

Grocery List

Sunday:	Produce: _____ _____ _____ _____ _____ _____	Meat: _____ _____ _____ _____ _____ _____
Monday:		
Tuesday:		
Wednesday:	Shelves: _____ _____ _____ _____ _____ _____ _____ _____	Dairy: _____ _____ _____ _____ _____ _____ _____
Thursday:		
Friday:		
Saturday:	Freezer: _____ _____ _____ _____	Household Items: _____ _____ _____ _____ _____ _____