

PRACTICAL PALLIATIVE CARE IN THE NICU


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Neonatology/Palliative Care

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• No disclosures or conflicts of interest




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Objectives


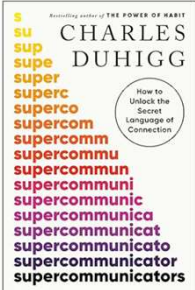
- Learn a communication tool for navigating uncertainty
- Recognize practical communication versus emotional communication
 - Avoiding the Doom Loop
- Learn strategies for responding to emotion
- Recognize common harmful and beneficial things to say
- Learn a framework for navigating moral distress/decision making

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Lessons in Communication from an 18 month old








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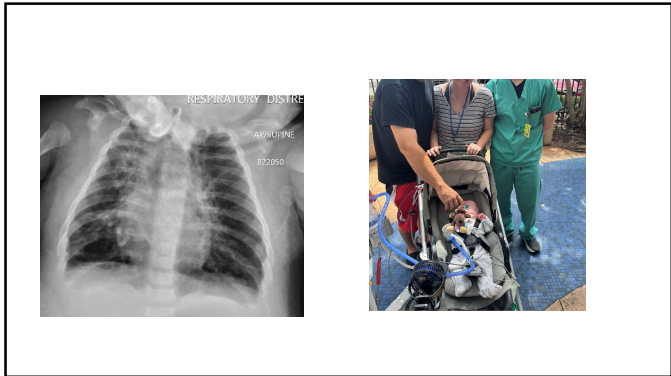
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Example

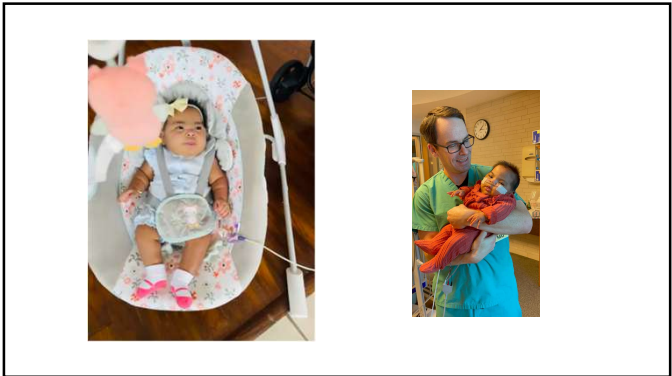
- Medical jargon
- versus expressing
- empathy

Embryonic	Pseudoglandular	Canalicular	Saccular	Alveolar
				
20 weeks	27 weeks	34 weeks	36 weeks	4 years
Trachea Right and left main bronchi Segmental bronchi	Terminal bronchioles Pulmonary artery veins	Respiratory bronchiole Alveolar ducts Primitive alveoli Alveolar capillary barrier	Gas exchange Alveoli	Septation Multiplication of alveoli

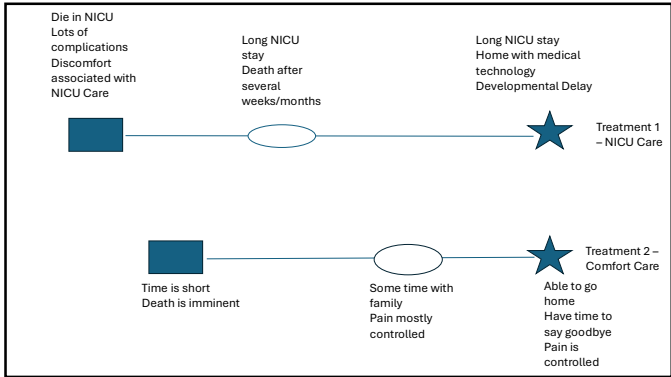
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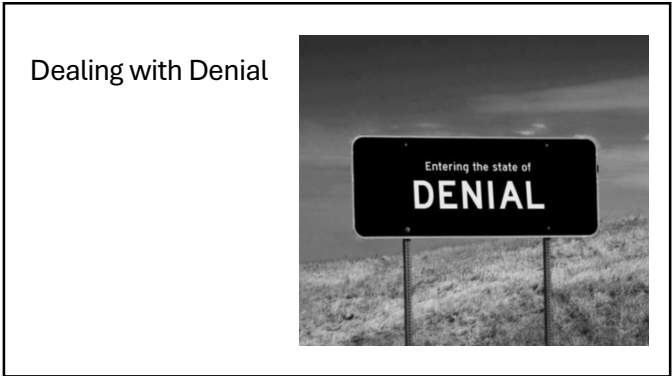


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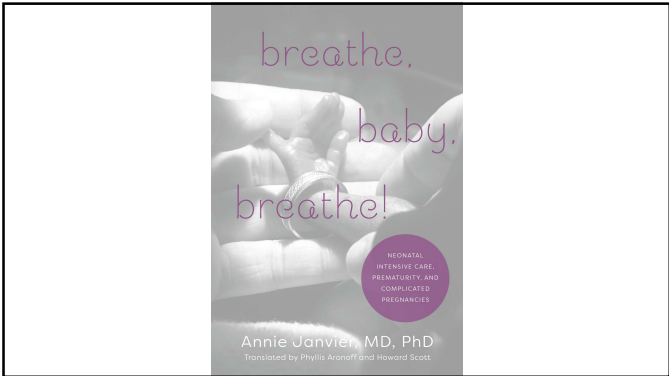
NURSE tool

- Naming
 - Ex - "It sounds like you are scared"
- Understanding
 - Ex - "This helps me understand what you are thinking"
- Respecting
 - Ex - "I can see how much you love your son, how hard you have been trying to provide breastmilk for him"
- Supporting
 - Ex - "I will do my best to make sure you have what you need"
- Exploring
 - Ex - "Could you say more about what you mean when you say that..."

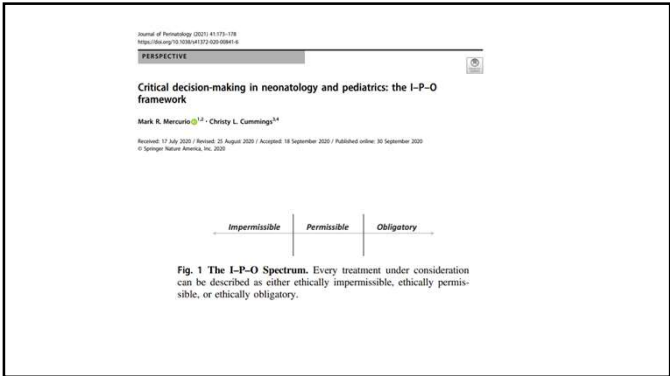
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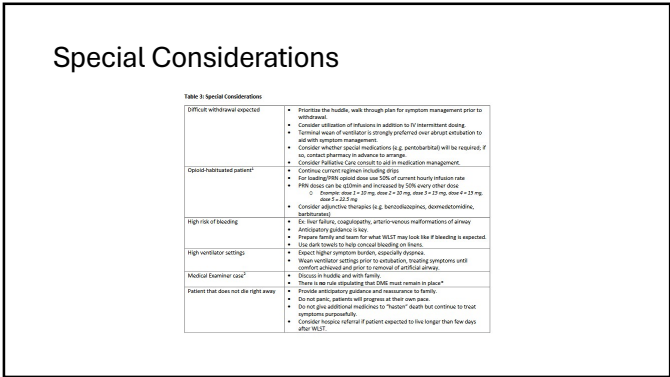
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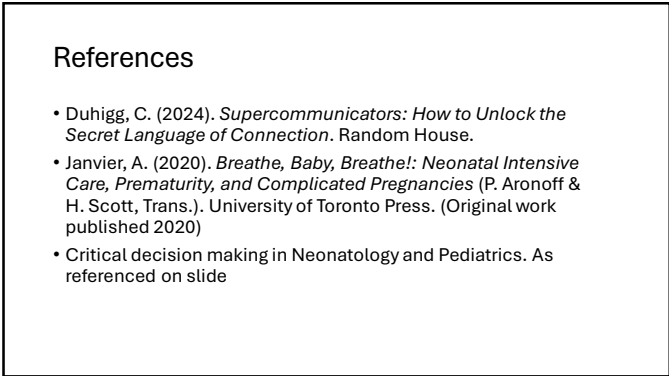
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