



# ONE-YEAR-OLD AT A GLANCE

THINKS  
LIKE AN  
**ARTIST**



ENGAGE  
THEIR  
SENSES

WANTS TO  
KNOW  
**AM I ABLE?**



DEVELOP  
THEIR  
CONFIDENCE

IS  
MOTIVATED BY  
**SAFETY**



RESPOND  
CONSISTENTLY

Understands around 70 words & may say first "words" (12 months)

Learns through their five senses

Starts to walk (12-15 months)

Follows simple instructions

Recognizes basic emotions in others

Has trouble sharing

Points to objects when you name them (18 months)

Walks backwards and sideways (15-18 months)

Benefits from repetition

May begin role-play activities

Says 10-20 words, mostly nouns and pronouns (18 months)

Scribbles with crayons (15-18 months)

Displays separation anxiety

Plays next to, rather than with, playmates

Climbs up and down stairs; jumps in place (18-24 months)

Says 40-50 words and forms two word sentences (24 months)

Understands more than they can communicate

Recognizes basic emotions in others

Benefits from repetition

**ONE**  
TO...

**TWO**

**EMBRACE THEIR PHYSICAL NEEDS**