

Breaking Free

TYLER ARCARI



ABOUT THE COMPOSER

Tyler Arcari (b. 1989) is a composer, arranger, author, and clinician whose music is played around the world. He received his B.A. and M.S. degrees in music education from Troy University where he studied with composer Ralph Ford and Euphonium under Dr. Mark J. Walker. As a teacher, Tyler has taught at both the middle and high school levels. Tyler's primary focus when writing has been for the young musician. He became passionate about and interested in the needs of developing musicians as a classroom teacher and finds writing for musicians at this level to be very rewarding.

Tyler's music can currently be found published through Excelcia Music Publishing, Wingert-Jones Publications, Kendor Music Publishing and Carl Fischer Music. His original works have been featured across the globe, appear on numerous state contest lists and events such as the Midwest Clinic International Band and Orchestra Conference. As an arranger and commissioned composer, Tyler has worked with many high school, university, and community groups as well as professionals such as Carl Hilding "Doc" Severinsen and vocalist Holly Shelton. As a Clinician, Tyler regularly appears as composer in residence as well as guest clinician for honor bands and festivals.

Currently, Tyler serves as the Director of Music Production and Editing at Excelcia Music Publishing LLC, Wingert-jones Publications, Kendor Music Publishing and RBC Publications. In his spare time, Tyler enjoys playing fantasy-world video games and building his own computers. He is an avid animal lover and lives in Lakeland with his wife Heather, their two rabbits named Maximus and Marshmallow, their peach cat named Otis, and dog named Hilda.

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Ever since I was a kid, I have barely remembered my dreams. That is of course, with the exception of one that has evolved over the course of my life. It always starts the same; I am always needing to get somewhere and ahead of my departure, inevitably I have to gather something small and frankly irrelevant. This next part is where I always get stuck, continuously attempting to gather the tiny item that I "seemingly" must have in order to leave. I can go for what seems like hours in dreamland, attempting to put a pen in my backpack before I head off to the important test, only to find myself without a pen and reaching for it again. What's worse is I consciously know this repetitive motion is yielding no results and makes no logical sense!!!

Breaking Free is my attempt to musically describe this while also giving myself that moment of bliss as you finally wake up from this looped torture! Maybe you have had something similar, maybe it is just my mind working its way through some anxiety or stress, or maybe it is just a cruel joke! Either way I had a lot of fun writing this work, and I hope that you enjoy it too!

-Tyler Arcari Lakeland, FL 2024

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