



Knights Basketball League Spring 2021 COVID-19 Protocols



All coaches and team representatives must adhere to and enforce COVID-19 related safety measures as prescribed by the league, as well as any national, state and local mandates.

Assumption of Risk & Waiver of Liability

- North Star Academy has put in place preventative measures to reduce the spread of COVID-19; however, we cannot guarantee that any individuals involved in league activities will not become infected with COVID-19.
- By joining this league, all participants acknowledge the contagious nature of COVID-19 and voluntarily assume the risk of exposure or infection by COVID-19 by attending programs hosted by North Star Academy.
- On my behalf, and on behalf of my players, I hereby release, covenant not to sue, discharge, and hold harmless North Star Academy, its employees, agents, and representatives, of and from claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out

Knights Basketball League COVID-19 Health & Safety Protocols:

- Entry Screening:
 - All individuals present (coaches, students, parents, referees, athletic trainers, etc.) must be screened for signs/symptoms of COVID-19 prior to entering the facility. Screening includes a temperature check.
 - The screening will include:
 - Are you experiencing any of the following symptoms?
 - fever over 100.4 F
 - Cough or shortness of breath
 - sore throat
 - chills
 - muscle aches or rigors
 - headache
 - new loss of taste or smell
 - abdominal pain, nausea, vomiting, or diarrhea
 - Have you had close contact with someone who is currently sick?
 - Have you been diagnosed with COVID-19 in the past three weeks or have reason to believe you have COVID-19?
 - Have you traveled or had close contact with anyone who has traveled internationally in the last 14 days?
 - If you took your temperature this morning, what was the reading?
 - Any person with qualifying symptoms reported will not be allowed to take part in athletic activities.
 - Cloth face coverings are required to enter the facility/grounds
 - Players may remove masks while competing but must wear masks during any other time (on bench, during halftime, etc.)
 - Other than players described in the scenarios above, all individuals must wear a face covering throughout the athletic activity.
- Athletic Equipment
 - During practice/workouts, there will be no shared athletic equipment (towels, clothing, shoes, or sports specific equipment) between players or coaches.
 - During competitions/scrimmages, the only allowable shared equipment will be that required to compete (ie, a basketball)
 - All athletic equipment, including balls, will be cleaned after each use and prior to the next athletic event.
- Spacing & Occupancy

- During competitions/events
 - Sidelines/benches: Social distancing must be maintained on sidelines, benches, bleachers, etc. during contests and events.
 - There will be prioritize admittance of essential staff to sporting events:
 - Tier 1 (Essential): Athletes, coaches, officials, event staff, medical staff, security
 - Tier 2: Spectators
 - Schools will prioritize admitting Tier 1 personnel. Tier 2 individuals will be allowed to attend events in accordance with state/local restrictions and school policy.
- Hydration
 - All players must bring their own water bottle labeled with his/her name. Water bottles must not be shared.
 - Water fountains will not be available for use.
- Positive Case Notification:
 - A team representative must communicate any positive COVID-19 occurrences of players or coaches on his/her team to the league representative (Kelly Dowling) within 24 hours of identification or before participating in further competition, whichever comes first.
- Team Shut Down:
 - For the health and safety of the entire community, strict team shutdown policies will be in place. In the case of a team shutdown, the league will make every reasonable effort to reschedule games.
 - The chart below summarizes possible team shutdown triggers and the league's response.

Trigger Type	Scenario	Response
Confirmed Positive COVID-19 Case within the Team	A player or member of the coaching staff has a confirmed case of COVID-19	Team is shut down for 14 days; players and coaching staff in close contact with positive cases self-quarantine for 14 days
Exposure to a Confirmed Positive COVID-19 Case by the Team	The team competed against a player or coaching staff member with a confirmed case of COVID-19 within 14 days of the competition	All players and coaching staff must either: <ol style="list-style-type: none"> 1) Self-quarantine for 14 days 2) Produce 2 negative COVID-19 tests
Qualifying/Presumed COVID-19 Symptoms within a team	A player or member of the coaching staff experiences qualifying/presumed COVID-19 symptoms (further explanation below)	Player or member of coaching staff experiencing qualifying/presumed COVID-19 symptoms must either: <ol style="list-style-type: none"> 1) Self-quarantine for 14 days 2) Produce 2 negative COVID-19 tests
Exposure to a Confirmed Positive COVID-19 Case	A player or member of the coaching staff has been within 6 feet of an individual with a confirmed case of COVID-19	Individual player or member of the coaching staff must either: <ol style="list-style-type: none"> 3) Self-quarantine for 14 days 4) Produce 2 negative COVID-19 tests

Thank you for doing your part to keep us all safe and healthy!