Accessing Developmental Disability Services in New Jersey

RESOURCES FOR LONG-TERM SUPPORT FOR ADULTS & CHILDREN

A Resource Guide for Individuals And Their Families
Accessing Developmental Disability Services in New Jersey

A Resource Guide for Individuals and Their Families

The purpose of this guide is to provide basic information regarding how a person with a disability can access eligibility and intake for government-funded services. It is intended to assist individuals with disabilities and their families. Websites are provided when seeking additional information. Regulations and operating procedures change frequently, so the reader is encouraged to utilize the internet references supplied to obtain the most current information available.

The government-funded supports described pertain primarily to someone with a developmental disability seeking services. The details of intake and eligibility are specific to New Jersey’s requirements. The concepts, however, have applicability to a wider audience.

This publication is best utilized in concert with the companion guide:

**The Journey to Community Housing Supports** available at [http://www.shanj.org/housing-hub/housing-guide](http://www.shanj.org/housing-hub/housing-guide)


The Supportive Housing Association of New Jersey has created this guide and several additional resources with grants from the NJCDD. To locate them, go to the SHA website at [http://www.shanj.org/housing-hub/housing-guide](http://www.shanj.org/housing-hub/housing-guide).
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Social Security and Medicaid

**SINCE MEDICAID IS REQUIRED TO OBTAIN MOST GOVERNMENTAL FUNDED SERVICES, HOW DOES SOMEONE APPLY FOR THESE BENEFITS?**

An applicant must be Medicaid eligible in order to access Medicaid Home and Community-Based Services for long-term care.

To receive services, such as the Supports Program (SP) or the Community Care Program (CCP), a person must be eligible and maintain eligibility for Medicaid benefits. Medicaid is a key entitlement that will provide both physical health care and supports to people of low-income living with disabilities.

There are a few typical ways for a person to obtain Medicaid. Perhaps most common is through Social Security's Supplemental Security Income (SSI) program, which provides cash and Medicaid benefits to eligible seniors and people with disabilities. Community Medicaid and the Disabled Adult Child Social Security benefit (DAC) also provide Medicaid options.

For more information about applying for Social Security and Medicaid, go to [http://www.ssa.gov](http://www.ssa.gov), or call the Social Security Administration toll free at 1.800.772.1213 (TTY 1.800.325.0778). For help, email NJ Division of Developmental Disability (DDD) Medicaid Eligibility Help Desk: DDD.MediEligHelpdesk@dhs.state.nj.us or go to their website at: [http://www.state.nj.us/humanservices/ddd/services/medicaideligibility.html](http://www.state.nj.us/humanservices/ddd/services/medicaideligibility.html)

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**Supplemental Security Income (SSI)**

SSI is a federal program that provides monthly cash payments to eligible individuals in need. In New Jersey, individuals who are determined eligible for SSI are also eligible for Medicaid that provides health insurance coverage and long-term supportive services.

**WHAT IF I AM NOT ELIGIBLE FOR SSI?**

If an individual’s income and/or financial resources are above the limits for SSI eligibility, he or she can still apply for New Jersey Medicaid. (For example, ineligibility may occur because he or she has money in a savings account or receives a financial benefit due to a parent’s death or because his/her parent has begun to collect social security benefits.) To apply for New Jersey Medicaid, contact the Board of Social Services in the county where the individual resides.
Resources for Long-Term Supports for Adults

Services and Supports from New Jersey Division of Developmental Disabilities

**WHAT IS THE NJ DIVISION OF DEVELOPMENTAL DISABILITIES OR DDD?**

The Division of Developmental Disabilities (DDD), within the NJ Department of Human Services, funds long-term care for adults with intellectual and developmental disabilities within New Jersey through Medicaid funded services. Most people served by DDD live at home with their families, may receive supports in their own homes or in unlicensed settings, and may receive services including day habilitation or individual supports. A smaller number of individuals receive funding to live within licensed community residences, independent and supportive living apartments.

The law requires that DDD services be designed to maximize developmental potential and shall be provided in a manner which is least restrictive of each person’s personal liberty (N.J.S.A. 30:6D-9). DDD can assign people to waiting lists when services are not immediately available. Service options depend upon the available resources. For more information go to [http://www.state.nj.us/humanservices/ddd/services/ccw/ccwwl.html](http://www.state.nj.us/humanservices/ddd/services/ccw/ccwwl.html).

**PARENTS OFTEN ASK, “WHAT HAPPENS WHEN I CAN NO LONGER CARE FOR MY ADULT CHILD WHO IS LIVING AT HOME WITH ME?”**

For Medicaid and DDD eligible recipients who have been assessed to be in need, DDD has regulations to serve a person more quickly in an emergency. For those with such urgent need, there are limited community-based residential supports for eligible individuals in emergent need of housing or incapable of living with family.

**BE PREPARED AND PLAN EARLY**

Become familiar with available resources well before an urgent need exists. In emergency circumstances, there is less time and fewer options.

**New Jersey’s Division of Developmental Disabilities (DDD) Eligibility Criteria**

To be determined eligible for DDD services, an individual must:

- Be a New Jersey resident
- Be Medicaid eligible
- Meet the functional criteria of having a developmental disability, and must document that he or she has a chronic physical and/or intellectual impairment that:
  - manifested in the developmental years, before age 22;
  - is lifelong; and
  - Substantially limits the individual in at least three of the following life activities: self-care; learning; mobility; communication; self-direction; economic self-sufficiency; and the ability to live independently.

**AN INDIVIDUAL CAN APPLY FOR DDD SERVICES AT AGE 18 OR OLDER**

but cannot utilize the services until the age of 21. Individuals who are found eligible but are under age 21 can receive services through the NJ Department of Children and Families ([http://nj.gov/dcf/families/csc/](http://nj.gov/dcf/families/csc/)).
New Jersey’s Division of Developmental Disabilities (DDD) Intake/Application Process

**HOW DOES SOMEONE APPLY FOR DDD ELIGIBILITY?**

To begin the process, a person can file an application for DDD services. For the Intake Application Package, call the local DDD office (See inside back cover for contact information) or go to: https://www.state.nj.us/humanservices/ddd/staff/cso/index.html

An intake worker will interview the person and his/her family and identify the information needed to determine eligibility for DDD services. Necessary documentation includes information about the person's functional abilities, Social Security card, Medicaid card, birth certificate, and diagnosis of a disability. In addition, DDD will request written permission to obtain school records, psychological test reports and medical records that assist in determining eligibility. Once all the necessary information is assembled, DDD will conduct a preliminary eligibility review and schedule a mandatory assessment called the New Jersey Comprehensive Assessment Tool (NJ CAT). DDD will send a decision in writing once the eligibility determination is made. If eligibility is denied, the decision can be appealed.

Support Coordination

**WHAT IS A SUPPORT COORDINATOR?**

A Support Coordinator is a professional who assists in planning for the life the individual wants, identifies the supports that are needed, and connects the person to available services and supports. Once determined eligible for services with DDD, the individual may choose a support coordination agency or have one assigned. If unhappy with these services, an individual may choose a different support coordination agency.

**HOW DO I FIND A SUPPORT COORDINATION AGENCY?**

DDD qualifies support coordination agencies that employ support coordinators to assist individuals in gaining access to supports and state services. For additional information and resources regarding support coordination go to: http://rwjms.rutgers.edu/boggscenter/products/SelectingandEvaluatingSupportCoordinationAgency.html

**WHAT IS THE PROCESS TO APPEAL A DECISION, IF DENIED ELIGIBILITY?**

If a government agency denies eligibility, the person affected is entitled to appeal. The notice of denial will include information about how to file an appeal. It is important to respond in a timely manner. Read carefully to find the due date of appeal. With DDD, the person will have the opportunity to attempt to resolve the dispute at a settlement conference. If the settlement conference is unsuccessful, the appeal will be referred to the Office of Administrative Law for a hearing before a judge.

It is worth the effort to appeal an unfavorable decision. Many times, decisions are changed through the appeal process. Individuals are encouraged to seek legal resources through the assistance of advocacy organizations or an attorney.
WHAT IS THE DIVISION OF DEVELOPMENTAL DISABILITIES’ NEW JERSEY COMPREHENSIVE ASSESSMENT TOOL (NJ CAT)?

The NJ CAT is the mandatory needs-based assessment tool used by the New Jersey Division of Developmental Disabilities (DDD) to determine eligibility and level of need. The NJ CAT is composed of two parts. The individual’s Functional Criteria Assessment (FCA) evaluates the individual’s abilities in seven areas including ability to live independently, communication, economic self-sufficiency, learning, mobility, self-care and self-direction. Additionally, the Developmental Disabilities Resource Tool (DDRT) evaluates the person’s abilities compared to others with similar needs to assure that people with similar needs have access to similar levels of support.

The state uses the NJ CAT instrument to document a person’s level of service need, determine the individual budget to fund supports and promote fairness in the funding process. The assessment is an important document measuring a person’s abilities at a particular moment in time. It substantiates the individual’s needs for assistance and supports. The assessment determines the commensurate funding, called “tiers”, that may be available for services and supports. Inconsistencies among reporters’ descriptions of a person’s abilities can affect the accuracy of the assessment. Consequently, the assessment should be completed by those who know the person well and spend a lot of time during waking and overnight hours. In many cases, a family member or guardian is the informant for the NJ CAT. The assessment is administered by the Rutgers University Developmental Disabilities Planning Institute (DDPI), on behalf of DDD and can be completed online or over the telephone.

Additionally, a sample NJ CAT assessment and other resources can be found on the NJ CAT resource page of the DDD website at https://www.state.nj.us/humanservices/ddd/resources/njcat.html

THE NJ CAT ASSESSMENT

Tier -
The results of the NJ CAT establish an individual’s tier for funding purposes, which determines the person’s annual individual budget amount. The tier also determines the provider reimbursement rates for that individual for waiver services.

Individual Budget -
A sum of funding that may be available for a person with I/DD to obtain services based upon an assessment of their needs and abilities.

Fee for Service -
Service providers bill Medicaid directly after services have been delivered to individuals. This funding mechanism is called fee-for-service.

THE NJ CAT ASSESSMENT The NJ CAT assessment cannot be submitted by mail or fax. It can be completed over the telephone or on the internet. If possible, complete the NJ CAT on the internet as you can spend more time to consider the questions and your responses.
New Jersey Medicaid Waivers

WHAT SUPPORTS/SERVICES CAN BE FUNDED THROUGH MEDICAID WAIVERS?

A wide variety of services and supports can be funded through a Medicaid waiver. Receiving services depends upon the availability of waiver funding and is not an entitlement. Services are distributed based upon funding initiatives, available resources and/or the assessment of a person’s level of care needs. Each waiver has its own regulations.

WHAT ARE THE MEDICAID WAIVER PROGRAMS IN NEW JERSEY?

There are a few Medicaid waivers administered by different entities. Each waiver program defines its own eligibility criteria and menu of supports.

The Supports Program is a means of obtaining limited supports for adults who are living with family, in their own homes or in other unlicensed settings. Individuals and their families can access DDD-funded supports from a list of eligible services (such as Employment/Day Habilitation Services and Individual/Family Support Services) that are accessed through the assistance of a support coordinator.


The Community Care Program (CCP) offers the most comprehensive services. The array of DDD service options includes individual supports, respite, assistive technology, therapies, behavioral supports, day habilitation, supported employment and more. There is currently a waiting list for these services. Individuals must have Medicaid and meet an institutional level of care to qualify for the Community Care Program.

• Go to http://nj.gov/humanservices/ddd/services/ccw/index.html for information about the Community Care Program.

Managed Long-Term Services and Supports (MLTSS) funds community-based services as well as acute and primary health care for individuals who qualify for a nursing home level of care and who meet the clinical and financial guidelines for MLTSS. Services may include personal care, respite, home delivered meals, personal emergency response systems, mental health/addiction services, home/vehicle modifications and care management. Working with the Division of Medical Assistance and Health Services, Managed Care Organizations (MCO) administers these services based upon an assessment and person-centered planning. Contact the MCO, the County Board of Social Services or the local Aging and Disability Resource Connection (ADRC) to make an application.

• Go to http://www.nj.gov/humanservices/dmahs/home/mltss.html for information regarding the MLTSS Waiver.

NOTE THAT A PERSON CANNOT OBTAIN MLTSS AND DDD WAIVER SERVICES (SUCH AS COMMUNITY CARE OR SUPPORTS PROGRAM) AT THE SAME TIME

Programs Medicaid Waiver Services offered by DDD include Community Care Program and Supports Program.
A RESOURCE GUIDE FOR INDIVIDUALS AND THEIR FAMILIES

FUNDING FOR LONG-TERM CARE

Apply to Social Security for SSI and Medicaid

Apply to MCO for MLTSS eligibility

Apply to DDD for eligibility

Approved

Complete NJ CAT Individual Support Plan (ISP)

DDD determines eligibility for and enrollment into
Supports Program or Community Care Program (CCP).1, 2
Support Coordination Agency is selected or assigned 3
Develop ISP

Denied

Consider appealing DDD decision with legal assistance

Consider eligibility to other state disability agencies, or for
additional Medicaid and state plan services and, if appropriate,
apply for MLTSS waiver 4

Supports Program

Choose from menu of supports available such as
Day Habilitation/Employment, Individual Supports
and Individual/Family Supports.

Individual Supports in own home or family home

Contact HMO/MCO to request state plan services
such as PPP or Private Duty Nursing, if eligible 5

CCP

Choose from menu of supports available such as
Day Habilitation/Employment, Individual Supports
and Individual/Family Supports.

Individual Supports in own home, family home,
or licensed residence

Contact HMO/MCO to request state plan services such as PPP,
if eligible 6

Approved

Denied

Consider alternate and/or additional funding sources

Seek housing voucher through DCA, Public Housing Authorities, etc.
Seek mainstream resources
Develop natural supports
Explore private pay options

1 Currently, the demand for CCP enrollment exceeds capacity. Unless there is an emergency, there may be a multi-year wait before accessing services through the CCP.
2 Individuals who are eligible for the CCP may access the Supports Program while waiting for CCP services.
3 Some individuals may still be working with case managers. Going forward, virtually all individuals will eventually transition to Support Coordination Agencies.
4 If a nursing home level of care is met, Managed Long-term Services and Supports (MLTSS) waiver or state plan services may be an option.
5 No state plan service(s) can be used that are duplicative of services received on the Supports Program.
6 No state plan service(s) can be used that are duplicative of services received on the CCP.

For more information, refer to The Journey to Community Housing with Supports at http://www.shanj.org/housing-hub/housing-guide
Services For Children

WHAT AGENCIES AND SERVICES ARE AVAILABLE FOR CHILDREN?

New Jersey Department of Health
Division of Family Health Services
New Jersey Early Intervention System (NJ EIS)

For infants and toddlers, from birth to age three with developmental delays or disabilities, and their families, the New Jersey Early Intervention System implements a statewide system of services. An evaluation determines an Individual Family Service Plan. Services include a wide range of supports such as occupational therapy, physical therapy, speech and language pathology, assistive technology and more. The Department of Health serves as the state’s lead agency for the Early Intervention System.

https://www.nj.gov/health/fhs/eis/for-families/

New Jersey Department of Education
Age 3 to 21

All children, including children with a disability, are entitled by law to a Free Appropriate Public Education (FAPE) that is designed to meet their individual needs. In some instances, when a child’s educational needs cannot be met within a local school setting, the local educational agency (LEA) funds a placement within a private special education school or residential school to meet the child’s educational needs. This includes related services including Physical Therapy, Occupational Therapy, Speech Therapy and behavioral supports. Educational entitlement ends after the school year following the person’s 21st birthday.

Evaluations are available from local school districts. These are typically conducted every three years. Families can request evaluations at any time, however. These psychological and educational evaluations can also be utilized as part of the supporting documentation to PerformCare to obtain DD Eligibility.

For the New Jersey Department of Education’s Parental Rights in Special Education booklet go to:
http://www.state.nj.us/education/specialed/form/prise/

Eligibility Determination for Children with Developmental Disabilities

The Department of Children and Families - Children’s System of Care (CSOC) has responsibility for determining eligibility for developmental disability services of children under age 18. For information on the application process call PerformCare at 1-877-652-7624. PerformCare is the CSOC’s contracted administrator. They are available 24 hours a day, 7 days a week.

CSOC evaluates requests for Family Support based on an individual’s needs, the services and supports already available and/or being used, and the availability of CSOC resources. Family Support is not an entitlement and cannot be guaranteed. Families must exhaust any other services to which they are entitled before they can receive assistance through Family Support Services.

The services generally offered include respite (including afterschool program), assistive technology devices and vehicle and home modifications. Financial assistance is also available for children with I/DD to offset a portion of the cost of summer camp as well as one-to-one aide at camp site. Additional information and the eligibility application can be found at the PerformCare website at http://www.performcarenj.org/families/disability/index.aspx.

As part of the transition to adult life process, the school system must provide evaluations to assist with the eligibility determination processes for SSI and DDD. At the age of 18, an individual or guardian can apply to DDD to be determined eligible for DDD services as an adult but cannot utilize those services until age 21. Consequently, if a student graduates before age 21 and rejects their full educational entitlement, they must wait until age 21 before receiving any services from DDD and will receive only limited resources from DCF.

https://nj.gov/dcf/about/divisions/dcsc/
## Services for Children with Developmental Disabilities

<table>
<thead>
<tr>
<th>AGE</th>
<th>PROVIDER</th>
<th>SERVICES AVAILABLE</th>
<th>CONTACT TO APPLY/PHONE</th>
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<tbody>
<tr>
<td>BIRTH TO 3 YEARS</td>
<td>NJ Early Intervention System (NJEIS)</td>
<td>Developmental intervention services such as family training/ counseling, health services, assistive technology, physical, occupational &amp; speech/ language therapies.</td>
<td>Phone 888.653.4463 and request evaluation for services</td>
</tr>
<tr>
<td>3 TO 21 YEARS</td>
<td>Department of Education / Local School District</td>
<td>Apply for pre-school or educational services thru a Child Study Team evaluation through local school district to obtain educational entitlement to a “Free and Appropriate Public Education” including related services such as therapies, behavioral supports and educational services.</td>
<td>Register for pre-school and educational services through local school district.</td>
</tr>
<tr>
<td>UP TO AGE 21</td>
<td>Department of Children and Families / Children System of Care (CSOC)</td>
<td>Supports include community-based services, in-home services, out-of-home residential services, and family support services such as respite, after-school care, assistive Technology, vehicle and home modifications</td>
<td>Phone Perform/Care at 1.877.652.7624 to apply for eligibility for services</td>
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</tbody>
</table>
New Jersey Department of Human Services (DHS)  
Besides DDD, other agencies within the New Jersey Department of Human Services (DHS) have resources that a person with a disability may access. If a person has a developmental disability with a secondary condition such as blindness, deafness, mental illness, are aging or have a physical or medical disability, these other agencies may have additional services from which the individual can benefit. https://www.state.nj.us/humanservices/

New Jersey Division of Disability Services (DDS)  
The Division of Disability Services (DDS) provides a single point of entry for those seeking disability-related information thereby streamlining access to services and information that promote and enhance independent living for individuals with all disabilities. DDS publishes New Jersey Resources, a comprehensive guide of services available throughout New Jersey for people with disabilities and maintains a hotline at 1-888-285-3036. DDS also administers the Personal Assistance Service Program (PASP). https://www.nj.gov/humanservices/dds/home/

Personal Assistance Service Program (PASP)  
PASP is a supplemental personal care program designed for NJ residents, ages 18 to 70, who have permanent physical disabilities, are capable of directing their own services, and are either employed, preparing for employment, attending school, or involved in community volunteer work. PASP provides routine, non-medical personal care assistance based on individual need, up to a maximum of 40 hrs./week.

New Jersey Division of Medical Assistance and Health Services (DMAHS)  
The Division of Medical Assistance and Health Care administers the Medicaid program including the MLTSS waiver and the Personal Preference Program (PPP).

Programs

NJ Medicaid State Plan Services include the Programs of PASP and PPP

Managed Long-Term Services and Supports (MLTSS)  
The Managed Long-Term Services and Supports (MLTSS) waiver benefit refers to the long-term care coordinated through a NJ FamilyCare managed care organization (MCO). MLTSS provides comprehensive services and supports to a person determined to be in need, whether at home, in an assisted living facility, in community residential services, or in a nursing home.

A person, age 21 or older, must meet the qualifications for nursing home level of care, which means that he or she requires assistance with three or more activities of daily living (ADL) such as bathing, toileting and mobility. Children, ages birth through 20, meet clinical eligibility through functional limitations, for age-appropriate activities of daily living, and require complex skilled nursing interventions 24 hours per day, seven days a week.

To apply for MLTSS, contact the local County Welfare Agency (Board of Social Services) or your Aging and Disability Resource Connection (ADRC), also known as the local county Area Agency on Aging (AAA). For an individual under 21 years of age, contact the local County Welfare Agency or the Division of Disabilities Services (DDS) at 1-888-285-3036. https://www.state.nj.us/humanservices/dmahs/home/mltss.html

Personal Preference Program (PPP)  
Under the administration of the Division of Medical Assistance and Health Services, the Personal Preference Program (PPP) is an alternate way for individuals to direct and manage Personal Care Assistant (PCA) services. PCA services are non-emergency, health related assistance. Tasks include help with activities of daily living (ADLS) and with household duties essential to the patient’s health and comfort, such as bathing, dressing, meal preparation, and light housekeeping. Working with a consultant, the individual decides what services are needed and how they will hire for these services. With a cash allowance, they develop a Cash Management Plan (CMP).

PPP also includes Fiscal Management (FM) services to help consumers with the financial aspects of the program. The FM handles all payroll responsibilities for participants and acts as a bookkeeping service.

Application to the PPP Program is made through the Managed Care Organization (MCO) that administers the individual’s Medicaid services. https://www.nj.gov/labor/wioa/documents/vocrehab/Transitioning_Students.pdf
- **New Jersey Commission for the Blind and Visually Impaired (CBVI)**
  CBVI provides a wide range of educational services, vocational rehabilitation services as well as independent living services for New Jersey residents of all ages who live with blindness or visual impairment. CBVI also offers several special programs that address specific needs of people with this disability. Depending on family income, some people who apply are required to pay a share of the cost of programs or services. 
  [https://www.state.nj.us/humanservices/cbvi/](https://www.state.nj.us/humanservices/cbvi/)

- **New Jersey Division of Deaf and Hard of Hearing (DDHH)**
  DDHH serves New Jersey residents, who are deaf or hard of hearing by providing advocacy, employment and vocational opportunities and by assisting with a wide variety of social, legal, medical, educational and recreational issues. DDHH administers New Jersey’s primary sign language interpreter referral service, assists through an information and referral hotline, and publishes a monthly newsletter. DDHH distributes text telephone equipment and voice carryover phones to assist individuals in their daily activities. 
  [https://nj.gov/humanservices/ddhh/home/](https://nj.gov/humanservices/ddhh/home/)

- **New Jersey Division of Aging Services (DoAS)**
  The Division of Aging Services (DoAS) administers federal and state-funded programs that make it easier for older adults to live in the community as long as possible with independence, dignity and choice. 
  [https://www.state.nj.us/humanservices/doas/home/](https://www.state.nj.us/humanservices/doas/home/)

- **New Jersey Department of Labor and Workforce Development**
  **New Jersey Division of Vocational Rehabilitation Services (DVRS)**
  An individual with a physical, mental, cognitive, or other form of disability that is a substantial impediment to employment may qualify for vocational rehabilitation services including vocational evaluation, career counseling, supported employment and training. Supports can be obtained through the Division of Vocational Rehabilitation Services. Additionally, Pre-Employment Transition Services are available to students ages 14-21. 
  [https://careerconnections.nj.gov/careerconnections/plan/foryou/disable/vocational_rehabilitation_services.shtml](https://careerconnections.nj.gov/careerconnections/plan/foryou/disable/vocational_rehabilitation_services.shtml)
Resources for Supported Employment, Day Habilitation and Transitioning From School to Work

The Division of Vocational Rehabilitation (DVR), NJ Division of Developmental Disability (DDD) and the Public Educational System provide funding vocational preparation and supported employment services to people with disabilities.

The Division of Vocational Rehabilitation (DVR) provides a wide array of employment services to adults who have a “substantial impediment to employment”. A DVR counselor assists an individual with a disability to develop a plan leading to employment. Funded services may include career exploration, pre-vocational assessment, vocational training, small business development, job coaching, job development and follow along services to assist someone to secure and maintain employment. Successful outcomes for employment include working in competitive employment as well as operating a small business for more information, go to: http://careerconnections.nj.gov/careerconnections/plan/foryou/disable/vocational_rehabilitation_services.shtml

Any individual with a physical, mental, cognitive, or other form of disability that has a substantial impediment to employment may qualify for Division of Vocational Rehabilitation (DVR) services.

With supported employment, a person with a disability can assess their interests and abilities, match their skills to paying jobs and receive assistance to become employed. Pre-vocational training prepares a person for the world of work. Supported employment services, provided by community-based agencies, enhance one’s success in the workforce. A job coach is a paid supportive staff person who provides on-the-job assistance.

Individuals, over age 21 who are eligible for NJ Division of Developmental Disability (DDD) services, may receive funding for a combination of working, volunteering, day habilitation, or other services to meet her or his individual goals. Community agencies offer day habilitation services through activity centers, group work activities and individual supports. Some are center-based services while others may be mobile in various community settings. Some people prefer to self-direct their own vocational, recreational or volunteer activities using individual support staff to assist, as needed. For more information, go to: http://www.state.nj.us/humanservices/ddd/services/day/

Day Habilitation is a DDD-funded service through the Supports Program or the Community Care Waiver. Up to a maximum of thirty (30) hours per week, Day Habilitation include activities to support participants with building problem-solving skills, self-help, social skills, adaptive skills, daily living skills, and leisure skills. Activities and environments foster the acquisition of skills, building positive social behavior and interpersonal competence, greater independence and personal choice.

Individuals with Disabilities Education Act (IDEA) mandates planning for the transitioning of students from high school into adulthood as part of their public education from 14 to 21 years of age. Pre-vocational training, job sampling and job coaching may be incorporated into the Individual Education Plan (IEP). These services prepare the student to transition into work or other vocational activities upon graduation.

Transitioning is the formal process of long-range planning for students with disabilities to move from school into the adult world.

The Workforce Innovation and Opportunity Act (WIOA) Title 1B Youth Program provides services to low-income youth, ages 14-24, who face barriers to employment. Services strategies developed by New Jersey’s Workforce providers, prepare youth for employment and / or post-secondary education through strong linkages between academic and occupational learning. A person can apply for these services through the local One Stops Career Centers in the county where they live.
<table>
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<tr>
<th>Office</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>CENTRAL OFFICE</td>
<td>PO Box 726, Trenton, NJ 08625-0726</td>
<td>1.800.832.9173</td>
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<tr>
<td>FLANDERS OFFICE</td>
<td>1-B Laurel Drive, Flanders, NJ 07836</td>
<td>973.927.2600</td>
</tr>
<tr>
<td>Serving Morris, Sussex, Warren</td>
<td>Juniper Plaza, Suite 1 - 11 3499 Route 9 North Freehold, NJ 07728</td>
<td>732.863.4500</td>
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<tr>
<td>FREEHOLD OFFICE</td>
<td>5218 Atlantic Avenue, Suite 205 Mays Landing, NJ 08330</td>
<td>609.476.5200</td>
</tr>
<tr>
<td>Serving Atlantic, Cape May, Cumberland, Salem</td>
<td>153 Halsey Street, 2nd Floor PO Box 4701, Newark, NJ 07101</td>
<td>973.693.5080</td>
</tr>
<tr>
<td>MAYS LANDING OFFICE</td>
<td>100 Hamilton Plaza, 7th Floor Paterson, NJ 07505</td>
<td>973.977.4004</td>
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<tr>
<td>Serving Bergen, Hudson, Passaic</td>
<td>110 East 5th Street Plainfield, NJ 07060</td>
<td>908.226.7800</td>
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<td>NEWARK OFFICE</td>
<td>11a Quakerbridge Plaza Mercerville, NJ (Mail: PO Box 705, Trenton, NJ 08625-0705)</td>
<td>800.832.9173</td>
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<td>Serving Hunterdon, Mercer and Middlesex</td>
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<td>856.770.5900</td>
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<td>VOORHEES OFFICE</td>
<td>200 Hamilton Plaza, 7th Floor Paterson, NJ 07505</td>
<td>973.977.4004</td>
</tr>
<tr>
<td>Serving Burlington, Camden, Gloucester</td>
<td>153 Halsey Street, 2nd Floor PO Box 4701, Newark, NJ 07101</td>
<td>973.693.5080</td>
</tr>
<tr>
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<td>110 East 5th Street Plainfield, NJ 07060</td>
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Supports Program Help Desk: DDD.SuppProgHelpdesk@dhs.state.nj.us
Human Services website: www.state.nj.us/humanservices/ddd/home/
The Supportive Housing Association of New Jersey expresses its deepest gratitude to the New Jersey Council on Developmental Disabilities for the grant funding to develop Accessing Developmental Disability Services in New Jersey as well as The Journey to Community Housing with Supports: A Road Map for Individuals and Their Families in New Jersey.

www.shanj.org

The Supportive Housing Association of New Jersey (SHA) is a statewide, nonprofit membership organization, founded in 1998, whose mission is to promote and maintain a strong supportive housing industry in New Jersey serving people with special needs. SHA engages in education, advocacy and networking for and on behalf of its over 100 members.

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