3rilee Music the Voice of Choral Music

A PSALM OF LIFE

(Walk On)

TB accompanied

Lynn Shaw Bailey



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Language: English

Use: General

Time: Approx. 2:39 *Difficulty: Moderate

Performance Notes

The great American poet Henry Wadsworth Longfellow (1807-1882) coined the phrase "footprints on the sands of time" in *A Psalm of Life* (1839). This poem challenges the readers to live determined lives of dignity, action and greatness. Longfellow advises us to live in such a way that others see the footprints we leave behind and are encouraged to go forward. He admonishes us to "act in the living Present" and "be a hero in the strife!"

The poem is subtitled *What the Heart of the Young Man Said To The Psalmist*. Published when Longfellow was 32, it was included in his first collection of poems entitled *Voices of the Night*. I was particularly drawn to these words:

"Lives of great men all remind us We can make our lives sublime,

And, departing leave behind us Footprints on the sands of time."

Can we choose to take responsibility for making our own lives sublime? "Sublime" may be a word one doesn't hear very often, but it is a wonderful adjective describing someone or something that is noble, majestic and not to be excelled. It is someone of grand and lofty ideas, expression or manner; someone or something that inspires awe due to some elevated quality such as beauty, grandeur or excellence.

Great people leave their mark on others. Who do you consider great? Consider this word of caution. Just because someone is famous or popular doesn't mean they are great. No matter your age or place in life, you can be great by doing your best, overcoming obstacles and making a real difference in the life of someone else. That's what true greatness is all about.

I encourage you to read the entire poem and discuss it with your teacher, family and friends. Learn more about Henry Wadsworth Longfellow and his writings. Then go forth and be great! Inspire others and be a hero in strife.

Walk on and leave YOUR footprints on the sands of time...

Soli Deo Gloria

—Lynn Shaw Bailey (2014)

About the Arranger

Lynn Shaw Bailey (b.1955) is a creative and innovative composer, arranger, lyricist and writer known best for her choral music. Lynn's professional affiliations include: American Choral Directors Association, Texas Music Educators Association, Choristers Guild and the American Society of Composers, Authors & Publishers (ASCAP), where she has received ASCAP Awards annually since 1995. A native of Georgia, she now lives in Waco, Texas. You can visit Lynn's website at www.LynnShawBailey.com.

A Psalm of Life

(Walk On)

for TB Voices* with Piano

Based on A Psalm of Life

(What the Heart of the Young Man Said to the Psalmist)

HENRY WADSWORTH LONGFELLOW (1807–1882)

LYNN SHAW BAILEY



^{*}Also available for SATB Voices (BL685) and Unison, Optional Two-part Voices (BL606).







BriLee Music

the Voice of Choral Music

BriLee Music, founded by the late Brian Busch in 1997, is the leader in publishing choral music written specifically for the developing middle school and junior high singer.

With writing guidelines carefully developed by Brian, teachers who buy from the BriLee catalog know they will always find the following in music written by BriLee composers:

Range appropriate – specifically for the adolescent changing voice Moderate in length

Interesting, appealing and varied texts

Accessible accompaniments

Writers for BriLee are among the most outstanding and respected in their field. The music is written, arranged and edited to meet a wide range of performance needs. The standard of musical excellence we present in each choral work is designed to meet the challenges faced by teachers and conductors all over the world who wish to offer quality, accessible repertoire to their ensembles.

Part-by-Part

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Part-by-Part resources were created to allow you, the busy choral director, more time to do the things you need to do to be successful in rehearsal and performance.

Download the following FREE resources and use them to help you TEACH your singers.



- Part-dominant recordings allow your singers to sing along with their part while hearing the other voices in the background.
- Full chorus recordings allow your singers to see and hear the music at the same time for greater insight.
- Professional accompaniments can be used for rehearsal or performance.





