

# CONTENTS

Preface and Practice Suggestions . . . . .	3
<b>Warm-up Patterns</b> (Exercises 1 – 40) . . . . .	4
<b>Five-Finger Positions</b> (Exercises 41 – 52)	
C Major . . . . .	14
G Major . . . . .	16
F Major . . . . .	19
<b>Chords</b> (Exercises 53 – 54) . . . . .	20
<b>Sixths</b> (Exercises 55 – 59) . . . . .	21
<b>Final Pattern</b> (Exercises 60) . . . . .	23

## PREFACE

**Beginning Piano Technic** is a book of exercises created to develop the skills and physical freedom needed to play elementary piano music. The exercises are written as short patterns to be memorized quickly so that students can focus on proper playing technic rather than note reading. It will be most successful when used to support the study of **Beginning Piano Repertoire** (GP449), but can also be used to advantage with any elementary course of piano study.

## PRACTICE SUGGESTIONS

1. Warm-up with **Beginning Piano Technic** each time you practice. A proper warm-up helps prepare both body and mind for practicing and playing music.
2. Learn each exercise slowly. Increase the tempo as you become more secure with each skill. Use a metronome to help you do this in a steady and systematic manner.
3. Unless otherwise indicated, play each exercise with a relaxed, yet full, mezzo forte (medium loud) sound.
4. Memorize the pattern of each exercise quickly, so that you can be fully aware of how your fingers, hand, and arm look and feel when you play.