



FOUR-YEAR-OLD AT A GLANCE

THINKS
LIKE AN
ARTIST



**ENGAGE
THEIR
SENSES**

WANTS TO
KNOW
AM I OKAY?



**CULTIVATE
THEIR
SELF-CONTROL**

IS
MOTIVATED BY
SAFETY



**RESPOND
CONSISTENTLY**

Can express basic emotions when asked

Increasingly easier to understand

Hops on one foot

Tells a short story

Sorts things and ideas into categories

Tends to be optimistic in spite of failure

Strings beads and cuts with scissors (the plastic kind)

Keeps a conversation going

Recognizes less and more (especially if it's candy)

Enjoys both physical humor and simple jokes

Can argue, explain, and rationalize (you may have noticed)

Throws a ball overhand and catches a bounced ball (sometimes)

May struggle with some sounds: r, l, s, z, j, sh, ch, th

Can learn relaxation techniques (take a deep breath)

Lives in present, but enjoys retelling the story of past events

Draws circles, squares, and a person with 2-4 body parts

Often deals with fear and anxiety by distracting themselves

Adjusts speech based on the listener and location

Doesn't logically interpret cause and effect

Wants to please and help adults

FOUR
TO...

FIVE

EMBRACE THEIR PHYSICAL NEEDS