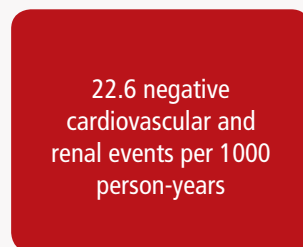
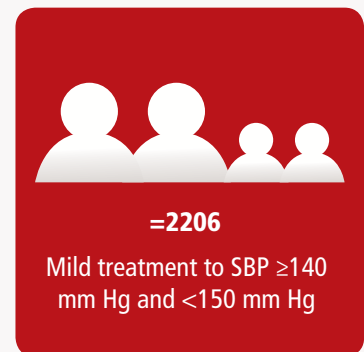


Average BP:
135.9/74.8 mm Hg



Methods: Participants received efondipine hydrochloride plus other agents to target an SBP either <140 mm Hg (strict) or ≥140 mm Hg and <150 mm Hg (mild).

Results: Over 2 years of follow-up, there was no significant difference in the rates of cerebrovascular disease, cardiac and vascular disease, renal failure, and mortality with standard or intensive treatment. This provided strong evidence for the JNC 8 panel's recommendation to target an SBP of 150 mm Hg in patients aged 60 years or older.



Average BP:
145.6/78.1 mm Hg

