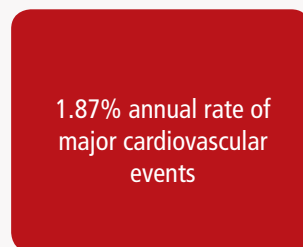


ACCORD



Average BP:
119.3/64.4 mm Hg



Methods: Participants received antihypertensive treatment to lower SBP to either <120 mm Hg (intensive) or <140 mm Hg (standard).

Results: Over 4.7 years of follow-up, no significant advantage to reducing SBP to <120 mm Hg compared with <140 mm Hg was seen on the primary outcome of the annual rate of nonfatal myocardial infarction, stroke, or death from cardiovascular causes. Although intensive therapy reduced stroke risk compared with standard treatment, serious adverse events were significantly more common in the intensive group (3.3%) compared with the standard group (1.27%).



Average BP:
133.5/70.5 mm Hg

