# TOM CIPULLO

# SONGS for SOPRANO

VOLUME 1



Volume 1 8871 Volume 2 8872



#### **NOTES**

The works in this volume were composed over more than fifteen years. Their range, both emotional and musical, reflect the themes that have fascinated me over that time.

*Crickets* (2001), was composed for the Joy In Singing's millennium celebration at Merkin Hall and is dedicated to soprano Meagan Miller. *Summer into Autumn Slips* is a setting of an excerpt from one of Emily Dickinson's poems. I would especially like to thank the MacDowell Colony, the site where this song was written.

In the 1990s, I was fortunate to be in residence at the Virginia Center for the Creative Arts when the marvelous poet Marilyn Kallet gave an informal reading of her works. Immediately struck by the musicality of her verse, I asked Marilyn if I could set some of her poems to music. How to Get Heat Without Fire was premiered in April 2000 at The Great Hall at The Cooper Union in New York. Sponsored jointly by Joy In Singing and the Lincoln Center Library, Jody Sheinbaum, soprano, gave that peformance, while I accompanied. Over the years, The Pocketbook has proven the most popular of the songs and is often excerpted from the cycle. In the poem's original form, Marilyn Kallet ascribed a cost of \$370 to this magnificent handbag. Nowadays, no self-respecting soprano will admit to purchasing a luxury item for so little. Does any worthwhile purse at Bergdorf Goodman come so cheap? Thus, with the poet's permission, the lyrics were changed to reflect the times, substituting the already outdated sum of \$970. One can only imagine where this song is headed in the next decade!

The five songs of *In the Middle of a Life* are excerpted from the vocal chamber work *Secrets*. The latter piece is a collection of 15 solos, duets, and trios—all settings of poems by Linda Pastan. Because vocal trios are in rather short supply, revising some of the songs and offering them as a cycle for solo soprano seemed an eminently practical notion. With their dreamlike imagery and complex allusions, Linda Pastan's evocative poems were a particularly rich inspiration. I would like to express my deepest appreciation to her and to the immensely talented group that commissioned *Secrets*, the Mirror Visions Ensemble and its brilliant artistic director Tobé Malawista. I would like also to thank The Corporation of Yaddo and the Virginia Center for the Creative Arts, the sites where most of the songs were written.

Rapture was composed for the wedding of two dear friends, both treasures of New York's musical life. Violinist Stani Dimitrova is the founder and artistic director of the ensemble PhiloSonia, and pianist Michael Brofman is the founder and artistic director of the Brooklyn Art Song Society. The George Eliot text was selected by the couple, and it was my great pleasure to attempt to capture its tenderness in music. The first two performances of the work were given, in quick succession, by sopranos Laura Strickling and Lucy Fitz Gibbon. Michael Brofman was at the piano in both performances at the Old Stone House in Brooklyn in 2017.

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#### Late Summer

William Heyen, Emily Dickinson

#### How to Get Heat without Fire

Marilyn Kallet

#### 1. Crickets

Evenings, where lawns are not sprayed with poisons, you can still hear the crickets, you can still see lightning bugs signaling,

look, a yellowgreen strobe under the trees, but gone, but there again, sometimes in the same spot, and sometimes not,

as the tiny purveyors of phosphor drift past our houses, looking for one another, and the crickets,

crickets, crickets, the ones that still have their legs, keep scraping them together, listen, maybe for the last time on earth, listen...

#### 2. Summer into Autumn Slips

[As] Summer into Autumn slips And yet we sooner say "The Summer" than "the Autumn," lest We turn the sun away,

And almost count it an Affront The presence to concede Of one however lovely, not The one that we have loved—

### 1. Why I Wear My Hair Long

I want to wrap it around you like a silk shirt

button it slowly carefully,

facing you let the fringes tickle your hips

until we ride strong silken horses glued on

& my flag unfurls a few strands

sticking to your

lips.



We embraced, there in the parking lot of the ordinary.

How could I know your arms were arguing last things? Your cheek in my hair.

For a moment I pressed against you. Goodbyes can be vast. In a breath, we traded lives. I didn't know you were a cliff I had reached the edge of.

Your touch echoed.

I simply followed it like song.



Summer into Autumn Slips by Emily Dickinson. Excerpted from 1346. Public domain.

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### In the Middle of a Life Linda Pastan

How to Get Heat without Fire Marilyn Kallet

#### 3. The Pocketbook

"Fluid Italian suede in garnet," the copy croons. I memorize the Bergdorf Goodman catalogue, the blonde with garnet lips carrying my pocketbook against her slim hip. 970 dollars. Half a rent check, one chunk of my daughter's college.

After weeks of foreplay I sell out my family, dial the toll-free number. It's miraculously easy, just "ten working days" and here it is, nestled in a silk carrying-case. For days I hide it behind the recliner playing peek-a-boo, trying it out when my husband's not at home.

Nothing else in my life's this beautiful. To keep it I would have to buy silk suits, tweed coats, a silver Porsche, house on Park Avenue.

My shoulders are unworthy of the thick strap in wine-red suede, I would have to have inches surgically added to my height.

"American women carry their souls in their pocketbooks," Edgar Allan Poe said. Not just my soul, my money, my identity, my credit cards.

This pocketbook soft and red like a womb, room where I would carry myself in comfort, be my own mother, be drunk with color. 970 dollars.

I could sell my wedding ring, break into neighbor's houses. after two years in the women's correctional facility there it would be waiting for me, fluid Italian suede [in] garnet, big enough to carry the collected works of Poe. o my fair sister, o my soul. \*God bless you, Bergdorf Goodman! \* This line was added by Tom Cipullo

#### 4. How to Get Heat Without Fire

Beneath the dark floor there has always been love but the trick is how to get down to it? Shall I tear my way down like a tiger clawing the floorboards, when this tearing down is what scarred you? Whose mother is there in the dark trying hard to hide you from the memory of the floorboards in flame? How to get heat without fire? To coax light open? To ease you new into the world if I am not a mother, or a beloved? Pull back? Peel back dead bark, pull back the boards we trample, throw each other down on and through some days? Turn the floor into a pool we can dive deep into, cradle the mothers, let the animals swim their ways? Has music ever saved anyone? Then I will reenter my life as sound, as notes strung like pearls that you have yearned to enter. I will be sound, I will be sound. and silence.

listening.

#### 1. Because

Because the night you asked me, the small scar of the quarter moon had healed—the moon was whole again; because life seemed so short: because life stretched before me like the darkened halls of nightmare; because I knew exactly what I wanted; because I knew exactly nothing; because I shed my childhood with my clothes they both had years of wear left in them; because your eyes were darker than my father's; because my father said I could do better; because I wanted badly to say no; because Stanley Kowalski shouted "Stella...;" because you were a door I could slam shut; because endings are written before beginnings; because I knew that after twenty years you'd bring the plants inside for winter and make a jungle we'd sleep in naked; because I had free will; because everything is ordained; I said yes.

#### 2. Drift

Lying in bed this morning you read to me of continental drift, how Africa and South America sleeping once side by side slowly slid apart; how California even now pushes off like a swimmer from the country's edge, along the San Andreas fault. And I thought about you and me who move in sleep each night to the far reaches of the bed, ranges of blanket between us. It is a natural law this drift and though we break it as we break bread over and over again, you remain Africa with your deep shade, your heat. And I, like California, push off from your side my two feet cold against your back, dreaming of Asia Minor.

### In the Middle of a Life

Linda Pastan

#### 3. In back of

"I'm looking for things back of remarks that are said..."

—William Stafford

In back of "I love you" stands "goodbye." In back of "goodbye" stands "it was lovely there in the grass, drenched in so much green together." Words that wait are dark as shadows in the back room of mirrors: when you raise your right hand in greeting, they raise their left in farewell.

#### 4. RSVP: Regrets Only

I regret that I can't come.
I regret the moment we met and the way you pretended.
I regret the sun that day, its warmth so artificial, and I regret the way [that] pain has taught me nothing.
I regret this invitation, its phony formality, its ink coming off like sin on my clean fingers.
Since the day I met you, I regret everything.

#### 5. In the Middle of a Life

Tonight I understand for the first time how a woman might choose her own death as easily as if it were a dark plum she picked from a basket of bright peaches.

It wouldn't be despair that moved her or hunger, but a kind of stillness. The evenings are full of closure: the pale flowers of the shamrock fold their fragile wings, everything promised has been given.

There is always
that moment
when the sun balanced
on the rim
of the world
falls
and is lost at sea,
and the sky seems huge
and beautiful without it.

I lie down on my bed giving myself to the white sheets as the white sheets of a sloop must give themselves to the wind, setting out on a journey—the last perhaps, or even the first.



Our caresses, our tender words, our still rapture under the influence of autumn sunsets, or pillared vistas, or calm majestic statues, or Beethoven symphonies, all bring with them the consciousness that they are mere waves and ripples mere waves and ripples in an unfathomable ocean of love and beauty; our emotion in its keenest moment passes from expression to silence, our love our love at its highest flood rushes, rushes, rushes beyond its object, and loses itself loses itself in the sense of divine mystery. Our caresses, our tender words, our still rapture.

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### Late Summer

for Soprano and Piano

for Meagan Miller

### 1. Crickets



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## 2. Summer into Autumn Slips



Words: Public Domain.





### How to Get Heat Without Fire

for Soprano and Piano

for Lucy Yates

### 1. Why I Wear My Hair Long



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## 2. Saying Goodbye

Marilyn Kallet (ASCAP)

Tom Cipullo (ASCAP)



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### 3. The Pocketbook

Marilyn Kallet (ASCAP)

Tom Cipullo (ASCAP)



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### 4. How to Get Heat Without Fire

Marilyn Kallet (ASCAP)

Tom Cipullo (ASCAP)







### In the Middle of a Life

for Soprano and Piano



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### 2. Drift

### Linda Pastan Tom Cipullo (ASCAP)



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### 3. In back of

### Linda Pastan Tom Cipullo (ASCAP)



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### 4. RSVP: Regrets Only

Linda Pastan Tom Cipullo (ASCAP)



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### 5. In the Middle of a Life



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for Stanichka Dimitrova and Michael Brofman on the occasion of their wedding

Rapture for Soprano and Piano

George Eliot\* (1819–1880)

Tom Cipullo (ASCAP)



<sup>\*</sup> George Eliot is the pen name for Mary Anne Evans. Her words are in the Public Domain.



