

# DECIDE TO QUIT SMOKING TODAY.



Put down  
your cigarettes  
anytime in the next month.\*

\*Pick a quit date between days 8 to 35 of treatment.

## What is CHANTIX?

CHANTIX is a prescription medication that, along with support, helps adults 18 and over stop smoking.

## Important Safety Information

Some people have had changes in behavior, hostility, agitation, depressed mood, suicidal thoughts or actions while using CHANTIX to help them quit smoking. Some people had these symptoms when they began taking CHANTIX, and others developed them after several weeks of treatment or after stopping CHANTIX. If you, your family or caregiver notice agitation, hostility, depression or changes in behavior, thinking, or mood that are not typical for you, or you develop suicidal thoughts or actions, anxiety, panic, aggression, anger, mania, abnormal sensations, hallucinations, paranoia or confusion, stop taking CHANTIX and call your doctor right away. Also tell your doctor about any history of depression or other mental health problems before taking CHANTIX, as these symptoms may worsen while taking CHANTIX.

**CHANTIX**<sup>®</sup>  
(varenicline) TABLETS

Please see additional Important Safety Information on the following pages and attached Full Prescribing Information including BOXED WARNING and Medication Guide.

# WITH 2 WAYS TO QUIT, YOU HAVE THE CHOICE.

Making up your mind to quit smoking and getting rid of your cigarettes for good that very same day may seem impossible and, let's be honest, kind of scary. But what if we told you that you could keep smoking while taking CHANTIX? Then, depending on the quit date option you choose, Fixed or Flexible, it's your choice when you have your last cigarette.

**Think you could do it? We do, too.**



## Important Safety Information

Some people had seizures during treatment with CHANTIX. Most cases happened during the first month of treatment. Tell your doctor if you have a history of seizures. If you have a seizure during treatment with CHANTIX, stop taking CHANTIX and contact your healthcare provider right away.

Decrease the amount of alcohol you drink while taking CHANTIX until you know if CHANTIX affects your ability to tolerate alcohol. Some people experienced increased drunkenness, unusual or sometimes aggressive behavior, or memory loss of events while consuming alcohol during treatment with CHANTIX.

**CHANTIX**<sup>®</sup>  
(varenicline) TABLETS

Please see additional Important Safety Information on the following pages and attached Full Prescribing Information including BOXED WARNING and Medication Guide.

“I tried CHANTIX because I could smoke  
the first week. That’s a big comfort.”

# FIXED QUIT DATE

## OPTION 1:

### Set your quit date to one week...

#### START TAKING CHANTIX.



YOU CAN KEEP SMOKING FOR  
THE NEXT WEEK, WHILE CHANTIX  
BUILDS UP IN YOUR BODY.

| MONTH 1 |     |     |      |     |     |     |
|---------|-----|-----|------|-----|-----|-----|
| MON     | TUE | WED | THUR | FRI | SAT | SUN |
| Start   |     |     |      |     |     |     |
|         |     |     |      |     |     |     |
|         |     |     |      |     |     |     |
|         |     |     |      |     |     |     |
|         |     |     |      |     |     |     |
|         |     |     |      |     |     |     |

STOP SMOKING 1 WEEK  
AFTER YOU START CHANTIX.

| MONTH 1 |     |     |      |     |     |     |
|---------|-----|-----|------|-----|-----|-----|
| MON     | TUE | WED | THUR | FRI | SAT | SUN |
| Start   |     |     |      |     |     |     |
|         |     |     |      |     |     |     |
|         |     |     |      |     |     |     |
|         |     |     |      |     |     |     |
|         |     |     |      |     |     |     |
|         |     |     |      |     |     |     |

#### Important Safety Information

The most common side effects of CHANTIX include nausea (30%), sleep problems, constipation, gas and/or vomiting. If you have side effects that bother you or don't go away, tell your doctor. You may have trouble sleeping, vivid, unusual or strange dreams while taking CHANTIX. Use caution driving or operating machinery until you know how CHANTIX may affect you.

-Billy

Billy quit smoking with prescription CHANTIX and a support plan.  
Individual results may vary.

**CHANTIX**<sup>®</sup>  
(varenicline) TABLETS

Please see additional Important Safety Information on the following pages and attached Full Prescribing Information including BOXED WARNING and Medication Guide.



# FLEXIBLE QUIT DATE

“For ten long years I was ready to quit.  
But I couldn’t do it on my own.”

OPTION 2:  
...or up to a month from now.



START TAKING CHANTIX.



YOU CAN KEEP SMOKING FOR  
THE NEXT MONTH, WHILE CHANTIX  
BUILDS UP IN YOUR BODY.



STOP SMOKING UP TO 1 MONTH  
(BETWEEN 8-35 DAYS)  
AFTER YOU START CHANTIX.

## Important Safety Information

CHANTIX should not be taken with other quit-smoking products. You may need a lower dose of CHANTIX if you have kidney problems or get dialysis.

**CHANTIX**<sup>®</sup>  
(varenicline) TABLETS

Please see additional Important Safety Information on the following pages and attached Full Prescribing Information including BOXED WARNING and Medication Guide.

-Angela

Angela quit smoking with prescription CHANTIX and a support plan.  
Individual results may vary.



## Here's how you take CHANTIX.

After you fill your prescription, you will start with a low dose of CHANTIX. Your dose will increase slowly over the first week (see table below).



CHANTIX is recommended to be taken for **12 weeks** (3 months).



**Talk to your doctor** if you are having any side effects.



Always take CHANTIX with **food** and a **full glass of water** (8 oz).

### CHANTIX dosing at a glance\*

|                           |   |  |
|---------------------------|---|--|
| Days 1-3                  |    | Take 1 white pill (0.5 mg) daily                               |
| Days 4-7                  |     | Take 1 white pill (0.5 mg) in the morning and 1 in the evening |
| Day 8 to end of treatment |   | Take 1 blue pill (1 mg) in the morning and 1 in the evening    |

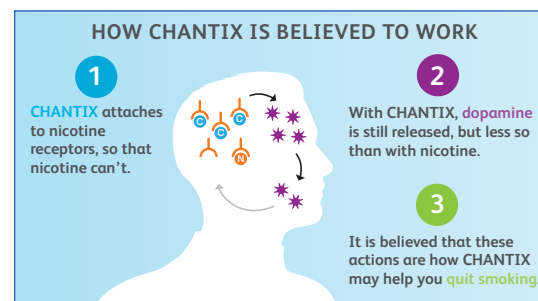
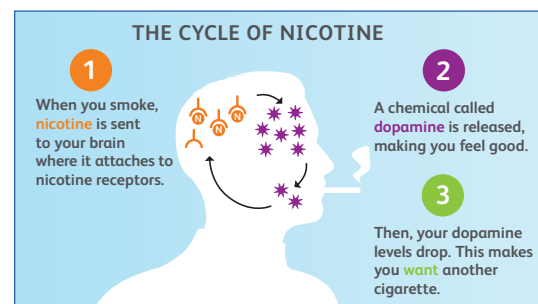
\*This dose may not be right for everyone—talk with your doctor.

### Important Safety Information

Do not take CHANTIX if you have had a serious allergic or skin reaction to CHANTIX. Some people can have serious skin reactions while taking CHANTIX, some of which can become life-threatening. These can include rash, swelling, redness, and peeling of the skin. Some people can have allergic reactions to CHANTIX, some of which can be life-threatening and include: swelling of the face, mouth, and throat that can cause trouble breathing. If you have these symptoms or have a rash with peeling skin or blisters in your mouth, stop taking CHANTIX and get medical attention right away.

Before starting CHANTIX, tell your doctor if you have a history of heart or blood vessel problems. If you have new or worse heart or blood vessel symptoms during treatment, tell your doctor. Get emergency medical help right away if you have any symptoms of a heart attack or stroke.

## Here's how CHANTIX is believed to work.



Based on animal models and in vitro studies. For illustrative purposes only.

It is believed that this is how CHANTIX may help you quit smoking.

**CHANTIX**<sup>®</sup>  
(varenicline) TABLETS

Please see additional Important Safety Information on the following pages and attached Full Prescribing Information including BOXED WARNING and Medication Guide.

**Start your quit journey and we'll be there with you.**

GET  Plan

GET QUIT serves as a guide through your quit journey and provides you with the tools and resources you may need to stay inspired.

The GET QUIT program provides support along your quit journey, as you Start, Own, Stick With, and Keep Up Your Quit.

Here's what you'll get when you join GET QUIT:

- Information on what to expect while taking CHANTIX
- A personalized dashboard, at your fingertips, to help track your quit journey
- Check-in emails with tips to help you through your toughest moments
- Tips on how to manage behaviors related to smoking



**Sign up today at [get-quit.com](https://get-quit.com) for help along your quit journey.**

**If you're ready to quit your way,  
talk to your doctor to see if CHANTIX is right for you.**

## Important Safety Information

Before starting CHANTIX, tell your doctor if you are pregnant, plan to become pregnant, or if you take insulin, asthma medicines or blood thinners. Medicines like these may work differently when you quit smoking.

# Last Puff Promise.

What will you do for yourself after your last cigarette?  
Write it down here, then make it happen.

**CHANTIX<sup>®</sup>**  
*(varenicline)* TABLETS

Please see additional Important Safety Information on the previous pages and attached Full Prescribing Information including **BOXED WARNING** and Medication Guide.



# CHANTIX<sup>®</sup>

*(varenicline) TABLETS*

You are encouraged to report negative side effects of prescription drugs to the FDA.  
Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

Please see Important Safety Information on the previous pages and enclosed Full Prescribing Information including BOXED WARNING and Medication Guide.

Need help paying for your Pfizer medicines?  
**Pfizer RxPathways™** is here to help.  
One program—a range of prescription assistance services.

Learn more at:  
[PfizerRxPath.com](http://PfizerRxPath.com)



**HIGHLIGHTS OF PRESCRIBING INFORMATION**

These highlights do not include all the information needed to use CHANTIX safely and effectively. See full prescribing information for CHANTIX.

**CHANTIX® (varenicline) Tablets**

**Initial U.S. Approval: 2006**

**WARNING: SERIOUS NEUROPSYCHIATRIC EVENTS**

*See full prescribing information for complete boxed warning.*

- **Serious neuropsychiatric events** have been reported in patients taking CHANTIX. (5.1 and 6.2)
- **Advise patients and caregivers** that the patient should stop taking CHANTIX and contact a healthcare provider immediately if agitation, hostility, depressed mood, or changes in behavior or thinking that are not typical for the patient are observed, or if the patient develops suicidal ideation or suicidal behavior while taking CHANTIX or shortly after discontinuing CHANTIX. (5.1 and 6.2)
- **Weigh the risks of CHANTIX** against benefits of its use. CHANTIX has been demonstrated to increase the likelihood of abstinence from smoking for as long as one year compared to treatment with placebo. The health benefits of quitting smoking are immediate and substantial. (5.1 and 6.2)

----- **RECENT MAJOR CHANGES** -----

Dosage and Administration

Usual Dosage for Adults (2.1) 10/2014

Warnings and Precautions

Neuropsychiatric Symptoms and Suicidality (5.1) 09/2014

Seizures (5.2) 09/2014

Interaction with Alcohol (5.3) 09/2014

----- **INDICATIONS AND USAGE** -----

CHANTIX is a nicotinic receptor partial agonist indicated for use as an aid to smoking cessation treatment. (1 and 2.1)

----- **DOSAGE AND ADMINISTRATION** -----

- **Begin CHANTIX dosing** one week before the date set by the patient to stop smoking. Alternatively, the patient can begin CHANTIX dosing and then quit smoking between days 8 and 35 of treatment. (2.1)
- **Starting week:** 0.5 mg once daily on days 1–3 and 0.5 mg twice daily on days 4–7. (2.1)

----- **DOSAGE FORMS AND STRENGTHS** -----

Tablets: 0.5 mg and 1 mg (3)

----- **CONTRAINDICATIONS** -----

History of serious hypersensitivity or skin reactions to CHANTIX. (4)

----- **WARNINGS AND PRECAUTIONS** -----

- **Seizures:** New or worsening seizures have been observed in patients taking CHANTIX. CHANTIX should be used cautiously in patients with a history of seizures or other factors that can lower the seizure threshold. (5.2)
- **Interaction with alcohol:** Increased effects of alcohol have been reported. Instruct patients to reduce the amount of alcohol they consume until they know whether CHANTIX affects them. (5.3)
- **Accidental injury:** Accidental injuries (e.g., traffic accidents) have been reported. Instruct patients to use caution driving or operating machinery until they know how CHANTIX may affect them. (5.4)
- **Cardiovascular events:** A meta-analysis of 15 clinical trials, including a trial in patients with stable cardiovascular disease, demonstrated that while cardiovascular events were infrequent overall, some were reported more frequently in patients treated with CHANTIX. These events occurred primarily in patients with known cardiovascular disease. In both the clinical trial and meta-analysis, all-cause and cardiovascular mortality was lower in patients treated with CHANTIX. Instruct patients to notify their health care providers of new or worsening cardiovascular symptoms and to seek immediate medical attention if they experience signs and symptoms of myocardial infarction or stroke. (5.5 and 6.1)
- **Angioedema and hypersensitivity reactions:** Such reactions, including angioedema, infrequently life threatening, have been reported. Instruct patients to discontinue CHANTIX and immediately seek medical care if symptoms occur. (5.6 and 6.2)
- **Serious skin reactions:** Rare, potentially life-threatening skin reactions have been reported. Instruct patients to discontinue CHANTIX and contact a healthcare provider immediately at first appearance of skin rash with mucosal lesions. (5.7 and 6.2)
- **Nausea:** Nausea is the most common adverse reaction (up to 30% incidence rate). Dose reduction may be helpful. (5.8)

----- **ADVERSE REACTIONS** -----

Most common adverse reactions (>5% and twice the rate seen in placebo-treated patients) were nausea, abnormal (e.g., vivid, unusual, or strange) dreams, constipation, flatulence, and vomiting. (6.1)

**To report SUSPECTED ADVERSE REACTIONS, contact Pfizer Inc at 1-800-438-1985 or FDA at 1-800-FDA-1088 or**



- Continuing weeks: 1 mg twice daily for a total of 12 weeks. (2.1)
- An additional 12 weeks of treatment is recommended for successful quitters to increase likelihood of long-term abstinence. (2.1)
- Renal impairment: Reduce the dose in patients with severe renal impairment (estimated creatinine clearance <30 mL/min). (2.2)
- Consider dose reduction for patients who cannot tolerate adverse effects. (2.1)
- Another attempt at treatment is recommended for those who fail to stop smoking or relapse when factors contributing to the failed attempt have been addressed. (2.1)
- Provide patients with appropriate educational materials and counseling to support the quit attempt. (2.1)

[www.fda.gov/medwatch](http://www.fda.gov/medwatch).

#### ----- DRUG INTERACTIONS -----

- Other smoking cessation therapies: Safety and efficacy in combination with other smoking cessation therapies has not been established. Coadministration of varenicline and transdermal nicotine resulted in a high rate of discontinuation due to adverse events. (7.1)
- Effect of smoking cessation: Pharmacokinetics or pharmacodynamics of certain drugs may be altered due to smoking cessation with CHANTIX, necessitating dose adjustment. (7.2)

#### ----- USE IN SPECIFIC POPULATIONS -----

- Pregnancy: CHANTIX should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. (8.1)
- Nursing Mothers: Discontinue drug or nursing taking into consideration importance of drug to mother. (8.3)
- Pediatric Use: Safety and effectiveness not established. (8.4)
- Renal Impairment: Dosage adjustment is required for severe renal impairment. (2.2, 8.6)

See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.

Revised: 10/2014

## FULL PRESCRIBING INFORMATION: CONTENTS\*

### WARNING: SERIOUS NEUROPSYCHIATRIC EVENTS

#### 1 INDICATIONS AND USAGE

#### 2 DOSAGE AND ADMINISTRATION

##### 2.1 Usual Dosage for Adults

##### 2.2 Dosage in Special Populations

#### 3 DOSAGE FORMS AND STRENGTHS

#### 4 CONTRAINDICATIONS

#### 5 WARNINGS AND PRECAUTIONS

##### 5.1 Neuropsychiatric Symptoms and Suicidality

##### 5.2 Seizures

##### 5.3 Interaction with Alcohol

##### 5.4 Accidental Injury

##### 5.5 Cardiovascular Events

##### 5.6 Angioedema and Hypersensitivity Reactions

##### 5.7 Serious Skin Reactions

##### 5.8 Nausea

#### 6 ADVERSE REACTIONS

##### 8.4 Pediatric Use

##### 8.5 Geriatric Use

##### 8.6 Renal Impairment

#### 9 DRUG ABUSE AND DEPENDENCE

##### 9.1 Controlled Substance

##### 9.3 Dependence

#### 10 OVERDOSAGE

#### 11 DESCRIPTION

#### 12 CLINICAL PHARMACOLOGY

##### 12.1 Mechanism of Action

##### 12.3 Pharmacokinetics

#### 13 NONCLINICAL TOXICOLOGY

##### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

#### 14 CLINICAL STUDIES

##### 14.1 Initiation of Abstinence

##### 14.2 Urge to Smoke

##### 14.3 Long-Term Abstinence

##### 14.4 Subjects with Cardiovascular and Chronic Obstructive Pulmonary Disease

6.1 Clinical Trials Experience

6.2 Postmarketing Experience

## 7 DRUG INTERACTIONS

7.1 Use With Other Drugs for Smoking Cessation

7.2 Effect of Smoking Cessation on Other Drugs

## 8 USE IN SPECIFIC POPULATIONS

8.1 Pregnancy

8.3 Nursing Mothers

14.5 Subjects with Major Depressive Disorder

14.6 Alternative Instructions for Setting a Quit Date

14.7 Re-Treatment Study

## 16 HOW SUPPLIED/STORAGE AND HANDLING

## 17 PATIENT COUNSELING INFORMATION

\* Sections or subsections omitted from the full prescribing information are not listed.

## FULL PRESCRIBING INFORMATION

### WARNING: SERIOUS NEUROPSYCHIATRIC EVENTS

Serious neuropsychiatric events including, but not limited to, depression, suicidal ideation, suicide attempt, and completed suicide have been reported in patients taking CHANTIX. Some reported cases may have been complicated by the symptoms of nicotine withdrawal in patients who stopped smoking. Depressed mood may be a symptom of nicotine withdrawal. Depression, rarely including suicidal ideation, has been reported in smokers undergoing a smoking cessation attempt without medication. However, some of these symptoms have occurred in patients taking CHANTIX who continued to smoke.

All patients being treated with CHANTIX should be observed for neuropsychiatric symptoms including changes in behavior, hostility, agitation, depressed mood, and suicide-related events, including ideation, behavior, and attempted suicide. These symptoms, as well as worsening of pre-existing psychiatric illness and completed suicide, have been reported in some patients attempting to quit smoking while taking CHANTIX in the postmarketing experience. When symptoms were reported, most were during CHANTIX treatment, but some were following discontinuation of CHANTIX therapy.

These events have occurred in patients with and without pre-existing psychiatric disease. Patients with serious psychiatric illness such as schizophrenia, bipolar disorder, and major depressive disorder did not participate in the premarketing studies of CHANTIX.

Advise patients and caregivers that the patient should stop taking CHANTIX and contact a healthcare provider immediately if agitation, hostility, depressed mood, or changes in behavior or thinking that are not typical for the patient are observed, or if the patient develops suicidal ideation or suicidal behavior. In many postmarketing cases, resolution of symptoms after discontinuation of CHANTIX was reported, although in some cases the symptoms persisted; therefore, ongoing monitoring and supportive care should be provided until symptoms resolve.

The risks of CHANTIX should be weighed against the benefits of its use. CHANTIX has been demonstrated to increase the likelihood of abstinence from smoking for as long as one year compared to treatment with placebo. The health benefits of quitting smoking are immediate and substantial. [see [Warnings and Precautions \(5.1\)](#) and [Adverse Reactions \(6.2\)](#)]



## 1 INDICATIONS AND USAGE

CHANTIX is indicated for use as an aid to smoking cessation treatment.

## 2 DOSAGE AND ADMINISTRATION

### 2.1 Usual Dosage for Adults

Smoking cessation therapies are more likely to succeed for patients who are motivated to stop smoking and who are provided additional advice and support. Provide patients with appropriate educational materials and counseling to support the quit attempt.

The patient should set a date to stop smoking. Begin CHANTIX dosing one week before this date. Alternatively, the patient can begin CHANTIX dosing and then quit smoking between days 8 and 35 of treatment.

CHANTIX should be taken after eating and with a full glass of water.

The recommended dose of CHANTIX is 1 mg twice daily following a 1-week titration as follows:

|                           |                    |
|---------------------------|--------------------|
| Days 1 – 3:               | 0.5 mg once daily  |
| Days 4 – 7:               | 0.5 mg twice daily |
| Day 8 – end of treatment: | 1 mg twice daily   |

Patients should be treated with CHANTIX for 12 weeks. For patients who have successfully stopped smoking at the end of 12 weeks, an additional course of 12 weeks' treatment with CHANTIX is recommended to further increase the likelihood of long-term abstinence.

Patients who are motivated to quit, and who did not succeed in stopping smoking during prior CHANTIX therapy for reasons other than intolerability due to adverse events or who relapsed after treatment, should be encouraged to make another attempt with CHANTIX once factors contributing to the failed attempt have been identified and addressed.

Consider a temporary or permanent dose reduction in patients who cannot tolerate the adverse effects of CHANTIX.

### 2.2 Dosage in Special Populations

*Patients with Impaired Renal Function:* No dosage adjustment is necessary for patients with mild to moderate renal impairment. For patients with severe renal impairment (estimated creatinine clearance <30 mL/min), the recommended starting dose of CHANTIX is 0.5 mg once daily. The dose may then be titrated as needed to a maximum dose of 0.5 mg twice a day. For patients with end-stage renal disease undergoing hemodialysis, a maximum dose of 0.5 mg once daily may be administered if tolerated [see *Use in Specific Populations (8.6)* and *Clinical Pharmacology (12.3)*].

*Elderly and Patients with Impaired Hepatic Function:* No dosage adjustment is necessary for patients with hepatic impairment. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function [see *Use in Specific Populations (8.5)*].

## 3 DOSAGE FORMS AND STRENGTHS

Capsular, biconvex tablets: 0.5 mg (white to off-white, debossed with "Pfizer" on one side and "CHX 0.5" on the other side) and 1 mg (light blue, debossed with "Pfizer" on one side and "CHX 1.0" on the other side).

## 4 CONTRAINDICATIONS

CHANTIX is contraindicated in patients with a known history of serious hypersensitivity reactions or skin reactions to CHANTIX.

## 5 WARNINGS AND PRECAUTIONS

### 5.1 Neuropsychiatric Symptoms and Suicidality

Serious neuropsychiatric symptoms have been reported in patients being treated with CHANTIX [see [Boxed Warning and Adverse Reactions \(6.2\)](#)]. These postmarketing reports have included changes in mood (including depression and mania), psychosis, hallucinations, paranoia, delusions, homicidal ideation, hostility, agitation, anxiety, and panic, as well as suicidal ideation, suicide attempt, and completed suicide. Some reported cases may have been complicated by the symptoms of nicotine withdrawal in patients who stopped smoking. Depressed mood may be a symptom of nicotine withdrawal. Depression, rarely including suicidal ideation, has been reported in smokers undergoing a smoking cessation attempt without medication. However, some of these symptoms have occurred in patients taking CHANTIX who continued to smoke. When symptoms were reported, most were during CHANTIX treatment, but some were following discontinuation of CHANTIX therapy.

These events have occurred in patients with and without pre-existing psychiatric disease; some patients have experienced worsening of their psychiatric illnesses. All patients being treated with CHANTIX should be observed for neuropsychiatric symptoms or worsening of pre-existing psychiatric illness. Patients with serious psychiatric illness such as schizophrenia, bipolar disorder, and major depressive disorder did not participate in the premarketing studies of CHANTIX. Limited safety data are available from post-marketing smoking cessation studies in two patient groups: 1) patients with major depressive disorder, and 2) patients with stable schizophrenia or schizoaffective disorder [see [Adverse Reactions \(6.1\)](#), [Clinical Studies \(14.5\)](#)].

Some reported neuropsychiatric events, including unusual and sometimes aggressive behavior directed to oneself or others, may have been worsened by concomitant use of alcohol [see [Interaction with Alcohol \(5.3\)](#), [Adverse Reactions \(6.2\)](#)].

Advise patients and caregivers that the patient should stop taking CHANTIX and contact a healthcare provider immediately if agitation, depressed mood, changes in behavior or thinking that are not typical for the patient are observed, or if the patient develops suicidal ideation or suicidal behavior. In many postmarketing cases, resolution of symptoms after discontinuation of CHANTIX was reported, although in some cases the symptoms persisted, therefore, ongoing monitoring and supportive care should be provided until symptoms resolve.

The risks of CHANTIX should be weighed against the benefits of its use. CHANTIX has been demonstrated to increase the likelihood of abstinence from smoking for as long as one year compared to treatment with placebo. The health benefits of quitting smoking are immediate and substantial.

Since the initial signal of neuropsychiatric symptoms and suicidality emerged, additional analyses and studies have been conducted to further evaluate this association.

### Analyses of clinical trials

A meta-analysis of 5 randomized, double blind, placebo controlled trials, including 1907 patients (1130



CHANTIX, 777 placebo) was conducted to assess suicidal ideation and behavior as reported on the Columbia-Suicide Severity Rating Scale (C-SSRS). This meta-analysis included one trial (N=127) in patients with a history of schizophrenia or schizoaffective disorder and another trial (N=525) in patients with a history of depression. The results showed no increase in the incidence of suicidal ideation and/or behavior in patients treated with CHANTIX compared to patients treated with placebo, with a Risk Ratio (RR) of 0.79 (95% Confidence Interval [CI]: 0.46, 1.36), as shown in Table 1. Forty-eight (48) of the 55 patients who reported suicidal ideation or behavior (24 CHANTIX, 24 placebo) were observed in the two trials that enrolled patients with a history of schizophrenia, schizoaffective disorder, or depression. Few events were observed in the other three trials (4 CHANTIX, 3 placebo).

**Table 1. Number of Patients and Risk Ratio for Suicidal Ideation and/or Behavior Reported on C-SSRS from a Meta-Analysis of 5 Clinical Trials Comparing CHANTIX to Placebo**

|   | <b>CHANTIX<br/>(N=1130)</b> | <b>Placebo<br/>(N=777)</b> |
|---|-----------------------------|----------------------------|
| Patients with Suicidal ideation and/or behavior* [n (%)]† | 28 (2.5)                    | 27 (3.5)                   |
| Patient-years of exposure                                 | 325                         | 217                        |
| Risk Ratio ‡ (RR; 95% CI)                                 | 0.79 (0.46, 1.36)           |                            |

\* Of the events, one patient in each treatment arm reported suicidal behavior

† Patients with events up to 30 days after treatment; % are not weighted by study

‡ # RR of incidence rates per 100 patient years

A pooled analysis of 18 double-blind, randomized, placebo-controlled clinical trials, which includes the 5 trials that collected C-SSRS described in Table 1, was conducted to assess the psychiatric safety of CHANTIX. This pooled analysis included 8521 patients (5072 CHANTIX, 3449 placebo), some of whom had psychiatric conditions at baseline. Table 2 describes the most frequently ( $\geq 1\%$ ) reported adverse events related to psychiatric safety. The results showed a similar incidence of common psychiatric events in patients treated with CHANTIX compared to patients treated with placebo.

**Table 2. Psychiatric Adverse Events Occurring in  $\geq 1\%$  of Patients from Pooled Analysis of 18 Clinical Trials**

|   | <b>CHANTIX<br/>(N=5072)</b> | <b>Placebo<br/>(N=3449)</b> |
|---|-----------------------------|-----------------------------|
| Anxiety disorders and symptoms            | 253 (5.0)                   | 206 (6.0)                   |
| Depressed mood disorders and disturbances | 179 (3.5)                   | 108 (3.1)                   |
| Mood disorders and disturbances NEC*      | 116 (2.3)                   | 53 (1.5)                    |

\* NEC = Not Elsewhere Classified

Counts (percentages) corresponds to the number of patients reporting the event

## Observational Studies

Four observational studies, each including 10,000 to 30,000 users of CHANTIX in the adjusted analyses,

compared the risk of selected serious neuropsychiatric events (neuropsychiatric hospitalizations, fatal and non-fatal self-harm), between CHANTIX users and prescription NRT or bupropion users. All studies were retrospective cohort studies and included patients with and without a psychiatric history.

Two of the studies found no difference in risk of neuropsychiatric hospitalizations between CHANTIX users and nicotine patch users (Hazard Ratio [HR] 1.14; 95% Confidence Interval [CI]: 0.56–2.34 in the first study, and 0.76; 95% CI: 0.40–1.46 in the second study). However, neither study validated the diagnostic codes used to identify outcomes against medical records. A third study reported no difference in risk of psychiatric adverse events diagnosed during an emergency department visit or inpatient admission between CHANTIX users and bupropion users (HR 0.85; 95% CI: 0.55–1.30). Bupropion has also been associated with neuropsychiatric adverse events. A fourth study examined risk of fatal and non-fatal self-harm in users of CHANTIX compared to users of NRT. Although the occurrence of detected suicide was rare during the three months after patients initiated any drug treatment (two cases in 31,260 CHANTIX users and six cases in 81,545 NRT users), this study has important limitations. Most importantly, these data were captured following public awareness of reports of neuropsychiatric adverse events in CHANTIX users. CHANTIX users had fewer comorbid conditions that could put them at risk for neuropsychiatric adverse events, suggesting that patients with a history of neuropsychiatric illness were preferentially prescribed NRT, and healthier patients were preferentially prescribed CHANTIX.

Outcomes examined in these studies did not include the full range of neuropsychiatric adverse events that have been reported.

## 5.2 Seizures

During clinical trials and the post-marketing experience, there have been reports of seizures in patients treated with CHANTIX. Some patients had no history of seizures, whereas others had a history of seizure disorder that was remote or well-controlled. In most cases, the seizure occurred within the first month of therapy. Weigh this potential risk against the potential benefits before prescribing CHANTIX in patients with a history of seizures or other factors that can lower the seizure threshold. Advise patients to discontinue CHANTIX and contact a healthcare provider immediately if they experience a seizure while on treatment [see [Adverse Reactions \(6.2\)](#)].

## 5.3 Interaction with Alcohol

There have been post-marketing reports of patients experiencing increased intoxicating effects of alcohol while taking CHANTIX. Some cases described unusual and sometimes aggressive behavior, and were often accompanied by amnesia for the events. Advise patients to reduce the amount of alcohol they consume while taking CHANTIX until they know whether CHANTIX affects their tolerance for alcohol [see [Adverse Reactions \(6.2\)](#)].

## 5.4 Accidental Injury

There have been postmarketing reports of traffic accidents, near-miss incidents in traffic, or other accidental injuries in patients taking CHANTIX. In some cases, the patients reported somnolence, dizziness, loss of consciousness or difficulty concentrating that resulted in impairment, or concern about potential impairment, in driving or operating machinery. Advise patients to use caution driving or operating machinery or engaging in other potentially hazardous activities until they know how CHANTIX may affect them.

## 5.5 Cardiovascular Events

In a placebo-controlled clinical trial of CHANTIX administered to patients with stable cardiovascular disease, with approximately 350 patients per treatment arm, all-cause and cardiovascular mortality was lower in patients

treated with CHANTIX, but certain nonfatal cardiovascular events occurred more frequently in patients treated with CHANTIX than in patients treated with placebo [see *Clinical Trials Experience (6.1)*]. Table 3 below shows the incidence of deaths and of selected nonfatal serious cardiovascular events occurring more frequently in the CHANTIX arm compared to the placebo arm. These events were adjudicated by an independent blinded committee. Nonfatal serious cardiovascular events not listed occurred at the same incidence or more commonly in the placebo arm. Patients with more than one cardiovascular event of the same type are counted only once per row. Some of the patients requiring coronary revascularization underwent the procedure as part of management of nonfatal MI and hospitalization for angina.

**Table 3. Mortality and Adjudicated Nonfatal Serious Cardiovascular Events in the Placebo-Controlled CHANTIX Trial in Patients with Stable Cardiovascular Disease**

| <b>Mortality and Cardiovascular Events</b>  | <b>CHANTIX<br/>(N=353)<br/>n (%)</b> | <b>Placebo<br/>(N=350)<br/>n (%)</b> |
|---|--------------------------------------|--------------------------------------|
| <b><i>Mortality (Cardiovascular &amp; All-cause up to 52 wks)</i></b>               |                                      |                                      |
| Cardiovascular death  | 1 (0.3)                              | 2 (0.6)                              |
| All-cause mortality   | 2 (0.6)                              | 5 (1.4)                              |
| <b><i>Nonfatal Cardiovascular Events (rate on CHANTIX &gt; Placebo)</i></b>         |                                      |                                      |
| <b><i>Up to 30 days after treatment</i></b>   |                                      |                                      |
| Nonfatal myocardial infarction  | 4 (1.1)                              | 1 (0.3)                              |
| Nonfatal Stroke   | 2 (0.6)                              | 0 (0)                                |
| <b><i>Beyond 30 days after treatment &amp; up to 52 weeks</i></b>                   |                                      |                                      |
| Nonfatal myocardial infarction  | 3 (0.8)                              | 2 (0.6)                              |
| Need for coronary revascularization   | 7 (2.0)                              | 2 (0.6)                              |
| Hospitalization for angina pectoris   | 6 (1.7)                              | 4 (1.1)                              |
| Transient ischemia attack   | 1 (0.3)                              | 0 (0)                                |
| New diagnosis of peripheral vascular disease (PVD) or admission for a PVD procedure | 5 (1.4)                              | 2 (0.6)                              |

A meta-analysis of 15 clinical trials of  $\geq 12$  weeks treatment duration, including 7002 patients (4190 CHANTIX, 2812 placebo), was conducted to systematically assess the cardiovascular safety of CHANTIX. The study in patients with stable cardiovascular disease described above was included in the meta-analysis. There were lower rates of all-cause mortality (CHANTIX 6 [0.14%]; placebo 7 [0.25%]) and cardiovascular mortality (CHANTIX 2 [0.05%]; placebo 2 [0.07%]) in the CHANTIX arms compared with the placebo arms in the meta-analysis.

The key cardiovascular safety analysis included occurrence and timing of a composite endpoint of Major Adverse Cardiovascular Events (MACE), defined as cardiovascular death, nonfatal MI, and nonfatal stroke. These events included in the endpoint were adjudicated by a blinded, independent committee. Overall, a small number of MACE occurred in the trials included in the meta-analysis, as described in Table 4. These events occurred primarily in patients with known cardiovascular disease.



**Table 4. Number of MACE cases, Hazard Ratio and Rate Difference in a Meta-Analysis of 15 Clinical Trials Comparing CHANTIX to Placebo\***

|   | <b>CHANTIX<br/>N=4190</b> | <b>Placebo<br/>N=2812</b> |
|---|---------------------------|---------------------------|
| <b>MACE cases, n (%)</b>                                | 13 (0.31%)                | 6 (0.21%)                 |
| Patient-years of exposure                               | 1316                      | 839                       |
| <b>Hazard Ratio (95% CI)</b>                            |                           |                           |
|   | 1.95 (0.79, 4.82)         |                           |
| <b>Rate Difference per 1,000 patient-years (95% CI)</b> |                           |                           |
|   | 6.30 (-2.40, 15.10)       |                           |

\* Includes MACE occurring up to 30 days post treatment.

The meta-analysis showed that exposure to CHANTIX resulted in a hazard ratio for MACE of 1.95 (95% confidence interval from 0.79 to 4.82) for patients up to 30 days after treatment; this is equivalent to an estimated increase of 6.3 MACE events per 1,000 patient-years of exposure. The meta-analysis showed higher rates of CV endpoints in patients on CHANTIX relative to placebo across different time frames and pre-specified sensitivity analyses, including various study groupings and CV outcomes. Although these findings were not statistically significant they were consistent. Because the number of events was small overall, the power for finding a statistically significant difference in a signal of this magnitude is low.

CHANTIX was not studied in patients with unstable cardiovascular disease or cardiovascular events occurring within two months before screening. Patients should be advised to notify a health care provider of new or worsening symptoms of cardiovascular disease. The risks of CHANTIX should be weighed against the benefits of its use in smokers with cardiovascular disease. Smoking is an independent and major risk factor for cardiovascular disease. CHANTIX has been demonstrated to increase the likelihood of abstinence from smoking for as long as one year compared to treatment with placebo.

## 5.6 Angioedema and Hypersensitivity Reactions

There have been postmarketing reports of hypersensitivity reactions including angioedema in patients treated with CHANTIX [see [Adverse Reactions \(6.2\)](#), and [Patient Counseling Information \(17\)](#)]. Clinical signs included swelling of the face, mouth (tongue, lips, and gums), extremities, and neck (throat and larynx). There were infrequent reports of life-threatening angioedema requiring emergent medical attention due to respiratory compromise. Instruct patients to discontinue CHANTIX and immediately seek medical care if they experience these symptoms.

## 5.7 Serious Skin Reactions

There have been postmarketing reports of rare but serious skin reactions, including Stevens-Johnson Syndrome and erythema multiforme, in patients using CHANTIX [see [Adverse Reactions \(6.2\)](#)]. As these skin reactions can be life-threatening, instruct patients to stop taking CHANTIX and contact a healthcare provider immediately at the first appearance of a skin rash with mucosal lesions or any other signs of hypersensitivity.

## 5.8 Nausea

Nausea was the most common adverse reaction reported with CHANTIX treatment. Nausea was generally described as mild or moderate and often transient; however, for some patients, it was persistent over several

months. The incidence of nausea was dose-dependent. Initial dose-titration was beneficial in reducing the occurrence of nausea. For patients treated to the maximum recommended dose of 1 mg twice daily following initial dosage titration, the incidence of nausea was 30% compared with 10% in patients taking a comparable placebo regimen. In patients taking CHANTIX 0.5 mg twice daily following initial titration, the incidence was 16% compared with 11% for placebo. Approximately 3% of patients treated with CHANTIX 1 mg twice daily in studies involving 12 weeks of treatment discontinued treatment prematurely because of nausea. For patients with intolerable nausea, a dose reduction should be considered.

## 6 ADVERSE REACTIONS

The following serious adverse reactions were reported in postmarketing experience and are discussed in greater detail in other sections of the labeling:

- Neuropsychiatric symptoms and suicidality [*see Boxed Warning and Warnings and Precautions (5.1)*]
- Seizures [*see Warnings and Precautions (5.2)*]
- Interaction with Alcohol [*see Warnings and Precautions (5.3)*]
- Accidental injury [*see Warnings and Precautions (5.4)*]
- Cardiovascular Events [*see Warnings and Precautions (5.5)*]
- Angioedema and hypersensitivity reactions [*see Warnings and Precautions (5.6)*]
- Serious skin reactions [*see Warnings and Precautions (5.7)*]

In the placebo-controlled premarketing studies, the most common adverse events associated with CHANTIX (>5% and twice the rate seen in placebo-treated patients) were nausea, abnormal (vivid, unusual, or strange) dreams, constipation, flatulence, and vomiting.

The treatment discontinuation rate due to adverse events in patients dosed with 1 mg twice daily was 12% for CHANTIX, compared to 10% for placebo in studies of three months' treatment. In this group, the discontinuation rates that are higher than placebo for the most common adverse events in CHANTIX-treated patients were as follows: nausea (3% vs. 0.5% for placebo), insomnia (1.2% vs. 1.1% for placebo), and abnormal dreams (0.3% vs. 0.2% for placebo).

Smoking cessation, with or without treatment, is associated with nicotine withdrawal symptoms and has also been associated with the exacerbation of underlying psychiatric illness.

### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, the adverse reactions rates observed in the clinical studies of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice.

During the premarketing development of CHANTIX, over 4500 subjects were exposed to CHANTIX, with over 450 treated for at least 24 weeks and approximately 100 for a year. Most study participants were treated for 12 weeks or less.

The most common adverse event associated with CHANTIX treatment is nausea, occurring in 30% of patients treated at the recommended dose, compared with 10% in patients taking a comparable placebo regimen [*see Warnings and Precautions (5.6)*].

Table 5 shows the adverse events for CHANTIX and placebo in the 12- week fixed dose premarketing studies with titration in the first week [Studies 2 (titrated arm only), 4, and 5]. Adverse events were categorized using the Medical Dictionary for Regulatory Activities (MedDRA, Version 7.1).

MedDRA High Level Group Terms (HLGT) reported in  $\geq 5\%$  of patients in the CHANTIX 1 mg twice daily dose group, and more commonly than in the placebo group, are listed, along with subordinate Preferred Terms (PT) reported in  $\geq 1\%$  of CHANTIX patients (and at least 0.5% more frequent than placebo). Closely related Preferred Terms such as 'Insomnia', 'Initial insomnia', 'Middle insomnia', 'Early morning awakening' were grouped, but individual patients reporting two or more grouped events are only counted once.

**Table 5: Common Treatment Emergent AEs (%) in the Fixed-Dose, Placebo-Controlled Studies (HLGTs  $\geq 5\%$  of patients in the 1 mg BID CHANTIX Group and more commonly than placebo and PT  $\geq 1\%$  in the 1 mg BID CHANTIX Group, and 1 mg BID CHANTIX at least 0.5% more than Placebo)**

| <b>SYSTEM ORGAN CLASS<br/>High Level Group Term<br/>Preferred Term</b> | <b>CHANTIX<br/>0.5 mg BID<br/>N=129</b> | <b>CHANTIX<br/>1 mg BID<br/>N=821</b> | <b>Placebo<br/>N=805</b> |
|--|---|---------------------------------------|--------------------------|
| <b>GASTROINTESTINAL (GI)</b>   |   |                                       |                          |
| GI Signs and Symptoms  |   |                                       |                          |
| Nausea   | 16                                      | 30                                    | 10                       |
| Abdominal Pain *   | 5                                       | 7                                     | 5                        |
| Flatulence   | 9                                       | 6                                     | 3                        |
| Dyspepsia  | 5                                       | 5                                     | 3                        |
| Vomiting   | 1                                       | 5                                     | 2                        |
| GI Motility/Defecation<br>Conditions                                   |   |                                       |                          |
| Constipation   | 5                                       | 8                                     | 3                        |
| Gastroesophageal reflux<br>disease                                     | 1                                       | 1                                     | 0                        |
| Salivary Gland Conditions  |   |                                       |                          |
| Dry mouth  | 4                                       | 6                                     | 4                        |
| <b>PSYCHIATRIC DISORDERS</b>   |   |                                       |                          |
| Sleep Disorder/Disturbances  |   |                                       |                          |
| Insomnia †   | 19                                      | 18                                    | 13                       |
| Abnormal dreams  | 9                                       | 13                                    | 5                        |
| Sleep disorder   | 2                                       | 5                                     | 3                        |
| Nightmare  | 2                                       | 1                                     | 0                        |
| <b>NERVOUS SYSTEM</b>  |   |                                       |                          |
| Headaches  |   |                                       |                          |
| Headache   | 19                                      | 15                                    | 13                       |
| Neurological Disorders NEC   |   |                                       |                          |
| Dysgeusia  | 8                                       | 5                                     | 4                        |
| Somnolence   | 3                                       | 3                                     | 2                        |
| Lethargy   | 2                                       | 1                                     | 0                        |
| <b>GENERAL DISORDERS</b>   |   |                                       |                          |
| General Disorders NEC  |   |                                       |                          |
| Fatigue/Malaise/Asthenia   | 4                                       | 7                                     | 6                        |

|                                    |   |   |   |
|------------------------------------|---|---|---|
| RESPIR/THORACIC/MEDIAST            |   |   |   |
| Respiratory Disorders NEC          |   |   |   |
| Rhinorrhea                         | 0 | 1 | 0 |
| Dyspnea                            | 2 | 1 | 1 |
| Upper Respiratory Tract Disorder   | 7 | 5 | 4 |
| SKIN/SUBCUTANEOUS TISSUE           |   |   |   |
| Epidermal and Dermal Conditions    |   |   |   |
| Rash                               | 1 | 3 | 2 |
| Pruritis                           | 0 | 1 | 1 |
| METABOLISM & NUTRITION             |   |   |   |
| Appetite/General Nutrit. Disorders |   |   |   |
| Increased appetite                 | 4 | 3 | 2 |
| Decreased appetite/Anorexia        | 1 | 2 | 1 |

\* Includes PTs Abdominal (pain, pain upper, pain lower, discomfort, tenderness, distension) and Stomach discomfort

† Includes PTs Insomnia/Initial insomnia/Middle insomnia/Early morning awakening

The overall pattern and frequency of adverse events during the longer-term premarketing trials was similar to those described in Table 5, though several of the most common events were reported by a greater proportion of patients with long-term use (e.g., nausea was reported in 40% of patients treated with CHANTIX 1 mg twice daily in a one-year study, compared to 8% of placebo-treated patients).

Following is a list of treatment-emergent adverse events reported by patients treated with CHANTIX during all premarketing clinical trials and updated based on pooled data from 18 placebo-controlled pre- and post-marketing studies, including approximately 5,000 patients treated with varenicline. Adverse events were categorized using MedDRA, Version 16.0. The listing does not include those events already listed in the previous tables or elsewhere in labeling, those events for which a drug cause was remote, those events which were so general as to be uninformative, and those events reported only once which did not have a substantial probability of being acutely life-threatening.

Blood and Lymphatic System Disorders. *Infrequent:* anemia, lymphadenopathy. *Rare:* leukocytosis, splenomegaly, thrombocytopenia.

Cardiac Disorders. *Infrequent:* angina pectoris, myocardial infarction, palpitations, tachycardia. *Rare:* acute coronary syndrome, arrhythmia, atrial fibrillation, bradycardia, cardiac flutter, cor pulmonale, coronary artery disease, ventricular extrasystoles.

Ear and Labyrinth Disorders. *Infrequent:* tinnitus, vertigo. *Rare:* deafness, Meniere's disease.

Endocrine Disorders. *Infrequent:* thyroid gland disorders.

Eye Disorders. *Infrequent:* conjunctivitis, eye irritation, eye pain, vision blurred, visual impairment. *Rare:* blindness transient, cataract subcapsular, dry eye, night blindness, ocular vascular disorder, photophobia,



vitreous floaters.

Gastrointestinal Disorders. *Frequent:* diarrhea, toothache. *Infrequent:* dysphagia, eructation, gastritis, gastrointestinal hemorrhage, mouth ulceration. *Rare:* enterocolitis, esophagitis, gastric ulcer, intestinal obstruction, pancreatitis acute.

General Disorders and Administration Site Conditions. *Frequent:* chest pain. *Infrequent:* chest discomfort, chills, edema, influenza-like illness, pyrexia.

Hepatobiliary Disorders. *Rare:* gall bladder disorder.

Investigations. *Frequent:* liver function test abnormal, weight increased. *Infrequent:* electrocardiogram abnormal. *Rare:* muscle enzyme increased, urine analysis abnormal.

Metabolism and Nutrition Disorders. *Infrequent:* diabetes mellitus, hypoglycemia. *Rare:* hyperlipidemia, hypokalemia.

Musculoskeletal and Connective Tissue Disorders. *Frequent:* arthralgia, back pain, myalgia. *Infrequent:* arthritis, muscle cramp, musculoskeletal pain. *Rare:* myositis, osteoporosis.

Nervous System Disorders. *Frequent:* disturbance in attention, dizziness. *Infrequent:* amnesia, convulsion, migraine, parosmia, syncope, tremor. *Rare:* balance disorder, cerebrovascular accident, dysarthria, mental impairment, multiple sclerosis, VII<sup>th</sup> nerve paralysis, nystagmus, psychomotor hyperactivity, psychomotor skills impaired, restless legs syndrome, sensory disturbance, transient ischemic attack, visual field defect.

Psychiatric Disorders. *Infrequent:* dissociation, libido decreased, mood swings, thinking abnormal. *Rare:* bradyphrenia, disorientation, euphoric mood.

Renal and Urinary Disorders. *Infrequent:* nocturia, pollakiuria, urine abnormality. *Rare:* nephrolithiasis, polyuria, renal failure acute, urethral syndrome, urinary retention.

Reproductive System and Breast Disorders. *Frequent:* menstrual disorder. *Infrequent:* erectile dysfunction. *Rare:* sexual dysfunction.

Respiratory, Thoracic and Mediastinal Disorders. *Frequent:* respiratory disorders. *Infrequent:* asthma, epistaxis, rhinitis allergic, upper respiratory tract inflammation. *Rare:* pleurisy, pulmonary embolism.

Skin and Subcutaneous Tissue Disorders. *Infrequent:* acne, dry skin, eczema, erythema, hyperhidrosis, urticaria. *Rare:* photosensitivity reaction, psoriasis.

Vascular Disorders. *Infrequent:* hot flush. *Rare:* thrombosis.

CHANTIX has also been studied in postmarketing trials including (1) a trial conducted in patients with chronic obstructive pulmonary disease (COPD), (2) a trial conducted in generally healthy patients (similar to those in the premarketing studies) in which they were allowed to select a quit date between days 8 and 35 of treatment ("alternative quit date instruction trial"), (3) a trial conducted in patients who did not succeed in stopping smoking during prior CHANTIX therapy, or who relapsed after treatment ("re-treatment trial"), (4) a trial conducted in patients with stable cardiovascular disease, (5) a trial conducted in patients with stable schizophrenia or schizoaffective disorder and (6) a trial conducted in patients with major depressive disorder.

Adverse events in the trial of patients with COPD, in the alternative quit date instruction trial, were quantitatively and qualitatively similar to those observed in premarketing studies. In the re-treatment trial, the profile of common adverse events was similar to that previously reported, but, in addition, varenicline-treated patients also commonly reported diarrhea (6% vs 4% in placebo-treated patients), depressed mood disorders and disturbances (6% vs 1%), and other mood disorders and disturbances (5% vs 2%).

In the trial of patients with stable cardiovascular disease, more types and a greater number of cardiovascular events were reported compared to premarketing studies. Treatment-emergent (on-treatment or 30 days after treatment) cardiovascular events reported with a frequency  $\geq 1\%$  in either treatment group in this study were angina pectoris (3.7% and 2.0% for varenicline and placebo, respectively), chest pain (2.5% vs. 2.3%), peripheral edema (2.0% vs. 1.1%), hypertension (1.4% vs. 2.6%), and palpitations (0.6% vs. 1.1%). Deaths and serious cardiovascular events occurring over the 52 weeks of the study (treatment emergent and non-treatment emergent) were adjudicated by a blinded, independent committee. The following treatment-emergent adjudicated events occurred with a frequency  $\geq 1\%$  in either treatment group: nonfatal MI (1.1% vs. 0.3% for varenicline and placebo, respectively), and hospitalization for angina pectoris (0.6% vs. 1.1%). During non-treatment follow up to 52 weeks, the adjudicated events included need for coronary revascularization (2.0% vs. 0.6%), hospitalization for angina pectoris (1.7% vs. 1.1%), and new diagnosis of peripheral vascular disease (PVD) or admission for a PVD procedure (1.4% vs. 0.6%). Some of the patients requiring coronary revascularization underwent the procedure as part of management of nonfatal MI and hospitalization for angina. Cardiovascular death occurred in 0.3% of patients in the varenicline arm and 0.6% of patients in the placebo arm over the course of the 52-week study.

In the trial of patients with stable schizophrenia or schizoaffective disorder, 128 smokers on antipsychotic medication were randomized 2:1 to varenicline (1 mg twice daily) or placebo for 12 weeks with 12-week non-drug follow-up. The most common adverse events in patients taking varenicline were nausea (24% vs. 14.0% on placebo), headache (11% vs. 19% on placebo) and vomiting (11% vs. 9% on placebo). Among reported neuropsychiatric adverse events, insomnia was the only event that occurred in either treatment group in  $\geq 5\%$  of subjects at a rate higher in the varenicline group than in placebo (10% vs. 5%). These common and neuropsychiatric adverse events occurred on treatment or within 30 days after the last dose of study drug. There was no consistent worsening of schizophrenia in either treatment group as measured by the Positive and Negative Syndrome Scale. There were no overall changes in extra-pyramidal signs, as measured by the Simpson-Angus Rating Scale. The Columbia-Suicide Severity Rating Scale was administered at baseline and at clinic visits during the treatment and non-treatment follow-up phases. Over half of the patients had a lifetime history of suicidal behavior and/or ideation (62% on varenicline vs. 51% on placebo), but at baseline, no patients in the varenicline group reported suicidal behavior and/or ideation vs. one patient in the placebo group (2%). Suicidal behavior and/or ideation were reported in 11% of the varenicline-treated and 9% of the placebo-treated patients during the treatment phase. During the post-treatment phase, suicidal behavior and/or ideation were reported in 11% of patients in the varenicline group and 5% of patients in the placebo group. Many of the patients reporting suicidal behavior and ideation in the follow-up phase had not reported such experiences in the treatment phase. However, no new suicidal ideation or behavior emerged in either treatment group shortly (within one week) after treatment discontinuation (a phenomenon noted in post-marketing reporting). There were no completed suicides. There was one suicide attempt in a varenicline-treated patient. The limited data available from this single smoking cessation study are not sufficient to allow conclusions to be drawn.

In the trial of patients with major depressive disorder, the most common adverse events ( $\geq 10\%$ ) in subjects taking varenicline were nausea (27% vs. 10% on placebo), headache (17 vs 11%), abnormal dreams (11% vs 8%), insomnia (11% vs 5%) and irritability (11% vs. 8%). Additionally, the following psychiatric AEs were reported in  $\geq 2\%$  of patients in either treatment group (varenicline or placebo, respectively): anxiety (7% vs. 9%), agitation (7% vs. 4%), depressed mood disorders and disturbances (11% vs. 9%), tension (4% vs. 3%), hostility (2% vs. 0.4%) and restlessness (2% vs. 2%). Patients treated with varenicline were more likely than patients treated with placebo to report one of various events related to hostility and aggression (3% vs 1%). Psychiatric scales showed no differences between the varenicline and placebo groups and no overall worsening of depression during the study in either treatment group. The percentage of subjects with suicidal ideation and/or behavior was similar between the varenicline and placebo groups during treatment (6% and 8%,

respectively) and the non-treatment follow-up (6% and 6%, respectively). There was one event of intentional self-injury/possible suicide attempt during treatment (Day 73) in a subject in the placebo group. Suicide could not be ruled out in one subject who died by an overdose of illicit drugs 76 days after last dose of study drug in the varenicline group.

## 6.2 Postmarketing Experience

The following adverse events have been reported during post-approval use of CHANTIX. Because these events are reported voluntarily from a population of uncertain size, it is not possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

There have been reports of depression, mania, psychosis, hallucinations, paranoia, delusions, homicidal ideation, aggression, hostility, anxiety, and panic, as well as suicidal ideation, suicide attempt, and completed suicide in patients attempting to quit smoking while taking CHANTIX [see [Boxed Warning](#), [Warnings and Precautions \(5.1\)](#)]. Smoking cessation with or without treatment is associated with nicotine withdrawal symptoms and the exacerbation of underlying psychiatric illness. Not all patients had known pre-existing psychiatric illness and not all had discontinued smoking.

There have been post-marketing reports of new or worsening seizures in patients treated with CHANTIX [see [Warnings and Precautions \(5.2\)](#)].

There have been post-marketing reports of patients experiencing increased intoxicating effects of alcohol while taking CHANTIX. Some reported neuropsychiatric events, including unusual and sometimes aggressive behavior [see [Warnings and Precautions \(5.1\)](#) and [\(5.3\)](#)].

There have been reports of hypersensitivity reactions, including angioedema [see [Warnings and Precautions \(5.6\)](#)].

There have also been reports of serious skin reactions, including Stevens- Johnson Syndrome and erythema multiforme, in patients taking CHANTIX [see [Warnings and Precautions \(5.7\)](#)].

There have been reports of myocardial infarction (MI) and cerebrovascular accident (CVA) including ischemic and hemorrhagic events in patients taking CHANTIX. In the majority of the reported cases, patients had pre-existing cardiovascular disease and/or other risk factors. Although smoking is a risk factor for MI and CVA, based on temporal relationship between medication use and events, a contributory role of varenicline cannot be ruled out.

## 7 DRUG INTERACTIONS

Based on varenicline characteristics and clinical experience to date, CHANTIX has no clinically meaningful pharmacokinetic drug interactions [see [Clinical Pharmacology \(12.3\)](#)].

### 7.1 Use With Other Drugs for Smoking Cessation

Safety and efficacy of CHANTIX in combination with other smoking cessation therapies have not been studied.

**Bupropion:** Varenicline (1 mg twice daily) did not alter the steady-state pharmacokinetics of bupropion (150 mg twice daily) in 46 smokers. The safety of the combination of bupropion and varenicline has not been established.

**Nicotine replacement therapy (NRT):** Although co-administration of varenicline (1 mg twice daily) and transdermal nicotine (21 mg/day) for up to 12 days did not affect nicotine pharmacokinetics, the incidence of

nausea, headache, vomiting, dizziness, dyspepsia, and fatigue was greater for the combination than for NRT alone. In this study, eight of twenty-two (36%) patients treated with the combination of varenicline and NRT prematurely discontinued treatment due to adverse events, compared to 1 of 17 (6%) of patients treated with NRT and placebo.

## **7.2 Effect of Smoking Cessation on Other Drugs**

Physiological changes resulting from smoking cessation, with or without treatment with CHANTIX, may alter the pharmacokinetics or pharmacodynamics of certain drugs (e.g., theophylline, warfarin, insulin) for which dosage adjustment may be necessary.

## **8 USE IN SPECIFIC POPULATIONS**

### **8.1 Pregnancy**

Pregnancy Category C.

There are no adequate and well-controlled studies of CHANTIX use in pregnant women. In animal studies, CHANTIX caused decreased fetal weights, increased auditory startle response, and decreased fertility in offspring. CHANTIX should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

In reproductive and developmental toxicity studies, pregnant rats and rabbits received varenicline succinate during organogenesis at oral doses up to 15 and 30 mg/kg/day, respectively. These exposures were 36 (rats) and 50 (rabbits) times the human exposure (based on AUC) at the maximum recommended human dose (MRHD) of 1 mg twice daily. While no fetal structural abnormalities occurred in either species, reduced fetal weights occurred in rabbits at the highest dose (exposures 50 times the human exposure at the MRHD based on AUC). Fetal weight reduction did not occur at animal exposures 23 times the human exposure at the MRHD based on AUC.

In a pre- and postnatal development study, pregnant rats received up to 15 mg/kg/day of oral varenicline succinate from organogenesis through lactation. These resulted in exposures up to 36 times the human exposure (based on AUC) at the MRHD of 1 mg twice daily. Decreased fertility and increased auditory startle response occurred in offspring.

### **8.3 Nursing Mothers**

It is not known whether CHANTIX is excreted in human milk. In animal studies varenicline was excreted in milk of lactating animals. Because many drugs are excreted in human milk and because of the potential for serious adverse reactions in nursing infants from CHANTIX, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

### **8.4 Pediatric Use**

Safety and effectiveness of CHANTIX in pediatric patients have not been established.

### **8.5 Geriatric Use**

A combined single- and multiple-dose pharmacokinetic study demonstrated that the pharmacokinetics of 1 mg varenicline given once daily or twice daily to 16 healthy elderly male and female smokers (aged 65–75 yrs) for 7 consecutive days was similar to that of younger subjects. No overall differences in safety or effectiveness



were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out.

Varenicline is known to be substantially excreted by the kidney, and the risk of toxic reactions to this drug may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function [*see Dosage and Administration (2.2)*].

No dosage adjustment is recommended for elderly patients.

## 8.6 Renal Impairment

Varenicline is substantially eliminated by renal glomerular filtration along with active tubular secretion. Dose reduction is not required in patients with mild to moderate renal impairment. For patients with severe renal impairment (estimated creatinine clearance <30 mL/min), and for patients with end-stage renal disease undergoing hemodialysis, dosage adjustment is needed. [*see Dosage and Administration (2.2)* and *Clinical Pharmacology (12.3)*].

## 9 DRUG ABUSE AND DEPENDENCE

### 9.1 Controlled Substance

Varenicline is not a controlled substance.

### 9.3 Dependence

***Humans:*** Fewer than 1 out of 1000 patients reported euphoria in clinical trials with CHANTIX. At higher doses (greater than 2 mg), CHANTIX produced more frequent reports of gastrointestinal disturbances such as nausea and vomiting. There is no evidence of dose-escalation to maintain therapeutic effects in clinical studies, which suggests that tolerance does not develop. Abrupt discontinuation of CHANTIX was associated with an increase in irritability and sleep disturbances in up to 3% of patients. This suggests that, in some patients, varenicline may produce mild physical dependence which is not associated with addiction.

In a human laboratory abuse liability study, a single oral dose of 1 mg varenicline did not produce any significant positive or negative subjective responses in smokers. In non-smokers, 1 mg varenicline produced an increase in some positive subjective effects, but this was accompanied by an increase in negative adverse effects, especially nausea. A single oral dose of 3 mg varenicline uniformly produced unpleasant subjective responses in both smokers and non-smokers.

***Animals:*** Studies in rodents have shown that varenicline produces behavioral responses similar to those produced by nicotine. In rats trained to discriminate nicotine from saline, varenicline produced full generalization to the nicotine cue. In self-administration studies, the degree to which varenicline substitutes for nicotine is dependent upon the requirement of the task. Rats trained to self-administer nicotine under easy conditions continued to self-administer varenicline to a degree comparable to that of nicotine; however in a more demanding task, rats self-administered varenicline to a lesser extent than nicotine. Varenicline pretreatment also reduced nicotine self-administration.

## 10 OVERDOSAGE

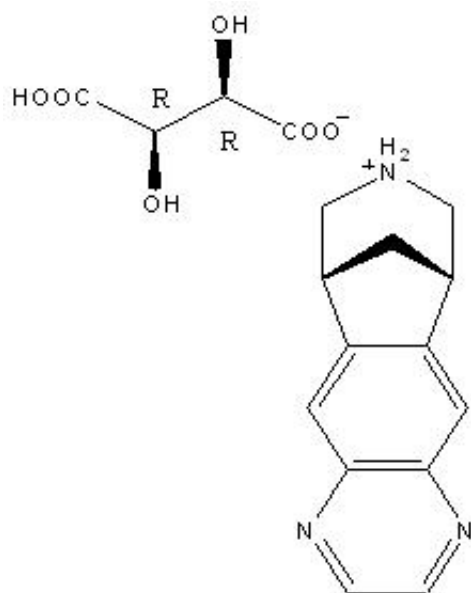
In case of overdose, standard supportive measures should be instituted as required.

Varenicline has been shown to be dialyzed in patients with end stage renal disease [see *Clinical Pharmacology (12.3)*], however, there is no experience in dialysis following overdose.

## 11 DESCRIPTION

CHANTIX  $\square$  tablets contain varenicline (as the tartrate salt), which is a partial agonist selective for  $\alpha_4\beta_2$  nicotinic acetylcholine receptor subtypes.

Varenicline, as the tartrate salt, is a powder which is a white to off-white to slightly yellow solid with the following chemical name: 7,8,9,10-tetrahydro-6,10-methano-6*H*-pyrazino[2,3-*h*][3]benzazepine, (2*R*,3*R*)-2,3-dihydroxybutanedioate (1:1). It is highly soluble in water. Varenicline tartrate has a molecular weight of 361.35 Daltons, and a molecular formula of  $C_{13}H_{13}N_3 \cdot C_4H_6O_6$ . The chemical structure is:



CHANTIX is supplied for oral administration in two strengths: a 0.5 mg capsular biconvex, white to off-white, film-coated tablet debossed with "Pfizer" on one side and "CHX 0.5" on the other side and a 1 mg capsular biconvex, light blue film-coated tablet debossed with "Pfizer" on one side and "CHX 1.0" on the other side. Each 0.5 mg CHANTIX tablet contains 0.85 mg of varenicline tartrate equivalent to 0.5 mg of varenicline free base; each 1mg CHANTIX tablet contains 1.71 mg of varenicline tartrate equivalent to 1 mg of varenicline free base. The following inactive ingredients are included in the tablets: microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, colloidal silicon dioxide, magnesium stearate, Opadry® White (for 0.5 mg), Opadry® Blue (for 1 mg), and Opadry® Clear.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

Varenicline binds with high affinity and selectivity at  $\alpha_4\beta_2$  neuronal nicotinic acetylcholine receptors. The efficacy of CHANTIX in smoking cessation is believed to be the result of varenicline's activity at  $\alpha_4\beta_2$  sub-type

of the nicotinic receptor where its binding produces agonist activity, while simultaneously preventing nicotine binding to these receptors.

Electrophysiology studies *in vitro* and neurochemical studies *in vivo* have shown that varenicline binds to  $\alpha 4\beta 2$  neuronal nicotinic acetylcholine receptors and stimulates receptor-mediated activity, but at a significantly lower level than nicotine. Varenicline blocks the ability of nicotine to activate  $\alpha 4\beta 2$  receptors and thus to stimulate the central nervous mesolimbic dopamine system, believed to be the neuronal mechanism underlying reinforcement and reward experienced upon smoking. Varenicline is highly selective and binds more potently to  $\alpha 4\beta 2$  receptors than to other common nicotinic receptors ( $>500$ -fold  $\alpha 3\beta 4$ ,  $>3500$ -fold  $\alpha 7$ ,  $>20,000$ -fold  $\alpha 1\beta\gamma\delta$ ), or to non-nicotinic receptors and transporters ( $>2000$ -fold). Varenicline also binds with moderate affinity ( $K_i = 350$  nM) to the 5-HT<sub>3</sub> receptor.

### 12.3 Pharmacokinetics

**Absorption/Distribution:** Maximum plasma concentrations of varenicline occur typically within 3–4 hours after oral administration. Following administration of multiple oral doses of varenicline, steady-state conditions were reached within 4 days. Over the recommended dosing range, varenicline exhibits linear pharmacokinetics after single or repeated doses. In a mass balance study, absorption of varenicline was virtually complete after oral administration and systemic availability was  $\sim 90\%$ . Oral bioavailability of varenicline is unaffected by food or time-of-day dosing. Plasma protein binding of varenicline is low ( $\leq 20\%$ ) and independent of both age and renal function.

**Metabolism/Elimination:** The elimination half-life of varenicline is approximately 24 hours. Varenicline undergoes minimal metabolism, with 92% excreted unchanged in the urine. Renal elimination of varenicline is primarily through glomerular filtration along with active tubular secretion possibly via the organic cation transporter, OCT2.

**Pharmacokinetics in Special Patient Populations:** There are no clinically meaningful differences in varenicline pharmacokinetics due to age, race, gender, smoking status, or use of concomitant medications, as demonstrated in specific pharmacokinetic studies and in population pharmacokinetic analyses.

**Renal Impairment:** Varenicline pharmacokinetics were unchanged in subjects with mild renal impairment (estimated creatinine clearance  $>50$  mL/min and  $\leq 80$  mL/min). In subjects with moderate renal impairment (estimated creatinine clearance  $\geq 30$  mL/min and  $\leq 50$  mL/min), varenicline exposure increased 1.5-fold compared with subjects with normal renal function (estimated creatinine clearance  $>80$  mL/min). In subjects with severe renal impairment (estimated creatinine clearance  $<30$  mL/min), varenicline exposure was increased 2.1-fold. In subjects with end-stage-renal disease (ESRD) undergoing a three-hour session of hemodialysis for three days a week, varenicline exposure was increased 2.7-fold following 0.5 mg once daily administration for 12 days. The plasma  $C_{max}$  and AUC of varenicline noted in this setting were similar to those of healthy subjects receiving 1 mg twice daily. [see [Dosage and Administration \(2.2\)](#), and [Use in Specific Populations \(8.6\)](#)]. Additionally, in subjects with ESRD, varenicline was efficiently removed by hemodialysis [see [Overdosage \(10\)](#)].

**Geriatric Patients:** A combined single- and multiple-dose pharmacokinetic study demonstrated that the pharmacokinetics of 1 mg varenicline given once daily or twice daily to 16 healthy elderly male and female smokers (aged 65–75 yrs) for 7 consecutive days was similar to that of younger subjects.

**Pediatric Patients:** Because the safety and effectiveness of CHANTIX in pediatric patients have not been established, CHANTIX is not recommended for use in patients under 18 years of age. Single and multiple-dose pharmacokinetics of varenicline have been investigated in pediatric patients aged 12 to 17 years old (inclusive) and were approximately dose-proportional over the 0.5 mg to 2 mg daily dose range studied. Steady-state

systemic exposure in adolescent patients of bodyweight >55 kg, as assessed by AUC (0–24), was comparable to that noted for the same doses in the adult population. When 0.5 mg BID was given, steady-state daily exposure of varenicline was, on average, higher (by approximately 40%) in adolescent patients with bodyweight ≤ 55 kg compared to that noted in the adult population.

**Hepatic Impairment:** Due to the absence of significant hepatic metabolism, varenicline pharmacokinetics should be unaffected in patients with hepatic impairment.

**Drug-Drug Interactions:** Drug interaction studies were performed with varenicline and digoxin, warfarin, transdermal nicotine, bupropion, cimetidine, and metformin. No clinically meaningful pharmacokinetic drug-drug interactions have been identified.

*In vitro* studies demonstrated that varenicline does not inhibit the following cytochrome P450 enzymes (IC<sub>50</sub> >6400 ng/mL): 1A2, 2A6, 2B6, 2C8, 2C9, 2C19, 2D6, 2E1, and 3A4/5. Also, in human hepatocytes *in vitro*, varenicline does not induce the cytochrome P450 enzymes 1A2 and 3A4.

*In vitro* studies demonstrated that varenicline does not inhibit human renal transport proteins at therapeutic concentrations. Therefore, drugs that are cleared by renal secretion (e.g., metformin [see below]) are unlikely to be affected by varenicline.

*In vitro* studies demonstrated the active renal secretion of varenicline is mediated by the human organic cation transporter OCT2. Co-administration with inhibitors of OCT2 (e.g., cimetidine [see below]) may not necessitate a dose adjustment of CHANTIX as the increase in systemic exposure to CHANTIX is not expected to be clinically meaningful. Furthermore, since metabolism of varenicline represents less than 10% of its clearance, drugs known to affect the cytochrome P450 system are unlikely to alter the pharmacokinetics of CHANTIX [see [Clinical Pharmacology \(12.3\)](#)]; therefore, a dose adjustment of CHANTIX would not be required.

**Metformin:** When co-administered to 30 smokers, varenicline (1 mg twice daily) did not alter the steady-state pharmacokinetics of metformin (500 mg twice daily), which is a substrate of OCT2. Metformin had no effect on varenicline steady-state pharmacokinetics.

**Cimetidine:** Co-administration of an OCT2 inhibitor, cimetidine (300 mg four times daily), with varenicline (2 mg single dose) to 12 smokers increased the systemic exposure of varenicline by 29% (90% CI: 21.5%, 36.9%) due to a reduction in varenicline renal clearance.

**Digoxin:** Varenicline (1 mg twice daily) did not alter the steady-state pharmacokinetics of digoxin administered as a 0.25 mg daily dose in 18 smokers.

**Warfarin:** Varenicline (1 mg twice daily) did not alter the pharmacokinetics of a single 25 mg dose of (R, S)-warfarin in 24 smokers. Prothrombin time (INR) was not affected by varenicline. Smoking cessation itself may result in changes to warfarin pharmacokinetics [see [Drug Interactions \(7.2\)](#)].

**Use with Other Drugs for Smoking Cessation:**

**Bupropion:** Varenicline (1 mg twice daily) did not alter the steady-state pharmacokinetics of bupropion (150 mg twice daily) in 46 smokers [see [Drug Interactions \(7.1\)](#)].

**Nicotine replacement therapy (NRT):** Although co-administration of varenicline (1 mg twice daily) and transdermal nicotine (21 mg/day) for up to 12 days did not affect nicotine pharmacokinetics, the incidence of adverse reactions was greater for the combination than for NRT alone [see [Drug Interactions \(7.1\)](#)].

## 13 NONCLINICAL TOXICOLOGY



### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

***Carcinogenesis:*** Lifetime carcinogenicity studies were performed in CD-1 mice and Sprague-Dawley rats. There was no evidence of a carcinogenic effect in mice administered varenicline by oral gavage for 2 years at doses up to 20 mg/kg/day (47 times the maximum recommended human daily exposure based on AUC). Rats were administered varenicline (1, 5, and 15 mg/kg/day) by oral gavage for 2 years. In male rats (n = 65 per sex per dose group), incidences of hibernoma (tumor of the brown fat) were increased at the mid dose (1 tumor, 5 mg/kg/day, 23 times the maximum recommended human daily exposure based on AUC) and maximum dose (2 tumors, 15 mg/kg/day, 67 times the maximum recommended human daily exposure based on AUC). The clinical relevance of this finding to humans has not been established. There was no evidence of carcinogenicity in female rats.

***Mutagenesis:*** Varenicline was not genotoxic, with or without metabolic activation, in the following assays: Ames bacterial mutation assay; mammalian CHO/HGPRT assay; and tests for cytogenetic aberrations *in vivo* in rat bone marrow and *in vitro* in human lymphocytes.

***Impairment of Fertility:*** There was no evidence of impairment of fertility in either male or female Sprague-Dawley rats administered varenicline succinate up to 15 mg/kg/day (67 and 36 times, respectively, the maximum recommended human daily exposure based on AUC at 1 mg twice daily). However, a decrease in fertility was noted in the offspring of pregnant rats who were administered varenicline succinate at an oral dose of 15 mg/kg/day (36 times the maximum recommended human daily exposure based on AUC at 1 mg twice daily). This decrease in fertility in the offspring of treated female rats was not evident at an oral dose of 3 mg/kg/day (9 times the maximum recommended human daily exposure based on AUC at 1 mg twice daily).

## 14 CLINICAL STUDIES

The efficacy of CHANTIX in smoking cessation was demonstrated in six clinical trials in which a total of 3659 chronic cigarette smokers ( $\geq 10$  cigarettes per day) were treated with CHANTIX. In all clinical studies, abstinence from smoking was determined by patient self-report and verified by measurement of exhaled carbon monoxide ( $\text{CO} \leq 10$  ppm) at weekly visits. Among the CHANTIX-treated patients enrolled in these studies, the completion rate was 65%. Except for the dose-ranging study (Study 1) and the maintenance of abstinence study (Study 6), patients were treated for 12 weeks and then were followed for 40 weeks post-treatment. Most patients enrolled in these trials were white (79–96%). All studies enrolled almost equal numbers of men and women. The average age of patients in these studies was 43 years. Patients on average had smoked about 21 cigarettes per day for an average of approximately 25 years. Patients set a date to stop smoking (target quit date) with dosing starting 1 week before this date.

Three additional studies were conducted in patients with cardiovascular disease, in patients with chronic obstructive pulmonary disease [see [Clinical Studies \(14.4\)](#)], and in patients instructed to select their quit date within days 8 and 35 of treatment [see [Clinical Studies \(14.5\)](#)].

In all studies, patients were provided with an educational booklet on smoking cessation and received up to 10 minutes of smoking cessation counseling at each weekly treatment visit according to Agency for Healthcare Research and Quality guidelines.

### 14.1 Initiation of Abstinence

***Study 1:*** This was a six-week dose-ranging study comparing CHANTIX to placebo. This study provided initial evidence that CHANTIX at a total dose of 1 mg per day or 2 mg per day was effective as an aid to smoking cessation.

**Study 2:** This study of 627 patients compared CHANTIX 1 mg per day and 2 mg per day with placebo. Patients were treated for 12 weeks (including one week titration) and then were followed for 40 weeks post-treatment. CHANTIX was given in two divided doses daily. Each dose of CHANTIX was given in two different regimens, with and without initial dose titration, to explore the effect of different dosing regimens on tolerability. For the titrated groups, dosage was titrated up over the course of one week, with full dosage achieved starting with the second week of dosing. The titrated and nontitrated groups were pooled for efficacy analysis.

Forty-five percent of patients receiving CHANTIX 1 mg per day (0.5 mg twice daily) and 51% of patients receiving 2 mg per day (1 mg twice daily) had CO-confirmed continuous abstinence during weeks 9 through 12 compared to 12% of patients in the placebo group (Figure 1). In addition, 31% of the 1 mg per day group and 31% of the 2 mg per day group were continuously abstinent from one week after TQD through the end of treatment as compared to 8% of the placebo group.

**Study 3:** This flexible-dosing study of 312 patients examined the effect of a patient-directed dosing strategy of CHANTIX or placebo. After an initial one-week titration to a dose of 0.5 mg twice daily, patients could adjust their dosage as often as they wished between 0.5 mg once daily to 1 mg twice daily per day. Sixty-nine percent of patients titrated to the maximum allowable dose at any time during the study. For 44% of patients, the modal dose selected was 1 mg twice daily; for slightly over half of the study participants, the modal dose selected was 1 mg/day or less.

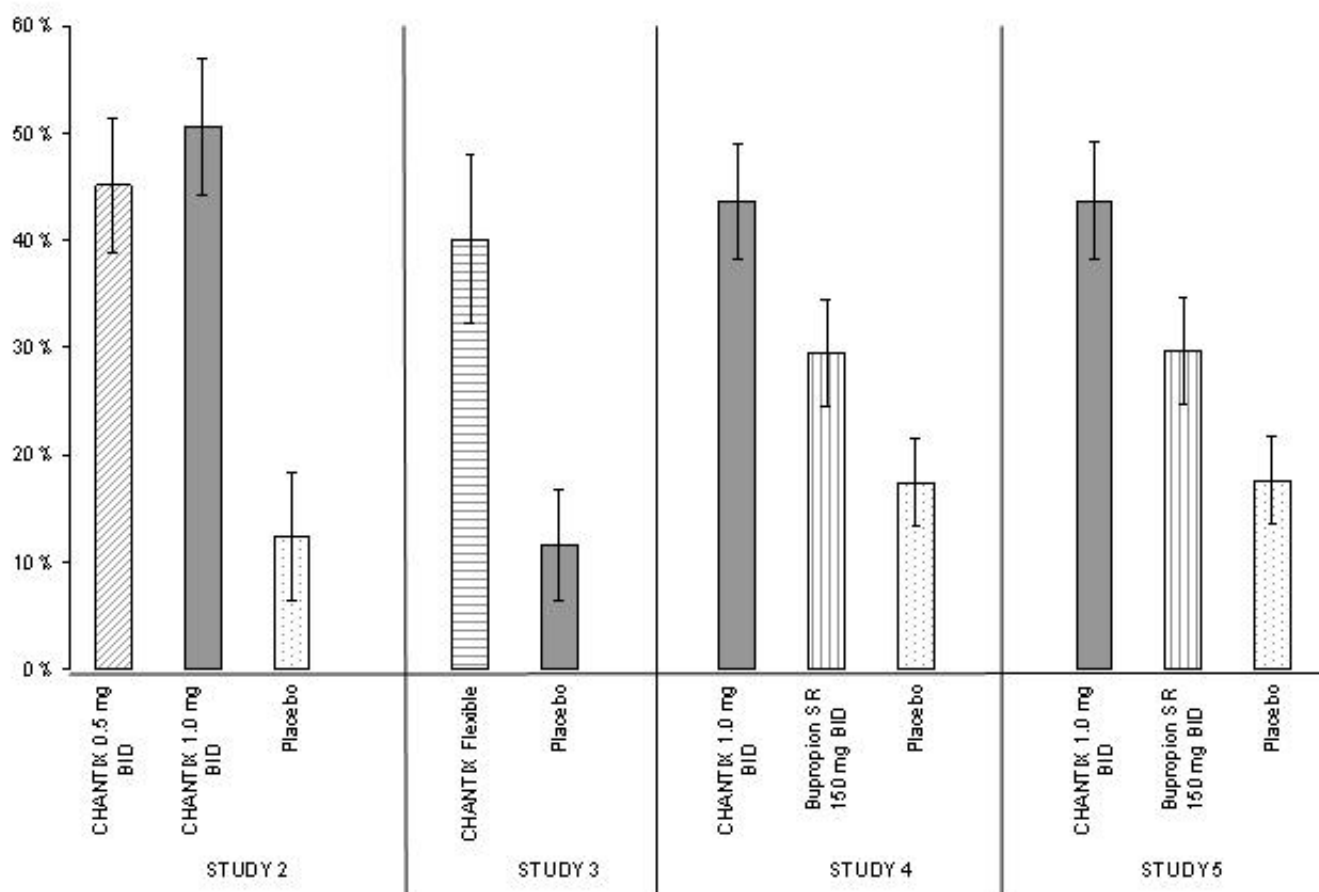
Of the patients treated with CHANTIX, 40% had CO-confirmed continuous abstinence during weeks 9 through 12 compared to 12% in the placebo group. In addition, 29% of the CHANTIX group were continuously abstinent from one week after TQD through the end of treatment as compared to 9% of the placebo group.

**Study 4 and Study 5:** These identical double-blind studies compared CHANTIX 2 mg per day, bupropion sustained-release (SR) 150 mg twice daily, and placebo. Patients were treated for 12 weeks and then were followed for 40 weeks post-treatment. The CHANTIX dosage of 1 mg twice daily was achieved using a titration of 0.5 mg once daily for the initial 3 days followed by 0.5 mg twice daily for the next 4 days. The bupropion SR dosage of 150 mg twice daily was achieved using a 3-day titration of 150 mg once daily. Study 4 enrolled 1022 patients and Study 5 enrolled 1023 patients. Patients inappropriate for bupropion treatment or patients who had previously used bupropion were excluded.

In Study 4, patients treated with CHANTIX had a superior rate of CO-confirmed abstinence during weeks 9 through 12 (44%) compared to patients treated with bupropion SR (30%) or placebo (17%). The bupropion SR quit rate was also superior to placebo. In addition, 29% of the CHANTIX group were continuously abstinent from one week after TQD through the end of treatment as compared to 12% of the placebo group and 23% of the bupropion SR group.

Similarly in Study 5, patients treated with CHANTIX had a superior rate of CO-confirmed abstinence during weeks 9 through 12 (44%) compared to patients treated with bupropion SR (30%) or placebo (18%). The bupropion SR quit rate was also superior to placebo. In addition, 29% of the CHANTIX group were continuously abstinent from one week after TQD through the end of treatment as compared to 11% of the placebo group and 21% of the bupropion SR group.

### **Figure 1: Continuous Abstinence, Weeks 9 through 12**



**Table 6: Continuous Abstinence, Weeks 9 through 12 (95% confidence interval)**

|         | CHANTIX<br>0.5 mg BID | CHANTIX<br>1 mg BID | CHANTIX<br>Flexible | Bupropion<br>SR   | Placebo           |
|---------|-----------------------|---------------------|---------------------|-------------------|-------------------|
| Study 2 | 45%<br>(39%, 51%)     | 51%<br>(44%, 57%)   |                     |                   | 12%<br>(6%, 18%)  |
| Study 3 |                       |                     | 40%<br>(32%, 48%)   |                   | 12%<br>(7%, 17%)  |
| Study 4 |                       | 44%<br>(38%, 49%)   |                     | 30%<br>(25%, 35%) | 17%<br>(13%, 22%) |
| Study 5 |                       | 44%<br>(38%, 49%)   |                     | 30%<br>(25%, 35%) | 18%<br>(14%, 22%) |

BID = twice daily

## 14.2 Urge to Smoke

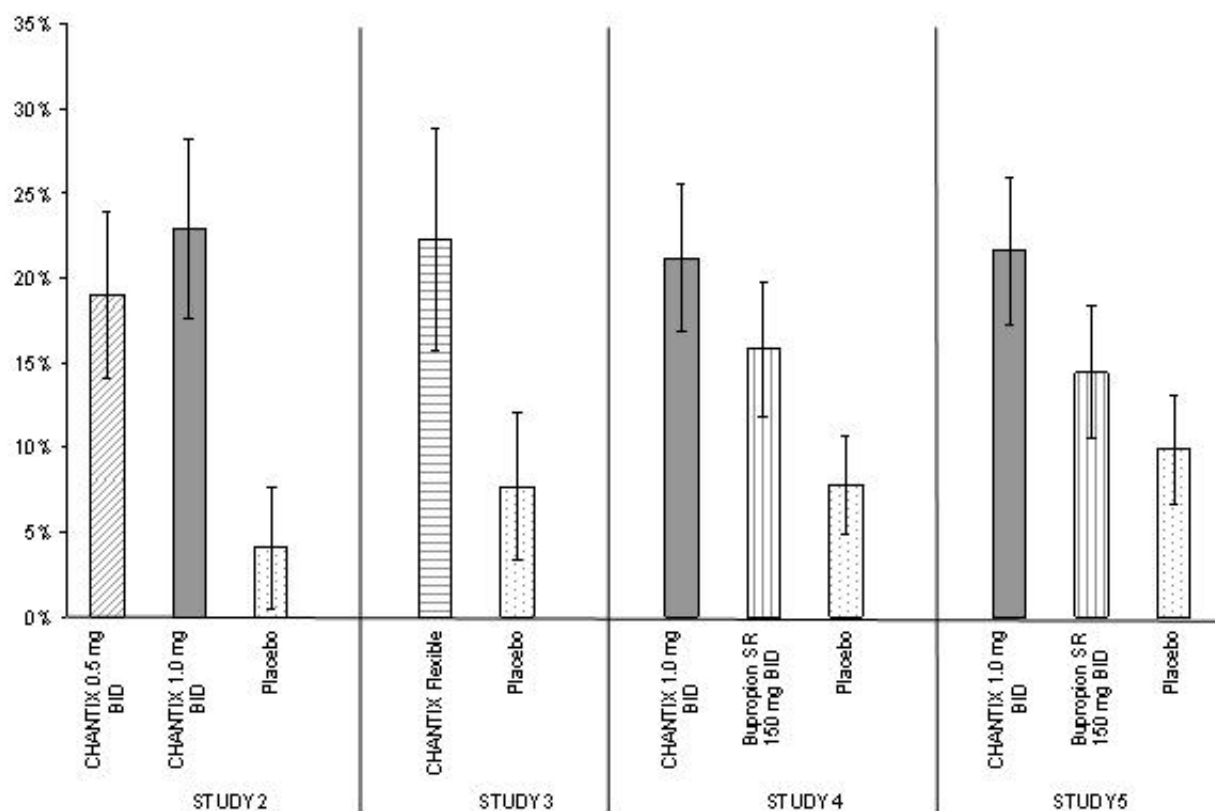
Based on responses to the Brief Questionnaire of Smoking Urges and the Minnesota Nicotine Withdrawal scale "urge to smoke" item, CHANTIX reduced urge to smoke compared to placebo.

## 14.3 Long-Term Abstinence

Studies 1 through 5 included 40 weeks of post-treatment follow-up. In each study, CHANTIX-treated patients

were more likely to maintain abstinence throughout the follow-up period than were patients treated with placebo (Figure 2, Table 7).

**Figure 2: Continuous Abstinence, Weeks 9 through 52**



**Table 7: Continuous Abstinence, Weeks 9 through 52 (95% confidence interval) across different studies**

|         | CHANTIX<br>0.5 mg BID | CHANTIX<br>1 mg BID | CHANTIX<br>Flexible | Bupropion<br>SR   | Placebo          |
|---------|-----------------------|---------------------|---------------------|-------------------|------------------|
| Study 2 | 19%<br>(14%, 24%)     | 23%<br>(18%, 28%)   |                     |                   | 4%<br>(1%, 8%)   |
| Study 3 |                       |                     | 22%<br>(16%, 29%)   |                   | 8%<br>(3%, 12%)  |
| Study 4 |                       | 21%<br>(17%, 26%)   |                     | 16%<br>(12%, 20%) | 8%<br>(5%, 11%)  |
| Study 5 |                       | 22%<br>(17%, 26%)   |                     | 14%<br>(11%, 18%) | 10%<br>(7%, 13%) |

BID = twice daily

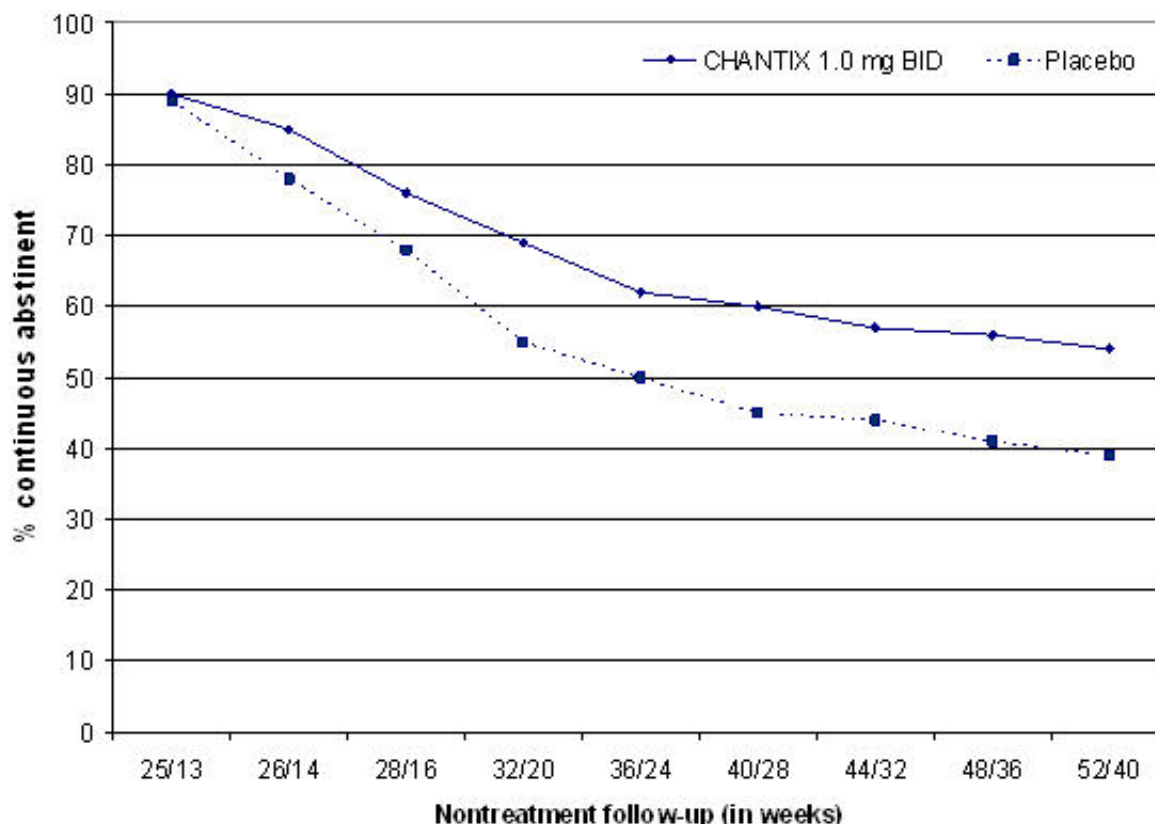
**Study 6:** This study assessed the effect of an additional 12 weeks of CHANTIX therapy on the likelihood of long-term abstinence. Patients in this study (n=1927) were treated with open-label CHANTIX 1 mg twice daily for 12 weeks. Patients who had stopped smoking for at least a week by Week 12 (n= 1210) were then randomized to double-blind treatment with CHANTIX (1 mg twice daily) or placebo for an additional 12 weeks

and then followed for 28 weeks post-treatment.

The continuous abstinence rate from Week 13 through Week 24 was higher for patients continuing treatment with CHANTIX (70%) than for patients switching to placebo (50%). Superiority to placebo was also maintained during 28 weeks post-treatment follow-up (CHANTIX 54% versus placebo 39%).

In Figure 3 below, the x-axis represents the study week for each observation, allowing a comparison of groups at similar times after discontinuation of CHANTIX; post-CHANTIX follow-up begins at Week 13 for the placebo group and Week 25 for the CHANTIX group. The y-axis represents the percentage of patients who had been abstinent for the last week of CHANTIX treatment and remained abstinent at the given timepoint.

**Figure 3: Continuous Abstinence Rate during Nontreatment Follow-Up**



#### 14.4 Subjects with Cardiovascular and Chronic Obstructive Pulmonary Disease

CHANTIX was evaluated in a randomized, double-blind, placebo-controlled study of subjects aged 35 to 75 years with stable, documented cardiovascular disease (diagnoses other than, or in addition to, hypertension) that had been diagnosed for more than 2 months. Subjects were randomized to CHANTIX 1 mg twice daily (n=353) or placebo (n=350) for a treatment of 12 weeks and then were followed for 40 weeks post-treatment. Subjects treated with CHANTIX had a superior rate of CO-confirmed abstinence during weeks 9 through 12 (47%) compared to subjects treated with placebo (14%) and from week 9 through 52 (20%) compared to subjects treated with placebo (7%).

CHANTIX was evaluated in a randomized, double-blind, placebo-controlled study of subjects aged  $\geq 35$  years with mild-to-moderate COPD with post-bronchodilator  $FEV_1/FVC < 70\%$  and  $FEV_1 \geq 50\%$  of predicted normal value. Subjects were randomized to CHANTIX 1 mg twice daily (n=223) or placebo (n=237) for a treatment of



12 weeks and then were followed for 40 weeks post-treatment. Subjects treated with CHANTIX had a superior rate of CO-confirmed abstinence during weeks 9 through 12 (41%) compared to subjects treated with placebo (9%) and from week 9 through 52 (19%) compared to subjects treated with placebo (6%).

**Table 8: Continuous Abstinence (95% confidence interval), Studies in Patients with Cardiovascular Disease (CVD) and Chronic Obstructive Pulmonary Disease (COPD)**

|            | Weeks 9 through 12  |                   | Weeks 9 through 52  |                 |
|------------|---------------------|-------------------|---------------------|-----------------|
|            | CHANTIX<br>1 mg BID | Placebo           | CHANTIX<br>1 mg BID | Placebo         |
| CVD Study  | 47%<br>(42%, 53%)   | 14%<br>(11%, 18%) | 20%<br>(16%, 24%)   | 7%<br>(5%, 10%) |
| COPD Study | 41%<br>(34%, 47%)   | 9%<br>(6%, 13%)   | 19%<br>(14%, 24%)   | 6%<br>(3%, 9%)  |

BID = twice daily

#### 14.5 Subjects with Major Depressive Disorder

CHANTIX was evaluated in a randomized, double-blind, placebo-controlled study of subjects aged 18 to 75 years with major depressive disorder without psychotic features (DSM-IV TR). If on medication, subjects were to be on a stable antidepressant regimen for at least two months. If not on medication, subjects were to have experienced a major depressive episode in the past 2 years, which was successfully treated. Subjects were randomized to CHANTIX 1 mg twice daily (n=256) or placebo (n=269) for a treatment of 12 weeks and then followed for 40 weeks post-treatment. Subjects treated with CHANTIX had a superior rate of CO-confirmed abstinence during weeks 9 through 12 (36%) compared to subjects treated with placebo (16%) and from week 9 through 52 (20%) compared to subjects treated with placebo (10%).

**Table 9: Continuous Abstinence (95% confidence interval), Study in Patients with Major Depressive Disorder (MDD)**

|           | Weeks 9 through 12  |                   | Weeks 9 through 52  |                  |
|-----------|---------------------|-------------------|---------------------|------------------|
|           | CHANTIX<br>1 mg BID | Placebo           | CHANTIX<br>1 mg BID | Placebo          |
| MDD Study | 36%<br>(30%, 42%)   | 16%<br>(11%, 20%) | 20%<br>(15%, 25%)   | 10%<br>(7%, 14%) |

BID = twice daily

#### 14.6 Alternative Instructions for Setting a Quit Date

CHANTIX was evaluated in a double-blind, placebo-controlled trial where patients were instructed to select a target quit date between Day 8 and Day 35 of treatment. Subjects were randomized 3:1 to CHANTIX 1 mg twice daily (n=486) or placebo (n=165) for 12 weeks of treatment and followed for another 12 weeks post-treatment. Patients treated with CHANTIX had a superior rate of CO-confirmed abstinence during weeks 9 through 12 (54%) compared to patients treated with placebo (19%) and from weeks 9 through 24 (35%) compared to subjects treated with placebo (13%).

## 14.7 Re-Treatment Study

CHANTIX was evaluated in a double-blind, placebo-controlled trial of patients who had made a previous attempt to quit smoking with CHANTIX, and either did not succeed in quitting or relapsed after treatment. Subjects were randomized 1:1 to CHANTIX 1 mg twice daily (n=249) or placebo (n=245) for 12 weeks of treatment and followed for 40 weeks post-treatment. Patients included in this study had taken CHANTIX for a smoking-cessation attempt in the past (for a total treatment duration of a minimum of two weeks), at least three months prior to study entry, and had been smoking for at least four weeks.

Patients treated with CHANTIX had a superior rate of CO-confirmed abstinence during weeks 9 through 12 (45%) compared to patients treated with placebo (12%) and from weeks 9 through 52 (20%) compared to subjects treated with placebo (3%).

**Table 10: Continuous Abstinence (95% confidence interval), Re-Treatment Study**

|                      | Weeks 9 through 12  |                  | Weeks 9 through 52  |                |
|----------------------|---------------------|------------------|---------------------|----------------|
|                      | CHANTIX<br>1 mg BID | Placebo          | CHANTIX<br>1 mg BID | Placebo        |
| Retreatment<br>Study | 45%<br>(39%, 51%)   | 12%<br>(8%, 16%) | 20%<br>(15%, 25%)   | 3%<br>(1%, 5%) |

BID = twice daily

## 16 HOW SUPPLIED/STORAGE AND HANDLING

CHANTIX is supplied for oral administration in two strengths: a 0.5 mg capsular biconvex, white to off-white, film-coated tablet debossed with "Pfizer" on one side and "CHX 0.5" on the other side and a 1 mg capsular biconvex, light blue film-coated tablet debossed with "Pfizer" on one side and "CHX 1.0" on the other side. CHANTIX is supplied in the following package configurations:

|         | Description   | NDC                                |
|---------|---|------------------------------------|
| Packs   | Starting 2 week card: 0.5 mg × 11 tablets and 1 mg × 14 tablets | NDC 0069-0471-01                   |
|         | Continuing 2 week card: 1 mg × 28 tablets                       | NDC 0069-0469-11                   |
|         | Starting 4-week card: 0.5 mg × 11 tablets and 1 mg × 42 tablets | NDC 0069-0471-03                   |
|         | Continuing 4-week card: 1 mg × 56 tablets                       | NDC 0069-0469-03                   |
|         | Starting Month Box: 0.5 mg × 11 tablets and 1 mg × 42 tablets   | NDC 0069-0471-02; NDC 0069-0471-03 |
|         | Continuing Month Box: 1 mg × 56 tablets                         | NDC 0069-0469-12; NDC 0069-0469-03 |
| Bottles | 0.5 mg - bottle of 56   | NDC 0069-0468-56                   |
|         | 1 mg - bottle of 56   | NDC 0069-0469-56                   |

Store at 25°C (77°F); excursions permitted to 15–30°C (59–86°F) (see USP Controlled Room Temperature).

## 17 PATIENT COUNSELING INFORMATION

See [FDA-approved patient labeling \(Medication Guide\)](#)

### Initiate Treatment and Continue to Attempt to Quit if Lapse

Instruct patients to set a date to quit smoking and to initiate CHANTIX treatment one week before the quit date. Alternatively, the patient can begin CHANTIX dosing and then set a date to quit smoking between days 8 and 35 of treatment. Encourage patients to continue to attempt to quit if they have early lapses after quit day [see [Dosage and Administration \(2.1\)](#)]. Encourage patients who are motivated to quit and who did not succeed in stopping smoking during prior CHANTIX therapy for reasons other than intolerability due to adverse events, or who relapsed after treatment to make another attempt with CHANTIX once factors contributing to the failed attempt have been identified and addressed [see [Dosage and Administration \(2.1\)](#), [Clinical Studies \(14.7\)](#)].

### How To Take

Advise patients that CHANTIX should be taken after eating, and with a full glass of water [see [Dosage and Administration \(2.1\)](#)].

### Starting Week Dosage

Instruct patients on how to titrate CHANTIX, beginning at a dose of 0.5 mg/day. Explain that one 0.5 mg tablet should be taken daily for the first three days, and that for the next four days, one 0.5 mg tablet should be taken in the morning and one 0.5 mg tablet should be taken in the evening [see [Dosage and Administration \(2.1\)](#)].

### Continuing Weeks Dosage

Advise patients that, after the first seven days, the dose should be increased to one 1 mg tablet in the morning and one 1 mg tablet in the evening [see [Dosage and Administration \(2.1\)](#)].

### Dosage Adjustment for CHANTIX or Other Drugs

Inform patients that nausea and insomnia are side effects of CHANTIX and are usually transient; however, advise patients that if they are persistently troubled by these symptoms, they should notify the prescribing physician so that a dose reduction can be considered.

Inform patients that some drugs may require dose adjustment after quitting smoking [see [Dosage and Administration \(2.1\)](#)].

### Counseling and Support

Provide patients with educational materials and necessary counseling to support an attempt at quitting smoking [see [Dosage and Administration \(2.1\)](#)].

### Neuropsychiatric Symptoms

Inform patients that some patients have experienced changes in mood (including depression and mania), psychosis, hallucinations, paranoia, delusions, homicidal ideation, aggression, anxiety, and panic, as well as suicidal ideation and suicide when attempting to quit smoking while taking CHANTIX. If patients develop agitation, hostility, depressed mood, or changes in behavior or thinking that are not typical for them, or if patients develop suicidal ideation or behavior, they should be urged to discontinue CHANTIX and report these symptoms to their healthcare provider immediately [see [Boxed Warning](#), [Warnings and Precautions \(5.1\)](#), [Adverse Reactions \(6.2\)](#)].

### History of Psychiatric Illness

Encourage patients to reveal any history of psychiatric illness prior to initiating treatment.

## Nicotine Withdrawal

Inform patients that quitting smoking, with or without CHANTIX, may be associated with nicotine withdrawal symptoms (including depression or agitation) or exacerbation of pre-existing psychiatric illness.

## Seizures

Encourage patients to report any history of seizures or other factors that can lower seizure threshold. Instruct patients to discontinue CHANTIX and contact a healthcare provider immediately if they experience a seizure while on treatment [see [Warnings and Precautions \(5.2\)](#)].

## Interaction with Alcohol

Advise patients to reduce the amount of alcohol they consume while taking CHANTIX until they know whether CHANTIX affects their tolerance for alcohol [see [Warnings and Precautions \(5.3\)](#), [Adverse Reactions \(6.2\)](#)].

## Driving or Operating Machinery

Advise patients to use caution driving or operating machinery until they know how quitting smoking and/or varenicline may affect them [see [Warnings and Precautions \(5.4\)](#)].

## Cardiovascular Events

Patients should be instructed to notify their health care providers of symptoms of new or worsening cardiovascular events and to seek immediate medical attention if they experience signs and symptoms of myocardial infarction or stroke. [see [Warnings and Precautions \(5.5\)](#), and [Adverse Reactions \(6.1\)](#)].

## Angioedema

Inform patients that there have been reports of angioedema, with swelling of the face, mouth (lip, gum, tongue) and neck (larynx and pharynx) that can lead to life-threatening respiratory compromise. Instruct patients to discontinue CHANTIX and immediately seek medical care if they experience these symptoms [see [Warnings and Precautions \(5.2\)](#), and [Adverse Reactions \(6.2\)](#)].

## Serious Skin Reactions

Inform patients that serious skin reactions, such as Stevens-Johnson Syndrome and erythema multiforme, were reported by some patients taking CHANTIX. Advise patients to stop taking CHANTIX at the first sign of rash with mucosal lesions or skin reaction and contact a healthcare provider immediately [see [Warnings and Precautions \(5.3\)](#), and [Adverse Reactions \(6.2\)](#)].

## Vivid, Unusual, or Strange Dreams

Inform patients that they may experience vivid, unusual or strange dreams during treatment with CHANTIX.

## Pregnancy and Lactation

Patients who are pregnant or breastfeeding or planning to become pregnant should be advised of: the risks of smoking to a pregnant mother and her developing baby, the potential risks of CHANTIX use during pregnancy and breastfeeding, and the benefits of smoking cessation with and without CHANTIX [see [Use in Specific Populations \(8.1 and 8.3\)](#)].

This product's label may have been updated. For full prescribing information, please visit [www.pfizer.com](http://www.pfizer.com)



LAB- 0327-20.0

## MEDICATION GUIDE

### CHANTIX® (CHANT-iks) (varenicline) Tablets

#### What is the most important information I should know about CHANTIX?

Some people have had serious side effects while using CHANTIX to help them quit smoking, including:

**New or worse mental health problems, such as changes in behavior, hostility, agitation, depressed mood, and suicidal thoughts or actions.** Some people had these symptoms when they began taking CHANTIX, and others developed them after several weeks of treatment, or after stopping CHANTIX.

**Before taking CHANTIX**, tell your doctor if you have ever had depression or other mental health problems. You should also tell your doctor about any symptoms you had during other times you tried to quit smoking, with or without CHANTIX.

**Stop taking CHANTIX and call your doctor right away** if you, your family, or caregiver notice agitation, hostility, depression or changes in your behavior or thinking that are not typical for you, or you develop any of the following symptoms:

- thoughts about suicide or dying, or attempts to commit suicide
- new or worse depression, anxiety, or panic attacks
- feeling very agitated or restless
- acting aggressive, being angry, or violent
- acting on dangerous impulses
- an extreme increase in activity and talking (mania)
- abnormal thoughts or sensations
- seeing or hearing things that are not there (hallucinations)
- feeling people are against you (paranoia)
- feeling confused
- other unusual changes in behavior or mood

When you try to quit smoking, with or without CHANTIX, you may have symptoms that may be due to nicotine withdrawal, including urge to smoke, depressed mood, trouble sleeping, irritability, frustration, anger, feeling anxious, difficulty concentrating, restlessness, decreased heart rate, and increased appetite or weight gain. Some people have even experienced suicidal thoughts when trying to quit smoking without medication. Sometimes quitting smoking can lead to worsening of mental health problems that you already have, such as depression.

See "**What are the possible side effects of CHANTIX?**" for more information about other side effects.

#### What is CHANTIX?



CHANTIX is a prescription medicine to help people stop smoking.

Quitting smoking can lower your chances of having lung disease, heart disease or getting certain types of cancer that are related to smoking.

It is not known if CHANTIX is safe and effective in children.

It is not known if CHANTIX is safe and effective when used with other stop smoking medicines.

### **Who should not take CHANTIX?**

Do not take CHANTIX if you have had a serious allergic or skin reaction to CHANTIX. Symptoms may include:

- swelling of the face, mouth (tongue, lips, gums), throat or neck
- trouble breathing
- rash, with peeling skin
- blisters in your mouth

### **What should I tell my doctor before taking CHANTIX?**

See "**What is the most important information I should know about CHANTIX?**"

Before you take CHANTIX, tell your doctor if you:

- use other treatments to quit smoking. Using CHANTIX with a nicotine patch may cause nausea, vomiting, headache, dizziness, upset stomach, and tiredness to happen more often than if you just use a nicotine patch alone.
- have kidney problems or get kidney dialysis. Your doctor may prescribe a lower dose of CHANTIX for you.
- have a history of seizures
- drink alcohol
- have heart or blood vessel problems
- have any other medical conditions
- are pregnant or plan to become pregnant. It is not known if CHANTIX will harm your unborn baby.
- are breastfeeding. It is not known if CHANTIX passes into breast milk. You and your doctor should decide if you will breastfeed or take CHANTIX. You should not do both.

Tell your doctor about all the medicines you take, including prescription and over the counter medicines, vitamins and herbal supplements. Your doctor may need to change the dose of some of your medicines when you stop smoking.

You should not use CHANTIX while using other medicines to quit smoking. Tell your doctor if you use other treatments to quit smoking.

Know the medicines you take. Keep a list of them with you to show your doctor and pharmacist when you get a new medicine.

### **How should I take CHANTIX?**

- There are 2 ways that you can use CHANTIX to help you quit smoking. Talk to your doctor about the following 2 ways to use CHANTIX:

Choose a **quit date** when you will stop smoking. Start taking CHANTIX 1 week (7 days) before your **quit date**.

**OR**

Start taking CHANTIX before you choose a **quit date**. Pick a date to quit smoking that is between days 8 and 35 of treatment.

Starting CHANTIX before your **quit date** gives CHANTIX time to build up in your body. You can keep smoking during this time. Take CHANTIX exactly as prescribed by your doctor.

- CHANTIX comes as a white tablet (0.5 mg) and a blue tablet (1 mg). You start with the white tablet and then usually go to the blue tablet. See the chart below for dosing instructions for adults.

|                                  |  |
|----------------------------------|--|
| <u>Day 1 to Day 3</u>            | <ul style="list-style-type: none"> <li>• <u>White</u> tablet (0.5 mg)</li> <li>• Take 1 tablet each day</li> </ul>                     |
| <u>Day 4 to Day 7</u>            | <ul style="list-style-type: none"> <li>• <u>White</u> tablet (0.5 mg)</li> <li>• Take 1 in the morning and 1 in the evening</li> </ul> |
| <u>Day 8 to end of treatment</u> | <ul style="list-style-type: none"> <li>• <u>Blue</u> tablet (1 mg)</li> <li>• Take 1 in the morning and 1 in the evening</li> </ul>    |

- Make sure that you try to stop smoking on your **quit date**. If you slip-up and smoke, try again. Some people need to take CHANTIX for a few weeks for CHANTIX to work best.
- Most people will take CHANTIX for up to 12 weeks. If you have completely quit smoking by 12 weeks, your doctor may prescribe CHANTIX for another 12 weeks to help you stay cigarette-free.
- Take CHANTIX after eating and with a full glass (8 ounces) of water.
- This dosing schedule may not be right for everyone. Talk to your doctor if you are having side effects such as nausea, strange dreams, or sleep problems. Your doctor may want to reduce your dose.
- If you miss a dose of CHANTIX, take it as soon as you remember. If it is almost time for your next dose, skip the missed dose. Just take your next dose at your regular time.

**What should I avoid while taking CHANTIX?**

- Use caution when driving or operating machinery until you know how CHANTIX affects you. CHANTIX may make you feel sleepy, dizzy, or have trouble concentrating, making it hard to drive or perform other activities safely.
- Decrease the amount of alcoholic beverages that you drink during treatment with CHANTIX until you know if CHANTIX affects your ability to tolerate alcohol. Some people have experienced the following when drinking alcohol during treatment with CHANTIX:
  - increased drunkenness (intoxication)
  - unusual or sometimes aggressive behavior
  - no memory of things that have happened

**What are the possible side effects of CHANTIX?**

**Serious side effects of CHANTIX may include:**

- See "**What is the most important information I should know about CHANTIX?**"
- **Seizures.** Some people have had seizures during treatment with CHANTIX. In most cases, the seizures have happened during the first month of treatment with CHANTIX. If you have a seizure during treatment with CHANTIX, stop taking CHANTIX and contact your healthcare provider right away.
- **New or worse heart or blood vessel (cardiovascular) problems,** mostly in people, who already have cardiovascular problems. Tell your doctor if you have any changes in symptoms during treatment with CHANTIX.

**Get emergency medical help right away if you have any of the following symptoms of a heart attack, including:**

- chest discomfort (uncomfortable pressure, squeezing, fullness or pain) that lasts more than a few minutes, or that goes away and comes back
- pain or discomfort in one or both arms, back, neck, jaw or stomach
- shortness of breath, sweating, nausea, vomiting, or feeling lightheaded associated with chest discomfort
- **Allergic reactions** can happen with CHANTIX. Some of these allergic reactions can be life-threatening.
- **Serious skin reactions,** including rash, swelling, redness, and peeling of the skin. Some of these skin reactions can become life-threatening.

**Stop taking CHANTIX and get medical help right away if you have any of the following symptoms:**

- swelling of the face, mouth (tongue, lips, and gums), throat or neck
- trouble breathing
- rash with peeling skin
- blisters in your mouth

**The most common side effects of CHANTIX include:**

- nausea
- sleep problems (trouble sleeping or vivid, unusual, or strange dreams)
- constipation
- gas
- vomiting

Tell your doctor about side effects that bother you or that do not go away.

These are not all the side effects of CHANTIX. Ask your doctor or pharmacist for more information.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store CHANTIX?**

- Store CHANTIX at room temperature, between 68°F to 77°F (20°C to 25°C).
- **Keep CHANTIX and all medicines out of the reach of children.**

**General information about CHANTIX**

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use CHANTIX for a condition for which it was not prescribed. Do not give your CHANTIX to other people, even if they have the same symptoms that you have. It may harm them.

If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about CHANTIX that is written for healthcare professionals.

For more information about CHANTIX and tips on how to quit smoking, go to [www.CHANTIX.com](http://www.CHANTIX.com) or call 1-877-242-6849.

If you are motivated to quit smoking and did not succeed during prior CHANTIX treatment for reasons other than side effects, or if you returned to smoking after treatment, speak with your doctor about whether another course of CHANTIX therapy may be right for you.

### **What are the ingredients in CHANTIX?**

**Active ingredient:** varenicline tartrate

**Inactive ingredients:** microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, colloidal silicon dioxide, magnesium stearate, Opadry ® White (for 0.5 mg), Opadry ® Blue (for 1 mg), and Opadry® Clear.

This Medication Guide has been approved by the U.S. Food and Drug Administration.



October 2014

LAB-0328-13.0

Revised: 2/2015

Pfizer Laboratories Div Pfizer Inc

## MEDICATION GUIDE

### CHANTIX® (CHANT-iks) (varenicline) Tablets

#### What is the most important information I should know about CHANTIX?

Some people have had serious side effects while using CHANTIX to help them quit smoking, including:

**New or worse mental health problems, such as changes in behavior, hostility, agitation, depressed mood, and suicidal thoughts or actions.** Some people had these symptoms when they began taking CHANTIX, and others developed them after several weeks of treatment, or after stopping CHANTIX.

**Before taking CHANTIX**, tell your doctor if you have ever had depression or other mental health problems. You should also tell your doctor about any symptoms you had during other times you tried to quit smoking, with or without CHANTIX.

**Stop taking CHANTIX and call your doctor right away** if you, your family, or caregiver notice agitation, hostility, depression or changes in your behavior or thinking that are not typical for you, or you develop any of the following symptoms:

- thoughts about suicide or dying, or attempts to commit suicide
- new or worse depression, anxiety, or panic attacks
- feeling very agitated or restless
- acting aggressive, being angry, or violent
- acting on dangerous impulses
- an extreme increase in activity and talking (mania)
- abnormal thoughts or sensations
- seeing or hearing things that are not there (hallucinations)
- feeling people are against you (paranoia)
- feeling confused
- other unusual changes in behavior or mood

When you try to quit smoking, with or without CHANTIX, you may have symptoms that may be due to nicotine withdrawal, including urge to smoke, depressed mood, trouble sleeping, irritability, frustration, anger, feeling anxious, difficulty concentrating, restlessness, decreased heart rate, and increased appetite or weight gain. Some people have even experienced suicidal thoughts when trying to quit smoking without medication. Sometimes quitting smoking can lead to worsening of mental health problems that you already have, such as depression.

See "[What are the possible side effects of CHANTIX?](#)" for more information about other side effects.

#### What is CHANTIX?

CHANTIX is a prescription medicine to help people stop smoking.

Quitting smoking can lower your chances of having lung disease, heart disease or getting certain types of cancer that are related to smoking.

It is not known if CHANTIX is safe and effective in children.

It is not known if CHANTIX is safe and effective when used with other stop smoking medicines.



## Who should not take CHANTIX?

Do not take CHANTIX if you have had a serious allergic or skin reaction to CHANTIX. Symptoms may include:

- swelling of the face, mouth (tongue, lips, gums), throat or neck
- trouble breathing
- rash, with peeling skin
- blisters in your mouth

## What should I tell my doctor before taking CHANTIX?

See "[What is the most important information I should know about CHANTIX?](#)"

Before you take CHANTIX, tell your doctor if you:

- use other treatments to quit smoking. Using CHANTIX with a nicotine patch may cause nausea, vomiting, headache, dizziness, upset stomach, and tiredness to happen more often than if you just use a nicotine patch alone.
- have kidney problems or get kidney dialysis. Your doctor may prescribe a lower dose of CHANTIX for you.
- have a history of seizures
- drink alcohol
- have heart or blood vessel problems
- have any other medical conditions
- are pregnant or plan to become pregnant. It is not known if CHANTIX will harm your unborn baby.
- are breastfeeding. It is not known if CHANTIX passes into breast milk. You and your doctor should decide if you will breastfeed or take CHANTIX. You should not do both.

Tell your doctor about all the medicines you take, including prescription and over the counter medicines, vitamins and herbal supplements. Your doctor may need to change the dose of some of your medicines when you stop smoking.

You should not use CHANTIX while using other medicines to quit smoking. Tell your doctor if you use other treatments to quit smoking.

Know the medicines you take. Keep a list of them with you to show your doctor and pharmacist when you get a new medicine.

## How should I take CHANTIX?

- There are 2 ways that you can use CHANTIX to help you quit smoking. Talk to your doctor about the following 2 ways to use CHANTIX:

Choose a **quit date** when you will stop smoking. Start taking CHANTIX 1 week (7 days) before your **quit date**.

**OR**

Start taking CHANTIX before you choose a **quit date**. Pick a date to quit smoking that is between days 8 and 35 of treatment.

Starting CHANTIX before your **quit date** gives CHANTIX time to build up in your body. You can keep smoking during this time. Take CHANTIX exactly as prescribed by your doctor.

- CHANTIX comes as a white tablet (0.5 mg) and a blue tablet (1 mg). You start with the white tablet and then usually go to the blue tablet. See the chart below for dosing instructions for adults.

|                                  |  |
|----------------------------------|--|
| <u>Day 1 to Day 3</u>            | <ul style="list-style-type: none"> <li>• <u>White</u> tablet (0.5 mg)</li> <li>• Take 1 tablet each day</li> </ul>                     |
| <u>Day 4 to Day 7</u>            | <ul style="list-style-type: none"> <li>• <u>White</u> tablet (0.5 mg)</li> <li>• Take 1 in the morning and 1 in the evening</li> </ul> |
| <u>Day 8 to end of treatment</u> | <ul style="list-style-type: none"> <li>• <u>Blue</u> tablet (1 mg)</li> <li>• Take 1 in the morning and 1 in the evening</li> </ul>    |

- Make sure that you try to stop smoking on your **quit date**. If you slip-up and smoke, try again. Some people need to take CHANTIX for a few weeks for CHANTIX to work best.
- Most people will take CHANTIX for up to 12 weeks. If you have completely quit smoking by 12 weeks, your doctor may prescribe CHANTIX for another 12 weeks to help you stay cigarette-free.
- Take CHANTIX after eating and with a full glass (8 ounces) of water.
- This dosing schedule may not be right for everyone. Talk to your doctor if you are having side effects such as nausea, strange dreams, or sleep problems. Your doctor may want to reduce your dose.
- If you miss a dose of CHANTIX, take it as soon as you remember. If it is almost time for your next dose, skip the missed dose. Just take your next dose at your regular time.

### What should I avoid while taking CHANTIX?

- Use caution when driving or operating machinery until you know how CHANTIX affects you. CHANTIX may make you feel sleepy, dizzy, or have trouble concentrating, making it hard to drive or perform other activities safely.
- Decrease the amount of alcoholic beverages that you drink during treatment with CHANTIX until you know if CHANTIX affects your ability to tolerate alcohol. Some people have experienced the following when drinking alcohol during treatment with CHANTIX:
  - increased drunkenness (intoxication)
  - unusual or sometimes aggressive behavior
  - no memory of things that have happened

### What are the possible side effects of CHANTIX?

#### Serious side effects of CHANTIX may include:

- See "**What is the most important information I should know about CHANTIX?**"
- **Seizures.** Some people have had seizures during treatment with CHANTIX. In most cases, the seizures have happened during the first month of treatment with CHANTIX. If you have a seizure during treatment with CHANTIX, stop taking CHANTIX and contact your healthcare provider right away.
- **New or worse heart or blood vessel (cardiovascular) problems,** mostly in people, who already have

cardiovascular problems. Tell your doctor if you have any changes in symptoms during treatment with CHANTIX.

**Get emergency medical help right away if you have any of the following symptoms of a heart attack, including:**

- chest discomfort (uncomfortable pressure, squeezing, fullness or pain) that lasts more than a few minutes, or that goes away and comes back
- pain or discomfort in one or both arms, back, neck, jaw or stomach
- shortness of breath, sweating, nausea, vomiting, or feeling lightheaded associated with chest discomfort
- **Allergic reactions** can happen with CHANTIX. Some of these allergic reactions can be life-threatening.
- **Serious skin reactions**, including rash, swelling, redness, and peeling of the skin. Some of these skin reactions can become life-threatening.

**Stop taking CHANTIX and get medical help right away if you have any of the following symptoms:**

- swelling of the face, mouth (tongue, lips, and gums), throat or neck
- trouble breathing
- rash with peeling skin
- blisters in your mouth

The most common side effects of CHANTIX include:

- nausea
- sleep problems (trouble sleeping or vivid, unusual, or strange dreams)
- constipation
- gas
- vomiting

Tell your doctor about side effects that bother you or that do not go away.

These are not all the side effects of CHANTIX. Ask your doctor or pharmacist for more information.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store CHANTIX?**

- Store CHANTIX at room temperature, between 68°F to 77°F (20°C to 25°C).
- **Keep CHANTIX and all medicines out of the reach of children.**

**General information about CHANTIX**

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use CHANTIX for a condition for which it was not prescribed. Do not give your CHANTIX to other people, even if they have the same symptoms that you have. It may harm them.

If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about CHANTIX that is written for healthcare professionals.

For more information about CHANTIX and tips on how to quit smoking, go to [www.CHANTIX.com](http://www.CHANTIX.com) or call 1-877-242-6849.

If you are motivated to quit smoking and did not succeed during prior CHANTIX treatment for reasons other than side effects, or if you returned to smoking after treatment, speak with your doctor about whether another course of CHANTIX therapy may be right for you.

## What are the ingredients in CHANTIX?

**Active ingredient:** varenicline tartrate

**Inactive ingredients:** microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, colloidal silicon dioxide, magnesium stearate, Opadry ® White (for 0.5 mg), Opadry ® Blue (for 1 mg), and Opadry® Clear.

This Medication Guide has been approved by the U.S. Food and Drug Administration.



October 2014

LAB-0328-13.0

Revised: 2/2015

Pfizer Laboratories Div Pfizer Inc