

Kjos String Orchestra
Grade 3
Full Conductor Score
SO298F
\$6.00

English Folk Song
Shirl Jae Atwell, Arranger

A Maid in Bedlam





The Arranger

Shirl Jae Atwell earned her Bachelors from Kansas State Teachers College and a Master of Music Theory/Composition degree at the University of Louisville. She also completed four years of post-graduate work in composition at the University of South Carolina.

In 1984, Ms. Atwell won the Clifford Shaw Memorial Award for Kentucky Composers; was commissioned to write *Fear Not, Little Flock* for the 175th anniversary of the Little Flock Baptist Church; and saw the New York City debut of her first opera, *Sagegrass*. In 1991, another of her operas, *Esta Hargis*, was premièred at Emporia State University in Kansas, followed shortly by the 1992 debut of *Handelian*, a work for string orchestra premièred by the Jefferson County All-County Middle School Orchestra. The Southern Baptist Seminary Orchestra in Louisville premièred her *Movements Four South*, an orchestral suite, in 1993. That year also saw the placement of six Shirl Jae Atwell scores in the permanent collection of the Paris Bibliothèque Internationale de Musique Contemporaine at the invitation of the Contemporary Music International Information Service.

Ms. Atwell was named the 1996 winner of the National School Orchestra Association composition contest with her string orchestra piece *Modus à Four*. She is also the 1997 winner of the Texas Orchestra Directors Association contest with a string orchestra piece entitled *Driften*.

Lucy, the ballet, with music by Ms. Atwell and choreography by Alun Jones, was premièred by the Louisville Ballet in January 1999. *Lucy* was inspired by the discovery of a 3.2 million year old skeleton, and was the subject of a Kentucky Education Television documentary that was aired on November 10, 1999. *Lucy* was the recipient of numerous awards and honors.

Of the many commissions and publications to her credit, the most recent was a full orchestra work, commissioned in honor of Lincoln's Bicentennial, premiered by the Louisville Orchestra in February 2009. She has also completed work on her second ballet suite entitled *Evoquer*.

Ms. Atwell recently retired from full-time string teaching with the Jefferson County Public Schools in Louisville, Kentucky. She is looking forward to spending more time composing, conducting, arranging, and presenting. Ms. Atwell maintains active memberships in ASCAP, Music Educators National Conference and the Kentucky Music Educators Association.

The Arrangement

A Maid in Bedlam is an English folk song that tells the tale of a maiden confined by her parents to Bedlam, a notorious insane asylum, because of her passionate love for a sailor. Like most songs in the oral tradition, the exact origins of the music are murky. The story begins with the following haunting stanza:

Abroad as I was walking one evening in the spring,
I heard a maid in Bedlam who mournfully did sing.
Her chains she rattled on her hands, and thus replied she:
"I love my love because I know my love loves me."

In this arrangement, the poignancy of the tune is first expressed in the cello (m. 9), then as a duet in the 2nd violin and viola (m. 28), and finally in the 1st violin and bass climax (m. 52). The piece requires finesse and expressivity in all parts. Have students pay particular attention to the balance between melody and accompaniment throughout. The melody should be played lyrically and gracefully, like a lone singing voice drifting through the air on a spring evening.

Instrumentation List (Set C)

- 8 – 1st Violin
- 8 – 2nd Violin
- 5 – Viola
- 5 – Cello
- 5 – String Bass
- 1 – Full Conductor Score

Additional scores and parts are available.

To hear a recording of this piece or any other Kjos publication, please visit www.kjos.com.

A Maid In Bedlam

Full Conductor Score
Approx. time – 3:05

English Folk Song
Arranged by Shirl Jae Atwell

Expressively (♩ = 92)

The score is written for a string quartet. The Violins (1 and 2) and Viola parts begin with a melody in measure 1, marked *mp*. The Cello and String Bass parts enter in measure 1 with a bass line, marked *mf*. The String Bass part includes a 'D str.' marking in measure 3. The score continues through measure 10, with various dynamic markings and articulations. A large 'SAMPLE' watermark is overlaid diagonally across the page.

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Violins (Vlins.)

Viola (Vla.)

Cello

String Bass (Str. Bass)

Measures 11-25 are shown. The score includes various musical notations such as notes, rests, and dynamic markings (e.g., *mp*, *mf*). A large, stylized watermark "SAMPLE" is overlaid diagonally across the page.

26 27 28 29 30

Vlns. 1 *mp*

Vlns. 2 *mf*

Vla. *mf*

Cello *mp*

Str. Bass *mp*

31 32 33 34 35

Vlns. 1 *f*

Vlns. 2 *f*

Vla. *f*

Cello *f*

Str. Bass

36 37 38 39 40

Vlns. 1 *mf*

Vlns. 2 *mf*

Vla. *mf*

Cello *mf*

Str. Bass

Detailed description: This is a musical score for a string ensemble, consisting of Violins (Vlns.), Viola (Vla.), Cello, and String Bass (Str. Bass). The score is divided into three systems, each containing five measures. The first system covers measures 26 to 30, the second system covers measures 31 to 35, and the third system covers measures 36 to 40. The key signature is one flat (B-flat). The first system begins with a dynamic of *mp* (mezzo-piano) for the Violins and Cello, and *mf* (mezzo-forte) for the Viola and String Bass. The second system features a crescendo leading to a dynamic of *f* (forte) for all instruments by measure 35. The third system begins with a dynamic of *mf* (mezzo-forte) for all instruments. The score includes various musical notations such as eighth and sixteenth notes, beams, slurs, and fingerings. A large, diagonal watermark reading 'SAMPLE' is overlaid across the entire page.

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56 57 58 59 60

Vlns. 1 *f*

Vlns. 2 *mf*

Vla. *mf*

Cello *mf*

Str. Bass *f*

61 62 63 64 65

Vlns. 1 *mf*

Vlns. 2 *mf*

Vla. *mf*

Cello *mf*

Str. Bass *mf*

66 67 68 69 70

Vlns. 1 *mp*

Vlns. 2 *mf*

Vla. *mp*

Cello *mp*

Str. Bass *mp*

Rall.

SAMPLE

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