

# Ele(mental)

Part of "The unBroken Project"

For Concert Band, Grade .5/Grade 1  
by Randall D. Standridge (ASCAP)

## Instrumentation

- |   |                               |
|---|-------------------------------|
| 1 - Full Score  | 8 - Bb Trumpet                |
| 10 - Flute/Oboe   | 6 - F Horn                    |
| 5 - Bb Clarinet   | 8 - Tromb./Euph. B.C./Bassoon |
| 5 - Bb Clarinet (F Horn Double)   | 2 - Euphonium T.C.            |
| 2 - Bb Bass Clarinet  | 4 - Tuba                      |
| 8 - Eb Alto Saxophone   |                               |
| 2 - Bb Tenor Saxophone  |                               |
| 2 - Eb Baritone Saxophone   |                               |
| 3 - Mallets (Bells, Xylophone, Vibraphone, Marimba)   |                               |
| 2 - Timpani   |                               |
| 3 - Percussion 1&2: Snare Drum/Two Toms/Triangle/Bass Drum  |                               |
| 2 - Percussion 3: Crash Cymbals/Ride Cymbal/Suspended Cymbal  |                               |
| 2 - Percussion 4: Wind Chimes/Sleigh Bells/Tam-Tam/Anvil/China Cymbal/Rainstick/Ride Cymbal/Whipcrack |                               |

Additional Materials for Classroom development may be found at  
[www.randallstandridge.com](http://www.randallstandridge.com) (see product page for this work)

## Ele(mental) - Wind Ranges

Flute/Oboe      Clarinet      B.Clar.      Alto Sax.      Tenor Sax.      B. Sax.      Trumpet      F. Horn      Trombone/  
Euphonium/  
Bassoon      Tuba

\*There are optional parts that include extended range

**Full Set - \$60.00**

**Extra Conductor Score - \$12.00**

**Extra Part - \$4.00**



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# Ele(mental)

By Randall D. Standridge, Grade .5/Grade 1

## About Ele(mental)

I think the average person likes to think of themselves as happy. However, thinking of oneself only in this regard completely ignores the many aspects that make each of us the unique, individual, beautiful creations that we are.

Sometimes we are joyful.

Sometimes we are fearful.

Sometimes we are peaceful.

Sometimes we are angry.

While I wouldn't go so far as to say we should prize all of these emotions, I do believe it is essential for us to acknowledge them, recognize them, and learn to process them in a healthy manner. I live with depression and anxiety, and learning to recognize my own emotional chemistry has greatly assisted me in leading a happier and more productive life.

In this work, I have associated 4 distinct emotional states with the four classic elements (Air, Earth, Water, and Fire). In addition to illustrating the emotions and elements, these works introduce themes and motives that become prevalent in and tie directly to the other pieces in "The unBroken Project."

So, I hope you will take this opportunity to take a deep look inward. Don't be afraid of your emotions, whether you are joyful, fearful, peaceful, or angry.

Emotions do not make you weak.

They make you **human**.

And, more importantly...

They make you "**YOU**."

Peace, Love, and Music - Randall Standridge

## About the movements:

**Air (Joy):** This movement starts with the sound of wind rushing through the instruments before giving way to an energetic fanfare. Fragments of Beethoven's Ode to Joy are used to create a sense of happiness and positivity. Related works: Choose Joy

**Earth (Fear/Anxiety):** There is the potential for fear within all of us. Anxiety can bubble just beneath the surface, like an earthquake or a lava flow. As the pressure rises, it can release as a destructive force. This work uses the "anxiety" motive from the unBroken project to create strident melodies combined with trills and bombastic percussion. An aleatoric section near the end signifies an eruption of all of these emotions. Related works: Fragile, (not) Alone, Scream, unBroken

**Water (Peace/Stillness):** In our current society with non-stop social media and activity, it is important to find moments of stillness. Breathe. Just breathe. Close your eyes. Imagine the surface of a lake, as still and as smooth as glass. Imagine the gentle thunder of rain in the distance. This movement depicts a body of water and a gentle rain and seeks to impart a sense of peace and tranquility to the player and listener. Related works: Stillness (forthcoming)

**Fire (Anger/Aggression):** We all experience moments of aggression in our lives; it is important to learn to channel that energy into other channels. This movement starts with the sound of dissonant notes spreading like fire before turning into a punk rock-infused groove. The ensemble is encouraged to scream and thrash, putting all of their negative thoughts into positive action. Related works: Scream, (not) Alone

## Educational goals of the work:

-8th Note counting and independence.

-Aleatoric Sections

-Repeats, First and Second ending repeats, 2nd time only elements

-Articulations: Staccato, Tenuto, Accents, Trills

-Divisi

This work uses the range of the first 6 notes that are typically taught to developing band students but adds in the Concert B Natural and Concert F#/Gb, which will provide discussion for enharmonics. I have made it repetitive enough that teaching and retention would be easy and effective.

For additional materials, visit the product page for the piece. Please visit our website! [randallstandridge.com](http://randallstandridge.com)

## Rehearsal Notes:

-This work may serve as Grade .5 or Grade 1. Each movement falls within Grade .5, but the overall work may be more demanding due to length and style changes.

-The clarinets may be assigned the regular part OR the optional French Horn double (or you may split your section as needed).

-When the wind players are asked to hiss, it needs to be audible, loud, and energetic.

-The air sound at the beginning of movement 1 should be audible to the audience. You may accomplish this by blowing air through the instrument or simply making an air-hissing sound on your own.

-The aleatoric section in movement 2 (m.57) should be held for approximately 10 seconds. The players should be encouraged to start less active and get more active over time to create a sense of growth and anxiety as the moment crescendos.

-Movement 3 will require smooth, connected sounds, which must be achieved by long breath and control. I encourage ensembles to work on long tones daily, increasing the time they hold them for a little each day.

-The screams in Movement 4 need to sound angry and scary, not "funny." While there may be some giggles at first, the students must understand the work's emotional intent and perform accordingly.

**The unBroken Project** began with the composition of my work, *unBroken*. The work was my first to deal with mental health struggles and inspired by its reception, I have created a series of works for performers, conductors, and audiences to use as conversational starting points for these issues. As of this writing, there are 9 works in the series, with at least one more (*Stillness*) yet to be written.

**unBroken (Grade 5)**  
**(not) Alone (Grade 2.5)**  
**Me (reAffirmation) (Grade 1.5)**  
**Fragile (Grade 1.5-2)**  
**Ele(menta) (Grade .5-1)**

**Choose Joy (Grade 3)**  
**Stay (Grade 2)**  
**Blue Sky Horizon (Grade 2)**  
**Scream (Grade 1.5)**

Note that *unBroken* (the grade 5 work) is available as a free rental for university, professional, community, and military ensembles. Please message me for details.



### About the Composer

Randall Standridge (b.1976) received his Bachelor's of Music Education from Arkansas State University. During this time, he studied composition with Dr. Tom O'Connor, before returning to Arkansas State University to earn his Master's in Music Composition, studying with Dr. Tom O'Connor and Dr. Tim Crist. In 2001, he began his tenure as Director of Bands at Harrisburg High School in Harrisburg, Arkansas. He left this post in 2013 to pursue a career as a full-time composer and marching arts designer.

Mr. Standridge's music is performed internationally. He has had numerous works selected for the J.W. Pepper's editor's choice. His compositions *Snake Charmer*, *Gently Blows the Summer Wind*, and *Angelic Celebrations* have been included in the "Teaching Music Through Performance in Band" series. He has had numerous works performed at the prestigious Midwest Clinic in Chicago, Illinois. The Arkansas State University Wind Ensemble premiered his work *Art(isms)* at the 2010 CBDNA conference in Las Cruces, New Mexico, and his work *Stonewall: 1969* was premiered at the National LGBA conference in 2019. His *Symphony no.1: A Ghost Story* was premiered in 2023. In addition, Mr. Standridge's "unBroken Project," a musical initiative about mental health, has received widespread acclaim for its musical content and for providing opportunities to normalize discussions about mental health for music students and audiences.

In addition to his career as a composer, Mr. Standridge is the owner and editor of Randall Standridge Music, LLC and Grand Mesa Marching. He is in demand as an arranger/designer for the marching arts. He lives in Jonesboro, Arkansas, with his husband, Steven, and their very, very spoiled pets.

**"As musicians and artists, we are tasked with bringing our emotions into work. In order to do this, we can't be afraid of them. Beautiful or ugly, exciting or scary, we have to know ourselves fully in order to put ourselves into our art."**

**-Randall Standridge**

Part of the "unBroken Project," a series of works about mental and emotional health.

# Ele(mental)

Score

Grade .5

Duration: 1:45

Randall D. Standridge  
(ASCAP)

## Movement 1: Air (Joy)

Joyful!  $\text{J}=144$

Hiss to make wind sounds

The musical score consists of ten staves of music. The top seven staves feature woodwind instruments: Flute, Oboe, B<sub>b</sub> Clarinet, B<sub>b</sub> Clarinet (F Horn Double), E Alto Saxophone, B Tenor Saxophone, and B Trumpet. The eighth staff includes Horn in F, Trombone, Euphonium, Bassoon, and Low Reeds. The ninth staff features the Tuba. The bottom three staves are for Percussion: Percussion 1&2 (Snare Drum/Triangle/Hi-Low Toms/Bass Drum), Percussion 3 (Crash Cymbals/Ride Cymbal/Suspended Cymbal), and Percussion 4 (Wind Chimes/Sleigh Bells/Tam-Tam/Anvil/China Cymbal/Rainstick/Ride Cymbal/Whipcrack). The score is set in common time with a key signature of one flat. Measure numbers 1 through 6 are indicated below the staves. Various dynamics and performance instructions like "Hiss to make wind sounds" and "Div." are included. The title "Joyful!" is repeated at the beginning of each measure, and the tempo is marked as  $\text{J}=144$ .

Fl. Ob.      Cl.      Cl. (F. H. Dbl.)      A. Sx.      T. Sx.

Tpt.      Hn.      Trb.      Euph.      Bssn.      L.R.

Tuba      Mal.      Timp.      Perc. 1/2      Perc. 3      Perc. 4

Detailed description: This is a musical score page for the piece 'Ele(mental)'. It features 15 staves of music for various instruments. The instruments are listed on the left: Flute/Oboe, Clarinet, Bassoon/Cello, Alto Saxophone, Tenor Saxophone, Trumpet, Horn, Trombone/Euphonium/Bassoon, Bassoon, Low Bassoon, Tuba, Marimba, Timpani, Percussion 1/2, Percussion 3, and Percussion 4. The score is divided into measures 7 through 12. In measure 7, the Flute/Oboe, Clarinet, Bassoon/Cello, Alto Saxophone, and Tenor Saxophone play eighth-note patterns. The Trumpet, Horn, Trombone/Euphonium/Bassoon, Bassoon, Low Bassoon, and Tuba play sustained notes. The Marimba, Timpani, Percussion 1/2, Percussion 3, and Percussion 4 are silent. Measures 8-10 show a continuation of these patterns with dynamic changes like 'sub. p' (soft dynamic), 'f' (fortissimo), and 'fp' (fortissimo/pianissimo). Measure 11 introduces eighth-note patterns on the Marimba, Timpani, and Percussion 1/2. Measure 12 concludes with eighth-note patterns on all instruments.

15

Fl. Ob.

Cl.

Cl. (F. H. Dbl.)

A. Sx.

T. Sx.

Tpt.

Hn.

Trb.

Euph.

Bssn.

L.R.

Tuba

Mal.

Timp.

Perc. 1/2

Perc. 3

Perc. 4

*mf*

*mf*

*mp*

*mf*

*mp*

**Play 2X Only**

*mf*

*mp*

*mf*

**Play 2X Only**

*mf*

**Snare play 2nd Time only**

**Sleigh Bells**

*mf*

1.

Fl. Ob.

Cl.

(F. H. Dbl.)

A. Sx.

T. Sx.

Tpt.

Hn.

Trb.

Euph.

Bssn.

L.R.

Tuba

Mal.

Timp.

Perc. 1/2

Perc. 3

Perc. 4

2

Suspended Cymbal (yarn mallets)

*p*

2

Wind Chimes

*mf*

Play 1st Time

*mf*

Snare play first time

*mf*

*mf*

2

*mf*

2.

**26**

**Div.**

*8va*

**Perc. 1/2**

**Perc. 3**

**Perc. 4**

23      24      25      26      27

## Ele(mental) - Score

Fl. Ob. Cl. Cl. (F. H. Dbl.) A. Sx. T. Sx.

Tpt. Hn. Trb. Euph. Bssn. L.R. Tuba

Mal. Timp. Perc. 1/2 Perc. 3 Perc. 4

Sleigh Bells

### **Movement 2: Earth (Anxiety/Depression)**

## Anxious ♩=128

## Ele(mental) - Score

Fl. Ob.      Cl.      Cl. (F. H. Dbl.)      A. Sx.      T. Sx.

Tpt.      Hn.      Trb. Euph. Bssn. L.R.      Tuba      Mal.      Timp.      Perc. 1/2      Perc. 3      Perc. 4

Div.      fp — f      Div.      fp — f      tr      tr

ff      ff      ff      ff      ff      ff      fp — f      fp — f      fp — f      fp — f

Div.      fp — f      Div.      fp — f      tr      tr

tr      tr      tr      tr      tr      tr      tr      tr      tr      tr

40      41      42      43      44      45

Anvil (hard mallets or sticks)

**46**

Fl. Ob.      Div. Play 2X Only

Cl.      Play 2X Only

Cl. (F. H. Dbl.)      Play 2X Only

A. Sx.      Play 2X Only

T. Sx.      Play 2X Only

Tpt.      Div. Play 2X Only

Hn.      Play 2X Only

Trb.      Play 2X Only

Euph.      Play 2X Only

Bsns.      Play 2X Only

L.R.      Play 2X Only

Tuba      Play 2X Only

Mal.      Div.

Timp.      Div.

Perc. 1/2      Hi-Hat Effect

Perc. 3

Perc. 4      China Cymbal (stick)

## Ele(mental) - Score

**Fl. Ob.** **Cl.** **Cl. (F. H. Dbl.)** **A. Sx.** **T. Sx.**

**Tpt.** **Hn.** **Trb. Euph. Bsns. L.R.** **Tuba**

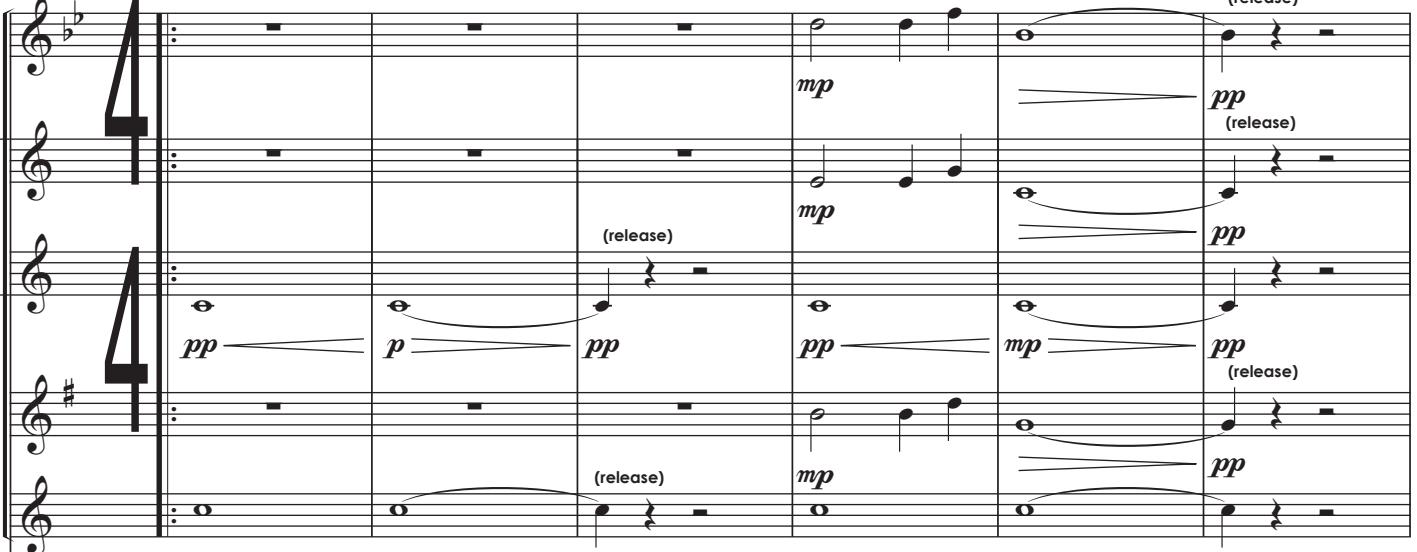
**Mal.** **Timp.**

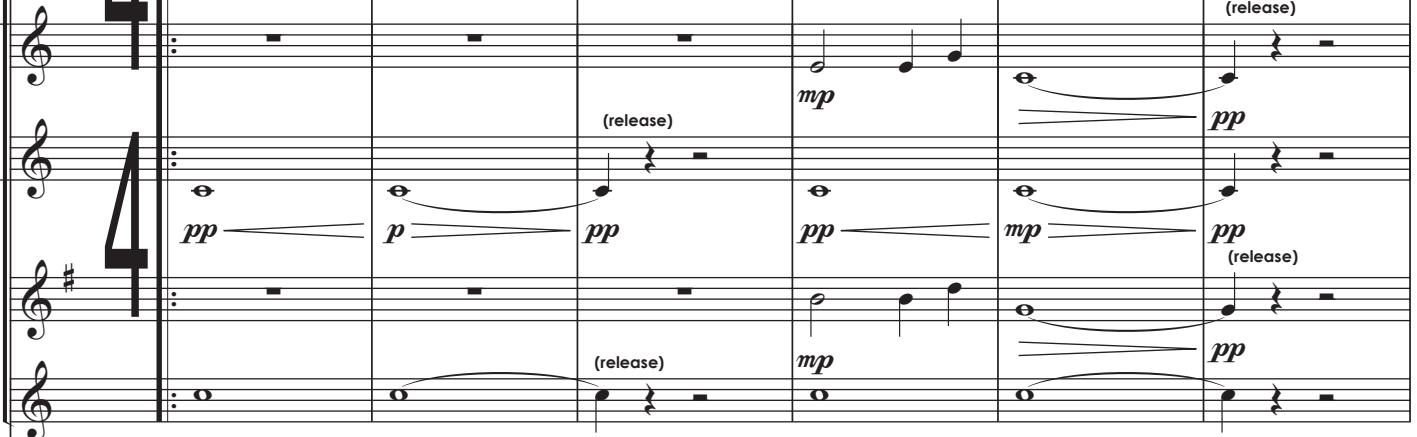
**Perc. 1/2** **(crash)** **Perc. 3** **f** **Perc. 4**

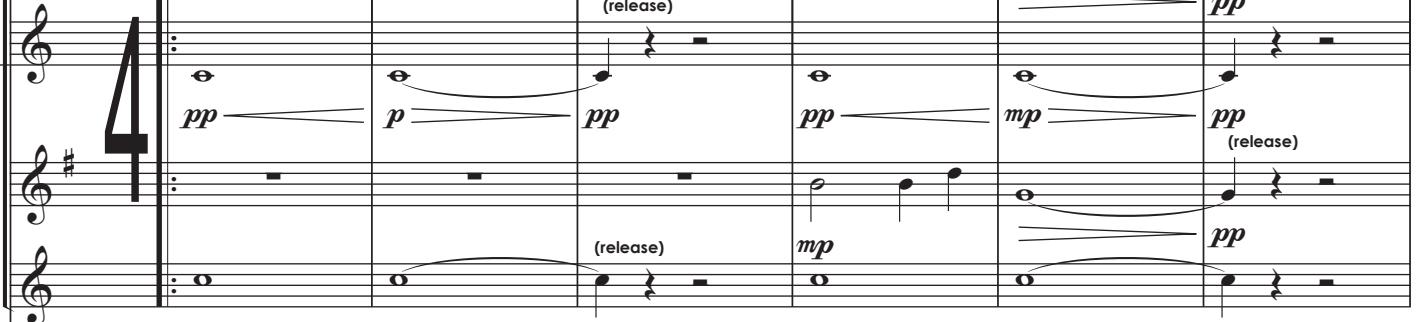
## Ele(mental) - Score

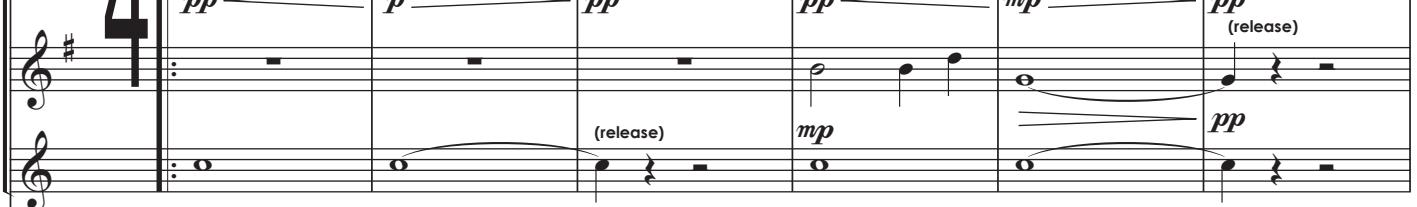
11

**Movement 3: Water (Peace & Stillness)****Peaceful**  $\text{♩} = 80$ 

**Fl. Ob.** 

**Cl.** 

**Cl. (F. H. Dbl.)** 

**A. Sx.** 

**T. Sx.** 

**Tpt.** 

**Hn.** 

**Trb.** 

**Euph.** 

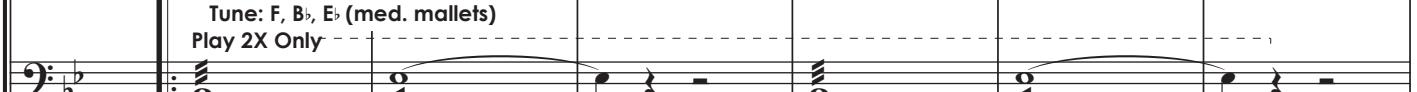
**Bssn.** 

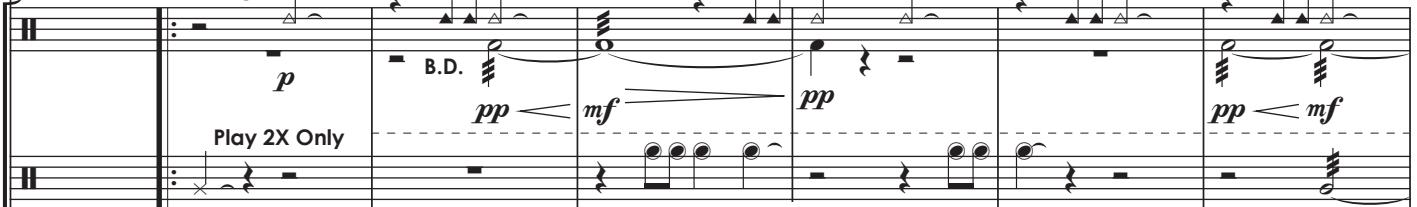
**L.R.** 

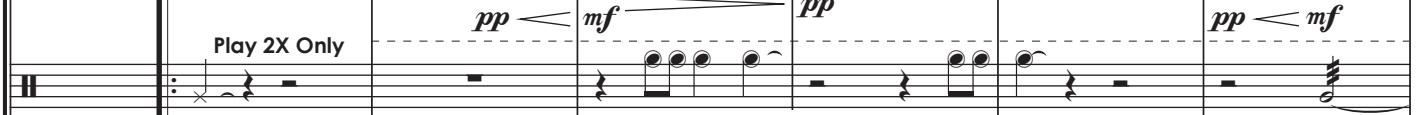
**Tuba** 

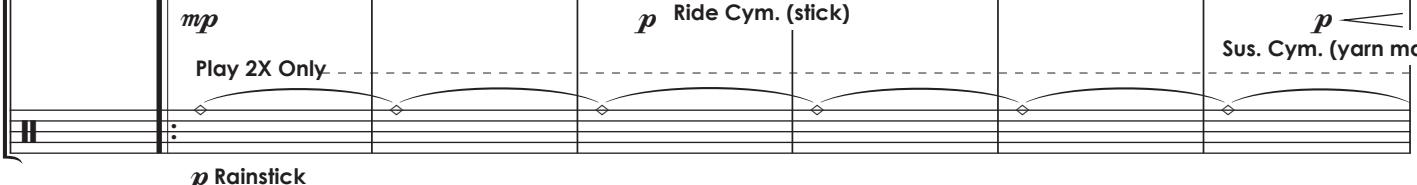
**Bells & Vibes (hard mallets)**  
Play 2X Only

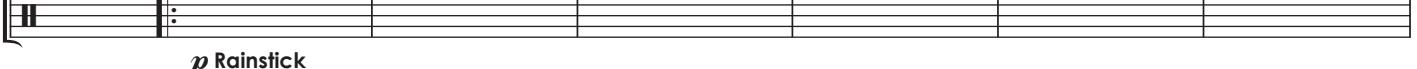
**Mal.** 

**Timp.** 

**Perc. 1/2** 

**Perc. 3** 

**Perc. 4** 

**Rainstick** 

**Tune: F, B $\flat$ , E $\flat$  (med. mallets)**  
Play 2X Only

**Triangle**

**B.D.**

**mf**

**Ride Cym. (stick)**

**Sus. Cym. (yarn mallets)**

1.

Fl. Ob.

Cl.

Cl. (F. H. Dbl.)

A. Sx.

T. Sx.

Tpt.

Hn.

Trb.

Euph.

Bsns.

L.R.

Tuba

Mal.

Timp.

Perc. 1/2

Perc. 3

Perc. 4

**Measure 67:** Flute/Oboe (p), Clarinet (p), Bassoon (p), Alto Saxophone (p), Tenor Saxophone (p), Trumpet (p), Horn (p), Trombone (p), Euphonium (p), Bassoon (p), Large Reed (p), Tuba (p), Marimba (mf), Timpani (mf), Percussion 1/2 (pp), Percussion 3 (pp), Percussion 4 (pp).

**Measure 68:** Flute/Oboe (mf), Clarinet (mf), Bassoon (mf), Alto Saxophone (mf), Tenor Saxophone (mf), Trumpet (mf), Horn (mf), Trombone (mf), Euphonium (mf), Bassoon (mf), Large Reed (mf), Tuba (mf), Marimba (pp), Timpani (pp), Percussion 1/2 (pp), Percussion 3 (pp), Percussion 4 (pp).

**Measure 69:** Flute/Oboe (pp), Clarinet (pp), Bassoon (pp), Alto Saxophone (pp), Tenor Saxophone (pp), Trumpet (pp), Horn (pp), Trombone (pp), Euphonium (pp), Bassoon (pp), Large Reed (pp), Tuba (pp), Marimba (pp), Timpani (pp), Percussion 1/2 (pp), Percussion 3 (pp), Percussion 4 (pp).

**Measure 70:** Flute/Oboe (pp), Clarinet (pp), Bassoon (pp), Alto Saxophone (pp), Tenor Saxophone (pp), Trumpet (pp), Horn (pp), Trombone (pp), Euphonium (pp), Bassoon (pp), Large Reed (pp), Tuba (pp), Marimba (mp), Timpani (mp), Percussion 1/2 (pp), Percussion 3 (pp), Percussion 4 (pp).

**Measure 71:** Flute/Oboe (pp), Clarinet (pp), Bassoon (pp), Alto Saxophone (pp), Tenor Saxophone (pp), Trumpet (pp), Horn (pp), Trombone (pp), Euphonium (pp), Bassoon (pp), Large Reed (pp), Tuba (pp), Marimba (pp), Timpani (pp), Percussion 1/2 (pp), Percussion 3 (pp), Percussion 4 (pp).

**Measure 72:** Flute/Oboe (pp), Clarinet (pp), Bassoon (pp), Alto Saxophone (pp), Tenor Saxophone (pp), Trumpet (pp), Horn (pp), Trombone (pp), Euphonium (pp), Bassoon (pp), Large Reed (pp), Tuba (pp), Marimba (pp), Timpani (pp), Percussion 1/2 (pp), Percussion 3 (pp), Percussion 4 (pp).

p

## Ele(mental) - Score

2.

Fl. Ob.      Div.      *pp*      *p*      *pp*

Cl.      *pp*

Cl. (F. H. Dbl.)      *pp*

A. Sx.      *pp*

T. Sx.      *pp*      *pp*      *p*      *pp*

Tpt.      *pp*

Hn.      *pp*

Trb.      *pp*

Euph.      *pp*      Div.      *p*      *pp*

Bssn.      *pp*

L.R.      *pp*

Tuba      *pp*      *p*      *pp*

Mal.      *mp*

Timp.      *pp*

Perc. 1/2      *pp*      *mf*      *pp*      *p*

Perc. 3      *mf*      *p*

Perc. 4      *mp*



## **Movement 4: Fire (Anger/Aggression)**

# FURIOUS! ♩=144

**Div.**  
(F# & G♭ are enharmonic)

(F# & G<sub>b</sub> are enharmonic)

**Fl.** Ob. **4** *fp* cresc. *Div.* *ff*

**Ci.** *fp* cresc. *ff*

**Ci. (F. H. Dbl.)** *ff*

**A. Sx.** *fp* cresc. *Div.* *ff*

**T. Sx.** *ff*

**Tpt.** *Div.* (G<sub>f</sub> & A<sub>b</sub> are enharmonic) *mp* cresc. *ff*

**Hn.** *fp* cresc. *ff*

**Trb.** *fp* cresc. *ff*

**Eup.** *fp* cresc. *ff*

**Bssn.** *fp* cresc. *ff*

**L.R.** *fp* cresc. *ff*

**Tuba** *fp* cresc. *ff*

**Bells/Xylo./Vibes/Mar. (hard mallets)**

**Mal.** *fp* cresc. *ff*

**Timp.** Tune: G, B<sub>b</sub>, C, E<sub>b</sub> (hard mallets) *fp* *mf* *ff*

**S.D.** *ff*

**Perc. 1/2** *fp* cresc. Crash Cymbals *ch* *ff*

**Perc. 3** *ff*

**Perc. 4** *ff*

92

**Fl.** - **Ob.** - **Cl.** - **Cl. (F. H. Dbl.)** - **A. Sx.** - **T. Sx.**

*Scream of Rage*

**Tpt.** - **Hn.** - **Trb.** - **Euph.** - **Bsns.** - **L.R.**

*RAAAAAH!* *Scream of Rage*

**Tuba**

*Scream of Rage*

**Mal.**

**Timp.**

**Perc. 1/2**

*RAAAAAH!* *Scream of Rage*

**Perc. 3**

*Raaaaah!*

**Perc. 4**

*Scream of Rage*

**Hi-Low Toms**

**Ride Cym. (stick)**

Fl. Ob.      Cl.      Cl. (F. H. Dbl.)      A. Sx.      T. Sx.

Tpt.      Hn.      Trb. Euph. Bssn. L.R.      Tuba

Mal.      Timp.      Perc. 1/2      Perc. 3      Perc. 4

Anvil (hard mallets or sticks)



**104**

Div.  
(F# & G<sup>b</sup> are enharmonic)

Fl. Ob.      *fp* cresc.      Div.      *ff*  
 Cl.      *fp* cresc.      *ff*  
 Cl. (F. H. Dbl.)      *mp* cresc.      Div.      *ff*  
 A. Sx.      *fp* cresc.      Div.      *ff*  
 T. Sx.      *mp* cresc.      *ff*  

Div.  
(G<sup>b</sup> & A<sup>b</sup> are enharmonic)

Tpt.      *fp* cresc.      *ff*  
 Hn.      *mp* cresc.      *ff*  
 Trb.      *fp* cresc.      *ff*  
 Eup.      *fp* cresc.      *ff*  
 Bsns.      *fp* cresc.      *ff*  
 L.R.      *fp* cresc.      *ff*  

Tuba      *fp* cresc.      *ff*

Mal.      *fp* cresc.      *ff*  
 Timp.      *fp*      *mf*      *ff*  

Perc. 1/2      *fp* cresc.      *ff*  
 Perc. 3      *fp* (ch)      *ff*  
 Perc. 4      *ff*      Whipcrack      *sfs*

108

Fl. Ob. RAAAAAH! f fp ff RAAAAAH!

Cl. RAAAAAH! o > f fp ff RAAAAAH!

Cl. (F. H. Dbl.) RAAAAAH! o > f fp ff RAAAAAH!

A. Sx. RAAAAAH! o > f fp ff RAAAAAH!

T. Sx. RAAAAAH! o > f fp ff RAAAAAH!

Tpt. RAAAAAH! o > f fp ff RAAAAAH!

Hn. RAAAAAH! o > f fp ff RAAAAAH!

Trb. RAAAAAH! Scream of Rage f Div. > f fp ff RAAAAAH!

Euph. RAAAAAH! Scream of Rage f Div. > f fp ff RAAAAAH!

Bsns. L.R. RAAAAAH! Scream of Rage f > f fp ff RAAAAAH!

Tuba RAAAAAH! > f fp ff RAAAAAH!

Mal. RAAAAAH! > f fp ff >

Tim. > > > > f > f fp ff >

Perc. 1/2 > > > > > > > f > f fp ff > (ch)

Perc. 3 > > > > > > > > f > f fp ff >

Perc. 4 ff > > > > > > > f > f fp ff >