

Triumphant League

Adult Men's Church Basketball Rules

1. Registration Requirements

- i. This is an adult men's church league only; players must be 18 years old or older with proof of ID, unless specified otherwise by Triumphant League owner.
- ii. Players must sign a waiver and pay registration before the season starts.
- iii. The fee per individual player will be \$60 each. There will be no refunds of registration fees.
- iv. The minimum number of players per team is 5, the maximum number of players is 12. All players, coaches, and captains must be either members or affiliates of a church.
- v. For individuals affiliated with a church but don't have a team, the registration fee is the same and Triumphant League will place you on an existing team needing more players.
- vi. Players can only be added to your team during the season if your team has already paid the registration fee for all the roster spots. The number of players cannot exceed the number of paid roster spots at any time.
- vii. At least 5 players for each team must be present to play a game. If a team doesn't have 5 to play, the games must be 4 on 4 or 3 on 3, no make it-take it and under the same rules and clock. Teams must fill out roster and turn it in to the scorekeeper no later than 5 minutes before a game. No forfeit unless team has only one player and no other team can loan players to compete.
- viii. Triumphant League will provide jerseys for all teams, unless a team wants to provide their own jerseys

- ix. Teams must have colored jerseys with legal numbers on back of the jersey. Any player who does not meet this requirement will not be allowed to play. Numbers must be permanently affixed to the jersey, not taped or pinned on. Also, numbers applied with Marks-a-Lot or other ink pen will not be allowed. Legal numbers are any number between 0 and 99.
- x. Each team must have a designated team captain. This team captain can be a player/team captain, player/coach, or coach that has a registered team and has a minimum of 5 players for the roster and has paid the registration fee for each player.
- xi. All players are encouraged to attend one church service a month during season.
- xii. Each team can bring their own warm up balls, Triumphant League will provide the official game ball and only warm up balls.

2. Triumphant League Season Format

- i. Each Triumphant League host church location will have a league of 10 teams maximum. Games will be played on Saturdays. The 1st game will be as scheduled, and the other games will follow.
- ii. The season length will span over 3 months; 2 months for the regular season and the 3rd month will be playoffs.
- iii. Each team will play 8 games in the regular season.
- iv. All 10 teams will be in the playoffs. Single game elimination.
- v. If there is make up games, those games will be played at the end of the regular season right before the playoffs.

3. Gym Rules

- i. No food or drink can be brought into the gym; Triumphant League will have concession.
- ii. Absolutely no foul language in the gym or during the game.

- iii. Respect must be given to teammates, coaches, officials, supporters, all church representatives, and all Triumphant League personnel. Self-control should always be practiced. Although it is a competition, this is a family friendly atmosphere and we all represent the body of Christ.
- iv. No **FIGHTING**; doing so will result in being banned from the league without refund.
- v. Shirts or uniforms must be worn always in the gym and on the premises of the Triumphant League functions.
- vi. Basketball or court shoes must be worn while participating in Triumphant League Adult Men's Church Basketball.
- vii. No loud music in gym unless sponsored by Triumphant League and its affiliates.

4. Game Play Rules

- i. Each game will be opened with a word of prayer.
- ii. Rules prohibit the wearing of jewelry of any kind during the game. This includes watches, rings, chains, necklaces, bracelets, dangling or loop-type earrings, etc. Exception: Small, smooth stud earrings and wedding bands will be allowed to be worn, at referee's discretion only.
- iii. High School Basketball rules will be used to regulate games.
- iv. There will be 20-minute halves with running clock. Clock will stop on all time outs or in the last 2 minutes of game on fouls or dead ball. Overtime will be 2 minutes, clock will stop on timeouts, fouls, or dead ball.
- v. There will be 4 timeouts per game; 2 each half, 1 minute or 30 seconds. There will be a 5-minute halftime.
- vi. 5 fouls to foul out unless a team only has 5 active players. In this case, additional fouls on that player will result in the other team

shooting 2 extra free-throws. 2 technical fouls will lead to being disqualified from game, unless team only has 5 players, in this case 2 extra free-throws will be awarded to the opposing team and any one can shoot. This is continued after 2 technical fouls only if the team with the player in technical foul trouble only have 5 active players or less.

- vii. On a free throw, no player shall occupy the fourth lane space on either side of the free-throw lane. Players occupying any of the legal marked lane spaces on each side of the lane may break vertical plane of the outside edge of a lane-space boundary once the ball leaves the shooters hands.
- viii. Players not in legal marked lane space shall remain behind the free throw line extended and behind the three-point field-goal line until the ball leaves the shooters hands.
- ix. All substitutions will be signaled by the referee on dead ball or during a timeout.
- x. Players are responsible for substituting themselves in and out of games. Teams are responsible for making sure every person gets an adequate amount of playing time.
- xi. Dunking the ball will be allowed in Triumphant League Adult Men's Church Basketball. Anyone hanging on the rim will be charged personally with an unsportsmanlike conduct foul, and any points scored will not be allowed. Players will be liable for damage occurring to the goals at any time. Any player damaging a goal can be suspended until restitution has been made. Any player, who damages a goal to the point where play cannot be continued, will cause his team to forfeit,

5. Free Admission

- i. All Triumphant League games are free for the public to attend.