



Average BP: 148/81 mm Hg
Average SBP reduction:
 -14.5 mm Hg
Average DBP reduction:
 -6.8 mm Hg



Methods: Participants received sustained-release indapamide 1.5 mg with either placebo or perindopril 2 mg to 4 mg to a target BP of <150/80 mm Hg.

Results: After a median 1.8 years of follow-up, indapamide and perindopril lowered BP further than indapamide and placebo. The combined treatment reduced stroke-related death rates by 39%, cardiovascular-related death rates by 27%, all-cause death rates by 21%, heart failure rates by 64%, and fatal or nonfatal stroke rates by 30%, which is equivalent to 11 fewer strokes per 1000 person-years. Indapamide and perindopril treatment was also associated with a significantly lower rate of adverse events.



Average BP: 137/77 mm Hg
Average SBP reduction:
 -25.9 mm Hg
Average DBP reduction:
 -12.9 mm Hg

