

CERTIFICATE OF ATTENDANCE

Sofia Mali

has attended the MHFA Standard course.

This course teaches in depth skills for providing first aid to people experiencing mental health issues such as depression, anxiety disorders and psychosis.

Date of attendance: December 15, 2015



Poppy Jaman

Chief Executive Officer

Mental Health First Aid (MHFA) England is a Community Interest Company which raises mental health literacy by teaching people MHFA skills through a range of courses. We work towards building communities where people can recognise the signs and symptoms of common mental health issues, provide help on a first aid basis and effectively guide someone towards the right support services.

A: MHFA England CIC, 49-51 East Road, Old Street, London N1 6AH E: info@mhfaengland.org T: 020 7250 8062 CIC registration number: 7021392