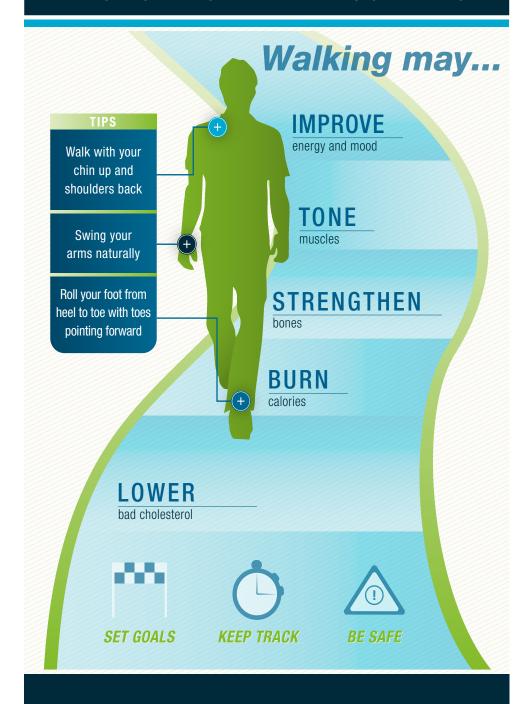
## STEPS IN THE RIGHT DIRECTION

EXPLORING THE POTENTIAL BENEFITS OF WALKING



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