

Sexual Identity Resources¹

Terminology

Eli Green, PhD, author of the SEIO Model, explains the distinctive components of sexual identity in a short video. Accessible at <https://smallscreen.uua.org/videos/new-owl-7-9-sex-identity-expression-orientation-model-06-41>

Green, E.R., & Maurer, L.M. (2015). *The teaching transgender toolkit: A facilitator's guide to increasing knowledge, decreasing prejudice & building skills*. Ithaca, NY: Planned Parenthood of The Southern Finger Lakes: Out for Health.

Killermann, S. *A guide to gender: The social justice advocate's handbook*. (2nd ed.). Impetus Books.

Killermann, S. (2017). *Comprehensive list of LGBTQ+ vocabulary definitions*. Accessible at <http://itspronouncedmetrosexual.com/2013/01/a-comprehensive-list-of-lgbtq-term-definitions/#sthash.UKVJMv2V.dpbs>

Publications for Building Awareness & Providing Supports

GLSEN. (2016) *The Safe Space Kit: Guide to Being an Ally to LGBT Students*. Accessible at <https://www.glsen.org/sites/default/files/GLSEN%20Safe%20Space%20Kit.pdf>

GLSEN. (2016). *Actions for allies*. Accessible at <http://www.glsen.org/allyweek/betterallies>

GLSEN. (2016). *Being a better ally to lgbt youth of color*. Accessible at <http://www.glsen.org/allyweek/betterallies/studentsofcolor>

GLSEN. (2016). *Being a better ally to youth with different abilities*. Accessible at <http://www.glsen.org/allyweek/betterallies/differentabilities>

Parents, Families and Friends of Lesbians and Gays, Inc. (PFLAG). (2014). *Questions and answers for lesbian, gay, bisexual, transgender, queer, and questioning youth*. Accessible at <https://www.pflag.org/sites/default/files/Be%20Yourself.pdf>

PFLAG. (2017). *Support hotlines*. <https://www.pflag.org/hotlines>

¹ DiGioia, M.K., & Higgins, T.A. (2017). To be used with *Understanding and Affirming the Sexuality Related Needs of Individuals with Intellectual and Developmental Disabilities* professional development training. For more information contact Finding Your Individuality at info@findingyourindividuality.com

PFLAG. (2017). *Transgender reading list for children*. Accessible at <https://www.pflag.org/transkidsbooks>

PFLAG. (2015). *Our trans loved ones: Questions and answers for parents, families, and friends of people who are transgender and gender expansive*. Accessible at <https://www.pflag.org/sites/default/files/Our%20Trans%20Loved%20Ones.pdf>

PFLAG National Straight for Equality. (2016). *Guide to being a trans ally*. Accessible at <https://bolt.straightforequality.org/files/Straight%20for%20Equality%20Publications/2.guide-to-being-a-trans-ally.pdf>

PFLAG National Straight for Equality. (2015). *Guide to being a straight ally*. Accessible at <https://bolt.straightforequality.org/files/Straight%20for%20Equality%20Publications/3rd-edition-guide-to-being-a-straight-ally.pdf>

LGBTQ Organizations

Research local organizations that support lesbian, gay, bisexual, transgender, and queer youth in your area. Below are some national/regional organizations:

Trans Lifeline

1-877-565-8860

translifeline.org

GLBT National Youth

Talkline

1-800-246-PRIDE (7743)

The Trevor Project

1-866-488-7386

thetrevorproject.org

GLBT National Hotline

1-888-843-4564

glbthotline.org

The Anti-Violence Project

(LGBTQ+/HIV+)

1-212-714-1141

avp.org