin and mineral selection
- Dosage optimization based on individual needs
- Ongoing monitoring and adjustment

**Primary Benefits:** Targeted treatment for specific conditions, optimized nutrient delivery, personalized wellness approach

**Recommended for:** Complex health conditions, athletes with specific performance goals, chronic illness support, unique nutritional needs

**Special Considerations:** Requires detailed consultation and health history review. Pricing varies based on ingredients selected.

# Important Medical Disclaimers

**Professional Administration:** All IV therapies are administered by licensed medical professionals in accordance with state and federal regulations.

**Medical Consultation Required:** A thorough health assessment and medical history review is conducted before any IV therapy administration.

**Not a Substitute for Medical Care:** IV therapy is a wellness service and not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before beginning any new wellness regimen.

**Contraindications:** IV therapy may not be suitable for individuals with certain medical conditions including severe kidney disease, heart failure, or certain allergies. Pregnant and breastfeeding women require special consideration.

**Side Effects:** While rare, potential side effects may include bruising at injection site, temporary flushing, or allergic reactions. All clients are monitored throughout treatment.

**Insurance:** IV therapy services are typically not covered by insurance and are considered elective wellness treatments.

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📍 Mobile Service Area: Broward, Miami Dade & Southern Palm Beach  
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*Licensed • Insured • Experienced • Trusted*

"Where Clinical Excellence Meets Holistic Healing"

All treatments administered by licensed medical professionals • State licensed facility  
• Full liability insurance • Emergency protocols in place