

FULL CONDUCTOR SCORE

Catalog No: 011-4759-01

# NORDIC ADVENTURE

I. Troll Stomp • II. Midnight Sun • III. Elf Dance

Katheryn Fenske

GRADE:

2

# BARNHOUSE COMMAND SERIES

For Concert Band



# NORDIC ADVENTURE

I. Troll Stomp • II. Midnight Sun • III. Elf Dance

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## Instrumentation

Full Conductor Score .....	1	F Horn .....	4
1st Flute .....	5	Trombone.....	6
2nd Flute .....	5	Baritone B.C.....	2
Oboe .....	2	Baritone T.C.....	2
1st B♭ Clarinet.....	5	Tuba .....	4
2nd B♭ Clarinet .....	5	Bells .....	2
B♭ Bass Clarinet.....	2	Xylophone, Chimes .....	2
Bassoon .....	2	Timpani.....	1
E♭ Alto Saxophone .....	6	Percussion 1: Snare Drum, Bass Drum.....	3
B♭ Tenor Saxophone .....	2	Percussion 2: Suspended Cymbal, Triangle, Tambourine,	
E♭ Baritone Saxophone .....	2	Gong, Vibraphone .....	3
1st B♭ Trumpet.....	5		
2nd B♭ Trumpet .....	5		

## Program Notes

**Nordic Adventure** brings to life the thrilling world of the Scandinavian far North.

“Troll Stomp” is an encounter with the giant mythical inhabitants of the mountains and fjords of Norway. Trolls are enormous, hairy, ugly, and somewhat aggressive creatures that can be seen stomping through the forest, ripping out trees, and using them for clubs. One of their favorite pastimes is briefly standing still and blending into the rocks and trees of the mountains, only to startle the unsuspecting forest dwellers when they continue their stomp. This movement was inspired by the Norwegian folksong, *Norsk Troldmusik*.

“Midnight Sun” paints a picture of that magical time in places north of the Arctic Circle when the sun never sets and the icebergs glow at midnight in beautiful shades of pink and purple. Based on the Norwegian hymn, *Thy Little Ones, Dear Lord are We*, “Midnight Sun” transports us to the icy tranquility of Nordic summer.

“Elf Dance” celebrates some of the most fun-loving and mischievous Nordic mythical creatures. Elves are usually small and human-like, and dressed in the traditional farmer garb with knee breeches, long leggings and a stocking cap. They are very strong for their size and are helpful to humans, serving as protectors of the farm, home, and livestock. Elves are known for being very clever, and they love to pull pranks on the humans around them. “Elf Dance,” inspired by Carl Johnson’s *Hasseby Steppen Polka*, portrays the energetic and witty nature of these Nordic creatures.

## Rehearsal Suggestions

In order to paint the most vivid picture of this “Troll Stomp,” the low winds should be encouraged to avoid a muddy sound by playing the melody with a bit of separation. Careful attention should be given to the contrast between the *pesante* (troll) sections, the *legato* (unsuspecting forest creature) sections, and of course, the *sfz* surprises.

“Midnight Sun” should be played as smooth and connected as possible, while encouraging the musicians to embrace the changing colors of sound. The soft suspended cymbal and timpani roll in m. 53 should gently connect the two phrases by continuing through the cut off in the wind parts, and ending on the downbeat of m. 54. The trumpet solo at m. 62 could alternatively be performed as a section solo.

A light and bouncy feel should be used throughout the “Elf Dance,” and special care should be taken in m. 86-102 to match style and tempo as the music is passed around the ensemble. If the off-beats in the tambourine or snare drum parts are problematic, straight eighth notes can be substituted. Have fun with the *molto più lento* section at m. 118 — feel free to slow way down and speed up as much as you can for a rousing finish!

I hope you enjoy this adventure into the frozen land of trolls and elves!

*Katheryn M. Fenske*

## About the Composer



**Katheryn Fenske** has more than 30 years of experience in the field of music education, teaching instrumental music, composing and arranging works for concert band, and conducting clinics throughout the United States.

She grew up in Oconomowoc, WI and received a Bachelor of Arts, Summa Cum Laude from Luther College in Decorah, IA and a Master of Music from Northwestern University in Evanston, IL, where she was a student of John Paynter.

Her many years of teaching band students of all levels have proven very helpful for writing music that is both interesting and attainable for young musicians. Her works for concert band have been featured at the Midwest International Band and Orchestra Clinic and appear on state music festival lists around the U.S.

Making the joy of music accessible to all is one of Katheryn's greatest passions. She has helped people with disabilities experience the arts through her work with Access the Arts at Stages St. Louis and her many years teaching music at St. Joseph Institute for the Deaf.

Katheryn is currently teaching middle school band in suburban St. Louis where she resides with her husband, three children, and springer spaniel. In addition to teaching band, she maintains an active clarinet studio. She is a member of the American School Band Directors Association, Missouri Music Educators Association, Missouri Bandmasters Association, NAfME, Phi Beta Kappa Society, and Pi Kappa Lambda Society. Recently, she was named an Independent Schools of Saint Louis Teacher of Distinction and received the Emerson Excellence in Teaching Crystal Apple Award.

Conductor Score  
011-4759-00

# NORDIC ADVENTURE

## I. Troll Stomp

Katheryn Fenske

Allegro ( $\text{♩} = 132$ )

1st Flute

2nd Flute

Oboe

1st B♭ Clarinet

2nd B♭ Clarinet

B♭ Bass Clarinet

Bassoon

E♭ Alto Saxophone

B♭ Tenor Saxophone

E♭ Baritone Saxophone

1st B♭ Trumpet

2nd B♭ Trumpet

F Horn

Trombone

Baritone

Tuba

Bells

Xylophone Chimes

Timpani F, B♭, E♭

Percussion 1 Snare Drum Bass Drum

Percussion 2 Suspended Cymbal Triangle, Tambourine Gong, Vibraslap

9

1st Fl. *f pesante*

2nd Fl. *f pesante*

Ob. *f pesante*

1st Cl. *f pesante*

2nd Cl. *f pesante*

Bass Cl. *sfz* — *f pesante*

Bsn. *sfz* — *f pesante*

Alto Sax.

Ten. Sax. *sfz* — *f pesante*

Bari. Sax. *sfz* — *f pesante*

1st Trpt. *sfz* — *f*

2nd Trpt. *sfz* — *f*

Hn.

Trom. *sfz* — *f pesante*

Bar. *sfz* — *f pesante*

Tuba *sfz* — *f pesante*

Bells

Xylo. Chimes *sfz* — *f*

Timp.

Perc. 1 *f* *v* *Vibraslap* *Gong*

Perc. 2 *f* *>* *>* *>* *>* *>* *>* *>* *>* *>* *>* *>* *>* *>* *>* *mp*

17

1st Fl.

2nd Fl.

Ob.

1st Cl.

2nd Cl.

Bass Cl.

Bsn.

Alto Sax.

Ten. Sax.

Bari. Sax.

1st Trpt.

2nd Trpt.

Hn.

Trom.

Bar.

Tuba

Bells

Xylo.  
Chimes

Timp.

Perc. 1

Perc. 2

*Not valid for performance*

**21**

1st Fl. *p legato*

2nd Fl. *p legato*

Ob. *p legato*

1st Cl. *p legato*

2nd Cl. *p legato*

Bass Cl.

Bsn.

Alto Sax. *p legato*

Ten. Sax.

Bari. Sax.

**21**

1st Trpt. *p legato*

2nd Trpt. *p legato*

Hn. *p legato*

Trom.

Bar.

Tuba

Bells *p legato*

Xylo. Chimes

Timp.

Perc. 1

Perc. 2 Triangle *p*

29

1st Fl. f pesante

2nd Fl. f pesante

Ob. f pesante

1st Cl. f pesante

2nd Cl. f pesante

Bass Cl. f pesante

Bsn. f pesante

Alto Sax. f pesante

Ten. Sax. f pesante

Bari. Sax. f pesante

1st Trpt. f pesante sfz

2nd Trpt. f pesante sfz

Hn. f pesante

Trom. f pesante

Bar. f pesante

Tuba f pesante

Bells mp legato

Xylo. Chimes f pesante mp legato

Timp. f pesante mp legato

Perc. 1 f mp

Perc. 2 Tamb. mp Vibraslap Tamb. mp

1st Fl.      2nd Fl.      Ob.      1st Cl.      2nd Cl.      Bass Cl.      Bsn.      Alto Sax.      Ten. Sax.      Bari. Sax.      1st Trpt.      2nd Trpt.      Hn.      Trom.      Bar.      Tuba      Bells      Xylo. Chimes      Timp.      Perc. 1      Perc. 2

*Not valid for performance.*

35      36      37      38      39      40      41      42

- 8 -

## II. Midnight Sun

**Adagio Espressivo ( $\text{♩} = 60$ )**

**49**

1st Flute

2nd Flute

Oboe

1st B♭ Clarinet

2nd B♭ Clarinet

B♭ Bass Clarinet

Bassoon

*Soli*

*mf molto legato*

**Adagio Espressivo ( $\text{♩} = 60$ )**

**49**

1st B♭ Trumpet

2nd B♭ Trumpet

F Horn

Trombone

Baritone

Tuba

Bells

Xylophone

Chimes

Timpani  
F, B♭, E♭

*Solo*

*f*

Percussion 1  
Snare Drum  
Bass Drum

Percussion 2  
Suspended Cymbal  
Triangle, Tambourine  
Gong, Vibraphone

Stick on Cymbal  
*p*

43

44

45

46

47

48

49

54

1st Fl.

2nd Fl.

Ob.

*mf* molto legato

1st Cl.

2nd Cl.

Bass Cl.

Bsn.

*mf*

Alto Sax.

*mf* molto legato

Ten. Sax.

*mf* molto legato

Bari. Sax.

*mf* molto legato

1st Trpt.

2nd Trpt.

Hn.

*f* molto legato

Trom.

Bar.

Tuba

Bells

no roll

Xylo.  
Chimes

*f*

Timp.

*p*

Perc. 1

yarn mallets

Perc. 2

Stick on Cymbal

*mf*

**58**

1st Fl. - *f*

2nd Fl. - *f*

Ob. - *f*

1st Cl. - *f*

2nd Cl. - *f*

Bass Cl. - *f*

Bsn. - *f*

Alto Sax. - *f*

Ten. Sax. - *f*

Bari. Sax. - *f*

1st Trpt. - *f molto legato*

2nd Trpt. - *f molto legato*

Hn.

Trom. - *f molto legato*

Bar. - *f molto legato*

Tuba - *f molto legato*

Bells - *f*

Xylo. Chimes

Timp. - *f*

Perc. 1

Perc. 2 - *f*

*poco ritard.*

**58**

, *solo* *f*

*poco ritard.*

no roll

*solo* *f*

### III. Elf Dance

**Allegro a la polka! ( $\text{♩} = 120$ )**

70

1st Flute

2nd Flute

Oboe

1st B♭ Clarinet

2nd B♭ Clarinet

B♭ Bass Clarinet

Bassoon

E♭ Alto Saxophone

B♭ Tenor Saxophone

E♭ Baritone Saxophone

1st B♭ Trumpet

2nd B♭ Trumpet

F Horn

Trombone

Baritone

Tuba

Bells

Xylophone Chimes

Timpani F, B♭, E♭

Percussion 1  
Snare Drum  
Bass Drum

Percussion 2  
Suspended Cymbal  
Triangle, Tambourine  
Gong, Vibraphone

For reference only. Not for performance.

78

1st Fl.

2nd Fl.

Ob.

1st Cl.

2nd Cl.

Bass Cl.

Bsn.

Alto Sax.

Ten. Sax.

Bari. Sax.

1st Trpt.

2nd Trpt.

Hn.

Trom.

Bar.

Tuba

Bells

Xylo.  
Chimes

Timp.

Perc. 1

Perc. 2

**86**
  
**94**

**86**
  
**94**

102

1st Fl. - - - - - *mf* - - - - - *f* - - - - -

2nd Fl. - - - - - *mf* - - - - - *f* - - - - -

Ob. - - - - - *mf* - - - - - *f* - - - - -

1st Cl. - - - - - *mf* - - - - - *f* - - - - -

2nd Cl. - - - - - *mf* - - - - - *f* - - - - -

Bass Cl. - - - - - *mf* - - - - - *f* - - - - -

Bsn. - - - - - - - - - - *f* - - - - -

Alto Sax. - - - - - *mf* - - - - - *f* - - - - -

Ten. Sax. - - - - - - - - - - *f* - - - - -

Bari. Sax. - - - - - - - - - - *f* - - - - -

1st Trpt. - - - - - - - - - - *f* - - - - -

2nd Trpt. - - - - - - - - - - *f* - - - - -

Hn. - - - - - - - - - - *f* - - - - -

Trom. - - - - - - - - - - *f* - - - - -

Bar. - - - - - - - - - - *f* - - - - -

Tuba - - - - - - - - - - *f* - - - - -

Bells - - - - - - - - - - *f* - - - - -

Xylo. Chimes - - - - - *mf* - - - - - *f* - - - - -

Timp. - - - - - - - - - - *f* - - - - -

Perc. 1 - - - - - - - - - - *f* - - - - -

Perc. 2 - - - - - - - - - - *mf* - - - - - *f* - - - - -

110

1st Fl.

2nd Fl.

Ob.

1st Cl.

2nd Cl.

Bass Cl.

Bsn.

Alto Sax.

Ten. Sax.

Bari. Sax.

1st Trpt.

2nd Trpt.

Hn.

Trom.

Bar.

Tuba

Bells

Xylo.  
Chimes

Timp.

Perc. 1

Perc. 2

**118** Molto più lento ( $\downarrow = 80$ )  
*accel. poco a poco*

*accel. poco a poco*

1st Fl. *f*

2nd Fl. *f*

Ob. *f*

1st Cl. *f*

2nd Cl. *f*

Bass Cl. *f* *Soli*

Bsn. *f* *Soli*

Alto Sax. *f*

Ten. Sax. *f*

Bari. Sax. *f* *Soli*

118 Molto più lento ( $\text{♩} = 80$ )  
*accel. poco a poco*

1st Trpt. *f*

2nd Trpt. *f*

Hn. *f*

Trom. *f*

Bar. *f*

Tuba *f* *Soli*

Bells *f*

Xylo. Chimes *f*

Timp. *f*

Perc. 1 *f*

Perc. 2 *f*

*mp*

*mp*

**[126] Vivace ( $\text{♩} = 145$ )**

1st Fl. f

2nd Fl. f

Ob. f

1st Cl. f

2nd Cl. f

Bass Cl.

Bsn.

Alto Sax. f

Ten. Sax. f

Bari. Sax. f

**[126] Vivace ( $\text{♩} = 145$ )**

1st Trpt. f

2nd Trpt. f

Hn. f

Trom. f

Bar. f

Tuba

Bells f

Xylo. Chimes f

Timp. f

Perc. 1 f

Perc. 2 f

Presto ( $\text{♩} = 160$ )

Musical score for orchestra and percussion, page 19. The score consists of two systems of music. The first system (measures 134-141) includes parts for 1st Flute, 2nd Flute, Oboe, 1st Clarinet, 2nd Clarinet, Bass Clarinet, Bassoon, Alto Saxophone, Tenor Saxophone, and Baritone Saxophone. The second system (measures 134-141) includes parts for 1st Trombone, 2nd Trombone, Horn, Trombone, Bass Trombone, Tuba, Bells, Xylophone/Chimes, Timpani, Percussion 1, and Percussion 2. The tempo is Presto ( $\text{♩} = 160$ ). The score features a prominent diagonal watermark reading "Not valid for performance".

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