





# Scarlet Mist



**1. The flesh urges you to build  
your identity solely around  
what you want and what you need.**

*The Spirit encourages you  
to give yourself to things  
that satisfy the New You.*

**2. The flesh is fueled  
by fear of what might be.**

*The mind set on the Spirit  
is fueled by what is.*

3. The flesh pushes me  
to *establish* my identity;  
the Spirit calls me to *rest*  
in my identity.





**I am not under  
obligation to the flesh  
to obey its desires.**





## Romans 8:15

15 For you did not receive the spirit of *slavery* to fall back into *fear*, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!"

## **Romans 8:16**

**16 The Spirit himself bears witness with our spirit that we are children of God.**

## **Romans 8:17**

**17 and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.**

**You put to death  
the deeds and desires  
of the flesh as you  
learn to live out  
your new identity  
as a child of God.**



