

## February/March 2019 Mentor Groups with Cathy Shaughnessy, MCC

*Mentor Groups* is a collaborative mentor coaching experience for coaches who are applying for or renewing an International Coach Federation credential. The groups are comprised of both ACC and PCC candidates and credential holders, maximizing your opportunity to learn from the experiences of others, as well as Master Certified Coach Cathy Shaughnessy.

### You are eligible to participate in this program:

- ✓ Completed at least 60 hours of ACTP or ACSTH training and intend to apply for or renew your ACC
- ✓ Completed at least 125 hours of ACTP or ACSTH training and intend to apply for or renew your PCC

Over the course of **five sessions**, in a series of **90-minute** group mentor coaching tele-seminars, you will receive:

- ❖ Tips and techniques for executing on the ICF Coach Competencies
- ❖ Opportunities to hear others in the group coach and receive feedback
- ❖ Opportunities for you to coach and receive feedback
- ❖ Worksheets and checklists to keep the learning going between and after sessions
- ❖ A letter of completion for the ICF indicating that you have completed **seven** hours of mentor coaching

### What if you need 10 hours of mentor coaching?

The ICF specifies that only 7 of the 10 hours required for credentialing can be acquired in a group setting. The remaining 3 hours must be one-on-one mentor coaching. All mentor coaching must be conducted over a minimum of three months to allow for practice and integration of the concepts.

Most group mentor coaching students choose to continue their work with me for their individual sessions. I have bundled the group with individual sessions to make it more cost effective for you to do so. If you would like to participate in the group only, you have that option too.

### What's the cost?

**Group mentor coaching:** Five 90-minute tele-sessions - \$900

**Individual mentor coaching:** Three 60-minute tele-sessions - \$600

**Group plus individual mentor coaching bundle:** \$1400

### February/March Dates and Times: (Act soon, only 10 spaces available)

**Wednesdays – 1:00 pm to 2:30 pm EST**

- Session #1 – February 6*
- Session #2 – February 13*
- Session #3 – February 20*
- Session #4 – February 27*
- Session #5 – March 6*

