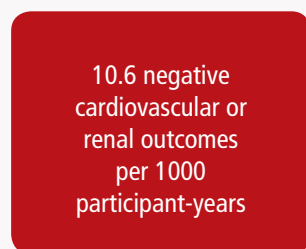
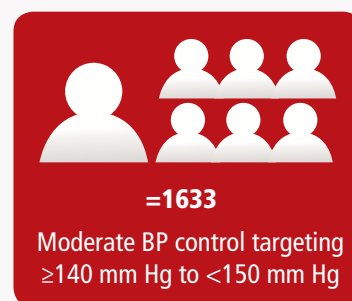


Average BP:
136.6/74.8 mm Hg

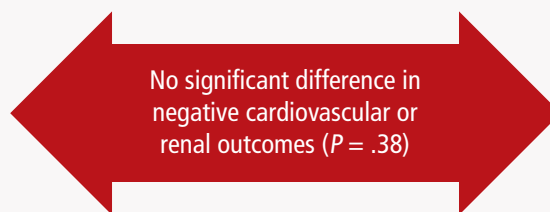
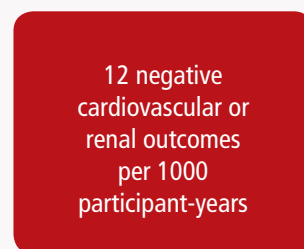


Methods: Participants received valsartan as first-line therapy and either strict BP control to target an SBP <140 mm Hg or moderate BP control to target an SBP of ≥140 mm Hg to <150 mm Hg.

Results: Over a median follow-up of 3.07 years, there were no differences in the rates of cardiovascular events, death due to heart failure, other cardiovascular death, unplanned hospitalization for cardiovascular disease, renal dysfunction, mortality, and new onset or exacerbation of angina pectoris with strict or moderate BP control.



Average BP:
142/76.5 mm Hg



Reference: Ogihara T, Saruta T, Rakugi H, et al. Target blood pressure for treatment of isolated systolic hypertension in the elderly: valsartan in elderly isolated systolic hypertension study. *Hypertension*. 2010;56(2):196-202. <http://hyper.ahajournals.org/content/56/2/196>.