

(not) Alone

For Concert Band, Grade 2.5
By Randall D. Standridge (ASCAP)

Instrumentation

1 - Full Score

8 - Flute

2 - Oboe

2 - Bassoon

5 - Bb Clarinet 1

5 - Bb Clarinet 2

2 - Bb Bass Clarinet

6 - Eb Alto Saxophone

2 - Bb Tenor Saxophone

2 - Eb Baritone Saxophone

4 - Bb Trumpet 1

4 - Bb Trumpet 2

4 - F Horn

4 - Trombone 1

4 - Trombone 2

4 - Euphonium B.C.

2 - Euphonium T.C.

4 - Tuba

1 - Piano (optional)

2 - Mallets 1: Bells/Slapstick

2 - Mallets 2: Vibraphone/Xylophone

2 - Mallets 3: Crotales/Chimes/Marimba

2 - Timpani (4)

2 - Percussion 1: Finger Cymbals(opt. Tri.)/Tam-Tam (w perc.3)/Snare Drum/4 Concert Toms/Wind Chimes

2 - Percussion 2: Bass Drum

2 - Percussion 3: Suspended Cymbal/China Cymbal/Sleigh Bells/Tam-Tam (w perc.1)

Full Set - \$75.00

Extra Conductor Score - \$12.00

Extra Part - \$4.00



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By Randall D. Standridge

Why I wrote (not) Alone

Many who live with mental health conditions experience a profound sense of isolation. Discussing these issues and more so, identifying as someone who lives with them, has been extremely taboo in our society. Thus, many suffer in silence, facing their troubles with no support. But, as the title of the work implies, they are not alone.

I live with depression and anxiety. I have tried to use my platform to normalize discussions about mental health and to help start conversations about this issue. Here are some statistics you may or may not be aware of:

1 in 5 of adults in the US experience mental health issues each year.

1 in 6 youths in the US experience mental health issues each year.

90% of suicides worldwide are attributable to mental illness.

Suicide is the 2nd leading cause of death in the United States.

With statistics like this, it is shocking and frustrating that so many people are reluctant to acknowledge, discuss, and address these issues.

In 2021, I was asked to create a work for wind ensemble addressing mental illness. The resultant work, "unBroken", is one of my favorite works I have ever created, both from an aesthetic and personal perspective. However, this work is very advanced (Grade 5), which limits its demographic for performers and, thus, audiences.

Those of us that teach or have taught middle school and high school know that there is a need to address this issue at younger ages, and to make such tools available to middle schools and developing high school ensembles.

I decided to make this work a consortium, expecting there would be 20-30 schools that would support such a piece. 40 tops.

The consortium included over 300 schools.

This is an issue whose time has come. The time is now. We need to talk about this, and we are going to talk about this.

We are going to show them all that they are not alone.

About the work

The piece starts very softly, with both beauty and dissonance. The individual is aware that something is wrong but is trying to bravely persist. A soloist introduces the main theme of the work, a bittersweet melody that is lovely and vulnerable. As the first segment continues, dissonant elements and a three note descending theme signals the onset of a mental health crisis.

The second segment is manic and violent. The individual struggles with their condition as everything seems to be in darkness. The piece builds to a thunderous moment before dying away to a cloud of confusion. Their heartbeat is heard racing and then slowing. The individual is broken.

The original theme sounds out again, unaccompanied, but others join in. The work rises to a triumphant climax, as a sense of solidarity is achieved. The work ends with the soloist again, but more confident and with others there for support.

Major Themes

There are four major themes that are used in the work.

The first, which I call "Shirley's Theme", after my mother who lives with severe depression, is first heard at measure 9. This work is used throughout, both in whole and in part, to signify the individual.

The second theme, a three note descending motif, appears throughout the work. It is twisted a minor second down and minor third, and it represents the darkness inside the individual's mind. This is the "Mental Illness Motif."

The third theme, the "hope" motif, is the five note motif that starts the work in the piano/mallets. It represents the individual trying to find hope for happiness and a better future.

The fourth theme, the “crisis” motif, is a 12-tone row, first sounded in m.42. 12 tone music has always sound disturbing and inhuman to me, and I found this to be a great way to express mental illness and despair. The 12-tone row is built off of various iterations and inversions of the second theme (“Mental Illness Motif”).

Rehearsal suggestions

- The ranges of this work have been severely limited to allow younger players to focus on expression, dynamics, style, and beauty of sound.
- Dynamics should be noticeable and taken to extremes, for a hyper dramatic quality.
- The piano part is optional but highly encouraged.
- The work may appear daunting at first. Work in segments and gradually join them. I recommend breaking the piece up into the following “chunks” to work on: m.1-39, m.40 - 89, m.89-End. Treat it as 3 smaller pieces and approach it accordingly.
- At m.9, the solo may be played freely with a slight pause between each phrase. Let the silence echo out.
- Explain to performers that rests are not the composer saying “do not play.” They are the composer saying that the player should “allow silence to exist.” They must be still and not move to create this effect. Movement creates both aural and visual sound. The silence should be absolute to create the proper mood.

The unBroken Project began with the composition of my work, *unBroken*. The work was my first to deal with mental health struggles and, inspired by its reception, I have created a series of works for performers, conductors, and audiences to use as conversational starting points for these issues. As of this writing, there are 5 works in the series, and I anticipate creating at least 2 more: *unBroken* (Grade 5), *Choose Joy* (Grade 3), *(not) Alone* (Grade 2.5), *Blue Sky Horizon* (Grade 2), and *Fragile* (Grade 1.5-2).

Note that *unBroken* (the grade 5 work) is available as a free rental for university, professional, community, and accomplished high school bands. Please message me for details.

WORKS IN “THE UNBROKEN PROJECT”

- unBroken* (Grade 5)
- Choose Joy* (Grade 3)
- (not) Alone* (Grade 2.5)
- Blue Sky Horizon* (Grade 2)
- Fragile* (Grade 1.5-2)

About the Composer



Randall Standridge (b.1976) received his Bachelor of Music Education from Arkansas State University. During this time, he studied composition with Dr. Tom O'Connor, before returning to Arkansas State University to earn his Master's in Music Composition, studying with Dr. Tom O'Connor and Dr. Tim Crist. From 2001 to 2013, he served as the Director of Bands at Harrisburg High School in Harrisburg, Arkansas.

Mr. Standridge is currently published by Grand Mesa Music, Alfred Music, FJH Music, Wingert-Jones Music, BandWorks Publications, Twin Towers Music, and Northeastern Music Publications. Mr. Standridge has had several of his pieces performed internationally, and has had numerous works selected to the J.W. Pepper's Editor's Choice and Bandworld Top 100 lists. His compositions *Snake Charmer*, *Gently Blows the Summer Wind*, and *Angelic Celebrations* also published are included in *Teaching Music through Performance in Band* series. He has had several works performed at the Midwest Music Clinic in Chicago, IL. His work *Art(isms)* was premiered by the Arkansas State University Wind Ensemble at the 2010 CBDNA conference in Las Cruces, New Mexico. Mr. Standridge is also a contributing composer for Alfred Music's *Sound Innovations: Ensemble Development* series. His music is gaining recognition as worthwhile literature for concert festivals and performances across the United States and internationally.

In addition to his career as a composer, Mr. Standridge is the Marching Band Editor for Grand Mesa Music Publishers. He is in demand as a conductor, clinician, drill designer, composer, and music arranger for the marching arts. He is also a freelance artist, photographer, and writer. He lives in Jonesboro, AR with his family. For more information about Mr. Standridge, visit his website at: www.randallstandridge.com

The (not) Alone Consortium

I cannot thank the following group of schools and organizations enough. Thank you for supporting this work:

Academy High School Bands; Eric Skinner, Director of Bands,
Brant Poindexter, Assistant Director
Adams Middle School Concert Band, David T. Mety, Director
Albemarle County Concert Band, Jean Flaherty, Director
Alexander High School, Morgan Hafner, Director
Alhambra High School, Sara C. Stafford, Director
Ankeny Southview Middle School 8th & 9th Grade Bands
Argo Community High School Band, Jeanette Soebbing, Director
Atlanta Community Schools Symphonic Band, Jacob Barnby, Director
Aubry Bend Middle School Bands, Michelle Van Unen, Director
Aurora Christian School High School and Junior High School Bands,
Mrs. Anne L. Hauser, Director
Bay City Central Band, Kristy Keenan, Director
Beebe High School Band, Allie and Matt Simpson, Directors
Belmont Secondary School, Mandart Chan, CD MMus
Bennett High School, Valerie White, Director
Bernotas Middle School Bands, Rick LoPresto and Kristina Wooden, Directors.
Bethel High School Band, John M. Wetherington & Ryan Whitehead, Directors
Boonville Silver Pirate Band, Kim Pirtle and Alec Fields, Directors
Bradford High School Band
Breckenridge High School Band, Ms. Emily Christensen, Director
Bridgewater-Raritan Middle School, Ashlen Udell and Tom Murphy, Directors
Brookville High School Concert Band, Febe Harmon, Director
Byron Middle School Band, Matt Maurizio, Director
C.E. McCall Middle School 7th/8th Grade Band, Christopher Morgan
Calgary Girls Charter School - Sarah Drew, director
Camillus Middle School, Mrs. Erin McConnell director
Cardston High School, Barrett Swendsen, Director
Carl Albert Middle School Band, Mrs. Becky Scott
Cass City Symphony Band, Laura J. Curtis, Director
Cedar Rapids Prairie High School Band, Deron Jimmerson & Joshua Hahn, Directors
Centennial Middle School, Jennifer Dunn, director
Central Bucks High School West Concert Wind Ensemble, Neil Delson, Director
Central DeWitt High School Concert Band, Josh Greubel, Director
Centreville High School Wind Ensemble, Melissa A. Hall, Director
Charlotte High School Symphony Band
Chelsea School District Bands, Katy Steklac and Alison Roberts
Cherokee Bluff High School Band, J. Craig Cantrell, Director
Chesaning High School Symphonic Band, Matt Ingersoll, Director
Chiddix Junior High School Band, Tricia Oggan, Director
Cibola High School Golden Regiment Bands
Cimarron High School Band, Laura Eberhardt, Director
Cinnaminson High School Band, Deb Knisely, Director
Clare HS Symphonic Band, Jason Lowe, director
Clear Creek Middle School Advanced Band, Cynthia Navarro, Director
Clint Small Middle School Band
Clinton High School Band, Matthew Bimstein, Director
Cocke County High School Band, Travis Hicks, Kathy Sotelo, & Neil Graves, Directors
Columbia Central School Band, Ed Fitzgerald, Director
Conneaut High School Symphonic Band, Nathan Wise, Director
Coolidge Jr. High School Band, Chuck Noud, Director, Jaida Brockman, Asst. Director
Cooper Middle School Band, Matthew Baker and Alexandra Singer, Directors
Craigsllea SHS Symphonic Winds, Christine Jabs, Director - Brisbane, Australia
Creek Valley Middle School Band, Kim Cooley, Director.
Creekview Middle School Band, Scott McClean, Stuart Spoon, Heather Tabor, Directors
Croswell-Lexington H.S. Symphonic Band, Kevin R. Czarnik, Director
Crow High School Band
D.W. Poppy Secondary School Bands, Mark Follett, Director
Davis High School Band, Michael Crookston, Director
Deer Creek Middle School Bands, Jim Sudano, Director
DeForest Area School District Bands, Katherine Heidtke & Brandon Bautz, Directors of Bands
Delran High School Band, Tom Rafter, Director
Dilworth-Glyndon-Felton High School Bands, Joshua Argall, Director
Dodge Middle School Band, Tara Michlitsch and Noah Grothe, Directors
Don Fisher (retired), Carmel Middle School
Dover Middle School Bands, Micah Carrick, Director.
East View High School Band, Jesus Torres, Rachel Butler, and Andrew Blezinger, Directors
Eastern Arizona College Wind Ensemble, Geoff DeSpain, Director
Eastern High School Band, Taylor Hardy-Odle, Director
Eastwood High School Trooper Band, John A Matthews II, Director of Bands
École Van Walleghem, Matt Neufeld, Director.
Eddyville Blakesburg Fremont Concert Band
Eisenhower High School Screamin' Eagle Band, Janette Garton, Director
Elgin High School Band, Eric Heithoff, Director
Elizabeth Davis Middle School Band, Madeline Barker, Director
Ellendale High School Band, Charlene Blondo, Director
Elwood-John Glenn H.S. Band, Vickie Henson, Director
Euless Junior High Stallion Band, Christen Stout
Exeter-West Greenwich Jr/Sr High Bands, Gregg Charest, Director
Fairfax High School Symphonic Band, Patric Buchroeder, Director
Falls Church High School Band, Steven Jacoby, Director
Fayette High School Band, Elizabeth Betts
Feagin Mill Middle School Band, Trey English, Director
Ferris High School Band, Jennifer Kofahl, Director
Floyd Henson Junior High School, Sara Hudson, Director
Frankfurt International School Concert Band, Mark Fields, Director
Fredericksburg High School Band, Haley Spencer
Fremont High School Symphonic Band
Galena Park High School Band, KC Christensen, Tyler Bordelon, Jonathan Carr,
and Gerardo Torres, Director
Gautier Middle School Band, Louise Smith
Gaylord Community Schools, Aaron Hotelling, Director
Germantown HS Concert Winds, Andrew Stone, Director
Gildersleeve Middle School Band, Don Gatz/Robert Deis, Directors
Glenwood City High School Band, Matt Lamb, Director
Gordon Gregory Middle School Bands, Kelly Dimidik and Claire Fenton, Directors.
Grand Haven Lakeshore Middle School Band, Brian Ambrose, Director
Grand Ledge Beagle Middle School Band, Tavia Zerman, Director.
Greenbrier Junior High Band, Marcy Wells, Director
Grosse Pointe North High School Symphony Band
Gustavus Adolphus College Bands
Hackettstown Middle School Band, Christopher Zwarych, Director
Hanford High School Concert Band, Adam Hancock, Director
Hanover Central Bands, James P Lowry

Harriet Eddy Middle School Symphonic Band, Robert E. Holm, Director
Harrison High School Band, Deanna Loertscher, director
Harrisonburg High School Band, Claire Leeper & Daniel Upton, Directors
Hart Middle School Bands, Amy Rever-Oberle, Director
Hartsville Middle School Band
Highland Park Middle School Wind Ensemble, Amanda Lyon, Director
Hillsboro High School Concert Band, Dan Drake, Director.
Hinckley-Big Rock High School Wind Ensemble, Sarah Sartori, Director
Hiram High School Band, Mitchell Roberts and Mike Bearden, Directors
Hollidaysburg Area High School Band
Hope High School Band, Christian Davis, Director.
Houlton Middle Senior High School, Kevin Mania and Mike Hutchinson, Directors
Howard High School Band, Emmanuel Johnson, Director
Hudson Middle School Band, Heather Becker, Director
Huntingdon Area High School Concert Band, Jordan Canner, Director
Huntington High School Concert Band, Sarah Smith, Director
In Honor of the The Marceline High School Band, Joslyn Lay.
Indian Lake High School Symphonic Band, Jason Fauley and Morissa Sweeney, Directors
International Leadership of Texas Keller Saginaw High School Bands, Jenny Cooper, Director
Iowa Park High School Wind Ensemble
Iowa Park Middle School Band, Rudy Leal, Jonathan Fortson, dir.
Iron Mountain High School Band, Craig Recia, Director
Issaquah High School (WA), Patrick Holen, Director
J.B. Conant High School Wind Ensemble, Leann Roder-Manson
John F. Kennedy High School Wind Ensemble, Walter Avellaneda, Conductor
Jordan-Elbridge Senior High Concert Band, Zachary Moser, Director
Keller Middle School Band
Kerkhoven-Murdock-Sunburg Bands, Pam Diem, Director
Kimball Area High School Bands, Justin J. Frerich, Director
Kimmmons Middle School Band, Christopher Ha, Director
Kino Junior High Concert Band, Todd Livingston, Director.
Korea International School Phoenix Band, Mr. Sanford Jones, Director
Kromrey Middle School Band, Darlayne Coughlin & Kimberly Reynolds, Directors
L.V. Berkner High School, Frank Troyka, Director of Bands (Retired)
Lake Symphonic Band, Samuel Maran, Director
Lake Worth High School Band, Colin Kading, Director
Lancaster Middle School Arrow Band, Ashley Miller
Langford Area Band, Kelly Wieser, Director
Lebanon High School Wind Ensemble - Aaron Stewart, Conductor
Lincoln High School Bands, Leslie Schwegler, Director
Lisbon Central High School, Glenn Roberts, dir.
Lisgar Collegiate Institute Concert Band, Director Lani Sommers
Lodi High School Bands, Doug Hoeft, Director
Lord Beaverbrook High School Symphonic Band, Calgary, Alberta, Canada,
Scott Campbell, Director
Loveland Middle School Band, Christopher Huening, Director
Mahtomedi High School Zephyr Wind Orchestra, Laura A. Goucher, Director
Mainland Regional High School Concert Bands, Derek Rohaly, Director.
Manteca Area Community Band, Anthony Dahl, Director
Maret School Concert Band/Strings, Emily Park, Director.
Maumee High School Band, Maumee, OH Eric Boswell & Chris Murphy, Directors
Mayberry Middle School Bands, Jayme Hayes, Director
McLean High School Band, Chris Weise and Deidra Denson, Directors
Memorial High School Symphonic Band (West New York, NJ), Michael Godett, Director.
Mentor High School Bands, Steve Poremba and Ben McMurtrie, Directors
Milan High School Band, Davey Edmaiston and Lisa Bryant, Directors
Mineral Wells Junior High School Band, Michael Lyons, Director
Mishawaka High School Band, Kaleb Chamberlin, Director and
Bart Roberts, Assistant Director
Mission Hill Middle School Gold Band and The Santa Cruz High School Varsity Band,
Christina Latham, Director
Mission Trail Middle School Band, Eric Griffin, Director
Monarch PK-8 Band, Dan Pinkston, Director
Montgomery Central High School Concert Band
Monticello High School Band, Matt and Carrie Teague, Directors
Montour High School Percussion Ensemble, Cyndi Mancini, Band Director
Mosinee High School Band
Mount Carmel School Wind Orchestra, Julian Greening, Director
Muir Middle School Band/Huron Valley Schools, Kristin Blanchard, Director
Mukwonago High School Bands, Emma Angoli, Director
Needwood Middle School Concert Band, Noah Madison, Director.
Neodesha High School Band, Quinton Bockhold, Director
New Bedford High School Band, Matthew C. Pacheco, Band Director
Nichols Middle School Band, Cary Jacobs, Director
Norman High School Band, Stephen Meiller & Matt Chandler, Directors
North Hunterdon High School Concert Band, Gregory Boccuti, Director
North Lakes State College - Sculthorpe Winds
North Plainfield Middle School Band, Mr. Garrett Dexter, Director
North Shore Middle School Band, Dr. Eric Mordhorst and Ms. Caitlin Mallon, Directors.
Northbrook Junior High Wind Ensemble
Northeast Middle School Symphonic Band, Kaitlin DeRees, Director
Northwest High School Band, Christina Stephan and Callie Barnhouse Directors
Northwest Missouri State University Concert Band, Robert Pippin, Director
Northwestern High School Concert Band, Jill Melchitzky, Director.
Odebolt Arthur Battle Creek Ida Grove (OABCIG) High School Band, Jacob Welper, Director
Odem High School Band
Old Donation School, Home of the Brickell Academy for Advanced Academics and Arts,
James W. Reid, Director of Bands
Olympia High School Concert Band
Oologah High School Band, Jon Matthews & Dave Smith, Directors
Orillia Secondary School Concert Band, Laura Christie & Laura Lee Matthie, Directors
Owen High School Band
Patrick Henry Middle School Band, Holly Gage, Director
Paw Paw P.R.I.D.E. Bands, Amy J. Gronda & Kevin E. Cort, Directors
Pierz Healy High School, Joel Pohland, Director
Pilot Point High School
Pine Creek High School Bands, Kate Margrave and Stoney Black, Directors
Piner Middle School Honor Band, Mackenzie Viviano, Director
Piqua High School Band, Mitch Mahaney, Wyatt Heinz, Directors
Plymouth Whitemarsh High School Concert Band, Tonia Asel Kaufman, Conductor
Pymatuning Valley High School Band, Justin Dye, Director
Ramona High School Dynasty Band-Brian Gallagher, director
Reeths-Puffer Middle School Band, Richard Erne, Director
Richard Butler Middle School Band, Lyn M. Lowndes, Director
Richfield High School Band, Brian Thompson, Director
Ridgeview Middle School Music, Nicholas Proszkow, Katelyn Chiles, Deb Stahl, Directors
Rocky Top Middle School Band, Shelby Serio, Director
Rosman Middle & High School Bands, Katerina Canter, Director
Royall Middle & High School Bands, Lindsay North, Director
Rutland High School Band (VT), Brent Barnett, Director
Sacred Heart University Band
Salida High School Concert Band, André Wilkins

Salyards Middle School Band
Sandwich High School Band, Justin Heinekamp
Santa Gertrudis Lion band.
Scoggins Middle School Band, Adam Davis and Rose Brinkman, Directors
Scurry-Rosser High School Band, Paul Martin, Director
Seneca High School Band, Christian Woods, Director
Shakopee High School Bands, Eric Christenson and Ben Hoehn, Directors
Sierra Verde STEAM Academy, Benjamin Lynch, Director
Simley High School, Kevin Robinson, Director
Sioux City West High School Bands, Eric Elker and Patrick Patterson, Directors
Sir Frederick Banting S.S. Bands
Sir Winston Churchill High School Concert Band, Rachelle Henkel and Philip Rounding, Directors
South Vermillion High School Band, Heather Scott, Director
Spring Ridge Middle School Concert Band
Spring Woods High School Symphonic Band, Brandon McNeal, Director.
Springfield High School Bands, Jon Bridges, Director
St. Clair Bands, Scott Fryer and Micah Volz, Directors
St. James Bands, Derek Limback and Roger Payne Jr, Directors
St. James Bands, Derek Limback and Roger Payne Jr, Directors
St. Vincent - St. Mary High School Symphonic Band, Brian Campbell
Stanley High School Band, Brittany Schwinger
Sunset Middle School Band, Stephanie Texera, Director
Susan Clark Junior High Band, Jennifer Rosin, Director
Tarleton State University Symphonic Band
Temecula Middle School Symphonic Band, Ivan Aviles, Director
The Bayless High School Band, Stephen Elford and Jeff Martini, Directors
The Bennington High School Band, Bailey Schell, Director
The Bishop Carroll High School Symphonic Band, Calgary, Canada, Chris Herard, Director
The Bolles School Symphonic Band, Maggie Vance, Director
The Bremen High School Band, Ben Salgado, Director
The Brighton High School Bands
The Campobello-Gramling School Honor Band, Courtney Vance, Director
The Canyon Lake High School Hawk Band, Ed Gonzales and Caleb Hoffmann, Directors
The Cardinal Gibbons Symphonic Band, Mark Cashin and Aaron Brown, Director of Bands
The Central Middle School Band, Moisés Garza, Director
The Central Mountain High School Band, Ashley Crust, Director
The Coffee Middle School Band, David Arambulo & Terry Kenney, Directors
The Colmer Middle School Band, Jennifer Theisen-Gray, Ed.S, Director
The Colonel Crawford Eagle Concert Band, Mr. Justin Cooper, Director
The Comet Concert Band, Bryan Akers, Director
The Coolidge Middle School 7/8th grade band, Cheryl Webster, Director
The Cotter High School Concert Band, Andy Meurer, Director
The Creighton Middle School Symphonic Band, Kevin Larsen, Director of Bands
The Crete High School Band, Eric Fahrlander, Director
The Dauphin Jr. High School Symphonic Band, D. Justin Compton, Director
The Dixie High School Wind Symphony, Brent D. Fugate, Director.
The East Canton High School Concert Band, Mr. Jacob Husted, Director
The Grantsburg High School Concert Band, Jesse Frozone
The Greenbrier East High School Band, Jim Allder, Director
The Henry James Memorial School Band, Andrew Kohanski, Director
The Huron Middle School Bands, Julie Berger, Director
The Jackson County Band, Carroll Gotcher, Director
The Jackson Wildcat Honor Band, James Meador and Connor Fetting, Directors
The Jamestown High School Band, Meghan Murray, Director
The Lake Crystal Wellcome Memorial Concert Band, Malia Jones, Director
The Lehman Lobo Band - Nate Smith, Director
The Leonardtown Middle School Symphonic Band, Megan L Czechanski-Giannuzzi, Director
The Licking Valley High School Band, John Barrett, Director
The Lone Hill Middle School Band, Kelly Leyva, Director
The Michigan Center High School Band, Sarah Nietupski, Director.
The Miller High School Band, Collin Otteson, Director
The Morehead City Middle School Band
The New Lexington High School Band, Amber Durant, Director
The North High School Bands, Mr. Aaron Hammerman, Director
The Ontario High School Band, Sean DeLong, Director
The Orchard Park Middle School Band, Sarah LaPaglia & Alison Dings, Directors
The Orem Jr High Symphonic Band, Curtis Winters, Director
The Ovid-Elsie High School Band, Jeanine Ignash
The Parkwood High School Band, Jonathan P. Sale, Director
The Pope High School Band, Bo Sodders, Director
The Pride of Eastside Eagle Bands, D. Alan Fowler, Director
The Raymore-Peculiar South Middle School Symphonic Band, Dillon Jarrett, Director
The Robert B. Glenn High School Wind Ensemble, Jonathan Miller, Director
The Sartaria Middle School Band, Julie Amos, Director
The Scranton Middle School Symphony Band, Jennifer Evans, Director
The Springfield High School Band, Erin Oberle, Conductor
The Swan Valley High School Symphony Band, Christopher M. Deming, Director
The Theodore Roosevelt Concert Band, Aundrea Flanagan, Director
The Toms River High School North Band, Jon Grill & George Powers, Directors
The University of Alabama Concert Band, Justin White, Conductor
The Upper Sandusky Bands, Jason Morris and Ken Hoffman, Directors.
The Vandeventer Middle School Band , Joseph Guzman , Director
The Voorhees High School Concert Band, Mr. Aidan Giannelli & Mr. Joe Reynolds, Directors
The Wendell High School Symphonic Band, Daniel J. McCarty, Director.
The West Branch High School Band, Samuel Ogilvie, Director.
The Western Hills Cougar Band, Meggan Hinds and Hannah Gonzalez, Directors
The White House Heritage High School Concert Band
The WJ Mouat Secondary School Bands, Janet Wade, Director
Thomasville High School Band, Adam Swan, Director
Timberlane Regional School District
Timberview Middle School Band, Melissa Ellenberger, Director
Tipton High School Wind Ensemble, Matthew Skiba, Director
Topeka High School Band, Jennifer J. Antonetti, Director & Garrett Jones, Assistant Director
Topeka West High School and French Middle School Bands, Barry Evans and Kevin Harry, Directors
Tucker Creek Middle School, Blair Dyal, Director
Unionville-Sebewaing Area High School Concert Band, Aaron Aikens, Director
University High School Bands, Archie Lee Hatten IV, Director of bands, Victor Lee Boswell Jr., Assistant Band Director, David Gerada, Assistant Band Director
Valhalla High School Wind Band, Adam T. Pezdek, Director
Valley Middle School Bands, Amanda Boer, Director
Valley Mills High School Band, Stormy Kelly, Director
Van Hoosen Middle School Band, Kelsey Folmar, Director
Viewmont High School, Dan Chaston, Director
Vista del Lago High School, Elicia Masztal, Director
Walter R. Sundling Junior High School Band, Jeff Zilke, Director
Wasatch High School Bands
Washington Central Intermediate School 7/8 Band
Washington Junior High Band, Jared Jones, Dylan Gililand, Nick Fernandez, Directors
Washington Union High School Wind Ensemble, Mr. Robert Madrid, Director
Waterloo CUSD5 Band Department - Directors, Zachary Smith, Jennifer Shaheen-Hoke, Leah

Ziegler, Melanie Ryterski, Carrie Munsell

Watertown High School Bands, Andrea Wischerath, Director

Wauconda CUSD 118 Bands

Wausau East High School Bands, Robert Perkins, Director

Weaver Middle School Wins Ensemble, Ms. Ashley Shine, Director

Western Wildcat Band, Rebecca Washington & Joanna Puterbaugh, Directors

Westmoreland High School Band, Jennifer Peterson, Director

Wethersfield High School Band, Michael P. Bowles, Director

White Lake Middle School Concert Band

William D. Slader Middle School Band, Megan Acosta, Director

Wilson Winds, Wilson Middle School, Natick MA, Kevin Goddu, Director

Woodstock Middle School, Jefferson Doyle

Score
Grade 2.5 - 3
Duration: 6:00

(not) Alone

Randall D. Standridge (ASCAP)

Fragile $\text{♩} = 76$

Score Details:

- Flute**: Part of the woodwind section.
- Oboe**: Part of the woodwind section.
- Bassoon**: Part of the woodwind section.
- B- Clarinet 1**, **B- Clarinet 2**, **B- Bass Clarinet**: Parts of the woodwind section.
- E- Alto Saxophone**, **B- Tenor Saxophone**, **E- Baritone Saxophone**: Parts of the woodwind section.
- B- Trumpet 1**, **B- Trumpet 2**: Parts of the brass section.
- Horn in F**: Part of the brass section.
- Trombone 1**, **Trombone 2**: Parts of the brass section.
- Euphonium**: Part of the brass section.
- Tuba**: Part of the brass section.
- Piano (optional)**: Part of the keyboard section.
- Mallets 1** (Bells/Slapstick): Part of the percussion section.
- Mallets 2** (Vibraphone/Xylophone): Part of the percussion section.
- Mallets 3** (Crotolas/Chimes/Marimba): Part of the percussion section.
- Timpani**: Part of the percussion section.
- Percussion 1** (Finger Cymbals, Tam-Tam, Snare Drum, Wind Chimes): Part of the percussion section.
- Percussion 2** (Bass Drum): Part of the percussion section.
- Percussion 3** (Suspended Cymbal, China Cymbal, Sleigh Bells, Tam-Tam): Part of the percussion section.

Performance Instructions:

- Div.**: Divisi dynamic.
- p**: Pianissimo dynamic.
- mf**: Mezzo-forte dynamic.
- pp**: Pianississimo dynamic.
- mp**: Mezzo-piano dynamic.
- stagger breathe**: Instruction for woodwind players.
- *bottom note optional**: Instruction for brass players.
- Tune: F, A, B, D (medium mallets)**: Tuning instruction for marimba.
- Piano**: Part of the piano section.
- Play (hard acrylic mallets)**: Part of the vibraphone section.
- Vibraphone (med. hard yarn mallets)**: Part of the vibraphone section.
- Crotales (opt Chimes or Synth Crotales)**: Part of the crotola section.
- Finger Cymbal (opt. Triangle)**: Part of the finger cymbal section.
- Bass Drum**: Part of the bass drum section.
- Suspended Cymbal Dome (sticks)**: Part of the suspended cymbal section.

1 2 3 4 5 6 7 8

(not) Alone - Score

9

Solo*
*a solo sheet is available for all instruments and includes all solos in the work.

Fl. *mf* Soloist begins either to side of stage or in audience *mf*

Ob. *mf*

Bsn.

Bb Cl. 1 *mp*

Bb Cl. 2 *mp*

B. Cl. *p*

A. Sx. *p* Bb Bass Clarinet *mf*

T. Sx. *p* Bb Bass Clarinet

B. Sx. *p*

Bb Tpt. 1

Bb Tpt. 2

Hn. *p* E Alto Saxophone

Tbn. 1

Tbn. 2

Euph. Bb Bass Clarinet

Tuba *p*

Pn. (opt.)

Mal. 1 *mp*

Mal. 2 *mp*

Mal. 3

Timp.

Perc. 1 *p*

Perc. 2

Perc. 3 Sus. Cym. (yarn mallets) *p*

17 With hope ♩=84

rit.

Fl. Soloist returns to seat!

Ob.

Bsn. *mp*

B♭ Cl. 1

B♭ Cl. 2 *play higher note if low E♭ is not available

B. Cl. *mp*

A. Sx.

T. Sx. Play *mp* Play

B. Sx. *mp*

B♭ Tpt. 1

B♭ Tpt. 2

Hn. Play *mp*

Tbn. 1

Tbn. 2

Euph. Play *mp*

Tuba *mp*

Pn. (opt.) *mp*

Mal. 1

Mal. 2 *mp*

Mal. 3

Timp. D to E♭ E♭ to D

Perc. 1 *mp*

Perc. 2

Perc. 3 *mf*

(not) Alone - Score

24 a tempo

Fl. *mf* Ob. *mf* Bsn. *mf*

B♭ Cl. 1 *mf* B♭ Cl. 2 *mf* B. Cl. *mf*

A. Sx. *mf* T. Sx. *mf* B. Sx. *mf*

B♭ Tpt. 1 B♭ Tpt. 2 *p* Hn. *mf*

Tbn. 1 *mf* Start in 6th bend pitch freely up then down, creating a hypnotic/nightmarish effect

Tbn. 2 *mf* Start in 1st, bend pitch freely down then up, creating a hypnotic/nightmarish effect

Euph. *mf* Tuba *mf*

Pn. (opt.) *f*

Mal. 1 *f* Mal. 2 *f* Mal. 3 *f*

Tim. *p*

Perc. 1 *mf*

Perc. 2 *p* *mf*

Perc. 3 *pp* *mp*

accel. Div.

28 More urgent $\text{♩} = 92$

Fl. *mf* Ob. *mf* Bsn. *mf*

B♭ Cl. 1 *mf* B♭ Cl. 2 *mf* B. Cl. *p*

A. Sx. *mf* T. Sx. *mf* B. Sx. *p*

B♭ Tpt. 1 *mf* B♭ Tpt. 2 *p* Hn. *mf*

Tbn. 1 *mf* Arrive at F on Beat 3

Tbn. 2 *mf* Arrive at F on Beat 3

Euph. *mf* Tuba *mf*

Pn. (opt.) *f*

Mal. 1 *f* Mal. 2 *f* Mal. 3 *f*

Tim. *p*

Perc. 1 *mf*

Perc. 2 *p* *mf*

Perc. 3 *p* *mf*

Solo (opt. Soli)

rit. **Tense** $\text{♩} = 76$ Div.

Fl. *mf*

Ob. *mf*

Bsn. *mf*

B♭ Cl. 1

B♭ Cl. 2

B. Cl.

A. Sx. *mf*

T. Sx. *mf*

B. Sx. *mf*

B♭ Tpt. 1

B♭ Tpt. 2

Hn. *mf*

Tbn. 1 *mf*

Tbn. 2 *mf*

Euph. *mf*

Tuba *mf*

Pn. (opt.) *mf*

Mal. 1 *mf*

Mal. 2

Mal. 3

Timp. *p* *mp*

(B♭ to C)

(create tension)

Perc. 1

Perc. 2

Perc. 3 *p* *mf*

All

cresc.

cresc.

rit.

Tense $\text{♩} = 76$ Div.

31 32 33 34 35 36 37

With Violence $\text{♩} = 154$

*m.39-97, no key signature, all accidentals notated

Fl.

Ob.

Bsn.

B♭ Cl. 1

B♭ Cl. 2

B. Cl.

A. Sx.

T. Sx.

B. Sx.

B♭ Tpt. 1

B♭ Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tuba

Pn. (opt.)

Perc.

Slapstick

Xylophone (hard mallets)

Mal. 2

f

Bells

f

Mal. 3

Timp.

f

Snare Drum

f

Perc. 1

f

ff

ff mf

Perc. 2

f

China Cymbal (stick)

Perc. 3

f

(not) Alone - Score

7

Fl.

Ob.

Bsn.

B-Cl. 1

B-Cl. 2

B. Cl.

A. Sx.

T. Sx.

B. Sx.

B-Tpt. 1

B-Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tuba

Pn. (opt.)

Mal. 1

Mal. 2

Mal. 3

Crotales

Timp.

Perc. 1

Perc. 2

Perc. 3

(not) Alone - Score

48

Fl.

Ob.

Bsn.

B♭ Cl. 1

B♭ Cl. 2

B. Cl.

A. Sx.

T. Sx.

B. Sx.

B♭ Tpt. 1

B♭ Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tuba

Pn. (opt.)

Mal. 1

Mal. 2

Mal. 3

Tim.

Perc. 1

Perc. 2

Perc. 3

(not) Alone - Score

9

55

Fl. *Div.*
fp

Ob.

Bsn. *f*

Bb Cl. 1 *Div.*
fp

Bb Cl. 2 *fp*

B. Cl. *f*

A. Sx. *f*

T. Sx. *f*

B. Sx. *f*

Bb Tpt. 1

Bb Tpt. 2

Hn. *f*

Tbn. 1 *f*

Tbn. 2 *f*

Euph. *f*

Tuba *f*

Pn. (opt.) *fp*

Bells
(throughout, if 3 mallets not possible, play top 2 notes)

Mal. 1 *f*

Mal. 2 *fp*

Chimes

Mal. 3 *f*

Timpani

Perc. 1 *ff* *mf* *f*

Perc. 2 *ff* *f*

Perc. 3 *ff*

(not) Alone - Score

(not) Alone - Score

71

Fl.

Ob.

Bsn.

B♭ Cl. 1

B♭ Cl. 2

B. Cl.

A. Sx.

T. Sx.

B. Sx.

B♭ Tpt. 1

B♭ Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tuba

Pn. (opt.)

Mal. 1

Mal. 2

Mal. 3

Perc.

Perc. 1

Perc. 2

Perc. 3

Slapstick

On Timpani Heads, as normal

78 With growing anxiety

Fl. *ff*

Ob. *ff*

Bsn.

B. Cl. 1 *ff*

B. Cl. 2 *ff*

B. Cl. *p - mp - mf.f*
Play 2nd, 3rd, 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
Play 2nd, 3rd, 4th times
p - mp - mf.f
cresc.
p - mp - mf.f
Play every time

A. Sx.

T. Sx.

B. Sx. *p - mp - mf.f*
Play 2nd, 3rd, 4th times
p - mp - mf.f
cresc.
p - mp - mf.f
Play every time

B. Tpt. 1 *p - mp - mf.f*
Play 3rd and 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
Play 3rd and 4th times
p - mp - mf.f
cresc.
p - mp - mf.f
Play every time

B. Tpt. 2 *p - mp - mf.f*
Play 3rd and 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
Play 3rd and 4th times
p - mp - mf.f
cresc.
p - mp - mf.f
Play every time

Hn. *p - mp - mf.f*
Play 3rd and 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
Play 2nd, 3rd, 4th times
p - mp - mf.f
cresc.
p - mp - mf.f
Play every time

Tbn. 1 *p - mp - mf.f*
Play 2nd, 3rd, 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
Play 2nd, 3rd, 4th times
p - mp - mf.f
cresc.
p - mp - mf.f
Play every time

Tbn. 2 *p - mp - mf.f*
Play 2nd, 3rd, 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
Play 2nd, 3rd, 4th times
p - mp - mf.f
cresc.
p - mp - mf.f
Play every time

Euph. *p - mp - mf.f*
Play 2nd, 3rd, 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
Play 2nd, 3rd, 4th times
p - mp - mf.f
cresc.
p - mp - mf.f
Play every time

Tuba *p - mp - mf.f*
Play 2nd, 3rd, 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
Play 2nd, 3rd, 4th times
p - mp - mf.f
cresc.
p - mp - mf.f
Play every time

Pn. (opt.) *p - mp - mf.f*
cresc.

Perc. *p - mp - mf.f*

Mal. 2

Mal. 3 *p - mp - mf.f*
Play 2nd, 3rd, 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
Play every time

Timp. *p - mp - mf.f*
Play 2nd, 3rd, 4th times
3
p - mp - mf.f
cresc.
4
p - mp - mf.f
f

Perc. 1 *p - mp - mf.f*
4

Perc. 2 *p - mp - mf.f*
Tam-Tam (play 2nd, 3rd, and 4th times)

Perc. 3 *p - mp - mf.f*

(not) Alone - Score

13

83

Fl.

Ob.

Bsn.

B♭ Cl. 1

B♭ Cl. 2

B. Cl.

A. Sx.

T. Sx.

B. Sx.

B♭ Tpt. 1

B♭ Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tuba

Pn. (opt.)

Mal. 1

Mal. 2

Mal. 3

Timp.

Perc. 1

Perc. 2

Perc. 3

Solo

All

Slapstick

84

85

86

87

88

(not) Alone - Score

89 Lost ♩=76

Oboe

Fl. **ff**

Ob. **ff** Solo **mf**

Bsn. **ff**

B. Cl. 1 **fp**

B. Cl. 2 **ff**

B. Cl. **ff**

A. Sx. **ff**

T. Sx. **ff**

B. Sx. **ff**

B. Tpt. 1 **ff**

B. Tpt. 2 **ff**

Hn. **ff**

Tbn. 1 **ff** Start in 6th bend pitch freely up then down, creating a hypnotic/nightmarish effect

Tbn. 2 **ff** Start in 1st, bend pitch freely down then up, creating a hypnotic/nightmarish effect

Euph. **ff**

Tuba **ff**

Pn. (opt.) **pp**

Perc. **mf**

Bells

Vibraphone **mf**

Mal. 2 Marimba (medium yarn mallets) **mf**

Mal. 3 **fp** F to Low E_b **pp**

Timpani **ppp**

Perc. 1 **mf**

*Rub Tam-Tam with Friction Ball Mallet or drag metal chains across surface lightly

Perc. 2 **fff** **f** **mf**

Perc. 3 **mf**

Sus. Cym. Dome **mp**

(scrape)

90 91 92 93 94 95 96

Hesitant ♩=64

*Key Signature active again

97

Fl.

Ob.

Bsn.

B♭ Cl. 1 *mf*

B♭ Cl. 2 *p*

B. Cl. *pp*

A. Sx. *mf* *Play* *mp*

T. Sx. *pp*

B. Sx. *pp*

B♭ Tpt. 1 *mp*

B♭ Tpt. 2 *mp*

Hn.

Tbn. 1 *pp*

Tbn. 2 *pp*

Euph. *pp*

Tuba *pp*

Pn. (opt.) *p*

Mal. 1 *p*

Mal. 2 *mf*

Mal. 3

Timp.

Perc. 1 *Wind Chimes* *pp*

Perc. 2 *pp* *p*

Perc. 3 *Sus. Cym.* *p*

Slightly Faster ♩=76

Div. *p*

Div. *8* *8* *8* *8*

105

Fl.

Ob.

Bsn.

B. Cl. 1

B. Cl. 2

B. Cl.

A. Sx.

T. Sx.

B. Sx.

B. Tpt. 1

B. Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tuba

Pn. (opt.)

Mal. 1

Mal. 2

Mal. 3

Timp.

Perc. 1

Perc. 2

Perc. 3

109 With hope $\text{♩} = 84$

105

106

107

108

109

110

(not) Alone - Score

17

Molto Rit.

Fl.

Ob.

Bsn.

Bb Cl. 1

Bb Cl. 2

B. Cl.

A. Sx.

T. Sx.

B. Sx.

Bb Tpt. 1

Bb Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tuba

Pn. (opt.)

Mal. 1

Mal. 2

Mal. 3

Timp.

Perc. 1

Perc. 2

Perc. 3

Div.

Crotales

Crash Cymbals

111 112 113 114 115 116 117

(not) Alone - Score

118 a tempo

Fl.

Ob.

Bsn.

Bb Cl. 1

Bb Cl. 2

B. Cl.

A. Sx.

T. Sx.

B. Sx.

Bb Tpt. 1

Bb Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tuba

Pn. (opt.)

Mal. 1

Mal. 2

Mal. 3

Timp.

Perc. 1

Perc. 2

Perc. 3

118 119 120 121 122 123 124

(not) Alone - Score

19

127

Optional Staging: All or some non-playing members move to soloist and lay hands on them or each other, on shoulders or holding hands. Should be done quietly and arrive by last note. A select few (3-8) clearly state the phrase "I am not alone" as they stand.

Fl. *Div.* *fp* *ff*

Ob. *Div.* *fp* *ff*

Bsn. *Div.* *fp* *ff* stagger breathe

B: Cl. 1 *fp* *fp*

B: Cl. 2 *fp* *ff* stagger breathe

B: Cl. *p*

A: Sx. *fp* *Div.* *ff*

T: Sx. *fp* *ff*

B: Sx. *fp* *ff* stagger breathe

B: Tpt. 1 *fp* *ff*

B: Tpt. 2 *fp* *ff*

Hn. *fp* *Div.* *ff*

Tbn. 1 *fp* *ff*

Tbn. 2 *fp* *ff*

Euph. *fp* *ff*

Tuba *Div.* stagger breathe

Pn. (opt.) *fp* *ff* *p*

Mal. 1 *mp*

Mal. 2 *mf*

Mal. 3 *>*

Tim. *fp* *ff* *pp*

Perc. 1 *f* *mp*

Perc. 2 *f* *pp* *p* Sus. Cym.

Perc. 3 Sus. Cym. Dome *pp*

(not) Alone - Score

134

rit.

Fl. Solo *mf*

Ob.

Bsn.

B. Cl. 1

B. Cl. 2

B. Cl. *pp* 2 Players

A. Sx.

T. Sx.

B. Sx. Sing "Ah" Softly 2 Players

B. Tpt. 1

B. Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tuba *pp* Sing "Ah" Softly Div. *pp*

Pn. (opt.) *mp* *p*

Mal. 1 *mp* *p*

Mal. 2

Mal. 3 *mp* *mf*

Tim. (very distant)

Perc. 1 Wind Chimes *pp* Triangle *pp*

Perc. 2 *pp*

Perc. 3 *mp* *pp* *mp*

131 132 133 134 135 136 137 138