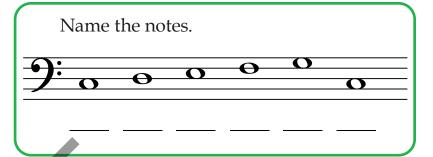
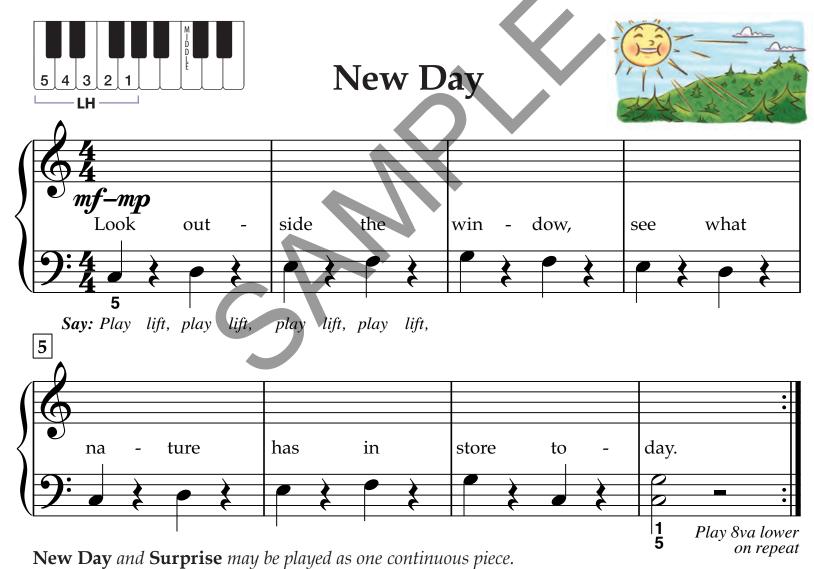
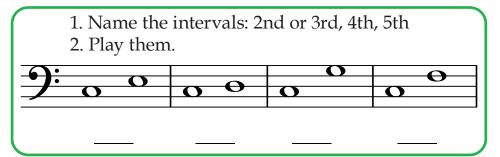
WP470

Technic: A Hand in Motion

- 1. Separate the notes by playing each key as you roll your wrist up and forward.
- 2. Gently lift your hand off the key for each rest and return it to the keys while preparing to play the next note.







Technic: Rotation

Rotation means to move the hand in a specific way when shifting the arm weight from one finger to the next. Rotating the hand in a smiliar way to turning a door knob is helpful when playing the exercises on pages 28-29.



* **Technic Challenge:** Continue this pattern by moving up the keyboard on the white keys.