### **Brian Blume**

# ... like a burden too heavy for solo marimba



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### **Program Notes**

... like a burden too heavy is a reflection on the struggles and limitations we face as humans. Some refer to the "human condition"; others may speak of "sin." But at some point, we all feel weighed down by our inadequacies and shortcomings, by our often futile strivings.

The title of the piece comes from Psalm 38, in which the writer laments,

My guilt has overwhelmed me like a burden too heavy to bear.

At times we experience the weight of burdens placed on us by our surroundings, burdens impossible to carry alone. The psalmist continues,

I am feeble and utterly crushed; I groan in anguish of heart. All my longings lie open before you, Lord; my sighing is not hidden from you.

My hope is that the performer senses and reflects some of this weariness and weight in the music. However, it is up to the performer and audience alike to decide what it is that causes this heaviness.

- Brian Blume

#### **Performance Notes**

This solo is intended to be performed on a 4.3-octave marimba. However, some additions/alterations may be made to enhance the piece for a 4.6-octave (low E) keyboard. Any notes (and corresponding dynamics) in parentheses in the score are optional for performers using a 4.6-octave marimba.

Isolating several stroke types (single independent, single alternating, double vertical), this work is an ideal challenge for the developing 4-mallet marimbist. A limited number of stickings have been suggested, and the rest are up to the performer.

Note from the publisher: ... like a burden too heavy makes a great prelude to Brian Blume's Unforced Rhythms, for solo marimba with foot shaker.

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