



**Sr. Marthie Nel Hauptfleisch**  
**MH Productions**  
**083 767 2701**  
**marthie@marthienel.com**

## Basic Foot Care Education for Nurses

### Learning outcomes

1. Understand what a normal foot looks like
2. Understand how care for nails, skin and bones should be maintained
3. Identify risk factors for caring for feet e.g. diabetics and circulation challenged Clients
4. Basic wound care
5. Common conditions of the
  - a. Skin
  - b. Nails
  - c. Bones that affect foot care.
6. When a patient should be referred.
7. Identifying the foot care team and their roles