

Facts and Feelings

October 6, 2022

PREPARATION

Study

Look over the guideline for the group discussion and ask the Holy Spirit to lead you.

Pray

Pray for the members of your group and their openness to God's word.

Landing Point

The truth of Jesus meets us in the middle of our mess.

GROUP DISCUSSION

CONFIDENTIALITY | What's said in the group stays in the group.

NO CROSS-TALK | Be considerate of others as they share. Refrain from side conversations and texting during group time.

NO FIXING | We are not in the group to fix each other. Jesus does that part.

SHARING | Be sensitive to the amount of time you share. Don't talk too much or too little. Every person brings something valuable to the group.

INTRODUCTION

Everyone loves a good song - a good melody paired with vocal harmonies is enough to make you stop and take note...or even ask Siri for the name of it. But there is something different about a song when the lyrics speak to what we know to be true. When the feeling of the music is paired with the penetrating truth of the lyrics you get to enjoy the song in a fuller sense. Like some of your favorite songs, the story we will read today combines both facts and feelings. When we bring the reality of our emotional landscape into the presence of Jesus, we get to experience His truth in a new way.

Q- What is one of your favorite songs? What makes it your favorite - the lyrics, the sound or the combination?

Q- Do you tend to rely more on facts or feelings? Why? Give an example.

DEEPER DIVE

Read John 5:2-18 in your group (Leader Tip: Get everyone involved by taking turns reading each verse). After reading, walk through the questions below as a group:

Q - Work together to lay out the "facts" of the story. After putting the facts together as a group, talk about what feelings you observe in the passage?

Q - What is an area of your life you currently feel stuck?

Q - When you feel stuck how do you find yourself responding to God and others?

Q - What do you observe about how Jesus responds to the man on the mat? How does recalling the character of God encourage you to respond to Jesus?



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As Jason closed today he left us with the following statements to give us hope:

- Jesus enters messy places to find you
- Jesus sees you and knows you
- Jesus asks you, “Do you want to get well?”
- Healing has its challenges too
- Spiritual healing is our greatest need

Q - Read the statements above to your group. Which one do you most identify with?

Q - Based off of which statement you identified with, what is your next step?

Pray - As group closes ask pray together and thank God for the spiritual healing he has given us access to and the life change that is represented within your group.

