



# TALK LESS PRAY MORE

Wednesday, March 2, 2022 • Pastor Josiah Kagin

**Text:** Luke 9:16

**Title:** More Than a Routine

## Introduction:

Basic needs: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

We often pause to give God thanks before meals. Some call it, “Saying grace.” For some it is as natural as thanking another person, while for others it is an awkward, obligatory duty. Why is it that should we offer meaningful thanks before each meal?

## 1. Because \_\_\_\_\_ is from God

*Genesis 1:29 And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.*

*Genesis 2:16 And the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat:*

*Genesis 9:3 Every moving thing that liveth shall be meat for you; even as the green herb have I given you all things.*

*Genesis 45:7 And God sent me before you to preserve you a posterity in the earth, and to save your lives by a great deliverance.*

*Psalms 104:14 He causeth the grass to grow for the cattle, And herb for the service of man: That he may bring forth food out of the earth;*

*Psalms 136:25 Who giveth food to all flesh: For his mercy endureth for ever.*

## 2. Because \_\_\_\_\_ Gave Thanks

scan for PDF  
sermon notes



*Matthew 14:19–21 And he commanded the multitude to sit down on the grass, and took the five loaves, and the two fishes, and looking up to heaven, he blessed, and brake, and gave the loaves to his disciples, and the disciples to the multitude. 20 And they did all eat, and were filled: and they took up of the fragments that remained twelve baskets full. 21 And they that had eaten were about five thousand men, beside women and children.*

DEFINITION—BLESS: invoke blessing; idea of praise

*Matthew 15:34–36 And Jesus saith unto them, How many loaves have ye? And they said, Seven, and a few little fishes. 35 And he commanded the multitude to sit down on the ground. 36 And he took the seven loaves and the fishes, and gave thanks, and brake them, and gave to his disciples, and the disciples to the multitude.*

*Luke 24:30 And it came to pass, as he sat at meat with them, he took bread, and blessed it, and brake, and gave to them.*

NOTE: Jesus gave thanks when He was instituting the Lord's Supper.

*1 Corinthians 11:24 And when he had given thanks, he brake it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me.*

### 3. Because Thankfulness \_\_\_\_\_ God

*Ephesians 5:20 Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;*

*Acts 27:35 And when he had thus spoken, he took bread, and gave thanks to God in presence of them all: and when he had broken it, he began to eat.*

QUOTE: Dear Father, we thank Thee for what Thou art going to give us to eat. —George Müller (1805-1898)

### Conclusion

**Romans 11:36** *For of him, and through him, and to him, are all things: to whom be glory for ever. Amen.*



**Grace Baptist Church** • 2901 Galewood St. • Kettering, OH. 45420  
gracebaptistofkettering.org • 937.293.7500 • Pastor Josiah Kagin