

# 7 Steps To A Great Life

Only 7? Well, each one is a BIG one. These 7 items, when fully developed, are the basis for a healthy, powerful life. Figure about three years work with a coach to achieve this.

## 7. Values Honored

## 6. Clear Vision and Goals

## 5. Strong, Loving Community

## 4. Spiritual Distinctions Embraced

## 3. Getting Clear Of

## 2. Personal Needs Met

## 1. Choice Made To Live Fully

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