

Class Date: 7 May 2020

Gluten free & Yeast free Baking:

One dough - 4 options: We will be making pizza base, bread, flat bread and pancakes with one dough.

Ingredients:

buckwheat flour

chickpea flour

1 apple

bicarbonate of soda

baking powder

salt

onion

herbs

pizza toppings (whatever you fancy)

nuts/seeds/dried fruit (optional)