



WELCOME
to

PERTH Coast



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GUIDES



WELCOME
to

Perth Coast

As the day draws to a close and the setting sun sinks into the gleaming Indian Ocean, it becomes perfectly clear why this area is known as the Sunset Coast.

With the white sandy beaches stretching from Mandurah to Two Rocks, there are few cities in the world with a coastline that can be compared with the capital of Western Australia. Located only 20 minutes west of the city centre, you can hire a car, catch a bus or join a tour to explore these beautiful beaches.

COTTESLOE

Only 9kms from Fremantle and 12kms from Perth city, Cottesloe is one of the few beaches in Western Australia with ocean side cafés and pubs.

Public transport is also nearby with the beach accessible via train and regular bus services. The long stretch of bike path along the beach is perfect for cycling, jogging or just strolling along the coast of the Indian Ocean. Afterwards, grab a coffee or cold beer at one of the many bars and cafés that dot the waterfront.

The distinctive avenues of Norfolk Island pines, the colonial style splendour of the Indiana Tea House and the Spanish-style Cottesloe Civic Centre with its magnificent gardens all add to the culture of 'Cottes'.

Generations of Western Australians have spent summer days and evenings diving into the Indian Ocean from the distinctive floating bell in the ocean at Cottesloe Beach.

Fishermen line the Cottesloe Groyne and surfies and board riders line the Indian Ocean either side of the Cottesloe Groyne. The wide grassy Cottesloe Esplanade offers shady spots for family picnics and concerts are held there. Some nearby attractions are as follows:

Historical Graves Walk Trail Karrakatta Cemetery, Railway Road, Karrakatta. The first walk of a proposed series of historical graves walks is now available at Karrakatta Cemetery. Maps of the walking trails are available from the administration building at the main entrance to the cemetery. Alternatively, download maps at www.mcb.wa.gov.au/OurCemeteries/Karrakatta/HistoricalWalkTrails.aspx.

Minim Cove Stone Street, Perth. Archaeological discoveries in the 1960s indicate that Minim Cove was an Aboriginal tool-making site dating back ten thousand years. During early settlement, travellers disembarked by ship.

Point Walter Point Walter Road, Bicton. Point Walter is where the locals go on weekends for riverside picnics, swimming and fishing. This scenic reserve boasts sweeping views of the Swan River and is the perfect place to barbecue with friends and family. There are plenty of shady trees, public barbecue facilities, a café, kiosk, jetty and boat ramps. The river at Point Walter offers excellent family swimming and is often used for dive training courses. There's also a public golf course just nearby. Also not far from Point Walter is the Blackwall Reach Reserve, a picturesque area of natural bush ideal for cyclists and walkers. Point Walter is located in Bicton, a 15 minute drive from Perth CBD.



PERTH COAST



Shopping in the Western Suburbs - Cottesloe, Nedlands and Claremont. Shop in Napoleon Street or Station Street in Cottesloe and find yourself among trendy boutiques. Nearby, the suburbs of Nedlands and Claremont also offer great restaurants, bars and stylish shopping opportunities.

For a deluxe shopping experience, visit Claremont Quarter, one of Perth's newest shopping precincts - home to a range of designer brands, restaurants, cafés and fashion events.

SCARBOROUGH

For teens and surfers, Scarborough Beach is a firm favourite. You can swim, surf, fish, people-watch, skate, cycle, sail, windsurf, kitesurf, shop, dine, go night clubbing, interact with the animals, get fit, hold a conference, explore, or because the beach is so long and vast, drop out, relax and sun bake in a peaceful Perth beach dune hollow away from the crowd.

Beaches within walking distance of Scarborough Beach: Trigg Beach 1.4km north with its island and rock pools and Brighton Beach to the south where topless nude beach babes suntan. South of Brighton Beach you can start walking pets southward to Floreat Beach.

There is plenty of car parking. Public buses #400 and 408 run every 8 minutes in summer just west of the

Perth train station. Beach and water conditions are usually best in the morning. Sunny winter (May-Nov) days are usually calm and beautiful.

If you're not into wind surfing you'll be thrilled by the speed and stunts of Perth's marine windsurfing and kite surfing centre when the sea breeze gets blowing.

At night, Scarborough's foreshore comes alive. There are many restaurants and cafés to choose from, or you can pack a picnic and enjoy the large grassed areas, public barbecues and gazebos.

Scarborough Beach features an outdoor amphitheatre which in summer hosts all kinds of events. Surf Life Savers are regularly on patrol at Scarborough Beach, ensuring the safety of the public.

North west of Perth, it's only a 20 minute drive and regular buses run from the city to Scarborough Beach. Some nearby attractions as follows:

Trigg Island beach features grassed areas with barbecues, a kiosk, restaurant and public change rooms. Surf Life Savers are regularly on patrol.

Ride the Sunset Coast: Marmion to Burns Beach, located on the west coast, Perth is privileged to have fantastic beaches, sunsets over the Indian Ocean and the Ride the Sunset Coast cycleway that ventures for many kilometres along the coast of Perth.

Fremantle

Located in the metropolitan region of Perth, Fremantle is a vibrant city with an eclectic mix of entertainment and cultural attractions.

Just 30 minutes from Perth's city centre is the bustling and dynamic port city of Fremantle, one of the easiest cities in the world to explore by foot, bicycle or scooter, since all its leading attractions are in close proximity. Visitors will enjoy the Fremantle Tram Tour, which takes regular circuits around the city and includes informative commentary. Fremantle is recognised as the best-preserved 19th Century seaport in the world, with over 150 buildings classified by the National Trust. Established in 1829 as a port for the fledgling Swan River Colony, Fremantle was the major city in Western Australia for much of its early history.

Apart from the rich heritage, the brilliant culture and relaxed atmosphere of Fremantle attracts visitors from far and wide. Renowned for a vibrant mix of arty and alternative types, Fremantle is abuzz with the songs of buskers on sidewalks and a wild collection of art, lively restaurants, historical pubs and stylish microbreweries. The food and restaurants display the city's multicultural

diversity, with a strong Italian influence amongst the Asian, Indian and many other kinds of cuisine to be found amongst Fremantle's winding streets. For the most popular seafood restaurants in the state, be sure to make it down to the colourful Fishing Boat Harbour. Also not to be missed are the vibrant weekend markets, for all the freshest of fruit and veg as well as eclectic stalls and entertainment. With around 50 boutiques crammed into Market and High Streets, avid shoppers will be delighted by the independent and innovative fashions of Fremantle's quirky shopping precinct, where young and emerging designers are choosing to launch their stunning new lines.

And the fun is just beginning. A short distance north from Fremantle, you can continue your coastal holiday by exploring Cottesloe and Scarborough. Blending beach activities with wining and dining, it doesn't get much better than this.

And if you truly want to getaway amongst the natural wonders of marine and island life, make sure you visit Rottnest Island. The perfect place to forget the world, Rottnest Island will complete your stay in Perth.





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FREMANTLE (Fishing Boat Harbour)
Shop 8, 47 Mews Road Tel: 9430 6902

LEEDERVILLE
125 Oxford Street Tel: 9242 5745

SCARBOROUGH
115A Brighton Road Tel: 9341 4001

Top Things

TO SEE & DO

- Visit Minim Cove, an Aboriginal tool-making site over 10,000 years ago.
- Swim and picnic at Point Walter.
- Visit Scarborough Beach for swimming, surfing, fishing and all round relaxing.
- Enjoy fish and chips on the beach and watch a stunning sunset.
- Ride the Sunset Coast cycleway that ventures for many kilometres along the coast of Perth.
- Take a tram tour of Fremantle.
- Stretch your legs on one of the Fremantle Trails.
- Take a guided tour of the Fremantle Prison.
- Check out the WA Maritime Museum.
- See the Bell Tower at Barrack Square and cruise the Swan River.
- Visit Kings Park.
- Watch gold pour at The Perth Mint.
- Visit the Perth Hills.
- Take the ferry to Rottnest Island.
- Navigate the Swan Valley Food & Wine Trail.



PERTH REGIONAL MAP



Rottnest Island

Rottnest Island is a unique region of natural beauty and wonder with unspoilt beaches, spectacular flora and abundant marine and wild life.

Rottnest Island is Western Australia's very own island getaway. Being a Class A Nature Reserve, public vehicles are not permitted on Rottnest Island. The conventional way to exploring is on a bike, or if riding is not your style you can walk around or use the regular bus service.

Transfers to the island operate from Barrack Street Jetty in Perth's city centre, Victoria Quay in Fremantle, Rous Head in North Fremantle and Hillarys Boat Harbour in Perth's north. There are plenty of activities to enjoy

on the island such as fishing, boating, golfing, a family fun park and a wellness centre. The main Thomson Bay settlement area has several dining establishments where you can enjoy a good meal.

There is a snorkel trail at Parker Point, marked with underwater interpretive plaques containing information about the marine environments surrounding Rottnest. The island is the southernmost point along the Western Australian coastline where coral can grow. Seasoned divers can explore the 13 submerged shipwrecks that slumber off the coast. Information plaques can also be found here alongside the wrecks, which can be visited by glass-bottomed boat, or by scuba diving and snorkelling. Rottnest is also renowned for surfing, so bring your board!



VISIT
local

Markets



BATHERS BEACH SUNSET FOOD MARKET

Sat 5pm – 9pm
Bathers Beach, Fremantle

BOATSHED MARKET

Sat 6.30am – 8pm
40 Jarrad Street, Cottesloe

CANNING VALE MARKETS

Sun 7am – 2pm
Bannister Road, Perth

E-SHED MARKETS

Fri to Sun 9am – 5pm
E Shed Victoria Quay, Fremantle Harbour

FREMANTLE MARKETS

YARD: Sat to Sun 8am – 6pm
HALL: Fri 9am – 8pm; Sat to Sun 9am – 6pm
Corner of Henderson Street and South Terrace,
Fremantle.

FREMANTLE VILLAGE ART MARKET

Thurs in Oct – Apr
10am to 4pm
Kings Square, Fremantle

SUBIACO STATION STREET MARKETS

Fri, Sat, Sun 9am – 5.30pm
44 Station Street, Subiaco



Swan Valley

One minute you're in the city of Perth, surrounded by skyscrapers, the click-clack of commuter heels and the roar of motorway traffic. Hop in your car, head east and, 25 minutes later, you're in another world: winding down quiet roads, a seemingly infinite landscape of lush, green vines before you.

Roadside stalls sell fresh-picked produce: plum, juicy strawberries, fat figs and fiery red tomatoes, depending on the season.

Signs point left and right to winery after winery – some sleek, some rustic – inviting you in to sample crisp, clean whites, full-bodied reds and the region's famous fortifieds. And that's just the start of the trail.

Welcome to the Swan Valley, home of the oldest vineyards in WA. Most of these vintage vines, the first of which were planted in 1830, are still family owned, run by descendants of pioneering viticulturists with generations of winemaking in their blood.

As a region, the Swan Valley is surprisingly compact. However, those embarking on this scenic loop, known as the Swan Valley Food and Wine Trail, generally take their merry time. After all there is more than just wine to swill. The area contains some of the finest restaurants in the state, as well as breweries, distilleries, art galleries, wildlife parks, and a slew of hands-on activities on offer.

With so much to see and do, try and taste, you'll be pressed for time. Don't worry, WA's oldest wine region isn't going anywhere: as the sun sets on full bellies and wine-soaked lips, you can always come back for another round tomorrow. For more information on Swan Valley, please contact the Swan Valley Visitor Centre on 9379 9400 or visit www.swanvalley.com.au.



Swan Valley

Perth's *Valley of Taste*



Discover the rich fusion of award winning wineries, fine food and local wildlife set against the stunning scenery of Western Australia's Swan Valley.

Best of all it's just a 25 minute drive from the Perth city centre and less than 10 minutes from Perth Airport. Jump in a car and follow the award winning Swan Valley Food and Wine Trail or pre-book a tour.

Guides and tour information is available at the Swan Valley Visitor Centre.

Swan Valley Visitor Centre



Guildford Courthouse
cnr Meadow and Swan Sts, Guildford
Open 7 days 9am-4pm (closed Christmas Day)
P 9379 9400
E visitorcentre@swan.wa.gov.au

www.swanvalley.com.au



CAVERSHAM WILDLIFE PARK

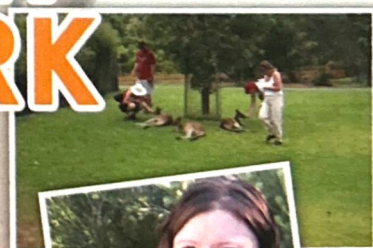


Open Daily
9am - 5pm (except Xmas Day)

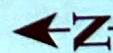
Whiteman Park, Lord Street, Whiteman

Phone: 9248 1984

www.cavershamwildlife.com.au



SWAN VALLEY MAP



© John Batman Group

WELCOME to

Perth City

INNER CITY PERTH

A vibrant city centre superbly situated alongside the dazzling waters of the Swan River, Perth offers a refreshing fusion of cosmopolitan culture and stunning natural beauty.

Located beside the pristine bush land and grassy parklands of Kings Park, it is no wonder there is such a great feeling of nature at the heart of Perth City.

Alfresco dining is a way of life here, so be sure to sample the sumptuous selection of food on offer from the cafés and restaurants that line Perth's lively pedestrian malls.

You'll also find theatres, galleries and museums offering a kaleidoscope of entertainment, arts and culture.

NORTHBRIDGE

For a diverse range of foods, wines, arts, culture and vibrant night life head direct to Northbridge. This cultural hub just a five minute walk from the Perth central business district is renowned for its incredible line up of bars, clubs, restaurants, cafés, funky speciality shopping, cultural venues and fresh produce.

Start your day here by immersing yourself in the culture of the Art Gallery of WA and the WA Museum. People of all ages and backgrounds will find themselves truly captivated by the displays on offer at these popular establishments. In fact there is nothing quite like spending a day at the museum or the gallery, losing yourself in the exhibits on display.

PERTH CITY MAP



PLEASE DO NOT REMOVE MAP FROM ROOM

NORTHBRIDGE'S BEST STEAK IS AT HOG'S BREATH CAFE

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BOOKINGS RECOMMENDED

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21 Lake St, Northbridge **Ph 9328 8777**

 facebook.com/hogsbreath

 www.hogsbreath.com.au

SUBIACO

Subiaco is located just five minutes from the Perth CBD. With around 70 fashion stores and 130 cafés and restaurants, there's no shortage of things to see and do in Subiaco. Dine at one of the fine eating establishments or shop for a unique gift for that someone special.

If it's culture you want, however, then the Subiaco Arts Centre at 180 Hamersley Road has a full calendar of events for anyone needing a thespian fix. And if you still want more, you can catch a show at the Regal Theatre situated on 474 Hay Street for comedy, cabaret, ballet and more.

Subiaco boasts a number of art galleries. Indigenart - The Mossenson Gallery situated on 115 Hay Street is one of Australia's principal Indigenous art galleries. Indigenart showcases a cross section of Indigenous artists while ensuring equitable returns for artists. The Subiaco Museum at the corner of Rokeby & Bagot Roads is worth a visit if you love your history.

If you're in Perth between March and September, catch a game of footy at Patersons Stadium on Roberts Road.

SOUTH PERTH

South Perth is located just 4 kms from the Perth CBD. Noted for its bustling cafés and fine dining along Mends Street, many gastronomic delights await the hungry traveller. There's also plenty of shopping to be had in boutique stores boasting a range of wares on Angelo Road. Be sure to check out the Perth Zoo located at 20 Labouchere Road in South Perth.

Rosens Pharmacy

Open Mon-Fri 8.00am - 5.30pm

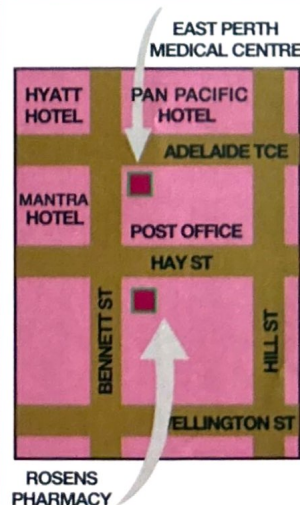
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Perth TRANSPORT

DRIVE TIMES / DISTANCES

Transperth's CAT (Central Area Transit) buses offer you a fast, free and convenient means of travelling in and around Perth, Fremantle and Joondalup CBD.

PERTH TO:

Belmont 9.8km 16mins

Cottesloe 11.3kms 18mins

Scarborough 14.3kms 20mins

Swan Valley/Guildford 14.5kms 25mins

Marangaroo 21.2kms 24mins

Fremantle 23kms 30mins

Kalamunda 27.7kms 35mins

Joondalup 27.2kms 25mins

Mandurah 47kms 1hour

TRANSPORT

All CAT's are colour-coded for your convenience and Perth CATs include audio recordings of service times. Simply press the information button at the stop to find out when the next bus is due to arrive. The Perth CAT stops even have real-time passenger information, which tells you when the next bus is due. To catch a CAT, just wait at the CAT stop and the driver will stop to pick you up.

The Red CAT travels in an east-west loop from Queens Gardens in East Perth to Outram Street in West Perth.

The Blue CAT travels in a north-south loop from the Barrack Street Jetty to Northbridge.

The Yellow CAT operates in a loop from East Perth to West Perth.

The Green CAT travels from the Esplanade Busport to Leederville Station.

Free travel is only permitted within the Free Transit Zone. If you are travelling outside this zone normal fares apply.

For more information, train and bus timetables or a comprehensive journey planner, visit Transperth online.

Want to know more about Transperth?

InfoLine 13 62 13

People with hearing disabilities TTY 9428 1999

Website www.transperth.wa.gov.au

Note: Times are a guide only using main roads and may be longer during peak holiday times or when experiencing extreme weather conditions.

Road Safety: You are permitted to drive on a current out of state or overseas licence for a period of one year. If you hold an out of state or overseas driver's licence it must be carried with you when you are driving and produced on demand to a police officer if requested.

Vehicles travel on the left-hand side of the road and the wearing of seatbelts is compulsory for all passengers. It is illegal to talk on your mobile phone while driving.

For more information on road rules and safety, visit the Office of Road Safety's website at ors.wa.gov.au.

ESSENTIAL services

FOR EMERGENCIES ONLY CALL 000

Cottesloe Police

Ph: 9286 7777

Scarborough Police

Ph: 9441 6400

Fremantle Hospital – 24 hour casualty

Alma Street, Fremantle

Ph: 9431 3333

Cottesloe Medical Centre

525 Stirling Highway, Cottesloe

Ph: 9384 1500

Scarborough Beach Medical Centre

37 Scarborough Beach Road, Scarborough

Ph: 9341 8300

Transperth 136 213

Qantas 131 313

Swan Taxis 131 330

Black & White Taxis 131 008

