





Wisdom in Practice From Existential Training to Therapeutic Encounter

Rome, Italy May 21>23 **2025** with the patronage of: CNOP (Consiglio Nazionale degli Ordini degli Psicologi) Italian Republic Senate¹

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SCIENTIFIC SECRETARIAT

Rita Desiderio Rosalba D'Avino Silvana Figlioli Federica Grilanda Maria Gabriella Restifo Carmine Verino

Main room



12:00 - 13:00 The wisdom of emptiness: the mysterious

conundrum of human presence

Erik Craig

SCHEDULED BRIEF TALK

Alexey Bolshanin

13:00 - 13:20 Can wisdom be taught?

Claire Arnold-Baker

14:30 - 15:15 CONFERENCE OFFICIAL OPENING

Greetings from the authorities and scientific referents

Andrea Catizone

Consigliere del Ministro dell'Università e della Ricerca

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Psicoterapia - MUR

Maria Antonietta Gulino

Presidente Consiglio Nazionale Ordini degli Psicologi²

Raffaele Zinno
Presidente PSAF

15:15 - 16:00 INTRODUCTION

Gianfranco Buffardi

Chair F. Boscaino - F. Brancaleone

16:00 - 18:00 Unmet needs of Existential Therapy

Chair G. Menda - G. Buffardi

Ernesto Spinelli

Evgenia Georganda

Kirk Schneider

Stephen Diamond

Jason Upton

Yaqui Martinez-Robles

¹Patronages are requested

²To be confirmed

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18:00 - 19:00 Unmet needs and Introduction FETE 10th Emmy van Deurzen

19:00 - 20:00 FETE ten years Ceremony

Presentazione e testimonianze

Gideon Menda

Claire Arnold-Baker

20:00 - 21:00 Guitar-Flute duo concert

Piero Viti

Salvatore Lombardi

21:00 - 23:00 DINNER BUFFET

(optional, with a participation fee)



09:00 - 10:30 PHILOSOPHY AND PSYCHOTHERAPY: presentations and round table

Chair G. Traversa

The significance of phenomenology in existential analytic psychotherapy

Alfried Längle

Navigating today with Karl Jaspers

Mario Castellana

Historicist existentialism & Daseinsanalyse of Binswanger

Luigigiovanni Quarta

L'importanza dell'umorismo in psicoterapia

Paolo Soru

10:30 - 10:45 BREAK

10:45 - 13:30 Schools Training Round Table Discussion among the schools:

- HUMANISTINĖS IR EGZISTENCINĖS PSICHOTERAPIJOS INSTITUTAS
- CIRCULO DE ESTUDIOS EN TERAPIA EXISTENCIAL
- VAROLUSCU AKADEMI
- SCUOLA DI PSICOTERAPIA NEOESISTENZIALE

Jason Upton

Susana Signorelli

Katerina Zvmnis

Semvon Yselsson

Edgar Correia

Presents the new handbook of Existential Therapy

Yaqui Martinez Robles

14:00 - 15:00 WORKSHOP²

Existential-humanistic and existential-integrative therapies

Kirk Schneider

SCHEDULED BRIFF TALKS

M. Roberta Cappellini

15:00 - 17:45 Psychotherapies and Psychiatry: round table and presentations

Chair P. Scapicchio - R. Boccalon

Psychiatry, psychotherapies and training

Silvana Galderisi

Integrated treatment and recovery in Psychiatry 4

Armida Mucci

Existential psychology and mental health

Stephen Diamond

Psychiatry and Dasein

Digby Tantam

Dignity therapy approach in mental disorders

Luigi Grassi

Crisis of Psychiatry and Existential Analysis

Vincenzo Di Nicola

17:45 - 18:00 BREAK

18:00 - 19:30 Discussion Room: Relatedness

Ernesto Spinelli

Raffaele De Luca Picione

SCHEDULED BRIFF TALKS

Maria Galani

Katerina Zymnis

Ferdinando Brancaleone

³Il conference workshops are limited in number; those who wish to participate have to register for the individual workshop at secretariat desk

⁴Provisional title



09:00 - 11:30 ET Development

Chair P. Pomponi - K. Zymnis

Bringing Wisdom to the World: applied philosophy as existential therapy

Emmy van Deurzen

Por qué, para qué y cómo de la terapia existencial **Susana Signorelli**

Existential Dilemmas & "Dialectical Tensions": An Existential-Developmental understanding of "inner conflicts"

Evgenia Georganda

Psicoterapia neo-esistenziale e scienze di confine. Il problema della "coscienza" nel dibattito scientifico contemporaneo.

Ferdinando Brancaleone

11:30 - 11:45 BREAK

11:45 - 13:30 Psychotherapies Integration:

lectures and round table

Chair Y. Martinez Robles - C. Wurm

Embracing Existence: A Hellenic Model of Psychotherapy Training

Katerina Zymnis

The dynamics of psychic change in the light of liminality

Raffaele De Luca Picione

Presentation of the handbook: A History and Applications of Existential Psychology

Zoltàn Kovàri

15:00 - 17:00 ET and Well-Being in the World of Work



Chair P. Pomponi - F. Boscaino

The Existential Edge: Where True Performance Begins in High-Stakes Roles

Gwenn Dunne-Henry

Neurodivergent Staff Support: Training, Coaching, and Community

Danny Smith van Deurzen

Olivetti Industries, where SYSTEMS and SHAPEs meet for the development of people and territory. Best practice for the future.

Matteo Olivetti

17:30 - 17:45 BREAK

17:45 - 19:30 OTHER PRESENTATIONS

Chair: R. Desiderio - C. Verino

From Therapy Training to Trauma
Treatment - expanding and exploring
existential supervision

Bo Blåvarg

The Home you cannot buy: the phenomenon of feeling at Home in an Era of Global Change

Nataliia Gladka

The Psychosis of Existential Training: Towards an Inclusive and Equitable Therapeutic Practice for Young Therapists

Neresia Osbourne

The extraordinary human experience - a modern psychological perspective

Yaryna Kaplunenko

Narrazione, LLM, ChatBot e psicoterapia

Paolo Quagliarella

19:30 - 20:00 CONCLUSIONS

Ferdinando Brancaleone Fernando Boscaino Gianfranco Buffardi

Secondary Room



DISCUSSION ROOMS2

9:00 - 10:15 SHORT COMMUNICATION

Existential Therapy

Chair E. Farinella - R. D'Avino

Orthodox Anthropology as one of the possible foundations of existential therapy

Alina Krasnova

Perspective and Critical Thinking About Existential Psychotherapy

Will Wadlington

Exploring the intersections between existential therapy and narrative approach

Ani Margaryan

Existential challenges of a psychologist in working with involuntary dislocated people in Ukraine

Inna Hlazkova

10:15 - 11:30 SPECIAL LITTLE ROUND-TABLE

The phenomenon of evil in existential therapy

Stephen Diamond

Holding Space for the Devil: Exploring Evil as Human Potentiality in Existential Therapy

Vaggelis Lempesis

11:30 - 12:15 WORKSHOP

Liberated Body: Body as an anchor for meaning and regulation

Burcu Tuncel

12:15 – 13:40 Existential psychotherapy and training

Chair S. Figlioli - F. Grilanda

Would You Go to a 25 Years Old Therapist? Nurturing Identity and Addressing Biases While Training Young Psychotherapists

Katya Kiiaeva

What Makes Existential Supervision Effective?

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Paulius Skruibis

Existential psychopathology: course for students of the second, professional level of training existential therapists of the International Institute of existential consultancy (MIEK)

Alexey Bolshanin

Ikigai and Logotherapy: Parallel paths to meaning

Ralf Müller

Ethics of Memory in Existential Dialogue

M. Roberta Cappellini

Modern teenagers and world classical literature. Way to wisdom. Experience of psycologist.

Kateryna Chupika

14:30 - 15:30 DISCUSSION ROOM

SUBSTANCE USE AND "LOSS OF CONTROL"

Discussion room: proposed by

Christopher S. E. Wurm Barbara Parisi Presicce

SCHEDULED BRIEF TALKS

Existential approach in psychorehabilitation of addicts

Olga Samara

An Existential Approach to Addiction:

The Role of the Unconscious

Mert Ulusoy

15:30 - 15:45 BREAK

15:45 - 17:45 WORKSHOP

An existentially grounded approach in working therapeutically with terminally ill cancer patients

Monika Ulrichová & Michaela Launean

Tell it again

Yuliya Bayramova

LONG PRESENTATION

We live in history. On the formation of the concept of psychotherapy and the profession of psychotherapist.

Semyon Yesselson



10:45 - 11:45 SHORT FILM (15 minutes each)

Chair S. Yesselson - E. Farinella

Dealing with uncertainty in the fog of life

V. Martiusheva & E. Shustikova

The time of my life. Awakening through art.

N. Matveeva

Choice as an important and difficult part of life.

K. Morgan & Z. Rusina

11.45-13.30 SHORT COMMUNICATION

Inconsistency of existence

Chair R. Desiderio - M. G. Restifo

Experiences of existential psychotherapeutic approach to limiting situation/s

Maria Isabel Perez

Liminal Spaces: Mutuality in Existential Encounters

Burcu Tuncel

Creating a Multidimensional Scale to Measure Existential Anxiety with Contingency Included

Sabina Musliu

Searching for truth to rely on: Ukrainians making life choices in the face of uncertainty

Kristina Malysheva

Continue to live, you say? That's easy to tell.

Olga Tolmachova

Balancing Depth and Relief: Existential Therapy in an Anxious World

Anna Micheli & Alexandros Herling

Is there life after death?

Irina Maria Sarau

15:00 - 17:00 WORKSHOP

Alison Strasser & Adam McLean

15:00 – 15:45 The obstacles to teaching existential therapy

16:00 – 16:45 The Wheel of Supervision

17:00 - 17:15 BREAK

17:15 - 19:30 WORKSHOP

The Existential Wisdom of Zorba: Exploring the Possibilities of Kazantzakian Thought for Enhancing Personal and Therapeutic Vitality

Georganda Evgenia & Erik Craig

Unravelling the Wisdom of the Youth a proposal for existential practice with young people and young adults in psychotherapy

Anghel Ruxandra

Co-travelling on The Hero's Journey: an exploration of a significant rite of passage in young adulthood

Anghel Ruxandra

Third Room



SHORT COMMUNICATION

9:00 - 11:00 Existential therapy and crossing boundaries

Chair R. Desiderio - C. Verino

Worldview of Existential Phenomenology from the Mexican Movement of Analysis and Existential Therapy

Max Jiménez

Bracketing in an unstable world: What might the demands look like for the existential therapist?

Bo Blåvarg

Epoché in art and art of epoché

Victoria Martiusheva

Cosmo-Psycho-Logos:
Cultural Diversity by Georgy Gachev

Vlad Borodulin

Dao, I – Thou, Borders and Quantum physics. Finding the right language and images for existential experience

Dmitri Ometsinsky

Paradoxical Intention: reflection on the complexities of application in psychological practice



Sergei Ishanov

11:00 - 11:15 BREAK

11:15 - 11:30 SHORT COMMUNICATION

Cycle of live

Chair F. Grilanda - S. Figlioli

Psychometric properties of the Existential Scale and the Existential Motivations Test for adolescent population

María Laura Asid

From Creative Expression to Existential Reflection: Emotional Support Groups for Parents of Children with Neurodevelopmental Disorders

Kyriaki Kentigkeleni

War and pregnancy. Kyiv 2022-25

Oksana Morozova

From inner peace to peace with others. Contributions from Contemporary Existential Analysis to democratic and peaceful coexistence

María Laura Asid

Supporting Animal Guardians:

Experiences from the Greek Population

Paraskevi Skrempou

Existential supervision: enhancing interdisciplinary teams in children's and adolescents' psychotherapies and special education

Dionysios Sourelis

14:30 - 15:30 WORKSHOP

Expanding from inner Wisdom into Existential Practice

Gideon Menda & Yali Sar-Shalom

15:45 - 17:45 WORKSHOP

Beyond Words: How Do Our Bodies Speak?

Anna Micheli

Helpline in the era of epidemics and wars

Alexey Bolshanin

Encounter in Existential Coaching –
The Process of Personal Existen al
Analysis (PEA) according to Alfried Längle

Annete Fährmann



11:45 - 13:30 SHORT COMMUNICATION

Mind and body

Chair M. Pucci - R. D'Avino

Neuroscience & Existential Psychotherapy;

A Facet of the Mind-Body Connection

Despoina Georgakopoulou Toli

Loneliness and connection: existential aspects of working with elderly involuntary dislocated people in Ukraine

Helen Kaminska

"Losing Myself, I Find Another":

An Existential Approach to Premature Dementia

Maria Koulouri

Body Image Dissatisfaction: how it arises and what it hides

Louisa Yetumyan

"Blissful ignorance" in psychotherapy

A. Lelyk

14:30 - 16:00 **EXPERIENTIAL GROUP**

Training in Psychotherapy: The Experiential Group as a Matrix of Change

Michele Battuello & Nicole Guido

16:00 - 18:00 WORKSHOP

Embodied Encounters: Integrating Existential Therapy and Psychodrama

Max Karlin

Dancing Around the Existential Maypole: a Discourse Between Stances, Views, Therapeutic Tools, Beliefs and Biases

Anna Kourtis & Dimitris Dimitriadis

Posters



Scientific Chair R. D'Avino

Chair L. Rendina - A. Mesolella

9:00 - 11:00 POSTER SECTION I DISCUSSION I.1

Heart Intelligence: A Neurophysiological, Emotional, and systemic perspective

A. Borgoni

"On the Stage of Life": Exploring the existential resources for the resilience of professional actors

D. Dobreva-Hristova

Role-playing in ET training

R. M. Buffardi

VIVERE FILOSOFARE:

An online community for a living philosophy

F. Levy

15:45 - 17:45 POSTER SECTION I DISCUSSION I.2

Existential Psychotherapy Institutions Worldwide, Part I: A Replication Study

R. Estanislau - C. Correia

Existential Psychotherapy Institutions Worldwide, Part II: A Questionnaire Study

R. Estanislau - C. Correia

The Emotional and Existential Impact of Relational Dynamics on Special Education Teachers

R. D'Avino - M. Gaudino - L. Rendina - G. Buffardi

Trauma and Existential Shattering:

A phenomenological exploration of the impact of health trauma on a person's lifeworld

A loannou

15:00 - 17:00 POSTER SECTION II DISCUSSION II.1

Finding ways in existential counseling and working with parents how not to "fix" but to nourish children

O. Kuzina

Working with unpredictability through the Shadow Aspects of Personality

V. Mikhailowa

The Condition of the Elderly Through the Lens of Existential Needs

S. Figlioli - A. Mesolella - C. Verino - G. Buffardi

17:15 - 19:30 POSTER SECTION II

Metaphorical Language of Cinema in Existential Therapy

V. Martiusheva

Metaphorical Language of Cinema in Existential Therapy

N. Matveeva

"Fear of the Gene: Existential Implications of the Risk of Genetic Transmission in Relatives of Individuals with Major Psychiatric Disorders"

M. G. Restifo - R. Desiderio - M. Seguino

G. Sampogna - G. Buffardi

The impact of the concept of incomparability on the self esteem of neurodivergent children and adolescents after diagnosis.

F. Grilanda - G. Buffardi

Introduzione



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Abstarcts



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