SOULFUL TIDINGS

Based on Soul Cake and God Rest Ye Merry, Gentlemen

Traditional Arranged by Deborah Baker Monday

INSTRUMENTATION

 Full Score
 1

 Violin I.
 .8

 Violin III (Viola &)
 .5

 Viola
 .5

 Cello
 .5

 String Bass
 .5

 Percussion
 .1

 (Tambourine)
 .1

PROGRAM NOTES

Soulful Tidings, by Deborah Baker Monday, is a clever arrangement that will add great variety to your holiday program. Written in E minor/G major, with simple rhythms and high energy, the brief legato section provides excellent bow training, and the optional tambourine part adds to the fun and is easily playable by a student!

"Soul Cake" is an English folk song rooted in the tradition of "souling." Children would knock on doors and sing for the souls of the homeowners in exchange for food, particularly soul cakes, during All Hallows' Eve, All Saints' Day, and All Souls' Day. This practice began in the Middle Ages and is considered a precursor to modern Halloween traditions. The 16th-century English madrigal "Hey, Ho, Nobody Home," which is based on the same melody, is sung at Christmas, so "Soul Cake" has become popular as a carol for the holiday season.

"God Rest Ye Merry, Gentlemen" is one of the oldest known Christmas carols. It also originated in 16th-century England and pairs beautifully with "Soul Cake" because of the harmonic similarity. It reflects the joyful celebration of the Christmas season with a spirit of merriment and good will.

Note from the Editor

In orchestral music, there are many editorial markings that are open for interpretation. In an effort to maintain consistency and clarity you may find some of these markings in this piece. In general, markings for fingerings, bowing patterns, and other items will only be marked with their initial appearance. For a more detailed explanation of our editorial markings, please download the free PDF at www.alfred.com/stringeditorial.

X – (b), (b), (b) $\sqcap \sqcap \cap \lor \lor$ extended position shift bow lift/reset high or low fingerings hooked bowings





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