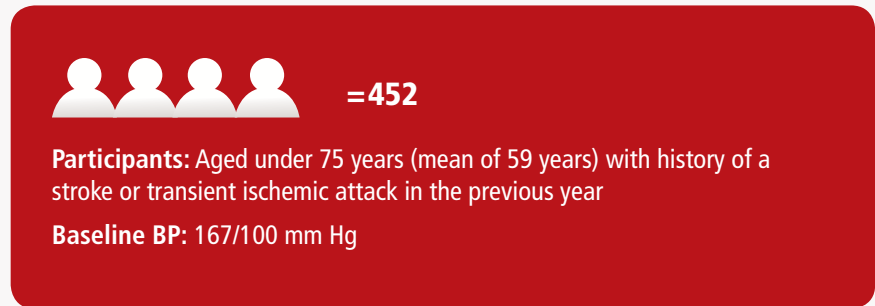


# Hypertension-Stroke Cooperative



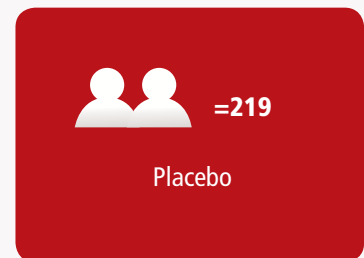
**Average BP:**  
137/85 mm Hg

**Average BP reduction:**  
-25.0 mm Hg (SBP)  
-21.5 mm Hg (DBP)



**Methods:** Participants received either treatment with deserpidine and methylothiazide combination tablets or placebo with counseling on a low-salt diet.

**Results:** After 3 years, BP lowered to an average of 137/85 mm Hg in the treatment group, compared with 165/98 mm Hg in the placebo group. While stroke recurrence rates were unaffected, the average amount of time to stroke recurrence was longer in the treatment group. The only significant finding was a reduction in the rate of congestive heart failure in those receiving treatment compared with placebo.



**Average BP:**  
165/98 mm Hg

