



2nd-3rd Youth Basketball Rules Revised 2024

The following are modifications made within the Paxton Park District Youth Basketball Leagues. All other rules will be governed by IHSA Basketball Rules. All players must be registered with a signed release form by their legal guardian before being eligible to participate. The Paxton Park District reserves the right to modify any rule as deemed necessary. The main objective of this league is to provide basic basketball instruction so that players will be encouraged to participate in Paxton Park District Youth Basketball Program next year.

Games and Times

- 1) **Games format:** All games will be played in a 5 v 5 format
- 2) **Schedule:** All teams will have a scheduled weekday practice at the Clara Peterson Gym. Games will be played on Saturday mornings at the PBL Jr. High School
- 3) **Cancellations:** Should questionable weather develop, please check the Paxton Park District Facebook page, as well as expect an email from PPD Director
- 4) **Forfeits:** There will be no forfeits in this league. If a team has less than 4 players, the coaches will make necessary moves to that each team has enough on the floor
- 5) **Game Length:** Games will consist of four 8 minute quarters
 - a) *Running clock* with the exception of:
 - i) Timeouts
 - ii) Mid-quarter substitution
 - iii) Clock will stop during final 1 minute of each quarter for all dead ball situations
 - b) Mid-quarter substitution stoppage is not a timeout
 - c) Halftime will be 4 minutes long and kept via scoretable
 - d) In the event of a tie at the end of regulation, there will be one overtime period consisting of 2 minutes, running clock
- 6) **Timeouts:** Each team will have two 30 second timeouts per half
- 7) **Scores:** Scores will be kept via scoretable by PPD staff

Uniform & Jewelry

- 1) **Uniforms:** All players are to wear team uniforms provided by PPD

- 2) **Shoes:** Tennis shoes must be worn for all games and practices
- 3) **Jewelry:** For the safety of all involved, players will not be permitted to wear any sort of jewelry, including the following:
 - a) necklaces, bracelets, rings, watches, hard hair clips/accessories.
 - b) Pierced ears may be taped, however **PPD strongly recommends earrings always be removed**

Playing Time & Substitutions

- 1) Each player should play a minimum of 8 minutes per half
 - a) Playing time should be monitored by coaches
- 2) Substitutions – There will be a stoppage mid-quarter to allow for multiple substitutions for each team
 - a) Subs may also check in at the scoretable and wait to enter the game on the referee's signal

Equipment

- 1) All teams will use a 27.5" basketball
- 2) Rims will be set at 9'

Defense

- 1) Teams may play man to man or zone defense during games
 - a) Coaches may opt to use colored wristbands to remind players who they are defending
 - b) Coaches should work together to pair players with similar skill
- 2) Defenders may steal the ball
- 3) No full court pressing
- 4) Fastbreaks are allowed

Fouls

- 1) Individual player fouls will be kept
 - a) Players have a maximum of 6 fouls before they are 'fouled out'
 - b) Individual fouls may consist of any of the following:
 - i) Blocking, charging, reaching, hand check, over the back,

moving screen, and pushing

- 2) Shooting fouls will result in free throws
- 3) After 10 team fouls, 1 and 1 free throw shooting will be granted
- 4) Officials will call infractions based on the following schedule:
 - a) Weeks 1-2: Officials will give players *no more than* two in-game reminders when committing double dribble or travel
 - i) If/when violations occur after reminder(s), officials will call the infraction, resulting in loss of possession
 - ii) Blatant infractions may result in officials bypassing warning(s) and calling the infraction immediately
 - b) Weeks 3-6: Officials will no longer give players in game reminders for infractions

5) Technical Fouls

- a) Technical fouls will result in immediate ejection
- b) Coaches receiving 2 technical fouls will lose the opportunity to coach their team the rest of the season
 - i) *A coach may become eligible to resume their coaching position after 2 technical fouls if they spend their first 'suspended' game day volunteering as a referee for a minimum of 4 games at any age level for PPD Youth Basketball*
- c) Poor sportsmanship is grounds for a technical foul
 - i) Players receiving 2 technical fouls must serve a mandatory one week suspension- no practice/no game the following week
 - ii) Players receiving a 3rd technical foul will be removed from the PPD Youth Basketball program

Sportsmanship

1) Positive sportsmanship is required.

- a) It is expected that all players, coaches, and spectators will conform to sportsmanlike behavior at all times
- 2) Violations such as the following will not be tolerated and will result in immediate ejection from the game and the premises by Park District staff:
 - a) Verbal or physical abuse towards officials, PPD staff, coaches, participants, or spectators
 - b) Foul, profane, or obscene language or gestures
- 3) It is the responsibility of PPD to ensure all players enjoy a positive youth sport experience. PPD reserves the right to remind all spectators of their role in this shared responsibility

Bench

- 1) Each team is permitted to have only 1 head coach, 1 assistant coach, and their players on the team bench. Both the head coach and assistant coach must have a completed background check.
- 2) Only one coach may be standing at a time during gameplay

PBL Gym Rules

- 1) Coaches are responsible for ensuring they leave bench areas free of water bottles, garbage, personal belongings after each game
- 2) Spectators are expected to remain in the gym and hallways to/from doors only
- 3) PBL Schools have been very generous in providing us gym time. Please ensure that all players and siblings respect the facilities in order for PPD to maintain a positive relationship with the school district.
- 4) **Food and beverage is not permitted in any PBL School Gym**