

USANA WHOLEBIO

MICROBIOME NUTRITION BAR

The **USANA® WholeBio™** Bar is more than just a delicious, convenient snack. It's a way for you to balance your digestive health, conquer your cravings, and make holistic lifestyle choices that nourish your body, mind, and soul.

Take a look below to learn more about how this powerful blend of prebiotic fibers, probiotics, and phytonutrients works to nourish your digestive health. Combined with a balanced diet and regular exercise, the USANA WholeBio Bar can also support healthy weight management.

WHAT MAKES THE USANA WHOLEBIO BAR UNIQUE?

Supermarket shelves are filled with nutrition bars and probiotic supplements. With so many options, how does the USANA WholeBio Bar stand out above the crowd?

The answer is found in the bar's details:

- Probiotics to encourage the health and diversity of your gut microflora
- Proprietary blend of prebiotic fibers—including apple, blueberry, and raspberry— support the beneficial bacteria already in your gut
- Nutrient-rich formula keeps you feeling fuller, longer
- Wholesome, naturally based, and easily recognizable ingredients
- Convenient to carry and perfect for on-the-go snacking
- Delicious, satisfying flavor

PROBIOTICS MEET PREBIOTICS

The bacteria in your digestive system are key to your overall health. They determine how well you absorb vital nutrients, and even affect how hungry you feel and what foods you crave.

The USANA WholeBio Bar is packed with both probiotics and an exclusive blend of prebiotic fibers. The probiotics introduce beneficial bacteria to your gut and the prebiotic fibers help feed and nourish this new bacteria so they grow strong and capable to support your gut health.

Think of the probiotics as the seed and the prebiotic fibers as the water and sunlight that help the seed sprout and grow. The USANA® WholeBio™ Bar contains both to help you support and nourish a vibrant and robust microflora in your digestive system.

CRAFTED WITH WHOLESOME INGREDIENTS

In a world of artificial sweeteners and flavor additives, our bodies need clean and wholesome foods more than ever. The USANA WholeBio Bar is made with delicious, naturally based ingredients to provide your body with antioxidants and phytonutrients crucial to both digestive and general health.

Some of these naturally based ingredients are:

- Dates: Naturally sweet and a source of fiber to help regulate your healthy digestive process.
- Pea protein: Source of protein that doesn't cause bloating and can help you feel fuller, longer.
- Sunflower butter: Source of protein and vitamin E
- Almonds: Source of healthy fats, manganese, magnesium, fiber, and protein.

HEALTHY WEIGHT MANAGEMENT BEGINS IN YOUR GUT

When you combine the USANA WholeBio Bar's blend of prebiotic fibers, probiotics, and satisfying ingredients with a balanced diet and regular exercise, you get a snack that can play an important role in healthy weight management.

How exactly? The answers are simple:

- The prebiotic fibers nourish beneficial bacteria in your gut. Having healthy gut bacteria has frequently been linked to healthy weight management.
- The probiotic strains support your gut health and may help your digestive system to better absorb satiety-supporting nutrients contained in the bar.
- Some of the ingredients provide fiber and protein, making the USANA WholeBio Bar a filling and delicious snack. One bar goes a long way.

BACKED BY SCIENCE AND FUELED BY EXCELLENCE

USANA's team of leading nutritional scientists and researchers have worked diligently to create a clean source of energy and nutrition that also optimizes digestive health. The USANA WholeBio Bar is the result of their effort and innovation.

The USANA WholeBio Bar is backed by user trials and solid scientific information. And rigorous testing ensures each ingredient is clean and potent. It's science formulated simply.

Naturally derived ingredients, delicious, on-the-go nutrition for your gut—that's what the USANA WholeBio Bar is all about. But it's really more than that. It's an opportunity for you to be more thoughtful and reflective about your eating habits. It's a chance for you to approach your health in a holistic and wholesome way.

IT'S TIME FOR YOU TO BEGIN
TO SNACK WITH PURPOSE.

