



THE ASHEVILLE LIST

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A special thank you to Kara Nash, RN for the initial creation of this list.

This list encompasses providers and services in our area that are working to provide positive experiences within our Neurodiverse community.

Autistic Voices

[Actually Autistic Blogs](#) is a list of blogs created and maintained by adults who have been diagnosed with ASD.

[We Work With Autism](#) is an online community run by and designed for autistic adults.

Adults/Teens

Launch Pad Linda Tatspauch, 828-251-2635

Coach young adults who are struggling with the transition to independent adulthood. Assist with entry to and success in college and the workforce, social skill development, and independent living skills.

[Feed the Need](#) is a year-round, prevocational training program for teens and young adults (ages 16 and up) on the autism spectrum and similar behavioral needs. At Feed the Need, participants have the opportunity to work on prevocational, social and daily living skills as well as community networking.

[Transition to Adulthood](#): Home Remodeling for Young Adults with Special Needs

Advocacy

[Advocating for Students with Autism](#) article discussing advocacy in schools.

[Wrights Law](#): Reliable information about special education law, education law, and advocacy for children with disabilities.

Cynthia Almond, Attorney, Asheville, NC.

Tel: (205) 523-0198 Email: cynthia@almondattorneys.com



Agencies

[Autism Society of WNC](#) connects families to resources and provides training to help you become your child's best advocate.

[Arms around Autism Spectrum Disorder](#) provides services for people on the autism spectrum regardless of age, ability or income AND their families, care providers, support staff and other professionals (teachers, doctors, nurses, therapists, etc) who work with them.

[Family Preservation Services](#) exists to empower children, teens, and adults to live life to their highest potential. We provide ongoing support & services to those in need, for as long as they need

[North Carolina Early Intervention Branch \(NCEI\)](#) The Infant-Toddler Program provides support and services for families and their children, birth to three who have special needs.

Assessments and Testing

[Appalachian Counseling and Psychological Services](#)

[Asheville Testing](#) specializes in evaluations of ADHD and learning disorders.
Chris Mulchay 828-515-1379

[Grandis Evaluation Center](#) provides comprehensive Behavioral Health Assessments for people of all ages.
828.299.7451

Kara Nash, RN, certified through TEACCH to administer the CARS2-HF autism assessment

[Huff Center Therapies](#) provides outpatient pediatric audiology and occupational, physical, and speech therapy
828-213-1740

[Matone Counseling & Testing](#) offers a variety of counseling and testing services for children and adults.

[St Gerard's House](#), Hendersonville, provides a wide array of support, training, and consultations to families, caretakers, teachers, therapists, and others who are integral parts of the life of an individual with autism.

[TEACCH Autism Program](#) include diagnostic evaluations, treatment planning and implementation, education, consultation, training opportunities, and research. 919-445-7020

Audiology/Hearing Services

[Asheville Audiology Services](#) 828-348-1690

[Asheville Head, Neck and Ear Surgeons](#)
828-254-3517 Buncombe; 828-698-2350 Henderson; 828-884-6702 Transylvania

[Carolina Pediatric Therapy - Pediatric Audiology](#) 828-670-8056



[Mission Children's Audiology](#) 828-213-1725

Case Management

[FIRST WNC](#) connects the dots between families, schools, and government agencies to create the best network of support around each of our clients. Janet Price-Ferrell, Director 828-277-1315

[Exceptional Children's Assistance Center](#): ECAC Western NC office: (800) 962-6817 ecac@ecacmail.org

[Care Reach](#) Linking people to resources that help maintain their health, including medications, transportation, food, healthcare, legal services, and mor.

Chiropractic Care

[AlignLife Chiropractic & Natural Health](#) Dr. Christopher Boyhan & Heather Boyhan (Craniosacral Bodywork) 828 - 481- 9027

Coaching Services

[GRASP](#), the Global and Regional Autism Spectrum Partnership, is an Autistic and Neurodivergent led 501(c)3 non-profit seeking to improve and enrich the lives of our Autistic peers.

[Gifted and Growing](#) - Gordon Smith offers Gifted counseling, Gifted Coaching, and Improv Comedy

Counselors - Adults/Parents/Caregivers

[Asheville Counseling & Wellness Center](#)

[Erin Vandermore, MA, LPCS](#)

Kathryn (Ryn) Arrants, MA ET, LPC, RYT, LCAS <https://www.mountainhearttherapy.com/>

Lauri Burmeister, MA, LPA <http://autismpsychologist.com/>

[Black Mountain Counseling Center](#)

[Full Circle Counseling and Wellness](#), Matt Snyder. Adult & Adolescent services. Hendersonville. 828-222-0401

Counselors/Psychologists/Social Workers

[Amanda Sullivan](#), TEACH Autism Program. tel: 919-445-7020



[Asheville Holistic Health - Kris Hanvey](#) provides a holistic approach to psychiatric medication management. We believe that people are complex, and their treatment needs to be comprehensive and uniquely constructed. 828-333-7064 hanvey.kris@gmail.com

[Crossing Point Counseling - Amber Kilkenny](#), a Licensed Clinical Social Worker with a focus in child and adolescent mental health. 828-527-6129

[Danielle Maxon, LCSW, MSW](#), Therapy for Spirited & Extraordinary Children [CONTACT](#)

[Narron MD](#) - Dr Greg Narron and associates (828) 274-1415

[Karan Kuretsch, LCSW](#) experience working with preschoolers, children adolescents and adults. (828) 548-1062

[Jennifer Ann Harr](#), Clinical Licensed Social Worker (828) 277-1315

[Pisgah Institute](#) provides consultation, medication management, and individual psychotherapy. (828) 254-9494

Crisis Stabilization

[Caivalynn Burrell Child Crisis Center](#): Daymark Recovery Center is a facility-Based Crisis Service for children and adolescents, ages 6-17, is a service that provides an alternative to hospitalization for an eligible child or adolescent who presents with escalated behavior due to a mental health, intellectual or developmental disability or substance use disorder and requires treatment in a 24-hour residential facility.

[C3356 Comprehensive Care Center](#) is a treatment and resource center for mental health services, substance use/addiction recovery support, and support for individuals who have behavioral health needs and co-occurring developmental disabilities. 828-254-2700

Kara Nash, RN, Certified Autism Specialist, www.yourautismadvocate.org or EM: info@yourautismadvocate.org

[Mission Health Program](#)

Dentists/Orthodontics

[ABC Dental Center](#) Hendersonville 828-692-9075

[Black Orthodontics](#)

[Dennis R. Campbell DDS](#) 828-254-7291

[Great Beginnings](#) 828-274-9220

Equine Therapy

[Appalachian Therapeutic Riding Center](#) 828-675-5814 Burnsville

[Free Rein Center for Therapeutic Riding and Education](#) 828-883-3375



Harmony Through Horses Transformative Counseling 828-337-8468

Housing

[Blue West Opportunities](#) provides residential, vocational, and supported employment services that offer persons with developmental and intellectual disabilities meaningful experiences focused on the whole person.

Creating an Autism Friendly Home

<https://www.bigrentz.com/blog/sensory-friendly-home-modifications-autism-sensory-processing-disorder>

[Eliada Homes](#)

[Davidson Family Services](#) - Swannanoa. LINC is a day program for adults, 18 years and older, with Intellectual and Developmental Disabilities (I/DD). It is a place where individuals come to develop their habilitation skills to be more independent and to pursue their goals and interests. They receive assistance with their social skills to build friendships as well.

Tenants Rights and Housing Assistance for the Disabled

<https://www.justgreatlawyers.com/renters-rights-and-housing-assistance-for-people-with-disabilities>

Hair Stylists

Sandy at [Custom Cuts and Color](#) (828) 298-2887

Veronica Coit at [Westside Shears](#) 828-329-9391

Integrative Health Care

Autism Advocate: Kara Nash, RN, www.yourautismadvocate.org or EM: info@yourautismadvocate.org

[Catherine Faherty](#) Autism services, advocacy, and training. Consultations for professionals and families.

[Insight Integrative Medicine](#) - Dr. Susan Bradt is wonderful with nutrition consults.

[WNC Naturopathic Medicine](#) Dr. Janet Opila-Lehman, ND, OTL.(828) 424-0078

LGBTQIA+

[Tranzmission](#) was formed with a mission: to make the lives of nonbinary, transgender and gender nonconforming people in western North Carolina happier, healthier and safer through education, advocacy and support.

[Youth Out Right](#) we engage and support LGBTQIA+ youth ages 11-20 to be confident, resilient and compassionate community members.



Occupational Therapist

[Higher Ground Pediatric Therapy](#), Rich Brown, OTL

Janet Opila-Lehman, OTL. www.WNCNaturopathicMedicine.com

Joy Cadelina, OTD, OTR/L 650-380-0600

[The Family OT](#) Kayla Bryant 828-475-8822

[Play Spark Therapy](#) Kylie Jeffery 828.606.8866

Other

Autism and Travel <https://www.thezebra.com/traveling-autism>

Planning a Move with Autism

<https://www.yourstoragefinder.com/moving-with-autism>

Sleep: Guide to Better Sleep for Kids with Autism

<https://www.sleepjunkie.org/autism-and-sleep>

Weighted Blankets: [Project Linus](#), Jennifer Alle Haines, a non-profit organization, we provide homemade blankets to children in need.

Pediatricians

[Blue Sky Pediatrics](#) Dr. Harold Kowa

[Olsen Huff Therapies](#) through Mission Hospital - Dr. Love

[French Broad Pediatrics](#) John Templeton, MD

[Asheville Behavioral Health](#) Melissa Thingvoll, MD and Mona Venzon Rice, MD

[Prospect Pediatric Behavioral Health](#) Paul Trombley, MD

Programs and Groups

[Asheville Museum of Science](#) (AMOS) – programs for special needs kids, edu@ashevillescience.org

[Arms Around ASD](#) – for Autistic children and families offering Yoga, Meditation, Naturopathic Medicine, Zumba, Massage, Social groups. Contact: Michele Louzon 828-775-8622

[Autism Society of North Carolina](#) offers workshops, support groups, advocacy, and services.



[Autistics United](#) Asheville based organization celebrating neurodiversity. They host spectrum-wide and all age events throughout the year, provided **BY Autistics and FOR Autistics**.

[Eliada Homes](#) offers high level intervention and prevention services for children and adolescents that focus on social and emotional well being, life skills development, career readiness, and trauma informed treatment.

[Family Support Network](#) is a free library, mentoring, workshops, support groups.

[Open Hearts Art Center](#) Open Hearts Art Center provides the unique opportunity for differently abled adults to express themselves using a variety of creative avenues.

[P.L.A.Y Project](#) provides autism resources for parents in the Asheville, North Carolina area. We provide training and support for families of young (18 months to 6 years) children with autism right in their home.

[St Gerard's House](#), Hendersonville, provides a wide array of support, training, and consultations to families, caretakers, teachers, therapists, and others who are integral parts of the life of an individual with autism.

[TEACCH Autism Program](#) include diagnostic evaluations, treatment planning and implementation, education, consultation, training opportunities, and research. 919-445-7020

[Vaya Health](#) As part of whole-person care, we support members in finding safe, reliable housing. We also believe every individual, regardless of ability, who seeks employment deserves work with dignity.

[WeRocktheSpectrum](#) is committed to providing a safe, nurturing, and fun environment to foster learning, exploration and safe sensory experiences. Located on Hendersonville Rd.

Recreation/Exercise/SUMMER CAMPS

[Blue Ridge Treks](#) is a community of mental health therapists dedicated to enhancing health and wellness in the Blue Ridge Mountains surrounding Asheville, North Carolina. Our team utilizes a holistic approach that is strengths-based and relationship-centered.

[ARC of Buncombe County](#) offers afterschool and summer programs.

[Camp Lakey Gap](#) is a week-long residential camp for people with autism. We serve both children and adults, grouped together by age and assigned to different weeks.

[Camp Tall Tree](#) provides a traditional overnight summer camp experience. Our program aims to serve kids and young adults on the Autism Spectrum, as well as their siblings and neurotypical peers.

[Connect Program](#) is a summer camp in Hendersonville focused on building and polishing social skills for ages 6 to 19. Connect promotes wellness support for all children, regardless of diagnosis, whether the child has a diagnosis on the autism spectrum or other developmental needs. For more information on Connect and its programming,

[Full Spectrum Farms](#), Sylva, NC We are a thirty-four-acre farm where individuals with ASD can live, work, and explore in a safe and encouraging environment.

[OSEGA](#) – climbing, falling, bouncing, sensory input

[Talisman Camps](#): summer camps for neurodiverse children



Respite Services

[ARC of Buncombe County](#) 828-253-1255

[Caring for Children](#) offers mental health counseling focus and respite services.
Contact Amy Hobson, amy.hobson@caring4children.org; Executive Director at CARING for Children

Child Care Resource and Referral (CCR&R) 828-407-2066 Buncombe; 828-698-0674 Henderson & Transylvania;
828-689-1528 Madison

School resources

[Buncombe County Schools Autism Support Services](#)

[Exceptional Children's Assistance Center](#)
[Asheville City Schools](#) Phone: (828) 350-6128
[Buncombe County](#) Phone: 828-255-5921

Anne McGuire (25+ years retired from TEACCH) annemcguireasd@gmail.com

[WNC FIRST: PLAY](#) project

Speech Therapy

[Asheville Speech Associates](#)

[Play-Spark Therapy](#) - Serena Murison - 828.606.8866

[PlayTalk&Grow](#) Chrissy Thompson chrissy@playtalkandgrow.com 425-495-2554

[VanDyke Speech Therapy](#) - Sharon vanDyke Sharon@vandykespeech.com

Supported Employment Options

[Autism Society of NC Employment Support](#)

[Vocational Solutions](#) Allen Jones, Hendersonville

[Vocational Training for Adults with Special Needs](#) - article



Vision

[Asheville Eye](#) Dr. Bashinsky

[Todd Eyecare](#) Dr. Elizabeth Todd - Hendersonville