

Class Date: 4 June 2020

Chewy chocolate bars

Ingredients

For the caramel layer:

- 2 1/4 cups medjool dates, stoned (pitted)
- 1/2 teaspoon coarse sea salt
- 1 vanilla pod (bean), scraped, or 1 teaspoon ground vanilla pod
- 1 tablespoon nut butter (almond or peanut)

For the chewy base:

- 1 cup desiccated (shredded) coconut
- 1 cup hazelnuts
- 2 dates, stoned (pitted)
- 3 tablespoons coconut oil
- 1 tablespoon cacao powder
- small pinch of pink Himalayan salt
- 1 vanilla pod (bean), scraped, or
- 1 teaspoon ground vanilla pod

For the chocolate layer:

- 1/2 cup coconut oil
- 4 tablespoons cacao powder
- 3 tablespoons maple syrup