

WHYS Guidelines

Coaches

- Coaches will wear a face covering at all times
- Coaches should try not to use tight huddles, keep the kids spaced apart
- Coaches should keep the players spaced as much as possible during drills and warm-ups
- Coaches please Discourage unnecessary physical contact, such as high fives, handshakes, fist bumps, or hugs.
- Coaches create distance between players when explaining drills or the rules of the game.
- Coaches please collect the flags from each player after the game and bring to the registration table for cleaning and disinfecting
- Coaches should wear athletic gloves or medical gloves while at the field
- If coaches do not have gloves, should get hand sanitizer from the registration table
- If you notice a player sneeze or cough please ask them to leave the field and go to the registration table. We will check them again for any signs of cold, flu, or covid-like symptoms

Players

- Players should wear a face covering to and from the field
- If players can tolerate wearing a face covering while playing they should do so
- All players should wear a face covering and maintain at least 6 feet distance where applicable
 - Standing on the sideline in between play
 - During practice when listening for instruction
 - Anytime you are not actively involved in play, players should wear a face covering
- If a player or coach exhibit any cold or flu like symptoms, please stay home
 - If someone in the players home is experiencing any cold or flu like symptoms the player should stay at home
 - If the player and or their family came in contact with someone experiencing cold of flu like symptoms, please stay at home
 - If it is Covid-19 and not just cold or flu like symptoms please stay at home and contact your family doctor or health professional. In an emergency please visit your nearest emergency room
- All players should wash their hands before coming to the field, should also wash them after participating
 - If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used
- All players should wear athletic gloves while practicing and playing
 - If a player do not have athletic gloves they must stop at the registration table to get hand sanitizer
 - Players should use the hand sanitizer any time they step away from the field of play
 - Players not wearing athletic gloves should use hand sanitizer after their scheduled game
- Please do not spit and please cover your coughs and sneezes with a tissue or use the inside of their elbow.
 - Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds (or use sanitizer)

- If you notice a player sneeze or cough please ask them to leave the field and go to the registration table. We will check them again for any signs of cold, flu, or covid-like symptoms
- Players should not share towels, clothing, or items to wipe the face and hands

Spectators

- All spectators should wear a face covering at all times at the field, where tolerated, and maintain a minimum of 6 feet distance
 - You are your child's example, they will do as you say and do as you do, set an example!
 - Please wash your hands frequently, before and after the games (or use sanitizer)
 - Please help us adhere to the guidance as we cannot see everything and be everywhere
 - Players and parents should stay in their vehicle until it is their child's time to participate
 - If no vehicle stand at minimum 6 feet away from everyone and stay together until it is your child's turn to play
 - Please do not allow your child to play catch or games while on the sidelines or anywhere near the event
- Please leave footballs and any other yard games at home but if not possible in your vehicle
- If you would like to purchase and bring your child's own flag to the field please feel free to do so
 - For the Sunday program the flag and belt must have three flags hanging from it
 - For the Saturday program the flag and belt must have two flags hanging from it
 - If you choose to bring your own flag please bring it to the attention of Coach Will before participating to get approval
- Players should not share towels, clothing, or items to wipe the face and hands
- We strongly encourage the limit of two family members per child for each event; indoors and outdoors
 - If spectators are unable to follow this guideline they should ensure their family is kept together, with a face covering and a minimal of 6 feet apart
- You are the parent and you should ensure you and your child adhere to all guidelines; programs, state, and county
 - We are attempting to provide an experience but we cannot see everything and be everywhere, please help us stop or minimize the spread
 - Wear your face covering, if not for you but for the youth that are in the program!!!

By signing this, you agree to follow the guidelines of the program and you understand that you are responsible for your child's well-being. We always do what we can to ensure a safe environment but it will take all of us to stop the spread.

NY State and Onondaga County Youth Sports Guidelines

Anyone who is over age two and able to medically tolerate a face covering, must wear a mask or face covering over the nose and mouth

- Full guidelines can be found here:
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>
 - <https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/SportsAndRecreationMasterGuidance.pdf>
 - <https://forward.ny.gov/statewide-guidelines>

Physical Distance

Responsible Parties must ensure a distance of at least six feet is maintained among individuals at all times, whether indoor or outdoor, unless safety or the core activity (e.g. practicing, playing) requires a shorter distance. If a shorter distance is required, individuals must wear acceptable face coverings, unless players are unable to tolerate a face covering for the physical activity (e.g. practicing, playing); provided, however, that coaches, trainers, and other individuals who are not directly engaged in physical activity are required to wear a face covering.

Responsible Parties should implement touchless payment options or pay ahead or reserve options to be used by patrons/players, when available. Responsible Parties should minimize handling cash, credit cards, reward cards, and mobile devices, where possible.

For **Spectators**, the following additional safety measures apply:

For sports events (e.g. games), Responsible Parties must limit spectators to two spectators per player (indoor)

Responsible Parties must ensure spectators maintain six feet of physical distance between individuals and/or family/household units at all times and all spectators must wear face coverings when they are in common areas and situations where six feet of distancing is not able to be maintained, so long as they are over the age of two and medically able to tolerate such covering.

Responsible Parties may facilitate appropriate distancing through the use of markings on the ground or seating areas, and other signage (indoor)

Responsible Parties must ensure that, among all spectators, no individual group exceeds the gathering limit that is currently in place for the region.

- In Onondaga County this limit varies by facility but for indoor sports facilities the limit is 50% capacity, there is no limit for outdoor although parents are encouraged to limit their group to two spectators per household

Responsible Parties may facilitate appropriate gathering size through the use of signage and/or staff to ensure groups are aware of and adhere to guidelines.

On-Site Activity

For sports and recreation activities that may involve group interaction:

- Responsible Parties are encouraged to use remote check-in (by Internet or telephone) where applicable (e.g., reserve courts, tee times).
- Responsible Parties should discourage sharing of equipment among patrons/players, unless it is able to be cleaned and disinfected between use.
- Responsible Parties should discourage employees and patrons/players/spectators from hand-to-hand contact, unless it is part of the sport or recreational activity (e.g., handshakes, high-fives, fist bumps, hugs).

Protective Equipment

Responsible Parties must ensure individuals not participating in sports or recreation activities (e.g. coaches, spectators) wear appropriate face coverings when they are within less than six feet of other individuals, unless a physical barrier is present. Additionally, employees must wear face coverings any time they interact with patrons/players/spectators, regardless of physical distance.

In addition to the necessary PPE as required for certain workplace activities, Responsible Parties must procure, fashion, or otherwise obtain acceptable face coverings, and provide such coverings to their employees while at work at no cost to the employee. Responsible Parties should have an adequate supply of face coverings, masks and other required PPE on hand should an employee need a replacement. Acceptable face coverings include, but are not limited to, cloth (e.g. homemade sewn, quick cut, bandana), surgical masks, N95 respirators, and face shields.

Face coverings must be cleaned or replaced after use and may not be shared. Please consult the CDC guidance for additional information on cloth face coverings and other types of PPE, as well as instructions on use and cleaning.

Hygiene

Responsible Parties must put in place measures to limit the sharing of objects, such as equipment and vehicles, as well as the touching of shared surfaces, such as cash registers; or, require workers to wear gloves (trade-appropriate or medical) when in contact with shared objects or frequently touched surfaces; or, require workers to perform hand hygiene before and after contact.

Responsible Parties must provide and maintain hand hygiene stations on site, as follows:

- For handwashing: soap, running warm water, and disposable paper towels.
- For hand sanitizing: an alcohol-based hand sanitizer containing at least 60% alcohol for areas where handwashing facilities may not be available or practical.
 - Hand sanitizer must be placed throughout the site for use by employees and patrons/players/spectators. It should be placed in convenient locations such as points of entrance/exit.

Responsible Parties should post signage indicating that visibly soiled hands should be washed with soap and water; hand sanitizer is not effective on visibly soiled hands.

Responsible Parties must provide appropriate cleaning and disinfection supplies for shared and frequently touched surfaces and encourage employees to use these supplies, following manufacturers' instructions, before and after use of these surfaces, followed by hand hygiene.

Responsible Parties must conduct regular cleaning and disinfection of the site and more frequent cleaning and disinfection for high risk areas used by many individuals and for frequently touched surfaces. Cleaning and disinfection must be rigorous and ongoing and should occur at least after each shift, daily, or more frequently as needed.

If cleaning or disinfection products or the act of cleaning and disinfection causes safety hazards or degrades the material, equipment or machinery, Responsible Parties must put in place hand hygiene stations between use and/or supply disposable gloves and/or limitations on the number of employees and patrons/players using such equipment or machinery.

Screening and Testing

Responsible Parties are encouraged to offer optional health screenings for patrons/players/spectators.

Responsible Parties cannot mandate that patrons/players/spectators complete a health screen or provide contact information but may encourage patrons/players/spectators to do so.

In addition to the screening questionnaire, temperature checks may also be conducted per U.S. Equal Employment Opportunity Commission or DOH guidelines. Responsible Parties are prohibited from keeping records of employee health data (e.g. the specific temperature data of an individual), but are permitted to maintain records that confirm individuals were screened and the result of such screening (e.g., pass/fail, cleared/not cleared).

Screeners should be provided and use PPE, including at a minimum, a face mask, and may include gloves, a gown, and/or a face shield.

An individual who screens positive for COVID-19 symptoms must not be allowed to enter the worksite and must be sent home with instructions to contact their healthcare provider for assessment and testing.

- Responsible Parties should provide such individuals with information on healthcare and testing resources. Responsible Parties must immediately notify the state and local health department about the case if test results are positive for COVID-19.

Responsible Parties must designate a site safety monitor whose responsibilities include continuous compliance with all aspects of the site safety plan.

- Identified point of contact should be prepared to receive notifications from individuals of positive cases and initiate the respective cleaning and disinfection procedures.

Responsible Parties shall provide and maintain an option for patrons/players/spectators to provide names and contact information so they can be logged and contacted for contact tracing, if necessary.

Responsible Parties may not mandate that patrons/players/spectators leave their information and may not require identification before providing services or deny services if identification is not required.

Individuals who are alerted that they have come into close or proximate contact with a person with COVID-19, and have been alerted via tracing, tracking or other mechanism, are required to self-report to their employer at the time of alert and shall follow the protocol referenced above.

- **Age of the player.** Older youth might be better able to follow directions for social distancing and take other protective actions like not sharing water bottles. **If feasible, a coach, parent, or other caregiver can assist with making sure that athletes maintain proper social distancing. For younger athletes, youth sports programs may ask parents or other household members to monitor their children and make sure that they follow social distancing and take other protective actions (e.g., younger children could sit with parents or caregivers, instead of in a dugout or group area).**

Staying Home when Appropriate

Educate staff and player families about when they should stay home and when they can return to activity

- Actively encourage sick staff, families, and players to stay home. Develop policies that encourage sick employees to stay at home without fear of reprisal, and ensure employees aware of these policies.
- Individuals, including coaches, players, and families, should stay home if they have tested positive for or are showing COVID-19 symptoms.
- Individuals, including coaches, players, and families, who have recently had a close contact with a person with COVID-19 should also stay home and monitor their health.

The links above will give at length detail should you need clarity of the State and County guidelines. By signing below you understand you may be contacted if tracing need to occur. We will provide your name (parents' name), phone number, and email. It is your responsibility to follow the protocols for contact tracing with your doctor or health officials.