

GRAIN & BERRY

CATERING MENU

SCAN TO START YOUR ORDER



grainandberry.com



where healthy meets delicious!

FOOD ALLERGY NOTICE: Many of our products contain or may come in contact with Allergens including: Wheat, Honey, Soy, Tree Nuts, Milk, Dairy, Eggs, Fish, Peanuts, Sesame Seeds, Celery, Fruits, Vegetables, Coconut, Wheatgrass, Spices, Herbs and Gluten. Acai contains Guarana which contains Caffeine.
Consumer Advisory: Due to our preparation methods, we cannot guarantee that our products are free of contact with possible allergens. Please alert a member of our staff if you have an allergy.

SUPERFOOD BOWLS

BOXED LUNCH

PARFAITS

STEP 1: CHOOSE YOUR SIZE



G&B 9oz Cups

Individual Snack Sized Portions



G&B 16oz Bowls

Individual Full Sized Portions



Build Your Own Bowl

Customize your own individual bowls. Serves 6-8.

STEP 2: CHOOSE YOUR FAVORITE BASE



ACAI

Organic Acai & Banana



SPIRULINA

Organic Spirulina, Banana, Pineapple, Mango & Almond Milk



PITAYA

Organic Pitaya, Banana & Pineapple



YOGURT

Low-Fat Vanilla Yogurt

STEP 3: CHOOSE UP TO 3 FRUITS & 2 TOPPINGS

FRUITS: Banana, Strawberry, Pineapple, Blueberry*, Kiwi* & Mango*

TOPPINGS: Peanut Butter, Nutella, Coconut Flakes, Hemp Seeds, Chia Seeds & Almond Butter (upcharge)

*Extra fruits and toppings can be added for an additional charge.

Pick 2 of your favorite specialty toast slices, served with choice of side.

SPECIALTY TOASTS:

- Cheesy Caprese
- Live Life on the Veg
- Green Monstah
- Best of Cluck
- Guac & Roll
- Berry Bliss
- Toasted Elvis

SIDES:

- Apple
- Banana
- Orange
- Boulder Chips



Choose your favorite parfait Available in 16 oz options

GRAIN & BERRY

Vanilla Yogurt, Granola, Banana, Blueberries, Strawberries, Nutella, Peanut Butter and Coconut Shavings

FEED THE SOUL

Vanilla Yogurt, Granola, Strawberries, Pineapple, Kiwi, Honey and Hemp Seeds

RELAX, EAT, REPEAT

Vanilla Yogurt, Granola, Banana, Strawberries, Nutella, Peanut Butter, Honey and Crushed Peanuts



FRESH JUICES

Choose your favorite juice, available in full and half gallons

**BEEET THE HEAT
HEALER
HALE TO THE KALE**

**50 SHADES OF GREEN
ELVIS PARSLEY
TURN THE BEEET AROUND**

**SOUTHERN APPLE PIE
SUMMER GLOW
DETOX**



ADD ANY OF OUR DELICIOUS HANDCRAFTED SMOOTHIES TO YOUR ORDER



VACATION

Almond Milk, Banana, Pineapple, Mango, Fresh Pineapple Juice



JUST PEACHY

Yogurt, Banana, Orange Juice, Peach, Vanilla Protein Powder



PURPLE RAIN

Almond Milk, Banana, Organic Açai, Pineapple, Strawberries



JAMMIN

Yogurt, Banana, Mixed Berries, Orange Juice, Honey



STRAWBERRY FIELDS

Almond Milk, Banana, Strawberries, Strawberry Plant Based Protein Powder



BEAN HEALTHY

Almond Milk, Banana, Peanut Butter, Honey, Coffee Plant Based Protein Powder



HEALTH NUT

Almond Milk, Banana, Peanut Butter, Honey, Peanut Butter Plant Based Protein Powder



HEALTHY ELVIS

Almond Milk, Banana, Peanut Butter, Honey, Chocolate Plant Based Protein Powder



MAGIC DRAGON

Almond Milk, Pitaya, Peach, Pineapple, Strawberries, Orange Juice