

## Checklist for Completion of Assignments for the Biblical Care and Discipleship Class

*This is meant to be a helpful guide; remember that your work/progress  
always needs to be noted on your ACBC Certification Dashboard.*

### **First Steps – These steps are required for pursuing ACBC certification!**

\_\_\_\_\_ I have enrolled with ACBC’s “Certification Dashboard” on the ACBC website (<https://biblicalcounseling.com/>). Date enrolled \_\_\_\_\_

\_\_\_\_\_ I have enrolled with First Counseling via [firstcounseling.com/training-registration/](http://firstcounseling.com/training-registration/) for the ACBC Fundamentals training. Date enrolled \_\_\_\_\_

### **Teaching**

\_\_\_\_\_ I have viewed **all** 28 training videos of basic training; completed in 20\_\_\_\_;  
(Note: ACBC allows 4 years from the start of basic training to complete Phases 1 and 2).

### **Observation**

\_\_\_\_\_ I have observed 10 hours of counseling sessions (either by an approved certified counselor or by viewing the IBCD observation videos or other ACBC approved videos).

***Remember to record your hours on the ACBC observation log on your Certification Dashboard.***

### **Reading**

\_\_\_\_\_ I have read a total of 1,000 pages, with 300 or more from Biblical Counseling & Theology texts; my reading included the required reading:

\_\_\_\_\_ *Instruments in the Redeemer’s Hands* by Paul David Tripp

\_\_\_\_\_ *A Theology of Biblical Counseling* by Heath Lambert.

***Remember to record your reading on the ACBC reading log on your Certification Dashboard.***

### **Additional Articles (not required but highly recommended)**

\_\_\_\_\_ “The Significance of Sin for the Psychologies” from *What Happened in the Garden* (Kregel)

\_\_\_\_\_ “Caution (Warning): Counseling Systems Are Belief Systems” by Ernie Baker and Howard Eyrich from *Scripture and Counseling, God’s Word for Life in the Broken World* (Zondervan)

\_\_\_\_\_ “Living for the Cause” by Ernie Baker from *Biblical Counseling and the Church, God’s Care through God’s People* (Zondervan)

\_\_\_\_\_ “Mental Illness and the Church” by Jeremy Pierre

**Personal Growth Project** (This is a 12-week, 3-part, mentored personal growth project required by First Counseling for certification and is explained in the Session 1 video [firstcounseling.com/fundamentals-course](http://firstcounseling.com/fundamentals-course) **(Be sure to watch the video!)**)

\_\_\_\_\_ Part 1 – I have completed/mailed my “Drawing Out the Purposes of the Heart” questions to [counselingministry@fbcjax.com](mailto:counselingministry@fbcjax.com). Date mailed \_\_\_\_\_

*A First Counseling counselor will follow up with you with comments and suggestions.*

\_\_\_\_\_ Part 2 – I have completed/mailed my “Plan for Change,” as instructed. (This is done after hearing back from a First Counseling counselor.) Date mailed \_\_\_\_\_

\_\_\_\_\_ Part 3 – I have completed and mailed my final 2-page summary for how my “Plan for Change” went, as instructed. Date mailed \_\_\_\_\_

***Thank you for your hard work!***